DEAN STAYTON WOOD RESIGNS SEE PAGE 3 MARCH MADNESS HITS ALBRIGHT SEE PAGE 12

THE ALBRIGHTIAN

Albright College

Reading, PA

March 17, 1994

Helm Released; Miller Named

by Jeremy Carroll

The Albright College administration recently made significant changes in the athletic department, releasing Bill Helm, the athletic director for the last six years, and naming women's basketball and field hockey coach Sally Miller the new athletic administrator. Football coach Kevin Kiesel was named associate athletic administrator.

These decisions were the latest in a series of personnel moves within the department which began in the fall semester when several people were terminated in an attempt to control the college's massive budget deficit. The entire physical education program was eliminated in the 1994-95 budget, which is one of the reasons the number of employees in the department was reduced.

On Friday, February 25, Helm, a 28-year employee of the college, was informed by Vice President of Academic Affairs and Academic Dean Dr. James Pitts that his contract would not be renewed. He was released from his duties as athletic director and head trainer, but will continue to receive his full salary and teach physical education classes until his contract expires May 31.

"The reasons for the move were not purely financial," Pitts said of the personnel changes. He cited the need for new leadership and a

new direction in Albright athletics as major reasons for the decision, which had been considered since late last year. Pitts also pointed to tension within the department as a factor which led to the decision. He mentioned the existence of longwithstanding discord and stressed the importance of alleviating tensions for the sake of students and the college.

"There had been tension for years and the decision to make changes exacerbated bad personnel situations," he said. "It is not good to leave things like this go when they undermine student morales and hamper the ability to bring in additional students. A very large proportion of our student body is involved in athletic programs and it is important to make this part of campus life as successful as possible."

Bill Helm believes much of the tension in the athletic department was created this year through personnel cutbacks.

"Anytime you have a department where five people have been released in the past year there is going to be a lot of tension," he said.

Helm does not think uneasiness and tension are confined to one department, though. "There's tension over the whole school because of all the budget cuts and layoffs," he said. Helm stated that he received no previous

indications from his superiors that he was not doing his job properly, and that the explanations for why he was being released were not specific. "The only reason given was that they wanted new leadership," recalled Helm. "It was very vague," he said. "They never talked to me prior to that point to say what kind of leadership they desired and never asked me to correct anything," he added.

Helm is upset with the way he has been treated by the Albright College administration. "I don't think they treated me with the respect



Left, New Athletic Administrator Sally Miller Above, Released Atheletic Dir. Bill Helm

I deserved after working here for 28 years," he said. "Gene Shirk, who I worked under at one time, always treated people with respect and fairness and listened to both sides of the story, but at the present time I don't feel the administration does that." he commented.

administration does that," he commented.

Although his career is concluding on a negative note, Helm has many fond memories of his tenure here. "The part I enjoyed the most was actually working with college

Continued on page .

Androne Announces New Theater Program

by Katie Devlin

On March 9, Albright faculty approved a new English Department 5-course Theater Program open to students of any major and a 12-course English-Theater Concentration. Other revisions of English Department offerings have also been introduced which will, in the opinion of English Department Head Richard Androne, "make the resources the college already has more flexible."

These developments are creating no new courses, but they are giving students more concentration options and making better use of faculty whose talents lie specifically in theater instruction. Formerly, Albright's theater courses were handled by only English faculty, especially Dr. Lynn Morrow, who heads Albright's Domino Players. Now, a faculty member will be added whose expertise will cover the "more technical" side of theater production, Wayne Vettleson. Vettleson has also been heavily involved in the Domino Players, but now he will have the opportunity to share his knowledge in a classroom setting with interested Albright students.

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The specific theater courses to be offered include traditional theater offerings which have been neglected due to the shortage of staff as well as new offerings to highlight Vedleson's expertise. Traditional offerings include courses such as Shakespeare, Postmodern American Drama, and Postmodern British and European Dramatists. New offerings include Theater Production and Design, which is a survey of the various styles and conventions of theatrical production, and Junior and Senior Seminars in Theater. The Seminars will be performance-based, focusing on individual enhancements through experiences that could include voice lessons,

set design, student direction of a one-act play, or any other theater-based activity agreed upon by students and theater faculty. This is very different from the typical paper-based seminar approach common to the non-theater English major. Interesting electives to all include two Interim courses: J-15, Acting-Directing Workshop, and J-21, Acting Workship.

Changes within the non-theater English curriculum include reassignments of some course numbers (African-American Literature is now English 387), and a new flexibility in choosing certain courses. For example, English majors were formerly prohibited from counting 200-level literature courses toward the completion of their major. But because some interesting topics of some 200-level courses are not offered in 300-level courses, English concentrators are now permitted to count one of these courses toward their majors.

Dr. Androne commented that the changes

Dr. Androne commented that the changes have come from student suggestions on how the English Department's offerings could be improved.

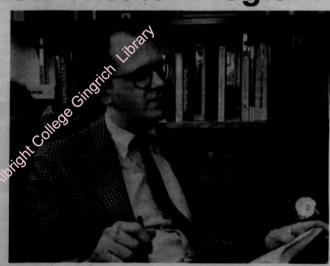
"The theater concentration gives the students something special to add to their diplomas," he said. "They can now receive credit for programs that were formerly only student independent-study."

"We feel that this is a program that builds

on Albright's strengths without drawing on its resources," stated Androne. The English Department's new offerings require no additions to faculty, but they dramatically increase student options.

increase student options.

Such innovation in the light of Albright's budget problems reinforces hope that Albright can not only maintain but increase the quality of education that it provides its students.



oto provided by the Public Affairs Office

English Department Head Richard Androne has been instrumental in passing a new theater program that can be combined with any Albright concentration.

NEWS OPINIONS LETTERS TO THE EDITOR STYLE COMICS SPORTS PAGES 1-4 PAGE 5 PAGE 5 PAGE 6 PAGES 7-9 PAGE 10 PAGES 11-12

Professor Published

the first in a series of reference books compiled and edited by Albright College religious studies professor William McGuire King

Spiritual Crosscurrents, 1989, which contains documents illuminating important U.S. and Canadian religious issues, will be part of a series entitled Religious Documents North American Annual. The volume contains a preface, written by King, regarding the shape of ecumenical thinking and religious involvement in public affairs during 1989. Subsequent volumes also will feature King's observations on topics for that particular year.

The bulk of the 488-page text is an anthology of documents collected from religious, ecumenical, legal, and academic sources pertaining to relevant events and trends. Materials range from letters and position papers to court transcripts. Each document is introduced by King, who provides insights into the piece's historical context and long-range impact.

King currently is compiling information for the 1990 and 1991 anthologies, both slated for publication in 1995, with subsequent editions to follow approximately every nine months until the series is current.

Spiritual Crosscurrents 1989 includes 193 pages on topics such as women in minisrty;

AIDS: the American Indian Religious Freedom Act; surrogate motherhood; the religious sanctuary movement; church-state court decisions regarding holiday displays and public school invocations; the Salvadoran crisis; the Israeli-Palestinian conflict; Jewish-Christian relations; fundamentalist and televangelism battles; the Salman Rushdie controversy and Islam; and gay and lesbian ordinations.

Publishers (December 13, 1993) notes that Spiritual Crosscurrents 1989 is "the beginning of a significant publishing project. Well indexed and clearly organized for ready referencing, the volume has been edited by King, a respected authority on religious history and issues in America.

Urban C. von Wahlde, a professor of theology at Loyola University, Chicago, comments that the series, available to institutions on a subscription basis, "shouldserve as a useful reference tool for both students and professors of religion.

"It will also serve as an immensely useful chronicle of overall religious movements in North America, a kind of map of major directions which religious bodies have taken as well as a quick reference to the topics of concern throughout the churches and movements. As the volumes appear over time, it will take on yet another function, that of a historical source.

Many of the documents assembled from 1989 deal with social and theological

Continued on page 4

SIFE's Student Guide to the U.S. Deficit

One of the most basic economic policies in existence today states that the government's budget should be balanced every year. That means each year the government should attempt to match its expenditures to its revenues in an effort to balance them out.

However, this policy is misleading because the government has economic capabilities, powers, and responsibilities that are entirely different from those of any firm or corporation (which do attempt to balance budgets). As a matter of fact, some say that balancing the federal budget would make unemployment or inflation worse rather than better.

At the present time, the U.S. government is running a budget deficit in excess of over

Even though it is impossible for each

individual to single-handedly balance the budget, there are a few things that we can do in an attempt to curb the deficit:

 Instead of spending so much of our income, we as individuals can allow the government to borrow from us by decreasing our spending and increasing our investment in the economy. We can offset the expansionary effect of a budget deficit.

2. We, as participants in democratic society can elect the public officials who we believe will attempt to "Halt the Deficit" by decreasing government spending.

3. Finally, a not so popular way to decrease the deficit but a sure one is to be a little more open and receptive to a tax increase which would increase federal revenue.

Brian Picariello is a member of Albright's chapter of Students in Free Enterprise.

The Book of the Year!

Where: Albright Book Store When: March 29, 1994 Price: \$15

Crossword Puzzle Competition

Students in Free Enterprise, Inc. (SIFE) Albright College Chapter invites you to participate in our crossword puzzle competition. Send your completed puzzle to Box 407. A drawing will be made of correct puzzles and 3 lucky winners will be awarded exciting gifts. Good Luck!

