

THE ALBRIGHTIAN

March 14, 2003

The Voice of Albright College

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Communications Director Candidates Visit Albright

Genevieve Shope
The Albrightian

On February 27th and 28th, the candidates for director of the communications program visited Albright to meet students and staff over lunch, followed by presentations.

Professor Dana Ulloth, Chair of Bloomsburg University's Mass Communications Department, were here on the 27th. He graduated in 1971 with a PhD in radio-film-television from the University of Missouri. In the past, Professor Ulloth has taught at Ithaca College, in New York, and Andrews College in Michigan. He

has field experience as assistant editor of an agricultural radio network and as producer for the University of Connecticut's Radio-Television Division. Professor Ulloth has developed various curriculum programs, instructed numerous workshops, and is author of a long list of publications.

Jon Bekken, Professor of Communications and Journalism at Suffolk University in Boston, MA, was here on the 28th. He graduated with a PhD in Communications from the University of Illinois in 1992. He has taught at the State University of New

York, where he advised the student newspaper, the University of Central Arkansas, and the University of Illinois. He has worked as producer for WEFT-FM and as editor for several publications. Bekken also writes freelance and is the author of numerous radio scripts, articles, book reviews, and papers. Bekken was recognized as "Outstanding Club Advisor of the Year" for his work with The Suffolk Journal.

Genevieve Shope
is Assistant Editor In-Chief
and a sophomore reporter

After a Decade in Freedman Gallery

Jennifer P. Stoudt
The Albrightian

A traveling exhibition focusing on the lives of 16 artists 10 years after they have completed fine arts degrees, After a Decade will feature more than 30 artworks of varying media by artists hailing from 13 states. Albright's own Kristen Woodward, assistant professor of art, is one of the exhibitors.

Curated by Scott Betz, one of the participating artists, the exhibition will offer students an idea of what to expect after they graduate with a degree in art. In addition to providing examples of their work, each artist will present artist statements, résumés, and personal accounts of their survival after college and the way they continue to express themselves through art.

These stories, surprising and comical, offer advice on employment strategies and survival techniques needed to maintain the life of an artist. The narratives provide valuable education routinely

omitted in art history books.

Students will also become acquainted with the reality of people who do not or did not always get to work in the art field. More times than not, graduates will find a day job that provides a consistent salary, but lacks the opportunity to continue their art. Eventually their artistic career goals become secondary. The spirit of After a Decade is to encourage every person to hold on to their dreams.

For general audiences, After a Decade provides a glimpse of professional perseverance and an appreciation for the rigors involved in the pursuit of artistic excellence.

After a Decade began at Weber State University Bridge Gallery in April 2001 and is continuing to Leeward Island Community College in Hawaii.

Jennifer P. Stoudt is Associate Director of College Relations and contributor to The Albrightian

Grandson of Mahatma Gandhi to Speak at Albright College

Jennifer P. Stoudt
The Albrightian

Reading, Pa. – Rajmohan Gandhi, grandson of world-renowned Mahatma Gandhi, will present the 2003 J.D. Gallagher lecture, "Evil, War and the Force of Truth: Is there a place for Gandhi's non-violence in 2003?" on Thursday, March 27, 2003 at 7:30 p.m. The lecture, which is free and open to the public, will be held in Memorial Chapel.

Gandhi is academic director, Global Crossroads, at the University of Illinois and visiting professor in the program of South Asian and

Middle Eastern studies at the University of Illinois at

Award; a member of the International Council,

Initiatives of Change; co-chair of Centre for Dialogue & Reconciliation in Gurgaon, India; and a commentator in *The Hindu* and *The Hindustan Times*.

Gandhi's grandfather, Mahatma Gandhi, is known for his non-violent political philosophy



Urbana-Champaign. He is a jury member of the Nuremberg Human Rights

that gained the attention of the world in the 1940s and inspired Martin Luther King

Jr. and the Civil Rights Movement.

The J.D. Gallagher lecture is being sponsored by Albright College's Department of Religious Studies with generous support from the family of J.D. Gallagher.

Memorial Chapel is located on the Albright College campus at 13th & Bern Streets, Reading, Pa.

Jennifer P. Stoudt is Associate Director of College Relations and contributor to The Albrightian

Note to Media:

Mr. Gandhi is available for advance interviews.

Contact Jennifer Stoudt at 610-921-7526 for arrangements.

Please go to <http://www.albright.edu/news/press-photos.html> for downloadable photo

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The Smell of the Mushroom Farm

(formerly "From the Editor's Desk")

Dan Ruedy
Editor-in-Chief

Do you have opinions? Do you have blood flowing through your veins? If the Chicago Bears' Ditka went up against a hurricane, who would win? When drinking two glasses of milk at dinner, can you make a decision as to which to consume first? If you answered yes or no to any of these probing questions, then you my friend have a destiny in journalism.

Yes, that's right, you. You are the one who knows where it's at, who

knows why things are the way they are, or at least would like to have an excuse to make it your business to find out. Though you can't beat someone up with it, this paper has the potential to be a powerful weapon of influence and change, but only if it is implemented.

So to everyone who has thought about taking up pen and scroll, even those who have done so but never seem to meet deadline, you too may find that writing for your school's paper is an experience that goes further than just a note on a résumé.

From the Faculty Advisor

Newton A. Perrin
Faculty Advisor

As Faculty Advisor, I would like to thank Mr. Dan Ruedy for almost single-handedly resurrecting the Albrightian. I am informed that the staff has been nearly filled out and a publication schedule has been set. As you can see, the paper is neither censured nor (self-)destructive. Support the Albrightian! The paper needs the support of not just students, but also the faculty and administration who in the past have been among its most avid readers.

