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THE ALBRIGHTIAN

ALBRIGHT COLLEGE

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November 22, 1991

Former Hershey CEO To Inaugurate Endowment



William E.C. Dearden

Retired Hershey Foods Corporation CEO William E. C. Dearden '44, will be on campus to speak to business classes on Dec. 3 and 4 to inauguarate a chair in business administration he has endowed. In 1988 Dearden donated \$500,000 to the college to establish the

William E.C. and Mary Dearden Endowed Chair,

The endowment funds visiting business professionals and visiting professors and also places some emphasis on professionals from non-academic backgrounds.

Dearden was born in Philadelphia in 1922 and was sent to the Milton Hershey School for Orphans during the Depression after his mother died and his father could no longer support him and his two siblings.

In addition to receiving an economics degree from Albright, Dearden received his M.B.A from Harvard University.

Dearden was a 1976 Horatio Alger Award

Dearden was a 1976 Horatio Alger Award recipient, a prestigious, national honor given by the American Schools and Colleges Association to recognize top men and women in their field who have rose through the ranks by individual initiative, hard work, honesty, and adherence to traditional ideals.

He was also inducted into the Albright College Athletic Hall of Fame during a Homecoming luncheon this year.

Students may speak with Dearden informally from 9 a.m. to 11 a.m. in Dr. James Moyer's office in Alumni Hall. Moyer is the chairperson of the business department

Statue to be Unveiled

The statue of Jacob Albright in front of the Merner-Pfeiffer-Klein Memorial Chapel will be unveiled at 1 p.m. today.

Among the honored guests at the unveiling will be four generations of decendents of the college's namesake.

They include: Alton Albright, Phoebe Home, Allentown; Alton's son Jonathan P. Albright, Sunbury; Alton's daughter, Patricia Morelli, Allentown; Jonathan's son, Dr. David P. Albright, Sunbury; David's son, Jacob P. Albright, age eight. The sculpture of Jacob Albright was made possible through a generous gift of former Albright board of trustees president, the Hon. Judge W. Richard Eshel man. (president of the trustees from 1970 until 1990.

The sculpture is fabricated of pure bronze by Michael B. Price, professor of art at Hamline Univ., St. Paul Minnesota. The sculpture is surrounded by four stele (inscribed stone slabs) bearing representations of knowledge, beauty, body, and spirit.

Over Here: The Big Beat Goes On



L-R, Heather Ulrickson, Shown Thomas, Bill Heller and Dr. James Scheirer in Over Here.

More Students Stressed Out

(CPS) - Significantly larger numbers of college students are seeking counseling for depression, stress, eating disorders and substance abuse at a time when schools are cutting back mental health services, says a University of Florida psychologist.

at a time when schools are cutting back mental health services, says a University of Florida psychologist.

Eighty-five percent of directors of college counseling centers throughout the nation reported an increase in serious psychological problems among college students in the past ten years, said James Archer, who has written a new book called "Counseling College Students"

I'd say it's a significant increase, and it's been steady," said Archer, director of the counseling center at the University of Florida.

Counseling center at the University of Florida.

The type of disorders treated at the centers ranged from counseling for depression, stress, alcohol and drug addiction to problems stemming from physical, mental and sexual abuse. College students are also susceptible to loneliness, feelings of alienation and pressures to get good grades and jobs.

"It's not as easy as 10 to 15 years ago to

"It's not as easy as 10 to 15 years ago to get a job with a college degree," he said. Being away from home, students also may discover for the first time that they have difficulties relating to their peers or professors because they come from abusive families.

Archer said it was difficult to tell whether the disorders are actually increasing or whether students are more willing to seek counseling because such problems are more openly discussed. The result is the same: More students are turning to counseling centers for help.

neip.
Unfortunately, most colleges are cutting health services, including counseling, for lack of funding. In tight budget years, "services to students are cut at a greater rate than academic programs. Counseling and mental treatment centers get cut to a greater degree," Archer said.

That was why Archer said he decided to write the counseling book, which focuses on ways that college faculty and staff can help pinpoint troubled students and talk with them or refer the ones with serious problems to professional counselors.