5

by Susan Drexler SIFE, Inc.

- 1. When private businesses are allowed to operate competitively for profit.
- Amount of products users would like to buy at a given price.
- 5. Evidence of ownership in a company.
- The organization sponsoring this crossword puzzle competition.
- 9. The average amount of goods produced by a person or in an hour.

 11. When few companies control a market.

 12. Amount of products businesses are willing
- to offer for sale at different prices.
- 13. Spending borrowed money.
 15. Short for Organization of Petroleum **Exporting Countries** 17. Planning that are essential to the
- achievement of goals.

 19. Money raised to finance government
- services and activities.
- 20. The total number of people capable of working and actively seeking for a job at a point in time.
 21. Goods consumed by a country but are
- made in another country
- 22. Excess of a country's imports over its
- 23. All income received by a person.24. Something of value owned by an entity.

- A symbol that legally identifies a company. Goods made in one country, but are sold
- another country.
- A market controlled by one company.
 An agreement that involves trade between USA, Mexico, and Canada.
- 5. An isolated country.

 8. What we call a country's national debt.

 10. The language of business.

 12. Principles of good conduct.

- 14. The percentage rate paid by a borrower to
- 16. A popular slogan promoting the importance of school; BE COOL,...
- 18. The portion of a person's income not spent or paid to government as taxes.23. Income available to a person for spending.

Dean Stayton Wood Resigns

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After a long and strenuous decision making rocess about his personal goals and career mbitions, Dean Stayton Wood decided to accept a job offer as Vice President of Student Affairs at the Fashion Institute of Technology in New York. Wood emphasized how difficult and traumatic his decision was to leave Albright when he stated to the Class of 1996 Officers, "I don't want to go.

However, Wood leaves a message of couragement to the students of Albright College to hold onto the promise of the future for development and positive change

During his short time at Albright, Wood has had a resounding positive impact on the students and the community. Wood has not only opened himself up to hear student ions and criticism, he has also attempt to do something about student concerns. Wood has remained an active, dedicated administrator during his time at Albright, as he has spurred a movement to change the attitude and atmosphere of the college to better the student academic and social experience. Student leaders have looked to his enthusiasm and dedication to help them accomplish their organizational goals. Wood entered Albright College with innovative ideas for the campus, such as Alpha Lambda Delta (an honorary society for first year students) and a campaign for a new emphasis on a wellness program; since the start of his career, he has been diligent and aggressive in attempting to make

them part of college life.

During an interview with the Class of 1996 Officers, Wood stressed the need for students to become aware of the potential future for Albright. Wood claimed that the success of the institution is totally dependent

upon the students, and their will to become active participants in rocess to mold th future of Albright. According to Wood. the college must be focal point for faculty. Board of Trustees members must be the students. Albright must become what it says it is, "a college for the students and by the students."

Wood stated that both the students and administration should not fear the future; rather, they

must look to respect the past difficulties and utilize what we do have at Albright: an extraordinary Board of Trustees, a concerned faculty, and an exceptional student body. Wood commented on the importance in striving to unite the strongest aspects of our college,

relying on the faculty, administration and especially the students. Wood stressed the importance of voicing opinions and being aggressive in accomplishing goals for the betterment of our institution. It is not a time to relax and to remain cynical about our

difficulties; rather, now is the time to become aware of the difficulties in order to be active in providing solutions.

Cooperation among the faculty, administration and students is vital for the success of the institution, stated. Individuals must begin to approach matters differently. New programs for Albright in order to remain competitive in post-secondary education. Wood discussed several

proposals he had outlined in a memo to President Hurwitz, stating the need for career development, honors housing, a college orchestra, a health and wellness program, and the creation of a student leadership institute. Wood's strategies placed additional importance

in developing the campus social and academic experience for students and faculty alike.

Wood's largest concern was the need for students to become a part of the dialogue in decision-making for the college. Students cannot be excluded from the decisions that will impact the rest of their lives. Individuals at the institution must remain positive and take students' concerns seriously. Students must take a leadership role in asserting themselves to be included in the administrative decisions. Students, according to Wood, are the central force that can and will shape Albright to change our difficulties and enhance

our positive aspects.

Dean Stayton Wood's final message included a word of encouragement specifically addressed to the students of Albright College.

Remain positive... enjoy the college experience and realize that you will leave here with a real edge... you can be as competetive as others if you make it work here by engaging yourself on campus. You should not be intimidated by forces that you cannot control; there is a Board of Trustees that is ready and willing to hear students concerns and an extraordinary faculty who is not willing to see Albright go down the drain. Students should demand more out of the structures that exist: the Dean, organizations, administration and faculty. Break down the formal barriers and make Albright what it should be: a place for students."



Current Dean of Students Stayton Wood will be taking the position of Vice-President of Student Affairs at the Fashion Institute of Technology in New Yor

Library News

I classes were cancelled. The following classes are being added to the March schedule to make up for the cancellations.

Lexis/Nexis training—this training allows students and faculty access to the Lexis/Nexis computer with its full-text documents.

One day and one evening class are available and they will be held in Media Classroom I, in the basement of the Library.

Tuesday, March 29, 9:30-11 am & Thursday, March 31, 7-8:30 pm

Internet training—this training encourages students, faculty and staff to use the Internet for research and information gathering. The class reviews telnet, gopher and WAIS while showing how to access other libraries and databases via the Hytelnet and Libs programs. One lunch time class is available and it will held in the upstairs training room of the Computer Center.

Wednesday, March 30, 11:30-1 pm

Anyone who is interested in attending these classes, be sure to register at the library's Reference Desk. If you cannot make these es, please contact the Reference Desk to tell us what times might be more convenient so that the April training schedule can accommodate you. The Library reserves right to cancel any class that has too few registrants. You can contact the Reference Desk by coming in person, calling x7211, or sending e-mail to LUCY:LIBRARYREF.

Athletic Changes

Continued from front page

students in all different activities from gym classes to intramurals," he said. "I had many positive experiences working with young

As Albright College athletics move to be the future, the emphasis will contine to be on the students who participate in the programs. In order to help the students yet everything they can out of athletics, 32 y Miller and Kevin Kiesel, along with the college stration, have a sumber of ambitious als they would like to achieve. They believe these goals will a ance the lives of not only the athletes balso the lives of all students which wid increase the well-being of the

et al. it administrators is to bring students to bright. "We really want to improve the recruitment of quality student athletes which will both improve our programs and increase enrollment," said Miller. She added that greater efforts will be made to assist coaches

Another objective of management is to include the members of the athletic department include the members of the athletic department in more aspects of campus life. "We would like our part-time coaches to be more a part of the Albright community," Miller said. According to Kevin Kiesel, one way this is already being accomplished and will continue to be achieved is through coaches doing several jobs at the college. "Coaches will be doing two or three different jobs, sometimes in various denartments. They will be working in various departments. They will be working for the benefit of all students on campus. The students will know everyone in the athletic department," he said. Coaches with multiple at the college include Jim Malone, who is the head wrestling coach, a strength coach, an assistant football coach, and a resident director. Ron Maier is another example as an assistant football and track coach, a resident

director, and an admissions counselor.

A top priority will also be to bring unity to the athletic department after a year of great change. A successful working relationship between Miller and Keisel will facilitate this process. "Sally is a great person to work with," said Kiesel of Miller. "We'll work together and combine our individual strengths for the benefit of the department," he predicted. Kiesel also stated that the department will not break into two separate camps with women strictly managing women's sports and men managing only men's sports. "It will be a total athletic department where we can all work together," he said. Incidently, Pitts believes that Miller's leadership has already paid dividends in unifying the departmen She has already proven valuable in building teamwork among coaches," he observed.

Stability may continue to return to the department as most personnel decisions have been finalized and no further reductions in employees or programs are planned for now. Ron Maier will fill the role of assistant football coach, Don Gottshall will serve as the head coach for both the track and cross-country teams, Stan Hyman will be the head baseball coach, and Mark Ruffner will be the head er. A decision about the coaching status of Sally Miller has not yet been made. As far as the programs are concerned, the administration has no plans to cut any sports or auxiliary athletic programs other than physical education class s, which will be iminated starting this fall.

Members of the athletic department are currently working with the college administration to develop an optional wells program for students in time for the fall semester to compensate for the lack of physical education classes. Thus far, planning has suffered due to the winter weather and the resignation of the Dean of Students, Stayton

As Sally Miller and Kevin Kiesel look ahead, they both see a bright future for Albright athletics and for Albright College as a whole.

Our programs will only become stronger and the college will overcome its problems and continue to be successful," said Miller. Keisel added, "Albright has a tradition of excellence in athletics and academics and that tradition will continue," said Kiesel.

SCHOLARSHIP UPDATE

TREASURY MANAGEMENT ASSOCIATION OF CENTRAL PENNSYLVANIA \$2000 scholarship; merit-based

competition based on essay; must be a full-time undergraduate student attending school in Central Pennsylvania; must be majoring in Finance, Business or counting; must have a 3.0 GPA.

DEADLINE: April 1, 1994

ALTRUSA INTERNATIONAL OF READING, INC.

wo financial aid grants in the amour of \$500 and \$300 for Berks County college or university; must maintain a 3.0 GPA; must need financial assistance to complete education and achieve career goals; preference given to applicants bursuing a career in field of education. DEADLINE: April 15, 1994

BERKS COUNTY MEDICAL SOCIETY

\$700 health career scholarship to a Berks County resident attending a Berks County college or hospital training program; must demonstrate financial need and must be academically capable; academic transcript required in addition to application. **DEADLINE: April 15, 1994**

> ROTARY FOUNDATION AMBASSADORIAL

Three types of scholarships for study abroad; can be used for short term (3 to 6 months) or multi-year programs.