There is no reason now to rehearse the recent history of the paper, which was horrendous. I do feel constrained to lament its absence in the fall semester. Indeed, much was missed. Even though I have been generally "pro-war" in our country's slide towards war with Iraq, there could have

been lively discussion on these pages about the concern and anxieties confronting every thinking person of this academic community. In these depressing times, it is the intellectual duty of everyone to try to establish some points of view independent of the biased reports in the mass media and the knee-jerk reactions of ancient hippies, pseudo-leftists, and "politically correct" types so common in academia. In terms of school news, our athletes, such as the swim team, did not get the public notice they so richly deserved. While these are missed opportunities, I have set myself the task of putting together the financial and bureaucratic support system necessary to sustain the Albrightian from year to year, autonomous from the fate of any academic program or department.

The Freshman Perspective...

Sumi Holman
The Albrightian

"You know, it's supposed to snow on Valentine's Day weekend," said my thirteen year old sister, the day I left to come back up to Albright for my second semester.

"Who told you that?," I inquired.

"The Farmers Almanac says so," said my sister proudly.

I nodded my head as if saying "Good to know," and continued to pack my bags.

We have gotten so much snow this year it's incredible. Throughout most of high school I remember feeling lucky about getting a two hour delay. We had a couple snow days here and there, but the actual snow never amounted to much. Little did I know that my sister would be right about the biggest snowfall of the year for the whole Northern East Coast. As we approached Valentine's Day weekend the forecasts started to predict snow, and by the week of Valentine's Day I was hearing anything from just a dusting to two feet. The truth is, no one ever knows what to think until they actually see it happening. On Valentine's Day it was supposed to start snowing in the evening here, but the day came and went without any precipitation. The snow came a whole day later than predicted and then it hit hard. By Sunday night security was driving up and down 13th Street telling students to move their cars because it's an emergency snow route. We all ran

outside and struggled to dig about a half a foot of snow away from our cars. The snow kept coming. By Monday night, once the snow was done, we were left with about one and a half feet on the ground. The Valentine's Day prediction had become a reality, a reality that led to no school for us Albright students for two days.

Some people chose to stay in and sleep, watch movies, and keep warm, while others found whatever they could to make a makeshift sled and let a rip on the campus hills. While the snow days were enjoyed by all the students on campus, the snow led to many problems as well. Due to bad driving conditions there was only one chef in the café that past Monday night, and many students who had gone home for the weekend were snowed in and returned to school Tuesday or Wednesday. The drifts that were plowed on either

side of the street blocked in cars. The drifts are still relatively high and they make walking to the shopping center a little challenging. If you brave the hill going down toward Giant take some people with you, it might just prove to be good for a few laughs as you slip, slide, and then ask for piggyback rides the rest of the way. Unfortunately, now that the snow is melting it's causing flooding. One way or the other this was the most snow any of us have seen in a while.

The Farmer's Almanac is supposed to be correct the majority of the time this year, within a couple days of it's predictions. As if this past weekend's snowfall wasn't enough, there is more to come before spring arrives. Supposedly we're expecting another big snowstorm in the up coming weeks. Will the Farmer's Almanac be right? Who knows, I could always ask my sister.

Sumi Holman is a freshman reporter for The Albrightian

THE ALBRIGHTIAN

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The Albrightian reserves the right to edit letters for length and to reject letters if they are libelous or do not conform to standards of good taste. Send letters to Campus Center Box 1111. All letters received become property of The Albrightian.

WHERE SMART STUDENTS GO

YOU SO MUCH FREEDOM

WHY DO I FEEL IMPRISONED BY DEBT?

Your single source for tips on staying out - or getting out - of debt easily, quickly, painlessly and responsibly. Plus everything else you need to make real-life decisions in the real world.

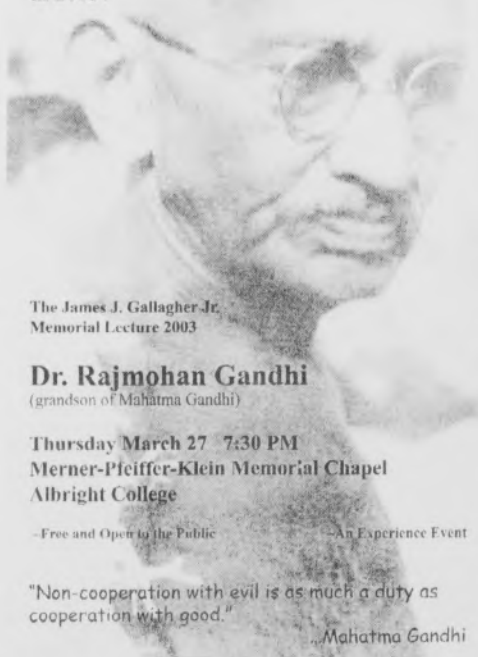
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NEWS

Evil, War and the Force of Truth:

Is There a Place for
Gandhi's Non-Violence
in 2003?"



The James J. Gallagher Jr.
Memorial Lecture 2003

Dr. Rajmohan Gandhi

(grandson of Mahatma Gandhi)

Thursday March 27 7:30 PM
Merner-Pfeiffer-Klein Memorial Chapel
Albright College

-Free and Open to the Public

-An Experience Event

"Non-cooperation with evil is as much a duty as
cooperation with good."

...Mahatma Gandhi

Crime Watch

Responsibility on a Different Level

What does responsibility mean to a college student? The obvious is inherent, take the necessary steps to graduate from college, secure financial means to live while in college, and interact with others to form a social network.

However, I would like to challenge your thoughts of responsibility on a different level. Responsibility incurs more than the previously listed. It is an issue that you not only have to consider for yourself, but also at times for others in your surrounding community.

Recently I wrote of crime issues in the local area. A week after that article appeared I saw an Albright student propping open the main entrance door of the gym for others to gain entrance to late night practices at 10:15 pm. While this provides convenience for those who are late in arriving, it also presents a bigger issue- what if someone gained entrance to the gym and perpetrated a crime against one of your peers?