The idea is early detection to prevent despondent students from turning to suicide, alcoholism or drug addiction, Archer said.

by Heather A. Ult (C) son

The Albright Case Domino players present Over Here November 21, 22, and 23 in the Meridia. The nusical is based on the book by William Holt, and the music and lyware by Richard M. Sherman and Robert Sherman.

Dr. Lynn Morrow directs the musical, Ken Blekicki is the musical director, and Bill Sanders is the choreographer. Albright's own Big Band provides the Big Band sound for jitterbugging and singing alike. The Big Band is filled with students from many facets of the Albright community.

of the Albright community.

The musical begins with Norwin Spokesman, played by Warren Ashburn, with the sound of the Big Band filling the air. Many new faces dance onto the Albright Stage, along with some old favorites. The initial nightclub scene introduces a colorful cast. Young lovers, Bill and June, played by Steve Kirk of Schulykill Valley High School and Tanya Kadimas, a freshman from Marlton, N.J., struggle with whether or not they should "go all the way" before he leaves for overseas.

"go all the way" before he leaves for overseas.

Their decisions aren't any easier when Mother and Father offer their unsolicited advice, amidst Man's gung-ho patriotism, and Dad's memories of World War I. Mom and Dad are familiar faces to Domino Productions, Heather Ulrickson, a sophomore

of Topsham, ME, and Dr. Jim Scheirer from the Chemistry department. More young lovers dominate the scene

More young lovers dominate the scene too, Utah from Utah and Donna the waitress going into war work. Kieran Daly '95 of Wethersfield, CT and Danielle Dafrico '94 of Doylestown, PA.

Freshmen Robb Gourley of North Hills, PA and Valerie Snodgrass of Chicago, IL are Lucky and Maggie, who doesn't "talk to servicemen." Dying to get his chance with any girl is Make-Out, John Fox '95 of Cherry Hills, NJ.

Mismatched lovers Wilma and Misfit are Katie Smith and Bill Davis, both freshmen. Junior Andre Wynn adds a little humor as Sam. Domino player favorites Bill Heller, senior, of Bensalem, PA and junior Sharon Thomas of Warminster, PA return as Sleazy Businessman Rankin and the Mystery Nazi Spy with a Mae West accent, Mitzi.

Newcomers Peggy Nowak, a freshman of Lafayette Hill, PA and Debbie Means, a junior of Morgantown, PA, shine as Paulette and Pauline DePaul, two sisters determined to get their big break by keeping up the morale of the soldiers and civilians. The entire casts boards a train ride full of memories, dancing and singing. The audience is sure to jam and jive to the music of the favorites and get caught up in the show's spirit.

Admissions Assists USA Today

Jill Robinson, Albright's Assistant Director of Admissions, participated in USA Today's college hot line Nov. 12 and 13.

Robinson answered phone calls from students across the country with questions about how to get into the college of their choice. Robinson was one of more than 100

volunteers from campuses across the country who volunteered for the newspaper's annual phone-in

USA Today also offered a financial aid hot line for students to find out how they can pay for the college of their choice.

QUOTE OF THE WEEK

Interests Change. Friendship based on mutual interest is doomed. Real friendship is an unshakable faith in what was once truly seen, no matter how recently or long ago.

-- Hugh Prather

Job Outlook Still Isn't Good, Employers Say

by Amy Reynolds

(CPS) - The scene is familiar. Young men and women in suits, armed with resumes, handshakes and smiles for older men and women prepared to greet them with stories of the grim realities of today's job market.

Welcome to Career Expos for the 1991-1992 school year.

"There are fewer positions available because of the recession and because of sales trends," says Dot Svobdia, a manager with American Tourister. "Still, we're hoping to find some good folks out there."

So is everyone else. This particular job fair brought nearly 80 prospective employers to the University of Central Florida in early September.

"I think it's tight," says Jim Gracey, director of UCF's Career Resource Center. "I had some employers say that they would not attend because of the recession."

Of the ones who did, sentiments were the same. "We're finding a lot more qualified applicants," says F. Darren Oliverio, a field training consultant with Metropolitan Life.

The reason for the flood of qualified students is the lack of jobs. Although not all companies are suffering from the sagging economy, they are still seeing an increase in applications.

"We're now even seeing alumni coming

to these events," says Moira Oliver, director of Human Resources for Hyatt Hotels and Resorts. "We didn't used to see that nearly as much."