DEADLINE: March-May for 1995-96 academic year programs.

See the Financial Aid Office for more info

The Math Association Puzzle Contest

The Albright Math Association is oring a Puzzle Contest. ceks three or four problems will be published in The Albrightian. Each puzzle is worth a certain number of points. To enter, merely submit your solutions to one or more of the puzzles to CC Box 85 by the deadline. Out of the correct solutions received by the deadline, the three people with the largest number of points will receive gift certificates. person with the most points at the end of this ster will receive the grand prize. Anyone in the Albright community can enter. The solutions to the puzzles will appear in the following issue of The Albrightian.

adline for the puzzles in this issue is April 8, 1994.

Warm-up (worth 2 points):

The administrator of a game preserve in Kenya, Africa, decided to take a count of the lions and ostriches he had in one section of the park. For some reason, he did this by counting the number of legs and heads of these animals. He came up with 35 heads and 78 legs. Do you know how many lions there were and how many ostriches?

Puzzle One (worth 3 points):

Out in the west Texas town of El Paso lived five long tall Texas ranchers. Each rancher wore a 10-gallon hat, drank Lone Star beer, and could look a rattlesnake dead in the eye. But what made these ranchers unusual was that each one's last name was the name of a different animal: further, each one drove a car whose name was that of an animal, and each owned a different animal as a pet. The pets, cars and ranchers' names, in no special order, were Pinto, Cougar, Rabbit,

Lynx, Jaguar, Beetle, Eagle, Skylark, Mustang, Llama, Barracuda, Falcon, Spider, Stag, and

One day the five ranchers got together at a local saloon to have a few beers and listen to the jukebox. From their conversation, you should be able to match up ranchers, cars,

You know, Beetle, that pet cat of yours got loose last week and raised one hell of a ruckus in my barnyard.'

"Yeah, sorry about that, old buddy. My wildcat's got a mighty willful streak, ju Rabbit's horse. Ain't that right, Rabbit?'

"Aw, hack, that old horse ain't half as omery as he used to be. Took something out of him when he got bumped by Falcon's car last year. Remember, Falcon?"

That wasn't my car. That was the Stag that knocked your old horse down. My car ain't been in a single accident, and I reckon it takes a mighty careless driver to hit a horse. But hey, leave it to a guy that keeps a sixlegged pet!"

Got more legs than that pardner. And sides, at least he's got legs. Unlike yours,

"Now, don't argue, good buddies. Ain't I don't guess there's just one careless driver among us, with both the Pinto and the Skylark in the shop with bent fenders. You want another beer, Lynx?

'No. I believe I'll hit the road.'

"Say, how about giving me a lift? My brother drove off in my Impala this morning."

"Sure thing. Hey, even if my Jagu breaks down, you can ride my pet home. He's grazing now over in the cemete courthouse. Well, so long, folks."

"So long.

"So long."

"So long."
"So long."
"Say, I didn't know he let his pet loose in the cemetery. Believe I'll get my Pinto out of the shop and drive over there for a look. So

"Take care. Well, buddy, that leaves just the two of us. Have another beer on me. Ain't that 'Faded Love' on the jukebox?"

Puzzle Two (worth 5 points):
Good Afternoon, folks, and welcome to WMOO, the home of country-and-western music. We've got this week's Top Ten Tune Roundup all set to go, so turn your radio up good and loud. I'm looking at the roundup from last week buckeroos, and I see where this week's Top Ten are the very same foot-stomping tunes—only each song is in a brand-new position now.

I see, too, where there are more songs that ent down in the Top Ten than went up. But just to refresh your memories, cowpokes, let me read you the Top Ten from last week. The list goes like this he

Trailer Courtin'

2. "Saddle Soap (Will Never Wash Your Lipstick off My Heart) "

Beer Belly Polka

"Going to Altoona to Get My Alto Tuned"

You Are My Moonshine

" Bumblebee Bop '

Stand on Your Man

" Haystack Hannah

Cole Porter's Daughter

Well, as I say, this week's roundup is a mite different. "Tennessee Schmaltz" went mite different. "Tennessee Schmaltz" went up the same number of positions as "Saddle Soup" went down. "Bumblebee Bop" went down half as many positions as "Cole Porter's Daughter" went up. "Going to Altoona"

gained as many positions as "Tennessee Schmaltz" and one other song combined! I believe that gives you pretty good picture of this week's Top Ten, so I'll say no more about it, but just get right down to the job of kicking this jamboree off with the number-one hit. And a toe-tapping tune it is, too! Here we go then, with—well, buckeroos, do you know what it is? And can you figure out the order of the rest of the Top Ten?

Zheng Boa, Xinping Jiao, Derek Zbyszinski, Darren Was, Karen Mace, and Brad Lieberman answered one or more of the puzzles correctly. Derek Zbyszinski, Karen Mace, and Brad Lieberman are the winners of the gift certificates.

Solution to the Warm-up: Continue the deal by taking cards from the bottom of the packet of undealt cards, dealing first to yourself, then counter-clockwise around the table.

Solution to Puzzle One: The bowlers from first place to sixth were Waldermar Waxwood, Viceroy Splitz, Ursula Stryker, Zoroaster Pinsetter, Yashmak Gutterman, and Xaviera Framingham

Solution to Puzzle Two: The total distance traveled is 2 1/2 inches. Since the bookworm starts at page one of volume 1, which is on the right side of the book, and heads towards volume 3, the first thing he will start chewing on will be the cover of volume 1. Once through this cover, he will chew through the back cover of volume 2, then on through 2 inches of pages, and, finally, through the back cover of volume 3, where he will come to the last page of the book, the finish line of our puzzle. This totals four covers and the contents of one volume, or 2 1/2 inches of

Religion **Professor**

Continued from page 3

controversies faced by a wide variety of North American religious communitie King, adding that he chose 1989 as the first year of the series because of the dramatic

events that occured that year.

"The Protestant world, for example, is not what it was in the 1950s and 1960s," he explains. "The mainline churches are facing new realities, such as a very vocal evangelical culture that has separated itself from older denominational structures. All religious groups are seeing younger generations turning more private sources of spirituality. And there are many other new groups now competing for a share of cultural power and ence, from Catholics and Muslims to African Americans, Native Americans, and

King says his primary goal has been to assemble writings representative of a broad spectrum of religious thought, including even less familiar groups like Bana'i, Santeria, and the International Society for Krishna

Secondly, he wants to help the general public gain insight into the many religionrelated events affecting society, and to correct misconceptions about various issues, stances, and practices.

It concerns me that so many of us remain norant about other religions and so reluctant to learn, even though North American religious groups have always been active in political and social affairs," King says. "A nation's religious life really cannot be separated from its cultural life.

The debate, of course, involves how religious bodies can appropriately involve themselves in the public sphere," he adds. The text is divided into four sections,

including denominational documents (listed by particular church origin), ecumenical group documents, general interest documents such as writings by special interest groups, and government documents. King often sought official documents after reading about related issues in newspapers and other publications.

professor at Albright College since 1983, King notes that the college has been extremely supportive of his research, which often required travel to various libraries and universities. "Naturally, such institutional support is invaluable not only in helping faculty write and publish, but, ultimately, in enriching the college and its students," he

King earned his B.A. from Cornell Colle graduating summa cum laude and Phi Beta Kappa. He earned his M.Div. and his Ph.D. from Harvard University. Listed in Who's Who in American Religion, King's specializations are in American religious studies, Western religious traditions, Christian history, and social ethics.

His other publications include articles and entries in numerous anthologies and journals including a recent piece on the 1960s civil rights movement appearing in a forthcoming issue of *The Christian Century*, an article on "Liberalism" in The Encyclope the American Religious Experience (Scribner's), and critical essays in Religion and Twentieth-Century American Intellectua Life (Cambridge University Press) and Between the Times: The Travail of the Protestant Establishment in America, 1990-1960 (Cambridge University Press).

This article was taken from a press release published by the college.

A Warm Fuzzy for Mr. Spock

When the average person hears the word logic, the first person that exmes to mind is Mr. Spock. Our pointy-exa friend is probably the only television character that ever referred to anything as "logical."

Although low interests me a great deal, it is very discontinuous in a gine anyone making al Judgments and decisions based purely on boolean logic. In traditional Boolean logica statement can only have one of two Boolean logic when you say things like: "If it is raining, I will use an umbrella. It is raining. refore, I will use an umbrella." This was bably also difficult for the writers of Star Trek, so they made him half human. O dilemma that Spock faced in dealing with his

mixed heritage was reconciling the irrationality of humans with the logic of Vulcans.