A second issue is the responsibility of reporting a crime that has occurred. If you have witnessed, have information, or have been the victim of a crime you should report this to the authorities. Unfortunately, many people will not.

The reasons for this are many; I don't want to get involved, fear of reprisal, or just plain apathy. I feel, however, that a bigger issue needs to be explored. If an individual commits a crime and isn't reported, the perpetrator walks away knowing that they can commit a crime without facing a penalty.

Every crime is not able to be resolved- for me to tell you that would be false. However, if a crime isn't reported, the chance of justice moving forward is non-existent.

I believe that one of the messages set forth during your time at Albright within the education process is not only responsibility to one's self but also a responsibility to others. Think of the next victim who will incur the same act that you may have experienced if something goes unreported.

The Safety & Security Department is here for you, but can only help you if you allow us to.

Be Safe!

Submitted by Lt. Gross

Department of Safety and Security

What's Up with IT Services: The Exclusive Interview

Chuck Frankhouser

The Albrightian

Hi, this is Chuck Frankhouser '06', here with Dr. Daniel J. Falabella, Director of Information Technology, and Mr. Jason Hoerr, the Network Systems Manager.

CF: Could you first tell us a little about yourselves?

DF: I've been a teacher at Albright since 1984. I, additionally, served as Director of Information Technology Services from 1993 to 1999 and was reinstated at the post in June of 2002. I received my Ph.D. from Temple University in Computer Science.

JH: I attended classes at Albright and began working here August of 1997. I'm now the Network Systems Manager.

CF: How are the current internet services set up?

DF: We run two separate networks - one for the dorms and one for the campus.

JH: The dorms have two service providers each with two T1 lines for a total of 4 T1 lines but these often get swamped by people downloading. 70% of traffic through the dorms are downloads through Kazaa, Gnutella, Limewire, Napster or Morpheus. There's one T1 connection servicing the rest of academic side which contains the labs and the administrative offices.

DF: File transfer programs, such as Kazaa, Gnutella, etc., use a lot of the bandwidth. We are looking at models to increase the speed of the internet connections to the dorms.

CF: So what upgrades can we expect to see in the future?

DF: We'd like to upgrade, but it's really depends on the allocation of funds from the college. It's really a cost vs. need debate and the decision on where to allocate funds is out of our hands.

JH: We're currently looking at models to bring high-speed bandwidth to the college. A single T1 line costs 1,100 per month so they certainly aren't cheap. The equipment to upgrade the dorms would cost about \$200,000 to allow for high-speed internet access.

CF: And finally, if you remember around the beginning of the semester there was a full weekend when the internet was totally down, what was that about?

JH: A piece of hardware, called Lightspeed, provides NAT (network address translation) which provides security to the students' equipment. It's basically a very open and flexible firewall in that it restricts outsiders from accessing students' computers. This unit had a failure during the weekend at the start of the Fall semester.

Chuck Frankhouser is a freshman reporter for *The Albrightian*

STUDENT LIFE

A Lesson in Conservation...

Liz Gaska
The Albrightian

Think parking at the mall on Christmas Eve is bad? You probably don't go to Albright. If you go to Albright, you know that finding a good parking spot is like divine intervention. Think about it. How many times have you pulled into the parking lot and found that in the 2 minutes it took you to drive to Wawa and back, someone had already taken your spot? As a resident of Smith Hall, there have been more than a few times that I have had to park right next to the soccer field or (gasp) even in the North Hall parking lot.

In the Albright Woods the situation is even worse. Where are you expected to park if there aren't spaces available? This leads most students to park illegally. Then those same students who park

illegally because there was no parking in front of their own buildings get ticketed. Does anyone else see the absurdity in this? To be fair it really isn't the security officers fault. If they see a car parked illegally they have to ticket it. It's their job. As much as we would like to think they have a malicious interest in making our lives miserable, they really don't.

Until Albright Administration realizes that we have a serious parking problem there's nothing that they can do. But, there is something that we as students can do. If you're a freshman, don't park in parking lots. You're going to get a ticket and you're really pissing upper classmen off. If you don't live in the woods, seriously don't park there all the time. Be at least half way decent to the people who live in the buildings and let them have

their parking spaces. If you live in North Hall or in any of the Quads don't drive to class and take parking spaces away from students who live off campus or in the woods. Come on now, that's just lazy.

If you have to park illegally and you really don't care about the tickets and fines, I suggest you park in the Administrative Lot. That way at least they'll be a little more attentive to the problem at hand. The fact of the matter still remains that there are more students, faculty, administrators and staff with vehicles on campus than there are parking spaces. Until this changes things are just never going to get better.

Liz Gaska is a
sophomore reporter for *The Albrightian*

Album Spotlight

Adrian Chesh
The Albrightian

The Blood Brothers –
Burn, Piano Island, Burn

When people think of music from the city of Seattle, Nirvana and the early 90's grunge movement no doubt comes to mind. A decade later, the city is still spawning new innovative music that could end up leaving a huge impact of the rest of the country. The Blood Brothers, the newest project of famed producer Ross Robinson (Glassjaw, At the Drive In, Slipknot), are an intense blend of spastic art-rock and hardcore spewed forth from two lead vocalists. For those of you needing a comparison to other bands, imagine Mr. Bungle becoming a hardcore band. No description can do this band justice, however, as the band's unique sound speaks for itself. Now, with a major label debut on Artist Direct Records and non-stop national touring, it is only a matter of time before the Blood Brothers get the attention they have deserved

for years.

However, as for any allegations from the band's hardcore fans of selling out to a major label, there is no need to worry. This album contains more experimentation than anything else on a major label nowadays and is truly the product of this twisted band and Ross Robinson with nothing toned down by major label execs. Thus fans of the band's first two albums, "The Adultery is Ripe" and "March On, Electric Children", should be quite satisfied with the bands cleaner sound and more touring opportunities resulting from major label money. So give the Blood Brothers a listen and keep an open mind; its raw emotion and creativity are unparalleled in today's often boring punk scene. Just remember, their sound is not for everyone, but its uniqueness is undeniable.