Oliver calls the turnout at job fairs in 1990 and 1991 "astounding."

"We have been surprised at the number of qualified applicants we're seeing. It's really been to our advantage," said Steve Hoppe, of Arthur Andersen Tax Technology Group.

Because of the flood of graduating college students entering into the job market, employers are getting pickier when hiring.

They offer this advice to job-seekers:

"Students should get practical experience before they graduate. That's very important," Oliver said.

"In our business, a college education isn't a determining factor," says Oliverio of work in the insurance field. "We look for someone who really has oomph. When we find someone who's hot, we make room for (him or her)."

"People really need to prepare for the interview," says Wayne Johns, regional human relations manager for Coca-Cola. "People need to work on their appearance and their preparation for questions and answers."

"We are looking for good academic background, good interpersonal skills, a polished, genuine, smart person," Hoppe said. "We want the best and the brightest."

German Uber Alle

Increasingly, the world's languages are subjected to Anglicisms. Enno von Lownstern, deputy editor of the German newspaper Die Welt, has discovered to his horror that he can write an article in German using hardly any German words.

By Enno von Lowenstern New York Times 9/11/90

Unser Way of Life im Media Business ist hart, da muss man ein tougher Keri sein. Morgens Warm-up und Stretching, dann ein Teller Corn Flakes und einSoft Drink oder Darjeeling Tea, dann in das Office und schon Brunch mit den Top-Leuten, Meeting zum Thema: Sollen wir die Zeitung pushen mit Snob Appeal oder auf Low Profile achten?

Ich habe den Managern ganz cool und businesslike mein Paper presentiert: Wirmussen News powern und erst dann den Akzent auf Layout und Design Legen, auf der Front Page die Headline mehr aufjazze. Für jede Story brauchen wir ein starkes Lead. Das Editorial muss Glamor und Style haben, unsere Top Priority bleibt: Action und Service.

Der Cartoon muss gut plaziert sein, die Korrespondenten mussen Features Kakeln, und sie mussen beim Handling ihrer Computer-Terminals fit sein, on-line und off-line, ihr Password nicht vergessen, mit dem Scanner umgehen können, das Register editieren, die Disks pflegen, sich mit Bits und Bytes auskennen, nicht Top News canceln. Und sie mussen auf ihre Connections achten, damit sie an Top-Secret-Informationen kommen; jeder Reporter muss ein veritabler Sherlock Holmes sein, dann gelingt das Cumeback. Mein Conferen. Report betonte den High Risk eines Conflictof Interest mit der PR-Abteilung; der Creativ-Direktor und der Designer verstanden die

Nach der Conference assen wir bur Fast Food und dann gegann das Panel. Das Giveand-Take war super. Viele Youngsters sagten, der Boom gehe zu Ende, ein Crash komme. Manche taten so, als seien wir total out und müssten ein genuines Crisis Management starten statt business as usual.

No Problem, sagte ich, ich werde nach den Coffee-Break eine Marketing-Studie in meinem Studio anfertigen, dann machen wir einen Test, wie der Trend läuft. Noch funktioniert meine Pipeline zum Boss, noch habe ich einen Desk im Office. Dann hatten wir Happy Hour mit der Jury; Sherry und Cocktails für die Girls, Hard Drinks für die Boys, Whisky and soda, dazu Concess.

Es was beim Dinner - Black-Tie, gegrillte

U. of Florida Student Dies After Drinking Contest

GAINESVILLE, Fla. (CPS) - For Larry K. Wooten, 21, a drinking challege from his roommates proved fatal.

The University of Florida student died Nov. 5 after drinking 23 shots of alcohol, authorities said.

Wooten and his three roommates were at qa local bar, The Mill, when Wooten's roommates challenged him to break a dringkin record. Wooten downed 23 shots of alcohol in one hour, Gainesville police said. The bar was offering a two-for-one special. Wooten's roommates took him home shortly after he finished his last shot. He later started vomiting and passed out. An ambulance was called and he was taken to the hospital about 2:15 a.m.

Wooten's blood alcohol level was not immediately known, but police say blood alcohol levels that prove fatal are usually about .40.

The Alachua County Sheriff's Department is investigatin the overdose since it occurred at a bar outside the city limits.