Well, Mr. Spock, this may help: a new form of logic has emerged called "fuzzy logic." Fuzzy logic deals with degrees of truth and falseness. Truth values range from 0 to 1. Closer to one is more true and closer

This helps us to reconcile terms such as tall, heavy, or warm. The easiest example to illustrate is tall. Suppose you have the statement, "Captain Kirk is tall." Boolean statement, "Captain Kirk is tall," Boolean logic would require a specific height to be the dividing line between tall and not tall. If we designated 70 inches as tall, 69.9 inches would not be tall. Tallness is difficult to deal with because tallness, like beauty, is in the eye of the beholder. Certainly if you asked

Michael Jordan if someone was tall, his answer would greatly differ from that of Dr. Ruth. Fuzzy logic allows for this. The range of truth values corresponds to the degree that something is true

Fuzzy logic is not just a theoretical idea for math nerds like me to get all excited about and use to gleefully figure out lots and lots of impossible problems. It has real applications. get past the word "fuzzy" and see the usefulness of it until just recently, so Japan is much farther along in applying fuzzy logic. Fuzzy logic has applications in computers (of course), automobile transmission and braking systems, aerospace, robotics, TV's, cameras, camcorders, microelectronics, elevators, heating systems and air conditioners, copy machines, business risk assessment and decision making, washing machines, economics, sociology, medicine and health science for diagnosis, and so much more.
Fuzzy logic will allow automatic transmissions to shift more smoothly and will eliminate the "it's always either too hot or too cold in here, "it's always either too hot or too cold in here, but never just right" complaint, because it will allow the heating system to constantly adjust instead of turning off when it gets too hot and turning on when it gets too cold. This will leave the room comfortably warm.

So, Mr. Spock, if you're jumping back and forth between your Vulcan and human roots, maybe you should take a look at fuzzy logic. It will help you create an equilibrium between the two and maybe give you a warm fuzzy feeling.

Alb

Opinions

The Utter, Indescribable, Stupidity of It All: Is Anyone Really Listening?

by G. Felleke Faculty, Business and Economics

It was another occasion of guilt-n'-watch. There is so much one should be doing. But there is one of those tantalizing and irresistible PBS probrams on. One hates to miss on those marvelous documentaries. And Tuesday nights are when all the wonderful documentaries are out in force. A force that is unwise to resist.... The guilt-n'watch commences.

Quite quickly I got hooked to this Nova program on the elusive evolutionary path that we humans have taken. Fascing stuff. It was all about where we started how we were like, what we did, and how we did them. We come from the clay, and we return to the clay. Right? So one digs into the clay to learn about those who long ago did their returning. Only those ancestors of ours really didn't do such a good a job of returning, did they? Or they would not have left traces which we endlessly uncover today. This is just as well, though. For it allows all those great detectives in the sand, and us, to reconstruct and spy on the drama of lives that left their stage over a million years ago. It is a drama whose faint murmur of primordial struggle we must all sense within us if we only allow ourselves some careful listening. I write, therefore I am a homo habilis! No?

Yes. According to the best known of these detectives there is more than a tenuous link between you and even the earliest of those bi-pedal wonders. Some argue that humans today originated from a single family of homo sapiens. Others see several globally scattered homo sapiens which in turn share a common ancestry in homo erectus. What is not left in doubt is that the five plus billions of us that now chock the planet all started in one family.

So?

Well, this point would probably have not meant much if it wasn't for something else. It is embarrassing, but I couldn't help wondering what they had on the other PBS channel. I picked the RC and beamed in a tail end of a "Frontline" program. It was on Bosnia. Oh, how grim, grey and god-forsaken everything and everyone looked. A distraught boy was relating how his older brother was shot dead by unseen snipers. The gun fires never cease. The same boy risked his life everytime he walked to-and-fro a communal water pipe to fetch precious bottles of the life preserving liquid to his besieged family.

But it was the very last scene that tattooed itself into a badly cluttered memory. A middle aged man with a kindly round face hosting a scraggly beard; the face of someone's jolly uncle. Jolly? Perhaps in another place

or at another time. This someone's uncle was trapped in a tiny hospital room and cornered by a goggling camera as he awkwardly and gingerly struggled to fit the stub remnant of an amputated leg into an imitation one. Obeying our species-wide predilection for bipedals, you might say.

He is a Bosnian Serb who refused to leave and turn against his Moslem neighbors when the nasty wind of civil war began to blow over that unhappy land. For that he was declared a traitor by other Serbs. This fellow human had lost more than just a leg

human had lost more than just a leg.

Having extended his non-existent leg, the man got up, took a couple of uneasy steps. turned his head to the camera, and then he gave a wink and a knowing smile! Somehow that simple and casual gesture was so full of magic. It was as if he lobbed an exploding ball of light that lifted and moved body and soul. A wink so endearing, and a smile so infectious! But what did it mean? What did he know? From whence did he snatch such strength of will. Perhaps these questions are not all that important. What is noteworthy is that we recognized his loss, and shared his triumph. Could it be that bi-pedals is a collective human family necessity? And suffering travels across space and time. Why do we react thus if not for that murmur of common human experience that we all harbor at our core?

Whispers the murmur, "There is no we and they, there is only us."

As with all faint signals, we must either heighten our attentiveness or augment the sound volume if we are to receive and profit by the message. Too often we fail to do either. When we so fail, the species squanders messages that may just redeem it from its own excesses. And this, one may argue, has often resulted in some of humanities greatest tragedies. Such is the period in Bosnia today. A common sense of community and belonging is supplanted by a virulent form of geopolitical mitosis whose murderous birth pangs echo over a landscape of graveyards. Those that blew off the leg of the middle aged man on the streets of Sarajevo hear no murmurs and heed no whispers. Such whispers simply cannot compete with the din of the predator's guns. If they would only listen They may learn that they could not have shot at him without shooting at themselves. It may not be sheer accident that the crooked finger on a trigger does point, almost mischievously, at the trigger-happy idiot at the butt end of the

But what an unlikely spot for the triumphant display of the human spirit. He gave a wink and a knowing smile! Taking a good note of that is the very least we can do.

Bitterness Revisited: Change Hits Home

Change. Change is the only thing in life that is a constant. Whether change is brought on by an outside force or by one's self, it is always going to happen. Change is sometimes for the better, sometimes not. In my two and a half years at college, I have come to learn this the hard way. I have made my fair share of mistakes, but I also have my fair share of accomplishments. All of them were brought about because of things changing around and inside me.

At the beginning of the first semester I, along with the rest of the student body, learned of the dismissal of several faculty members. At first I didn't think much of it. The professors that were dismissed were not in my area of concentration and I couldn't really see how it would affect me directly. Well, I was wrong.

It took until now for me to have an idea of what I wanted to do with my life. I'm still not one-hundred percent sure, but now I at least have a direction. Well, it turns out the only professor here that resembles what I want to do with my life was also dismissed. This professor is also in charge of the Woman's Center and the Peer Advisors program. Two aspects of the Albright community that should be highly respected. As of now, these two parts of Albright are up in the air as a result of this professor being released. The contributions Dr. Karen Hicks provides to this campus are innumerable, as I'm sure are the other professors that were released.

In the hopes of reducing the great debt Albright has incurred over the last few years someone (the administration?) has decided to wipe out two of the fastest growing majors, Nutrition and Social Work. This makes sense to me. Wipe out two majors that are

growing and attracts students to enroll here and keep majors that have less than ten students listed as their area of concentration. A whole lot of sense. Let's go further and dismiss the one professor that teaches Human Sexuality along with other gender related courses, so we have an institution that no longer teaches from every perspective. This makes so much sense.

Please excuse me, I'm being terribly facetious. I apologize for my lack of emotion earlier this year regarding the dismissal of so many professors and the obliteration of some of my friends' and peers' majors. I never realized the effects of the decisions that were made regarding this, even when during Orientation I saw friends cry over this. I heard students are transferring because of this, I wonder how many potential students we lost because of these decisions. Something to ponder when tuition will be raised yet again to offset the diminishing enrollment numbers.

Well, someone sure took the initiative to change Albright—but for the better? I can't see how. I challenge the people responsable for these decisions to respond to this. Please, make yourselves known. It was very evident to me that this college thinks so much of its students that when making decisions that will change and effect the lives of many of the students here, it totally isolated them from the process that for some, has caused them to change learning institutions. Thank you for instilling that sense of Albright pride in me that we like to brag so much about.

Sincerly, A concerned student

A Car Battery and a Cure:

Espousing the positive values of animal research

by Henry Roussand

My father suffered his first heart attack when I was eleven and it put him b, the hospital for about a month. He had snother one about six years later, and although this one wasn't quite as severe, a war later he decided to retire to a life of golf and warm weather. High amounts of stress from his job was the main factor be his condition, and even though retired se is constantly reminded of his medical cast by the six prescription drugs he takes about a morning.

Now it would be hard to prove that these drugs wone are increasing his vitality, but they are definitely involved in prolonging his we sure, he pays through the nose in insurance (like most people over sixty-five who are unelligible for Medicare), but the high cost of pharmaceutical research is well worth the money. Some of this research involves animal testing, but I know that fact doesn't bother him at all, his life and livelihood are reaping in the benefits.

Many people argue that animal testing is cruel and inhumane and that animals don't deserve to be subject to such research. I partly agree with this notion, they're right about the testing being inhumane, not because it lacks compassion, but only because it isn't done on humans, that genre of research would be inhumane. I can say this because while animals may feel pain, they don't suffer (big distinction), especially not the way that a wheelchair-bound seven year old who is afflicted with muscular dystrophy suffers.