Adrian Chesh is a
sophomore reporter for *The Albrightian*

SPORTS

Men's Swim Team Clenches MAC Win

Jim DeLuccia
The Albrightian

Selingsgrove, PA- The Albright men's swimming team complemented the women's team by winning the MAC title at Susquehanna University on the afternoon of Sunday, February 16th. The men dominated the event scoring 577.5 points - way ahead of second place Widener's 461. Lycoming was third in the event with 276 team points.

The championship capped off an undefeated season for the Lions (9-0).

Head coach Jenis Frederick won MAC Coach of the Year for both the men and women.

Freshman Eric Daney (Newtown, PA/ Council Rock) started off the day by winning the gold in the 200 back. Daney also won gold in the 100 back in Day 2 of the event.

Senior Billy Ruth (Reading, PA/Governor Mifflin) took silver in the 100 free while freshmen

Charles Beatty (Richboro, PA/Council Rock), Pete Allison (West Hartford, CT/ William H. Hall) and Steven Dwyer (Annandale, NJ/North Hunterdon) finished second, third and fourth respectively in the 200 breast. Ruth won the gold in the 100 breast on Day 2 and was a part of the 200 free relay team that won the gold on Day 1.

Junior Dan Carr (Doylestown, PA/Central Bucks West) took first in the 200 fly and the team of Daney, Ruth, junior Matt Printz (Reading, PA/ Muhlenberg) and sophomore Adam Fletcher (Reading, PA/Governor Mifflin) took first in the 400 free relay.

Junior Matt Stumhofer (Reading, PA/ Reading) closed the Albright scoring attack by taking first in the 1,650 free. Sophomores Andy Ikler (Media, PA/Penncrest) and Brian Okum (Grantville, PA/Lower Dauphin) finished second and third respectively in that event. Stumhofer also collected gold in the 500 free on the

first day of the championships.

It was the second time in four years the Lions were crowned MAC champions. The team won at Susquehanna in the 1999-00 season

Jim DeLuccia is a
senior sports correspondent for *The Albrightian*



Men Wrestle with MAC Competition

Freshman Wade Ginter earns MAC Honors

Jeff Feiler
The Albrightian

Wilkes-Barre, PA- Albright Freshman Wade Ginter (York, PA/West York Area) was named the MAC Rookie of the Year Saturday, February 21st, at the MAC Championships at King's College.

Ginter lost his semifinal match to Messiah's Jacob Clacket by a 7-6 decision. He fought back through the consolation bracket to

claim two victories and third place in the tournament. He finishes the year with a 23-8 record for the Lions.

Senior Brian McElrone (Easton, PA/ Notre Dame) also scored a third place finish for Albright. McElrone lost to eventual champion Darren Buseman of Scranton in the semifinals, but like Ginter, collected two wins in the consolation bracket to claim third place. McElrone finished his year with a 28-

8 record.

Junior Matt Ballistreri (West Deptford, NJ/West Deptford) at 285 and freshman Sean Sullivan (Silver Spring, MD/Dematha) at 184 recovered from first round losses to win two matches and claim fifth place in their respective brackets.

Jeff Feiler is
Director of Sports Information and a sports correspondent for *The Albrightian*

SPORTS

Men's Basketball Finishes Season

John Kane
The Albrightian

The Albright College Men's Basketball Team battled hard all season long, and finished with a 4-19 overall record, 3-11 in the Commonwealth Conference. The young Albright squad, devoid of seniors, went through their fair share of growing pains in the 2002-2003 season, but never gave up the fight.

The Lions were led by the flashy play of junior guard Terron Buchanan (Reading, PA/Reading) who, for the second straight season, led the team in scoring, averaging 17.4 points per game. Terron scored a season high 30 points to keep the Lions close against number one Moravian in February.

Buchanan also averaged 4 rebounds per game and was second on the team in assists with 56.

Buchanan also made a little history this season. On January 25, Terron became the 30th player in school history to eclipse the 1,000 point mark.

A trio of newcomers were a big part of the Albright Lions this season. Freshman Trevor Deeter (Langhorne, PA/Neshaminy) stepped up and played a huge role in the Lion offense and defense. Deeter was second on the team in scoring, averaging 13.3 points per game. He was also the Lions leading rebounder, pulling down 7.4 boards per game. Deeter was a force in the paint all season long, tallying 4 double doubles, including a

22 point 13 rebound night against conference foe Susquehanna.

Sophomore guard Elu Lawrence (Franklin, PA/Franklin) handled the point throughout the season for the Lions. Lawrence started 21 games for Albright, and was the team's leader in assists and steals. Lawrence finished third on the team in scoring, putting up 8.7 points per game.

Rounding out the big three was junior Aziz Brown (New York, NY/Park East). Brown provided an offensive spark off the bench for the Lions, averaging 8.1 points per game. Brown scored 26 points and grabbed seven boards in the Lions tough loss to Gwynedd Mercy back in December.

Sophomore Ian

Houck (Fleetwood, PA/Oley Valley) was also a key contributor for Albright this season. Houck was a marksman from beyond the arc, leading the team and finishing in the top five in the conference in three point shooting percentage at 43.6%. Houck had his best game of the year when he led the Lions to a win over Lebanon Valley, scoring 16 points while dropping 4 of 9 three pointers.

Junior Steve Pidhirsky (Philadelphia, PA/Father Judge) continues to improve for the Lions. Pidhirsky provided defensive intimidation all season, and finished the year leading the team in blocks with 34. This number is more than double of any other player on the roster. Pidhirsky also finished in the top five in

blocks in the Commonwealth Conference.

A big spark off the bench for the Lions came from freshman Tyler Bennett (Colts Neck, NJ/Colts Neck). Bennett handled the point extremely well and nailed some big three pointers this season for Albright. Bennett's quality production earned him a starting spot for a few games at the end of the season.