Eugene Shirk Scholarship Fund Faces Obstacle: Lack of Community Interest

by Amy Merrell

A program that benefits Albright students may be phased out because of declining participation from both volunteers and the community.

The Eugene Shirk Scholarship Fund is an endowed scholarship available to Albright students from Berks County with financial need. The recipients are decided upon by the financial aid office.

The fund is supported by money raised by recycling. The program was started three and a half years ago by Resident Directors: Tom Chaves (at the time director of annual giving), Anita Chaves, Greg Galtere, Diane Galtere and Ana Marie Mahon.

The scholarship was named after Eugene Shirk because of all he did to help initiate and publicize the program.

When the R.D.s, as well as, many other volunteers from Albright first started, there was a real demand for this service. Newspapers, aluminum, glass, office paper, cardboard and plastic were all taken.

cardboard and plastic were all taken.

The volunteers would meet one Saturday a month in the David Chrystal parking lot to collect and sort the recyclable goods. Soon the volunteers were overtaken. After receiving a truck load of news yers in two hours one Saturday, they desired they could not take the newspaper, anymore because of the lack of man parer. Recently they have had to stop wing glass because a truck is no longs being supplied to them. Plastics cover not be taken for a while. Finally, Fabre Battery said that they would take the Nightsic

take the plastic.
Shople from the community have helped shright by bringing their recyclables.

However, fewer people are coming each month because of the decrease in items taken and the fact that curb-side recycling is now available almost everywhere.

The original volunteers no longer have the time to devote to the program. They are looking for help from the student body to continue this service. Suggestions have been made for many groups on campus to take on the project and rotate the months for which a group would be responsible.

Another factor hurting the recycling is the condition of the goods received, especially from Albright. All the dorms have recycling containers. However, those containers are not sorted before going to the David Chrystal parking lot. Trash and other things are mixed in with the aluminum cans.

The people in charge of the program no longer want to take the cans from the college because of the state they are in when received,

A member of Albright's Environmental Association (A.E.A.) feels "that it's horrible. The money goes to the Eugene Shirk Fund for students, and students can't even take the time to separate their trash."

Students still have the chance to save this program. A.E.A. and Phi Sigma Sigma have been volunteering time. However, more help is needed.

The second Saturday of every month from 8 a.m. - 10 a.m. Chaves and Galtere are out collecting aluminum cans, plastics and tin. Volunteering means helping people unload their cars and then separating and bagging the items.

With the recent tuition increase at Albright, the Eugene Shirk Fund helps the students, as well as, benefits the environment.

Steaks mit Curry und Ketchup - da sagte der Old man, wir hatten eine faire Chance, unser image zu verbessern, denn Job Application führt zur Success Story, wer nicht up to date ist, wird gekillt, that's life. Wir sind Workaholics, antwortete ich, wir kennen kein High-Life und wir sind keine Jetsetters, auch wenn ich die Bar and die VIP-Lounge in jedem Airport kenne und jeden Barmixer am Ton seines Cocktail-Shakers untersheide.

Unser Outfit ist okay, der Cash Flow ist besser geworden, es gab einen Run auf unsere Aktien, nackdem die lange ziemlich down waren. Nach der Rush-hour wollten wir im Penthouse pokern, aber der Lift in der Lobby was kaputt, also joggten unsere Lobbyisten hinauf - jogging ist sowieso der Hit, und wir sind Sportsmen, Body Buidling ist unser Hobby, wir betreiben Badminton, Golf, Volleyball, Basketball, Windsurfing. Und wenn mal unser Peacenik einen Joint raucht und high ist - der Softie, der immer schreit: Make love not war - dann hilft ihm ein workout im Fitness Center uber dem Supermarket.

Mit Lotion und Shampoo gingen wir zum Shower, als Anticlimax. Dann Bluejeans und Jersey oder Sweatshirts angezogen, als Single wohne ich im Motel noch in der Kitchenette ein Orange-Juice getrunken, etwas Rock und Pop im Hi-Fi gehort, aber der Crummer was miserabel und der Sound - absolut obsolet. Spater Video eingeshaltet, dann TV, hey, man, der Talk-Master was ein Monster.

Nur eines macht mich total crazy: Diese schrecklichen Anglizismen in userer schonen deutschen Sprache.

Food Labeling: What We Don't Know

by Margaret Roques Student Dietetic Association

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Do we really know what our food labels are telling us?