That's probably the reason why myself, like many other kind, compassionate, and caring people in the Albright Community were upset when we read a campus center sign that discouraged participation in the M.D.A. Dance-a-Thon because M.D.A.

performs cruel and inhumane animal testing. Whoever hung that sign obviously doesn't remember the euphoria of childhood, when running through fields and climbing trees were common events. Most of the disabled children with muscular dystrophy can't climb stairs, even if they're fortunate enough to walk. The anonymous protesters probably also forgot how when in the third grade, they and all their friends secretly made fun of crippled children, perhaps they're still laughing at the old jokes now, constructing new signs while the feeble muscles of a crying boy degenerate even further.

Before everyone starts tearing and feeling guilty, don't let my sad picture paint the whole image of these afflicted children. Most of them aren't praying for a quick death, but instead are holding on to life, hoping for better treatment or a miracle cure. Unfortunately, miracles are rare in science; however, treatment of diseases does improve with continued research. I'm quite willing to trade a few thousand rats, a few chimps, and tax dollars to enhance the life of diseased children, even to only help one child, because no one should have to suffer through childhood only to die before age thirty.

Animal research is making tremendous progress in improving lives, both young and old. Hopefully this type of productivity will continue through organizations like the Muscular Dystrophy Association, unhindered by those who value an animal that breeds six times a year, more than a thinking, feeling, suffering child. None of this testing is cruel or inhumane it if improves the lives of children. Whatever the research may be, I'm in favor of it, because if hooking a car battery up to a chimp will alleviate a child'Ss suffering, I have only two things to say: red is positive, and black is negative.

Letters to the Editor

Bullies, Grow Up

To the Editor:

Last fall, an editorial appeared in *The Albrightian* entitled "A Greek Tragedy." In it, a member of the Delta Sigma Phi (now Zeta) fraternity lamented the loss of their national status due to what he believed to be overexaggerated accounts of his brothers' violent and destructive activites on the Albright campus.

Apparently, he was wrong.

On Tuesday March 8, during lunch in the cafeteria, a Zeta cursed out two students who had unwittingly made the error of sitting at a table that the Zetas claimed to be "theirs." He humiliated the students by yelling at them at the top of his lungs, shouting, "Get the f--- out of here! This is our table! We were here first!" When they didn't leave, he flipped the table over onto one of the students, a sophomore girl. She sustained bruises to her stomach and had the other "unwanted" student not caught the edge of the table, she would have been severely injured.

No apologies, no reprimands. The two students didn't retaliate, they simply went back to replace the dishes of food that the Zeta had broken on the floor, stepping over broken glass.

The Zeta was spoken to for a few minutes by a member of the cafeteria staff, then he returned to the table where the two students were sitting and proceeded to eat lunch there.

This is violent. This is purposely intimidating. This is the kind of bullying behavior that should have stopped in grade school. But it is allowed to continue in an institution of higher learning without anyone's blinking an eye. To say that I am disgusted is an understatement.

This territorial table abuse has been going on since the beginning of pledging, when we started to be joined by beret-and-fatigue-wearing Zetas who denied that they were pledging and proceeded to mimic and intimidate our table of women. They moved our things when they came into the cafeteria after us. They made snide remarks. They jeered. They threw food. They laughed. And they told us that they were there because they "liked the view." I was against it, but our table moved. We gave in to bullying.

Now had they had no where else to sit, or

should they have come in first or something, we wouldn't have cared. Everyone (except apparently the Zetas) knows that no one has assigned seats, it's first come first serve. My problem is that they deliberately, as a group, set about to bend someone else's will through threatening behavior. Now they have hurt someone. This has got to stop.

The Supreme Court ruled in 1969 that "students do not give up their rights at the school room door" (Tinker v. Des Moines School District). Likewise, I refuse to give up my civil rights at Albright: especially my right not to be physically or verbally attacked for nothing more than being a member of the Albright community who happens to not be a Zeta. We have done nothing wrong, and this treatment is barbaric and discriminatory towards women and other obvious non-Zeta groups. Should it continue, I would not be suprised if legal action were to be taken. In case the table-flipping crew haven't heard, battering of women is illegal in this country.

I feel bad for any Zetas whose good names are being marred by their pledges/brothers' behaviors. I have been told that some of them are nice people when they're separate from the group, and I really want to believe that. I feel bad for the entire Greek system that they should have to endure such

a bad rap when the Panhellenic Council and Intra-Fraternity Council do so much to make the Greek system an asset to the Albright community (only to have their good work ruined by a group that has no respect for the Greek system anyway). Most of all, though, I feel bad for those of us who are expected to endure abuse and who fear repercussions for speaking out. I challenge the Albright community to do something about this problem, and until some action is taken, I will continue to speak out. We cannot condone hate-group behavior by remaining silent, for if this is permitted, who's next on the hate agenda? African-American students? Foreign Students? Jewish Students? Jacob Albright Scholars? Vegetarians?

I know it sounds ludicrous, but so is how a table of women and their friends have been treated in the 1990s at Albright College. We need a new required course at Albright: Tolerence 101: How to respect other human beings in the 20th Century. Anyone who fails it should go back to grade school and be bullied by the big kid on the block to learn how it feels. It's not fun; just ask the girl with the bruises.

Sincerely, Katie Devlin

Letter Policy Criticized

To The Albrightian:

College campuses are, ideally, places where discussion and learning can take place in a non-prejudicial atmosphere. This is my first year on Albright's campus and I have learned a lot.

Dr. Hurwitz gave me a gracious welcome, when I arrived on campus late last summer. Her friendliness has been echoed on numerous occasions by faculty, staff and students. From these pressing concerns on campus, people were still determined to treat each other with respect and courtesy.

Unfortunately, in the past two weeks, I've also learned that I should be ready to be had. Two weeks ago I submitted a letter to The Albrightian. As I prepared the letter I asked for student input and for creative ways to shorten it to meet the paper's one-half page limit. When a student suggested that the letter could probably be a bit longer without it being rejected, I replied that, given my position as a representative of the Church, I had to lead by example and therefore did not want to ask for any special treatment.

I also wanted my letter to be as inclusive as possible. With this in mind, combined with its brevity, I purposely made no reference to the Catholic moral theology. Indeed, I

only mentioned God once, and then only in a generic way.

I was saddened, when *The Albrightian* changed its editorial policy after printing my short letter, in order to accomodate Dr. Gordon's much longer criticism of its suggest otherwise is to be guilty of an intellectual reductionism that is at best dishonest and at worst anti-Catholic bigotry!

I knew, when I wrote my letter, that there would be many who disagreed with me and that's O.K. I did not know that those who did disagree, would be given twice as much space and ink as me; and that the rules would be changed to embarrass me.

Nothing could compromise The Albrightian's service to the community more than treating differing ideas with a double standard. The unpopular and minority voices will always be marginalized and eventually silenced.

I have learned from this unfortunate incident, I hope and pray that others have to!

Sincerely yours, Rev. Frans J Berkhout Catholic Chaplin Albright Newman Association

Planning on having a "good time" over Spring Break?
You had better stop in to see Ma Gable before you leave campus, she'll hook you up!
5 for a buck!!

EDITORIAL

The Albrightian would like to commend those individuals in the Albright community who have chosen to air their opinions in the newspaper. The Opinions and Letters to the Editors sections have been established as an open forum so that students, administrators, faculty and staff members can openly express their thoughts and ideas. It goes without saying that the truly enlightened scholar will express how he or she feels, no matter what the consequences bring. The Albrightian staff looks to these such thinkers in our community and recognizes their contributions.

Too often we take for granted that we have an opportunity to say how we feel, and we succumb to the pressures of society. This is a great fault within our society, yet it is easily correctable. We challange you to be a free transcer and to air your opinions in The Albrightian.

THEALBRIGHTIAN

Tara Aileen Scanl	95 Editor-in-Chief
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Jarr (d Schoffler '9	5Opinions Editor
APPLY FRASCIONE S	Panturae Editor
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Letters Policy: The Albrightian encourages comments on news coverage, editorial policy, and College affairs. Letters must be typewritten or legibly printed, and double-spaced. All letters must be signed and should include address and phone number for verification. Names may be withheld on request. The Albrightian reserves the right to edit letters for length and to reject letters if they are likelous or do not conform to standards of good taste. Send letters to Box \$167. All letters received become the property of The Albrightian.

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Style

The Art of Tongue-Fu Returns to Albright

comedian Teaches Students that the Tongue is Indeed Mightier than the Sword

Entering the March 1 seminar entitled, ngue-Fu, The Sequel: The Art of Verbal elf Defense, spectators didn't know exactly hat to expect. Atypical of most Albright colle Experience Events, Tongue-Fu nanded audience participation by all.
Comedian Melinda Rose began the even

she informed the audience that laught res many of the ailments that individuals ften have. In fact, she said that a little bit of vity could cure the common cold or expedite e recovery of an illness. Also, studies have roven that laughter has prolonged the life xpectancy of cancer patients in hospices

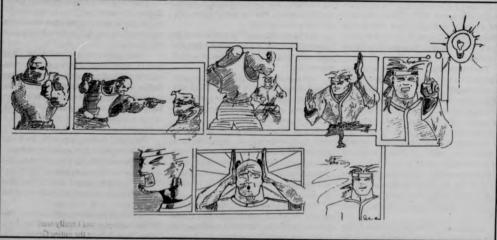
Upon learning this information, students ddently found that much of their stress bout feared tests and projects whose due-ates were quickly nearing had been relieved.

en spoke of a rather difficult move at she had to make in her early adulthood. eing raised in a pacific, rural neighborhood in Portland, Oregon made her adjustment to a suburb outside of turbulent Boston, fassachussetts quite complicated. Rose dmitted that the most difficult adaptation as acclimating herself to the drivers in ston who "do not know how to drive."