With a strong group of returning players and an infusion of talent from the incoming recruiting class, the Lions should be ready to roar again in 2003-2004.

John Kane is a junior sports correspondent for *The Albrightian*

Two Albright Athletes Named All-Conference Second Team

Jeff Feiler
The Albrightian

Albright junior guard Terron Buchanan (Reading, PA/Reading) was named on Tuesday, February 5th, to the All-Commonwealth Conference Second Team. Buchanan led Albright and was third in the conference in scoring, averaging 17.4 points per game. He also led the Lions with 42 three-point field goals, and was second on the team in assists and steals. In January Buchanan became

the 30th player in school history to eclipse the 1,000 point barrier. He finished the season with 1,123 career points, placing him 25th on Albright's all-time scoring list. Buchanan was previously named Second-Team All-Conference for the 2001-2002 season, and Commonwealth Rookie of the Year in 2000-2001.

From the women's squad, Albright College senior forward Anne Dougherty (Pottsville, PA/Nativity B.V.M.) was named to the All-

Commonwealth Conference Second Team on Wednesday afternoon. Dougherty led Albright with 11.8 points and 7.2 rebounds per game. She finished the season seventh in the conference in scoring and rebounding, and second in the conference with 1.3 blocked shots per game. Dougherty also led the team with five double-doubles, and scored a season-high 23 points on February 12 at Lebanon Valley.

Track & Field Compete in MACs

Jeff Feiler
The Albrightian

Selinsgrove, PA - The men's and women's indoor track teams competed in the MAC Championship meet Saturday at Susquehanna. The Lions turned in some record-setting performances on the day, led by sophomore LaKeisha Fairley.

Fairley broke her own school and MAC record in the 400 meter dash as she captured her second consecutive gold medal in the event. Her time of 59.93 makes her the first woman to break one minute in the 400 at the MAC Championship meet.

Sophomore Desarae Mauldin broke the school record in the 55 meter hurdles, hitting the finish line in 9.34 seconds to grab a fifth-place finish.

Mauldin and Fairley capped off their day by helping to Lady Lion relay teams to strong finishes. The two sophomores teamed with junior Dena Shibib and freshman Dionne Mitchell finished fourth in the 4x200 meter relay, then combined with fellow sophomores Bri Yachera and Amy Eremita placed third in the 4x400 meter relay.

Sophomore Chrissy Matticola capped off a strong day for the

women with a fifth-place finish in the 5000 meter run.

The Albright men also had a record-breaking day, led by junior Billy Shue. Shue shattered the school record in the shot put with a throw of over 45 feet, good for a third-place finish.

Junior Matt Long, sophomore Joe Sarno, and freshmen Matt Frasso and Brendan Ward set a school record in the 4x800 meter relay, and freshman Matt Yoder broke the school mark in the 800 meter run. Yoder teamed with senior BJ Sumner and freshmen Josh Madkins and Kevin Bliss to capture sixth place in the 4x200 meter relay.

Women's Swim Team Takes Fourth Straight MAC Title

Jim DeLuccia
The Albrightian

Selinsgrove, PA - The Albright women's swimming team won their fourth straight MAC Championship on Sunday at Susquehanna University. The Lady Lions won convincingly, totaling 450 points, which was 138 points ahead of second place Wilkes-Barre. Scranton was third with 307.

Head coach Jenis Fack won MAC Coach of the Year honors for both men and women.

The women took only one gold medal in the final day, but picked up much of their points by placing in the top five in nearly every event.

Sophomore Cindy Barner (Harrisburg, PA/Central Dauphin East) started off the finals by picking up the gold medal in the 200 back. Barner won the gold in the 100 back, 200 and 400 medley and 200 free relay earlier in the championships. Then sophomore Megan Stavish (Sterling, PA/Park View) and freshman Margaret Jones (Spring Grove, PA/Spring Grove) finished fourth and fifth in the 100

free bolstering the Albright point total. Stavish also took home a gold in the 200 free and 400 medley in Day 1 of the championships while Jones also won gold in the 200 medley.

Senior Courtney Kroh (Pottstown, PA/Pottstown) took home the silver medal in the 200 breast, while freshman Mandi Carroll (Norristown, PA/Norristown) won the silver in the 200 fly. Kroh won gold in the 200 and 400 medley, and 200 free earlier in the championships. Carroll also won gold as a part of the 200 and 400 medley teams.

In the 400 relay, Kroh, Jones, Stavish and junior Dana Heckman (Brick, NJ/Brick) won the silver.

Sophomore Julie Jones (Corapolis, PA/Montour) finished fourth in the 1,650 free to close the scoring for the Lady Lions.

Jim DeLuccia is a senior sports correspondent for *The Albrightian*

VARIETY

Horoscopes

Pisces:

Feb. 19 - March 20

You will be faced with a major financial decision this week, such as deciding whether or not to get that second piece of cake.

Aries:

March 21 - April 19

A flirtatious smile or a touch on the elbow might be the right way to get what you want this week. So before you try to bulldoze your way through, experiment with a gentler approach.

Taurus:

April 20 - May 20

Doing your laundry this week might be a wise choice, especially your bed linens. Not because you might get lucky, but because I'm sure they're dirty. You might be tempted to stay up late this week studying; ask yourself, is it really worth it?

Gemini:

May 21 - June 21

You and your sweetheart will rediscover just why a mental connection is as important as a physical one this week. You might not feel like getting mushy, but you'll spend hours enraptured by each other.

Cancer:

June 22 - July 22

The stars have grave news for you, my unsuspecting friend. Stay away from vacuum cleaners unless you're accompanied by a Virgo.

Leo:

July 23 - Aug. 22

Call home this week, because your loved ones might want to hear from you. Don't check your mailbox on Tuesdays, and don't ask me why.