Next time you go food shopping, stop and look at some ofthe labels that are on the shelves. Read them over once and try to decide what the label really means, not what the food company wants us to believe.

It is very confusing when it comes to

deciding between cookies and other snack items that scream out "low fat," "cholesterol free," "fat free" or "low cholesterol," All these labels give us a positive view of the product, but are we really getting a product as low infat or cholesterol as we think we hope? Can we trust thelabels? Who really knows?

The government is even a littlebaffled by the marketing labels. The Bush administration has announced a wide-rangedtruth-in-labeling initiative to overhaul that way food islabeled and promoted here in America. This initiative willforce marketing makeovers for entire lines

Throughout the industry, all but the momand-pop processors will be required to put uniform labels on all products and follow strict rules for making health claims and promoting nutritional attributes. Presently, about only half of the packaged foods havenutritional labeling on them. But soon

we will be seeinglabels on virtually all foods.

This wide spread labelingwill also set standards that will help to control themanufacturers manipulation of the serving size. No longerwill they be able to shrink the serving size to a point where they can legally call their product "low calorie" or "low sodium." They will instead be put into categories depending on their product, that will tell them the portion size that is to be

used when packaging.
The Grocery Manufacturers Trade Group argues that the government should set criteria for the serving sizes and not set the sizes themselves. Their reasoning is that the serving sizes should relate to the way people eat food, and if it doesn't, then the sizes are meaningless.

This will be the biggest overhaul in nutrition labeling since 1973 when the government required products with anutritional claim, and fortified foods to be labeled. It will be interesting to see how the Food Industry takes to this initiative and follows through with it. So keep an eyeopen in the supermarkets and expect to see some changes.

Here are some examples of labeling terms that are found on our labels. Do we know what they really mean?

Free- Contains no more than an amount that is "nutritionally trivial" and unlikely to have physiological consequences per serving. Sugar Free-Has less than 0:5 grams of sugar

Sodium Free and Salt Free-Has less than 5 milligrams of sodium per serving

Low Sodium-Hasless than 140 mg of sodium per serving and per 100 grams of food. Low Calorie-Has less than 40 calories per

serving and per 100 grams of food.

Reduced Calorie-Has one-third the calories of comparable foods

Light-Term may be used on foods that have e-third fewer calories than a comparison duct. Any other use of "light" must product. Any other use of specify whether it refers to the look, taste or

Fat Free-Has less than 0.5 gram of fat per serving, and no added fat or oil.

Low Fat-Has 3 grams or less of fat per serving and per 100 grams of the foodd Cholesterol Free-Has less than 2 mg. of cholesterol per serving and has 2 grams or

less of saturated fat per serving.

Low In Cholesterol-Has 20 mg or less of cholesterol per serving and per 100 grams of food, and 2 grams or less of saturated fat pe

NEWS FLASHES

Hostages Terry Waite and Thomas Sutherland were freed from captivity in Lebanon on Monday, Nov. 18.

They said the release of remaining hostages Alan Steen, Joseph Cicippio and Terry Anderson may come within the next

Anderson, the longest held hostage, has been held for seven years.

NATIONAL

David Duke, former KKK Grand Wizard and former Nazi, was defeated in his attempt to gain the governorship of Lousiana from incumbent Gov. Edwards

Duke says he will run for the GOF nomination in the spring.

The Reading Eagle/Times reported Wed. that U.S. Representative Gus Yatron, whose region includes Berks County, tops the list of representatives who spend money to ren

Yatron is said to spend \$1,046 in tax dollars to rent an Oldsmobile 98. The car rental will cost taxpayers \$25,104 over the two0year lease period. A new Olds 98 costs between \$23,695 to \$28,595.

The House currently spends \$769,000 per year for 126 members to rent cars.

Student Entrepeneur

Richard J. Dampman & Associates Environmental Improvement Systems



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Sales Coordinator

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Offices

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False Claims Result in Fines by FTC

WASHINGTON (CPS) - The Federal Trade WASHINGTON (CPS)-The Federal Trade
Commission has fined a weight-loss company
and a skin cream company because of false
claims about their products.
On Oct. 30 the FTC fined Nu-Day Diet
Program, \$30,000 for two false claims.
Nu-Day Diet had falsely advertised that

its company completed 100,000 clinic trials of the product and falsely claimed that the diet plan alters metabolism so that weight

will not be regained after completion of the meal substitution program.