Rose learned how to handle her sorrow with humor. Her response to overcoming the new obstacle in her adjustment period was to go to a novelty store and purchase a pair of slippers that were modeled after grossly large After solacing her anxiety with a few aughs and contemplating her new location, tose decided to move to a small town between Virginville and Blue Ball, Pennsylvania.

In Pennsylvania, Rose continues her work. e enjoys her career and performs regularly in hospitals for terminally ill cancer patients, well as numerous schools.

Rose defines her theory of Tongue Fu as



the following: "A take-off on Kung-Fu, which is a take-off on Aikido. It is the art of picking yourself up without putting the other person down."

Rose began the seminar by encouraging audience members to participate in activities from pairing off and making faces at each to getting into larger groups and playing with a ball.

Many found that the techniques that Rose taught were very effective in relieving stress and creating a comfort zone that encouraged learning

"I found [the ball activity] very relaxing," said senior Sue Steinhardt. "When everybody's moving around at the same time, it helps you feel more relaxed and comfortable because

everyone is doing the same thing,"

Much of the seminar dealt with the subject
of how to successfully deflect intentional
insults. Feeling bad, Rose noted, does not

have to be the end result of verbal attacks.

Rose told the audience that the first component of Tongue-Fu is to tell ourselves that the insult does not apply to us, but is reflective of the perpetrator's insecurities. According to Melinda Rose, "When we are insulted, first we hurt; to avoid this, we should tell ourselves that it (the insult) has nothing to do with us.

Creating a hypothetical situation, Rose gave the students two sample insults with which to work. Volunteers were either bullies or victims, and the bullies, of course, threw insults at the victims. The victims then responded to the insults in ways to which they were accustomed.

The audience and Rose came to the aid of the victim and offered various responses.
The insults included, "Where were you when they were giving out brains?" and "Aren't you a bit underdressed?" The purpose of the response, according to Rose, is "to give people a verbal form of self-defense, to help them have a happier confrontation, and to laugh in the face of the

In conclusion, the audience broke into individual groups, once again, according to their favorite past times, shows, sports, exercises, etc. After listening to the discussions that ensued among the groups and observing the enthusiasm from each person, Rose estimated that thirty percent of the students were worrying about school or personal problems, sixty percent were having sexual fantasies and ten percent of the students were actually listening and involved in the seminar. Melinda Rose will be appearing at New

York University on April 8. Surely her oi sentation will be as appreciated and peneficial to students there, as it was to those

Spirit Week Ends with Spring Formal

Wendy Scarola

While there is still snow on the ground, ring is starting to enter into our thoughts.

embers of the Reading community are eginning to see the grass peek out from the arge white drifts, the birds are starting to

hirp, and the weather is warming up.

The Resident Student Association (R.S.A.)
helped kick off Albright's spring spirit, as it
held the annual Spring Formal. The dance
was the climax of R.S.A.'s Spirit Week.

"I feel that the efforts of the R.S.A. members were appreciated by all. Because everyone worked together, the evening was much more memorable." -Kip Scannell

The dance was held on Friday, March 12 from 9 p.m. to 1 a.m. Given the theme "Arabian Nights," the formal was suitably held at the beautiful Stokesay Castle.

The Winston Room, the location of the The Winston Room, the location of the dance, was decorated in black, aqua, white, and metallic gold. There were festive streamers and balloon centerpieces which enhanced the mood of the evening.

"The room was decorated very nicely. I feel that the efforts of the R.S.A. members

were very much appreciated by all," said sophomore R.S.A. member Kip Scannell. Because everyone worked together, the evening was much more memorable."

R.S.A. also gave each student who attended

The cup has a photo of a castle that exemplifies the "Arabian Nights" theme.

Predictably so, the event was a great success. "I wasn't sure what to expect," said freshman Julie Berk. "I am glad that my friends talked me into going. I had a great

R.S.A. President Don DeHart was "very pleased by the attendance." He added, "I'm so happy that everyone looked as if they were enjoying themselves. It's nice to be a part of an ongoing Albright tradition."

RSA Spirit Week: Tradition Continues

by Don DeHart

The word week of March ushered in the orn of the Resident Student Association's Spirit Week, a prelude to the annual Spring Formal Dance. A tradition at Albright College, Spirit Week has sisted of daily events.

"Spirit Week was an all-around good time from the fun-filled beach dinner to the magical Spring Formal," said freshman Julie Berk.

The events included a three on three basketball tournament and finals, an obstacle course, a beach theme dinner, and the Spring Formal at the conclusion of the week. In addition to the activities, students were encouraged to dress according to a particular theme such as pajama day and

Winners of the events were Joe Pesansky, Shamar Graham, and Jennie Wheeler at the basketball tournament, and freshman Melissa Calladine at the obstacle course.

"I had a great time at the basketball tournament. It certainly was great to win, but I was more pleased to see everyone so enthusiastically involved in the activities," said Jennie Wheeler.

Due to poor weather conditions, R.S.A. was unable to hold the scavenger hunt as scheduled. The event has been postponed until after spring break, however, the deferred date did not dismay students

The scavenger hunt will be even better when the weather warms up," commented freshman R.S.A. member Michelle Pearson.

"Surely, more people will want to be involved, and our scavenger hunt categories will be broadened," added Pearson.

A Multi-Cultural Unity Dinner that was planned for Thursday of Spirit Week was also postponed to a later date. At the dinner, students will be assigned a random table to promote meeting new people. Albright's Office of Multi-Cultural Affairs wished to work in conjunction with R.S.A. in sponsering the dinner.

Albright's 15th Annual MDA Dance-a-Thon 'Open 24 Hours'

by Dave Baldwin

Feelings of excitement and anticipation were two of the more prevalent emotions as 1 p.m. approached on March 5, 1994.

For the 50 or so dancers who signed up for the 15th annual MDA Dance-a-Thon, it was a chance to channel their energy and enthusiasm into a massive wave of support for the Berks County Muscular Dystrophy

This undertaking was facilitated by various organizations both on and off campus. From an endangered species roulette wheel by Albright Environmental Action, to Phi Mu's hot dog booth, the Albright community was representative of how successful a collective effort could be.

Furthermore, assistance from outside organizations such as Y102 promoted awareness of the event.

After the opening ceremonies which were attended by the Reading Mayor Warren Haggerty and Albright President Ellen Hurwitz, the dance's theme "Open 24 Hours" was a

In addition to the booths that served as an attraction to students who just wanted to stop by and play a game or two, grab a hot dog or an ice cream sandwich, and dance for a little

From country line dancing and square dance lessons to a banner performance by the rock group Sore Thumb, students enjoyed every aspect of the Dance-a-Thon. Due to the late night/early morning obstacle course, aerobics lessons, and the hokey pokey, the

dancers were kept busy.
As Glen Martin said, "At around three or four in the morning, the line between late and early was blurred, and it became a surreal experience!

Because of the activity's appropriately chosen theme, "Open 24 Hours," MDA and Vogue adorned the walls and Campus Center in items that would create the ambience of a

Red and black balloons on the ceiling, trash cans disguised as gas pumps, a speedometer hung above the dancers' heads and collage sculpture centerpieces that were composed of lube oil bottles, beef jerky sticks, and hubcaps, were just some of the creative decorations that were present.

At 8 a.m. on March 6, the flea market opened up, which signified the final event prior to the closing ceremonies. Since most of the items present for purchase were donated either by students, faculty, or community

members, all the money collected through sales went directly to the drive.

As the event wound down, a feeling of accomplishment and fulfillment was exuded by everyone involved.

Following the closing ceremonies, junior Bonnie Sherwood said, "At the beginning I was excited to see the support from the campus and school, not to mention the enthusiasm of

"The support of local establishments was greatly appreciated," Sherwood said. "The dancers really did a wonderful job, and the feeling of accomplishment that all felt was due to the fact that everyone who helped out knew what they were doing and how important it was a lot of people. It was definitely a worthwhile cause." worthwhile cau

During the closing ceremonies, the Berks County MDA poster child made an appearance.
"It was the visit from the poster child that did it for me," said sophmore dancer Lisa Conte.
"I think it helped remind all of us just how very special the work of the whole weekend

All told, the weekend was a success. The CCB sponsored event was able to present the Berks County Muscular Dystrophy Association with a check for over 4,000 dollars.

Albright College Domino Players to Present Hecuba in **April 1994**

by Doug Robbins

The Domino players will present a impressive production of *Hecuba* on Apri 15-22.

The plot of the play deals with Hecub the Queen of Troy, who has been brough down by slavery. She and the other rebellious women in the play seek to avenge their evi

The drama department selected the cla Greek play in honor of the Chairman of the National Endowment of Humanities, Dr. Meagher. He is the director, translator, and the dramatorgue of Hecuba.