Virgo:

Aug. 23 - Sept. 22

A rule of thumb when shopping: if you're not sure you love it, don't buy it, whatever it is. Remember, you'll have to live with your purchase later, especially if you don't save the receipt.

Libra:

Sept. 23 - Oct. 22

Get yourself out there this week. You'll be in control of your charms, and there will be more than enough people to notice and appreciate them. Blow kisses and pay compliments. You are romance personified.

Scorpio:

Oct. 23 - Nov. 21

It might be hard for you to figure out what to do this week. Even the smallest decisions become difficult, while major ones are simply impossible. Don't jump into anything. If the person serving the grilled cheese this week winks out you, don't get excited.

Sagittarius:

Nov. 22 - Dec. 21

Even though you might not feel like you know what you're doing, everyone else has complete faith in you. Believe it or not, their feelings are justified. You are at the top of your game.

Capricorn:

Dec. 22 - Jan. 19

You might be tempted to work into the wee hours this week. You've got so many great ideas, you can't bear to let a single one wait. Just know that it may take a while to complete them.

Aquarius:

Jan. 20 - Feb. 18

Things are looking up, Aquarius. Take time to smell the roses. You too will be faced with a major financial decision this week. Don't put down any clams until you know you're buying.



Top Five...ways to spot a rabid squirrel on Albright's campus

1. Has an earring (ask someone in the Biology Department for an explanation)
2. More eager to get up steps to the science building than you are
3. Can be mistaken for a small dog. Oh wait, that one is a dog
4. Hunts for nuts unfazed by the fact that they're out of season
5. Competes viciously for control of the sidewalk

"Nuts and Leaves"

A Short Story by Eric Adair

"Bonjour!" proclaims the scruffy individual on the telephone as he looks in the mirror wondering which studded belt would look best with his attire. It seems that our hero of the story, let's call him Max, has become quite bored with his surroundings and is attempting to eat mass amounts of sandwiches at his best buddy's house; the one and only Mr. Bob. "So how many sandwiches are there, Mr. Bob?" asks the excited Max who at this moment is visually excited over the thought of over-indulging himself with as many sandwiches as humanly possible. In return Mr. Bob explains, "There are over 12 pounds of sandwiches on my kitchen table as we speak!"

"Duuuuuuude", replies Max who at this point is lying on his bed with a trail of drool streaking from the corner of his lips to his unshaven chin. At this point, Max is fully dressed, except his favorite hat, which looks as if it has been passed through a goat's stomach and back but it's comfy and that is all that matters. Still on the phone with Mr. Bob, Max goes to his top shelf for his box that contains his very special sandwich-eating fork and knife. On the other end of the line there sits Mr. Bob in his chair eating one hell of a sandwich. After

buying a brand-new burgundy-velvet jogging suit with matching headband, he thought it would be a good idea for him to buy lots of sandwiches, call Max and model the new clothing while feeding sandwiches to one another. Max, on the other hand, is only happy to oblige since eating

"Obviously, our hero loves to eat sandwiches, and in a way the sandwiches love him."

sandwiches is his most favorite thing to do. With a high-pitched "Byeeee", Max hangs up the phone and gives a loud, "Sweetness! I'm eating so many sandwiches tonight!" Obviously, our hero loves to eat sandwiches, and him a way the sandwiches love him.

Without a second glance, he pops one of his many records into the machine, opens the door, and scurries away. Oh yes, tonight will be one of legend indeed.

This short story is a fictional depiction of college life. All names and events are figments of my imagination and any similarities to real-life events are just coincidences. If you would like to read more "Nuts and Leaves", stay tuned, because there will be more.

I Remember You

A poem by Adrian Marzano

I remember you

I see her. Across the library reading her book. Why do I know? What's so far back. My love she's changed since freshman year. All grown up now. Now the annoying little girl in the hall anymore.

Do I miss her? Why should I. She was just a fling. One person passing like so many that have passed before. But what makes her different is that I can see her. She is right in front of me. Flipping the pages of her text. Eyes firmly reading never meeting mine.

She is not gone. She's there. I have not lost her yet I can say something like: "hi. Remember me. How ya been? Good... ya.. oh that's cool. Well talk to ya later, bye." Then I leave and I never talk to her again.

So what's the difference? Why am I writing this. I miss her? I do? Or do I miss the time, the youth, the sex, the connection. Just the chance to talk her one last time and say hey! I remember, I remember you.

FEATURES

Are you scared? Want to do something about it?

Bethany Adams
The Albrightian

"The crime of rape is reported so infrequently that society in general is oblivious to its magnitude. Until it happens to 'them' or someone 'they' know and love, it's just another headline, just another crime that happens to someone else." Do YOU want to be a victim? I know I don't. What if you could do something about it?

It's 8:10 and I've just returned to my dorm from my last night of R.A.D., that stands Rape Aggression Defense. "Wow!" is all I can think of writing. This four session class has been so rewarding. My whole body feels like it is rushing with energy (when was the last time you came out of class feeling like that?). But let me start at the beginning of my story. . . It's July, and

I'm at the Sneak Peak. I've just toured the campus, met my future roommate, and now I anxiously make my way to the campus center to find my parents. I finally track them down and together we cruise the main lounge. There are tables about housing, financial

at the security table. I want to go home now! What can possibly be so interesting at the security table. "Here, sign up for self-defense," he tells me. Yeah, ok Dad. I'll do anything as long as we can just go. It's August and classes are just about to begin. My phone rings—

interested in this. "Oh, you know what," I respond, "I have something going on that night. Sorry, I won't be able to make it." End conversation. At least, I hoped it would be the end of the conversation but for the next four months, my dad asked me, "So, did you take the self-defense class yet?" every time I talked to him.

The J-Term is over and I make my way back to good ol' Albright. The second week back, I got a bid from Phi Mu! So excited, I called home to tell my parents and what did dad say? You guessed it, "So, did you sign up for that self-defense class yet?" "No, dad." "Well, you need to." Tired of his

pestering, I gave in. My roommate and I signed up for R.A.D. Great, there go

my Wednesday nights for the next month.

Oh my gosh. . . this is so much fun. I can't believe I didn't want to take this! The first night of R.A.D. just let out and I had a blast. The next three weeks were just as great. Even better, the last night (tonight for me) you get to actually test out what you learned in a pseudo-real attack. You come out feeling so much more confident about yourself. I highly recommend this class to every female. Just as important as learning to defend yourself against an attack, is taking a stand against rape itself. Rape is unacceptable. But the fact that so many rapists escape punishment altogether or with minimal punishment is atrocious. While we can't help the justice system, we can do our part to prevent and put an end to rape on this campus.

Bethany Adams is
freshman reporter for *The Albrightian*

Take a R.A.D Class. It doesn't take up a lot of time

- Plan ahead, if you're going to be out late, arrange for a safe trip home. Go out with a buddy, keep tabs on each other every 5 minutes if you drift apart at a party, particularly if there's alcohol.
- Know who you're with. Don't go somewhere with anyone you've only recently met.
- Don't drink or take anything you haven't seen opened right in front of you or if you aren't sure what it is.
- Report any rape you experience, witness or are made aware of, it can't hurt you.
- Trust your instinct. If the situation doesn't feel right, it probably isn't.
- Encourage guys to respect us and protect us from, not subject us to, danger.

aid, health services, and security. Come on, Dad! I think to myself as he stops

"Hi, you signed up for the R.A.D. class, we're having it on. . . Yeah, I'm really

Gable Health Center - A Student Response

After reading the article entitled, "Is the Doctor In?" I was unable to contain the urge to comment on the ever insightful and proverbial, "Getting sick sucks." Oh, I almost forgot to quote Autumn Wilson. I wouldn't want anyone believing I thought of something to profound. Though my opening lines may be misleading, the reason for this response is not to critique the author's writing style, but to offer some insight to the student body about the actions take by the Gable Health Center. Hopefully, this will quell some of the rumors, or at least educate you on the rumors that you spread.

Especially for a campus the size of Albright, having a health center that offers services such as ours is a true commodity. Elizabethtown, Kutztown, and Alvernia are all larger than Albright and are not capable of performing the complete gynecological exams and STD testing along with a wide variety of other support services.

Sexual health is a serious concern for college-aged men and women across the United States. In fact, the fastest growing population of new AIDS cases is in individuals 19-24 years. We are truly the fuel to the fire of the AIDS epidemic in the United States. Can you really blame them for being concerned?

This brings me to my favorite, the infamous rumor that they diagnose everyone pregnant. We have all heard it, and admit that we have all jested about it, too. But do we really understand why we are laughing? The answer is an obvious no, for if we did understand we would realize that this is by far not a laughing matter. Accept it, we are in an at-risk age groups for unwanted or unplanned pregnancy. Why does no one question the radiologist when they ask every woman of childbearing years whether there is the possibility of her being pregnant? Even if the woman denies the possibility, they proceed to cover her ovaries with a

lead blanket to protect the cells undergoing meiosis. Their reason for asking is the same as that at the Gable Health Center. Both radiation and certain drugs including antibiotics and steroids can cause detrimental effects to a developing fetus. They are not accusing students of being pregnant and they certainly don't care to know the details of the student's sexual life; they are simply protecting the student and themselves. Had any health care provider prescribed or suggested the use of medication with known risks to a fetus, they risk losing their medical license for neglect (one of the many aspects of medical malpractice).

The last comment that I would like to make is that concerning the use of antibiotics, especially when people are living in close quarters. The over-prescribing of antibiotics from the 1940s to the 1980s has significantly contributed to the serious dilemma of antibacterial resistance. Although

antibacterial resistance is inevitable because of evolution, there are measures that we as a community can take to slow this process. The most prominent, limiting the distribution to patients that can benefit from them, that is to patients with bacterial infections. The truth is that most cold and flu-like symptoms are caused by viral agents that will remain untouched by administering antibiotic treatment.

The Gable Health Center is not alone in its need for patients to sign a medical release in order to have their medical records, including test results, viewed by anyone outside the health center. The reason for this is to protect the patient's right to confidentiality. This is such a critical and fundamental matter that 37 states have adopted strict legal restraints on who has access to patient medical records. Furthermore, there is a strong likelihood that these state laws will soon become federally recognized.

In closing, I firmly

believe that the people who complain about the Gable Health Center are those that do not need their services on a regular basis. We all know that when we are sick our fuse is a little shorter and our tolerance for legal issues nears nil. I empathize with patients that need to jump through hoops with insurance companies and the legal system when they are not feeling well, but these are all programs that are put into action by our government to protect us. They are not a ploy by the Gable Health Center to make you feel even more miserable. So, can we finally stop all the slander and the libel? Finally, a special thanks to the Gable Health Center for all that you have done for me and the Albright community.

This article was submitted anonymously. The Albrightian normally will not print anonymous articles, but due to its nature, an exception was made here.

COMMENTARY

Must Liberty Die?

Andrew Harris
The Albrightian

I was reading the Reading Eagle Online on February 18 and my attention was immediately averted to the title "Must a Child die?" With the innocent pretext of saving lives, the editorial really calls for the abolishment of our civil rights, not to say freedoms, as we know them. At this point you are probably thinking that I'm playing Chicken Little, but I think this one quote says it all, "This country is battling terrorism all over the world. Maybe we ought to declare martial law in the city and really take back our streets, because the terrorists are here."

Now I hope that the

call for martial law is a hyperbole meant to show that action needs to be done. I think everyone can agree Reading has a crime problem. The editorial fingers drugs as one of the largest reasons for the problem. Yet, their solution to the problem is for more government intervention. They want people arrested for "sliding through stop signs and [then] ask to check the vehicles". They want random checkpoints just to search cars similar to DUI checkpoints. The Reading Eagle states, "Let's roust loiterers and litterers."