The cast of students is as follows: List Strum as Hekabe, Dawn Simmons as the Handmaiden, Lisa Graves, Joy Jable, Jeanette Kearns, Kara Morval, Rebecca Newland, and Chandra Vitelli as the Chorus, Russel Way as eus, Lori Stile as Poluxene, Dylan Lang as Talthubios, Chris Crowe as Agamemn Robert Heller as Polumester, and Doug Robbins as a Soldier. Two members from the Reading community are also in the production. Ian Forester, from Muhlenberg Middle School, plays Poludoros and Matt Schifman, from the Lancaster County Day School, plays

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Flying High for the **Very First Time**

Spring break. What a great time of year. This ritualistic event is when students from all over the country take a break from college and visit a delightful spot in the world, hopefully where it's warm, and just relax. No need to worry about getting to classes, staying awake during these classes, and making up tests. When are you ever going to get the chance to relax in Hawaii, Cancun, or the Bahamas again? So go now. But how are you going to get there? Fly? You may say to yourself, "I have never been on an airplane before." So what are you waiting for, do it now! You never know when an opportunity may come up like this again. Fly!

If you have never flown before, there are a few things you should know. My dad once taught me something. One time, when we went flying, he got so tired of me complaining that I had too much stuff to carry on the plane that he told me to pack lighter next time. So here is my word of advice when packing for your adventure, first lay out all your clothes on your bed. Then, look to see how many different outfits you have, and take half of what is on the bed. This is especially important for women to do. You will never wear all the clothes you pack, let alone fit them into your

Next, pack a carry-on. It may be a good idea to put some reading material in it, or at least something that will keep you busy for the flight. Having reading material with you also helps you avoid the peculiar people that you will more than likely end up sitting next to. More importantly, make sure to put in this bag an extra change of clothes, just in case

something unforseen happens. You don't want to loose your luggage and not have

This brings me to my next point. If you are using someone else's luggage or even your parent's luggage who have already flown before, remove the stickers that the airline attendants put on them. I didn't do that when I flew one time, and my luggage ended up in Pittsburgh while I was waiting for it in Puerto

Another good idea is to always pack as many things as you can the day before you are ready to leave. That way you minimize the chance of forgetting something. It is also important that on the day that you leave, make sure you are at the airport at least one hour before the scheduled take off. You don't want to miss your plane and be stuck here in this cold, snowy place, when your friends are off having fun and sunning themselves.

It may also may be a good idea to stop at one of those little food stands, and buy a prob of gum so you can chew on the gum when the plane takes off and lands. This will help your ears pop, so when you do eventually land, you are able to hear your friends celebrating

Now that you have the basics, you are ready to fly. Most of this is common sense, but sometimes people are so excited to go on vacation, that they forget these things. One more piece of advice, if you decide to take a taxi anywhere, make sure that you actually see the taxi cab driver put your luggage in the trunk of the car! You don't want to get into the taxi, only to see your luggage still sitting on the curb!

Albright Extends Sympathy

The Albright community would like to extend its condolences to the family of Alfred Tyler of Birdsboro, PA. He suddenly died in an automobile accident on March 11. He is the father of the Berks County Chapter of the Muscular Dystrophy Association's poster child who appeared during the Closing Ceremonies of Albright's 15th annual MDA Dance-s-Thon.

7th Heaven: What an Experience!

One item that is on many seniors' minds is completing those all-important experience credits. By one's final semester at Albright, most students really do not care about the content of Experiences that they attend, so long as they get the

However, every once awhile students are able to view and vent that is truly enjoyable. The performance by student group Seventh Meaven exceeded the norm...it was exceptional.

On Sunday, Narch 13 in the Meridian

Theater, Albert students attended the group's so out performance. Kieran Daly, B a Chase, Paul Mischeshin, B J. O' Nota, Chris Crowe, and Brian Proman are the six members of Aloright's own, and probably very first, a cappella group, Seventh Heaven.

Those who expected the stereotypical

50's and 60's doo-wop a cappella tunes were not dissapointed, although the group's song selection included more recent tunes, as well. Certainly, Seventh Heaven gave a performance that was anything but stereotypical. Intersplicing a few amusing skits were old, new, and some obscure songs that delighted the audience. The musical selections were from such renowned artists as Billy Joel, Michael Jackson, James Taylor, and a myriad of 50's and 60's musicians. Seventh Heaven's dedication and hard

ork was certainly evident during the work was certainly evident during in-show. Moreover, the group performed without any accompaniment. Three microphones were the only equipment on stage during the show, and they were only used to record the performance

Seventh Heaven proved to be a very talented group, capable of delivering an impressive concert. Congratulations gentlemen on a great performance!



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o-ed, naked elevator tag. Is t a table in your elevator are you happy to see me?

appy Anniversary!! I love -Tiger

Ve made it through the rain ogether! Thanks for your elp!! Hey Jealousy! Thanks or being a great big. You're

-Crunch-McGruff

Bruckles,
We REALLY need to talk!!
-Love, Scans and Frashels

НЕ МҮТН...

Thanks for the support and the laughs. Do the balloon

It's finally over--yeah!

It's time to work that particular person for the formal! Can't leave you there alone!!!

You're the Best Little Ever!

-- Love, Renouf

Cha, Cha, Cha! Hey sweetie, your secrets are safe with me! -Love ya,

You wanna go to the Trojan for a C.C.B.? If you do, call me. --S-Bokers

Eleni & Chrissy,

I have this great prom dress that's sitting in my closet. Would you like to borrow it so you can also go crazy dancing? A prom dress can really put you in the mood, can't it?!

-Love your dance partner,

Hey Boston Crew, Here's LOOKING at you!

Keep trying ... keep trying!! -- Love, your favorite editor

Who are you going to scam on next?! SCAMMER! -Love ya, Marina

We're so psyched to have you in our family! You're the

Welcome to the microvan experience. Please make sure your seatbelts are fastened!! Thanks for a great trip.

P.S. When can we go back for pizza?

You're the best big. I'm so glad to be part of your family.
--Love, Jackie

Welcome to our Phi Mu family! We love you. --Love, Your Big, Grand Big, and Great Grand Big

I'm glad I had you as an "alternate" tango partner! Never forget our "bizarre" night and never ever underestimate the power of flirting with the D.J. Here's to the mini-egg rolls.

-- Love ya, Kristina

Have fun in Texas!! Too bad you'll need ID there! What's the latest count, 20 days? By the way, where's my E-mail? -- Your Cancun-bound friend

We went wild, you crazy boy! You turn me on "with your big jeans, you make me wanna scream!"

-- Love, Your Baby

We may never dance "the bump" again, but the memory will live forever! Way to go, partner! --Jen²

Do I have "Tell Me All Your Problems" written on my forehead? You know what, I think you do too!! --Tara

I'll get my knife and let's go find some soda machines. We need some change for tolls.

Premal Virenda Patel, Watch out for those fire hydrants, you just might walk into one and getsoaked. Also happy six month Belated Birthday! --Love you know, the little Italian

Thanks for helping me through and for all of your support. I'm still waiting for them to play the Partridge Family. Bonnie Bonnie

P.S. Can we get the obstacle

Hope I didn't embarrass you too much with the singing gorilla. Happy Birthday anyway. --Marina

Does the word "psycho" mean anything to you? I swear, that movie just freaks me out too much! We'll have to avoid it next time! --Love ya,

Kristina

Underwear Man, Had any good dreams lately?
--Love, The Woman of Your

We survived MDA together. It was a lot of fun and I wouldn't have changed any of it...well maybe one thing! -- Hey Jealousy

I'm the fox, and I'm the hound-dog. Ruff Ruff!!

Congrats Wendy & Lynelle, a team that can't be topped. I always knew you were number 1. --Your #1 fan D.

Alicia and Tara.

You two are just too jealous for words! You only wish you could be somebody's "motivation and inspiration." Too bad, chickies, just "take

Your favorite editor

J .- I know everything will get better and if you need anyone to talk to, 304 is probably open because someone will be using my microwave.

I had fun "cutting up the rug" with you Friday night. When are we going on that double date? Who knows, it might lead to a formal date for both of us!! -- Love ya, Alicia

MDA Committee,

Thanks for all of the hard work--it really paid off. You should all be proud! Thanks again--it could have never happened without all of your --Bonnie

Have a great break! Heh, Heh, Heh. --Love, Fiesty

To Mandy,

You're my favorite "Brown-eyed Girl!!" --Love, Tara

Hey AB,

Are you hungry? Wanna get a pizza?

I feel a gust of wind blowing, I just can't tell which direction it's headed. Any thoughts on the matter? -Love, Kristina

Great job at MDA Dance-a-Thon. When do you want me to get you up (that is if MY irm goes off). Are you taking notes again this week?

To my #1 "incentive," Friends are friends are friends, but who's going to make the first move? I and know-I hope it's recally soon! (maybe in time for the forma'...MAJOR HINT!!)

If only I could be in your on right now. You are so lucky, words can't even express how I feel about your secret admirer. Where can I

Love, your favorite ex-editor

You crazy woman! I hear that they are auditioning people for future Mentos commercials! Go for it--that is, if Star Search doesn't want us first! I had a great time with you guys, even if you did spend most of the night in the bathroom! Bizarre. bizarre...

-- Love ya, Kristina

Just because I'm leaving, doesn't mean I don't love you and that if you need me, I'm always here for you baby! -- Love, guess who?