While I agree that one of the largest roles of government is to protect the rights of citizens, their call for action goes too far. Stopping people who slide

through stop signs and "asking" to check their vehicle is precariously close to breaking the fourth amendment. The random checkpoints would break

government action has another fatal flaw. If the police are not able to stop the crime now, at what point will they be able to stop the crime? How many more

crime associated from drug use.

Unless of course Reading decided to attack the fire instead of the smoke, since at the heart of Reading's drug problem is the War on Drugs. The legalization of alcohol ended the crime associated with Prohibition. The legalization of some gambling ended the ubiquitous illegal gambling rackets in Reading. The real issue is the War on Drugs and until that problem is solved, the crime will stay but our rights may not.

Andrew Harris is a junior columnist for *The Albrightian*.

"Now I hope the call for martial law is a hyperbole meant to show that action needs to be done. I think everyone can agree Reading has a crime problem."

the fourth amendment in my opinion. Getting rid of loiterers runs the gamut of breaking the first amendment.

Besides breaking constitutional rights, the Reading Eagle's call for

police officers will it take? What additional things can the police do besides disregarding constitutional rights? In fact, I think that only a police state and martial law would solve the problem of stopping the

The Sobering Truth Indeed

Dan Ruedy

The Albrightian

The Albright Reporter's 2002 Fall issue features a cover story about the existence and "proactive" control of alcohol abuse on campus. As the report states, (in not so many words) we would be fools to tell ourselves that there is no underage drinking on campus, just as if we were to say that binge drinking is not dangerous, or that such behavior needs not be curbed. There are no grounds to say that Albright is tyrannical or unjust in its enforcement of alcohol regulations. The dirty truth is, that it is illegal for a person under the age of 21 to purchase or consume alcohol. Campus security, Resident Educators, and affiliated judiciary committees are just doing their jobs when they "remind" you of the law, to put it euphemistically.

As good citizens we probably should obey the laws and regulations set forth by our ever watchful government. But sometimes laws are just too grossly unjust to follow.

Why should 21 be the magical age at which we suddenly become mature enough to responsibly enjoy alcohol? At 18 you are legally an adult. You can vote, be tried as an adult in a court of law (except in Texas where they can try

almost everyone as an adult), legally marry, buy lottery tickets, be held fully accountable for your legal transgressions, purchase cigarettes, and be drafted.

Why, at 18, are you responsible enough to fight and possibly die in our country's wars, yet not order a round of beers?

Just as Henry David Thoreau put it in *Civil Disobedience*, "If the law is of such nature that it requires you to be an agent of injustice to another, then I say, break the law." My rationale is this: the law forces liquor and beer vendors not to sell to those under the age of twenty-one, and that is a grave injustice. But seeing as it might not be in our best interest to blatantly "break" the law, let us at least question it. Though occasionally viewed as disorderly, such deliberation of accepted policy and challenging of the status quo is an integral part of reform and progress. As a country, where would we be without the original, though volatile thoughts of our fine Nation's fore fathers? Where would science be without the controversial thoughts and ideas of Copernicus and DaVinci? Where would religion be without Luther? Hell, where would gentlemen's magazines be without Hefner and Flynt?

Authority and status quo had to be questioned then, and must be questioned now.

The first question to ask is, "Why 21?" Interestingly, the legal drinking in most states was 18 less than 20 years ago. In fine year of 1970, Congress passed the 26th Amendment to the Constitution, extending the right to vote to 18-year-olds. As other privileges were continued to be given to those aged 18, 29 states reduced their drinking age between 1970 and 1975 to accompany the idea of giving them responsibility. How is it that we arrived at the 21 drinking age of today?

A look back through the annals of history to find the source of such a ridiculous and sudden nation-wide drinking age shift reveals a rather sketchy piece of legislation passed in 1971, dubbed "The National Highway Safety Act". To make a long story short, states were given the choice of either raising to and enforcing a drinking age of 21, or risk losing Federal funding for highways and roads. It was an act that should never have passed.

Aside from the fact that state lawmakers were never actually given the option to deliberate the pros and cons of a 21 drinking

age, scientific research further proves the ineffectiveness of the regulation. According to a 20 year study conducted by Dr. Ruth C. Engs, Professor of Applied Health Sciences at Indiana University, a drinking age of 21 does little to curb the type of dangerous binge drinking everyone seems to be so concerned about. As supported by her research, allowing drinking in public places such as restaurants, clubs, and official school events would be an effective method of promoting responsibility through role modeling. One does not have to look very hard for disregard of the current law among college and university students.

Those under the age of 21 are more likely to be heavy drinkers (consuming five or more drinks in one sitting at least once a week). For example, 22 percent of all students under 21 compared to 18 percent over 21 years of age are heavy drinkers. Among drinkers only, 32% of under age compared to 24% of legal age are heavy drinkers. A study conducted by Engs of 56 universities in the United States from 1987-1988 revealed some additional findings of interest. The results reported that the proportion of students who drank declined in the period when

there were major nationwide increases in minimum purchase age laws. That same decline was traced back to as early as 1980, affording little credit to the regulation of 1987. However, the other hand, the proportion of underage students who drank (81.2%), was actually higher than the proportion of legal-age students who drank (75.3%). It is difficult to statistically compile reasoning for this considerable difference of drinking behavior. It may be that those who are unable to have access to beer all the time take advantage of it when it becomes available, to the fullest extent possible. This is just speculation, but clearly the current system is not working.

Movements of the scale and magnitude needed to change this law don't materialize everyday. In the words of Zack De La Rocha, "It has to start somewhere, it has to start sometime, what better place than here, what better time than now?" Ok, ok. Albright might not be the best place, and tomorrow might not be the best day, but...you get the idea.

Dan Ruedy is a sophomore columnist for *The Albrightian*.