All we've gotta say is, "Whatta Man, Whatta Man, Whatta Man, Whatta Mighty Good Man!" Just smile and get us some marshmallows, please!! -Love, Your Anorexic

How is the hound-dog? Does he sleep at night? Where does he sleep? -- Partner-in-crime

Take a number, buddy! -- Love, the other members of your fan club

I know that right now it seems that things could only get worse, but believe me, things will only get better! Just think what we have to look forward to. Cancun is so close, and you won't have to worry about any of these things there! -- Love ya, Frash

TOP TEN THINGS TO DO IF YOU STAY HOME FOR SPRING BREAK

- 10. Try to get ahead with some homework.
- 9. Spend quality time with your family.
- 8. Start getting in shape for the Spring.
- 7. Do that laundry that's been sitting around.
 - 6. Rent some Blockbuster hits.
 - 5. Look for a summer job. 4. Go shopping for new clothes.
 - Catch up on all television shows.
 - Visit friends from other schools.

Fiey Students! It's Albright College's Family Weekend! April 16 and 17, 1994

*Entertainment/Dance *Educational Programming *Activities *Food and Festivities Get Ready to...

Relive the Past and Experience the Future!













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I'LL BET HE'S MAKING AN ARMY! IN A FEW DAYS, HE COULD BUILD A HUNDRED SNOW GOOMS! IF EACH OF









Sports

Baseball Prepares for Season Opener

by John Hatchett

AT DO MEAN ALL OSE"? Albright Baseball, under the direction of new Head Coach Stan Hyman, begins their season against nationally ranked John's Hopkins University on Sunday, March 20.

Hyman is excited about the possibilities that this year's team presents. He said, "We have the seventh best pitching staff in Division III and I think that we have a chance for a good season this year."

Albright returns three of four pitchers from last year's 12-15-1 (4-6 MAC) team. Stanley Bialecki, R.D. Bachman, and Dan Merkel are expected to be Hyman's major weapons on the mound. The only starting pitcher not back is Rich Menseck, who finished his career last year with a school record 1.59 ERA.

Behind them, the Lions have six out of nine everyday starters back, including team MVP Dante Mucci. He hit .407 with 18 steals in 19 tries last year and he set a school record for runs in a carreer at 61. Albright also returns catcher Chris Harris, first baseman Tom Quinn, second baseman Mark Hilyard, shortstop Pete Costanzo, and third baseman

The area that concerns the coaching staff the most is defense. Even though they improved in '93, errors still cost them five games last year. If Albright is to register their first winning season since '89, they will have to cut down on the mistakes.

Albright has several all star candidates this year. Mucci, Costanzo, and Harris all have a legitimate shot at making conference honors.

Hyman was the pitching coach for the Lions before he took over for Vince Schiavo. In nine years of coaching, he has a .665 winning percentage including five league titles with the semi-pro Ephrata Black Sox. He was named league coach of the year four times, with the awards coming in 1988, '90, '91, and '93. His last four teams were all over



photo provided by the Sports Information Director's Office Senior tri-captain Chris Harris at the plate last season.

the .700 mark. In his time at Albright, he helped starters to four of the eight best ERA's in school history. The entire staff had a combined ERA of 2.70 last year, jumping 32 places to become the seventh best staff in the nation.

Heappointed four new assitant coaches to help him build the team when he was hired. Glenn Gallagher will handle the pitching staff and serve as the strength coach, Paul Olivett is going to coach the bullpen, Mike Peters will coach the catchers and first basemen, and Neil Wiker is to teach the infielders and hitting.

They are scheduled to play a doubleheader at Juniata on March 28. The Lions' first home game is on March 31 against Franklin &

First Season Begins for Albright Lacrosse Club

by Kirk Beideman

Albright began their inaugural season in lacrosse yesterday. The club team went down to the University of Deleware for their first game ever.

Jon Hodgson, founder of the club, is excited about having lacrosse at Albright. He said, "I think we are making progress, and I look forward to next year."

The idea of lacrosse at Albright is not a new one. You may have seen guys out on Kelchner or Science fields throwing the ball around. Well, this year those people you saw throwing around got organized. Over the past four weeks, the team has been practicing four nights a week to get prepared for the season.

The first three games of the year were cancelled due to severe weather. Those games that were scheduled for March 5, 6, and 13 may be rescheduled for a later point in time.



Indoor Track Places at the MAC Championships

by Andy Junikiewicz

The men's and women's track team had an excellent day at the MAC indoor championship, which was hosted by Lebanon Valley College. Each team placed fourth at this big indoor meet, and both were very competitive although eight to ten athletes represented each team. Head Coach Don Gottshall, along withsprinters coach Jerry Holleran and jumpers coach Ron Maierhave worked hard to prepare these athletes for the MAC indoor championship. Charles Moore lead the team as he competed in eight events and placed in five. Moore won the 55 meter hurdles, placed second in the long jump, fifth in the high jump, and seventh in the 55 meter hurdles, baced second were P.T. Non who

won the silver medal in the pole vault, Ryan O'Connell won the bronze medal in the three mile race, and Derek Zybinski who placed fourth in the 400 meters. Lori Choynowski lead the Lady Lions, winning a gold medal in the 1500 meters. Donna McCarthy won the bronze in the same race as the Lady Lions dominated the 1500 meter race in taking two of the three medals. Jessica Kemp competed in five events and placed in three displaying her exceptional athletic ability. Kemp won thesilver in the long jump while she placed fifth in the triple jumpand 55 meters. Beth Watkins placed fourth in the half mile race. Both teams had an excellent showing even though they lacked quality athletes on the depth charts.

'A New Way of Life'

by Abe Antler

Suzanne Adam spoke on weight management, nutrition for athletes, and reading nutrition labels on March 10 in the Campus Center at Albright College.

Center at Albright College.

Many college students nationwide, and women in particular, are extremely concious of their weight. Studies have indicated, however, that most of these students were right at their desired weight for their respective height. On the flipside, there were many students within these studies whom thought that their weight was okay for their height, but found out that they were overweight. Such studies have been conducted by many Colleges and Universities nationwide; however, Penn State University has done extensive research in the area of weight control and has come up with some extraordinary findings, which later were developed into a course called "A New Way of Life".

"It's knowledge that most students don't have," said sophomore Russell Way who was in attendance on March 10. Indeed it was a night of enlightenment for all students present.

Among the things discussed was the Food Pyramid, which made the four food groups taught in schools in the 70's and 80's obsolete. The Food Pyramid lists five groups, as opposed to the four that the present generation has been taught. The base of the pyramid is the bread group, which consists of six to eleven servings a day (six would be ideal for a five-foot 108-pound woman, while 11 would be ideal for an average five-foot ten man weighing 160-170 pounds.) The next catagory is consolidated of fruits and vegetables; the suggested measure of fruits is two to four servings a day, while three to five servings is suggested for vegetables. The reason why it is suggested to consume more vegetables a day is because studies indicate that some vegetables may be in charge of deactivating cancer genes that are present in the human population. Also consolidated are the milk and meat groups which both require two to three servings. The reason why the milk and meat groups both ask for less servings is because americans get enough protein and milk a day. It is also suggested to try lowfat or skim milk instead of whole milk, and lowfat cheese and yogurt.

At the top is the fats, oils, and cocets group, which are to be used sparingly.

Obviously, it is rather difficult for a person

Obviously, it is rather d. Cult for a person to keep track of what he are she eats at every meal. Fortunately, a new initiative by the U.S. Government has made it much easier for people to keep track of not only what they eat, but what exceeds it is in what they eat. Nutrition labels in heart is in what they eat. Nutrition labels in heart is not extended and unsaturated, how much of the daily requirements (i.e. protein, calcium, and vitamins) it contains, and how much sodium is contained in the product. The labels also have a concise explanation of how many calories from fats, carbohydrates, and protein that average people, both men and women, need every day. Adams also suggests that another important method to keep track of what we eat is to keep a daily diary of the food that we consume; a diary is especially important to those on a diet.

The average woman requires about 2,000 calories while the average man needs about 2,500 calories. Calories are crucial to daily performance, especially to athletes. Athletes require at least 300 more calories a day more than people who are sedentary. These extra calories should come from carbohydrates, because the body uses up carbohydrates for energy much faster than it does from protein

or fat which should account for 15 percent and 20 percent respectively, of the calories we consume daily.

Vitamin consumption was discussed during the course of events Thursday evening. Vitamin supliments will help a person deficient in a certain vitamin, but as far as regular people are concerned, it is much better to get the vitamins our body needs from fruits and vegetables. "There have been various medical reports that concluded that vitamin supliments do not help because they are not fiber containing like fruits and vegetables are. Just get vitamins from food." says Adam about vitamins we can buy over the counter.

Years ago, physicians told the public that it was generally okay to have an excess of vitamin C; not true according to new studies. Physicians have discovered a new condtion called "rebound scurvy", which is the body's growing accustomed to excreting the excess vitamin C. Long after the person stops taking the suppliment, the body will still be used to flushing out the vitamin C, which will eventually cause that person to become

The event gave the students, faculty, and any others that attended a basic idea of how nutrition works and how to implement the methods mentioned



Alabama 9

Wake Forest 5

Charleston (SC) 12

Kansas 4 TN-Chattanooga 13

Marquette 6

SW Louisiana 11

Kentucky 3

Tennessee State 14

Michigan State 7

Seton Hall 10

Duke 2

Texas Southern 15

First Round: March 17-18 Second Round: March 19-20

Regionals

West: Los Angeles, California March 24, 26

East: Miami, Florida March 25, 27

Midwest: Dallas, Texas March 25, 27 Southeast: Knoxville, Tennesse March 24, 26

Semifinals: Charlotte, North Carolina April 2