In the skin cream case, the FTC fined St. Ives Laboratories, Inc. for deceptively labeling and marketing its Retinyl A skin cream as having the same effect as Retin-A, a prescription anti-acne medication that reduces

The FTC said St. Ives has agreed to stop marketing the product with its deceptive labels and will pay a \$100,000 fine.

by Rebecca York

Wondering about starting your own business... Wonder no more. One of our own, Richard Dampman, started his own company, February of last year, Richard J. Dampman & Associates, which is based in Memphis. This company sells environmental improvement systems to small businesses and private households.

What made Dampman decide to go off on his own and take such a financial risk? "The income potential was anazing," said Dampman. He was also incrested in being able to support himself be able to go to school, to play with a band, and of course, the challenge.

Dampmar, on the road three days a week, on ray at all times, and is currently supporting a full classload here at Albright. What wes Dampman do? He personally

sells the salt, air, and water purifying units, trains other people to sell them, sets up contacts, and closes deals for others. He also gets to do a great deal of travelling. His company is also branching out into education. They sell educational systems to school which teach kids how to learn. It has games, reading exercises and other learning projects. It is a six year activity.

Dampman expressed the idea that colleges should try to integrate experience like this into the curriculum. "Classroom stuff doesn't always apply to the real world. You need to know how to apply it," stated Dampman.

A suggestion to other students with similar ambitions, Dampman explains, "you can do anything, it's really not that difficult. It doesn't take a lot of schoolbook learning and you don't need that much of a business education. It takes dedication and willingness to listen to other people and learn."

Welcome Santa Claus to Reading . . . & share Albright spirit at the same time!

Join Albright faculty, staff and students in Reading's Annual Christmas Parade this Saturday, Sept. 23. Meet in City Park at 8:30 a.m. for the walk down Penn Street. which begins at 9 a.m.



The CUE Mystery Story Contest



1st Prize \$50.00 & story featured in the 1992 CUE

JLES: 1. Write a Mystery story that deals with Albright College an different aspects of student life including the following areas
Academics, Sports, Greeks, Organizations, and Seniors.
Real names of students and professors may be used.
Locations and social events on campus should be used.
Keep it clean.

DEADLINE: FRIDAY, DECEMBER 6, 1991
Winner will be announced in the first issue of The Albrightian of the

The CUE Editorial Staff reserves the right to edit the winning story.

Please Send All Submissions to Box 109

Student Recital Sunday

The music department presents its fall semester student recital Sunday, Nov. 24 at 3:30 p.m. in Roop Music Hall, located in the

Recitalists include: Matthew Reiniger, piano; Pamela Gillim, clarinet; Benjamin Bernhardt, clarinet; Rebecca Prokert, soprano; Chris Prevo, guitar; and Susan Rupert, flute.

Admissions to Hold and Janv jeden Barris ver Dec 1970 House Ostal Region House

Admissions will host the final fall open house, Friday, Dec. 6 from 8:30 a.m. to 2p.m. Be sure to welcome prospective students

and their parents.

The entire Admissions Department would like to thank everyone for their help in making the Open House series a success.
Thanks!

Nursing In the 90's

... A Student's Perspective

by Tracy L. McRobbie

What?!? How could it possibly take four years of college education to learn how to put a patient on a bedpan and give a "You're intelligent, why don't you be a doctor?" ... "What do you do all day?!?"

These are achoice few of the somewhat ignorant questions that have been thrown my way as a nursing major ... and the reason why I have written this article. Nursing seems to be one of the most stereotyped and misunderstood professions in this "land of the free and the brave.'

I don't know, maybe it is becauseof the unrealistic image portrayed on soap operas and thelike, of the airy, neatly pressed beauty in white high heelsdrooling over the doctor's every word. Maybe, too, it isbecause of the incredible advances that the nurse has madethrough the medical field in the past decade! In any case, my desire is to enlighten you, the Albright student, as tothe roles, responsibilities, and skills required to be a professional nurse in the 1990's.

When I first started as a freshman nursing major fouryears ago I really had no idea of what I was getting myselfinto. I had no idea of all that was involved in being anurse and to this day I am amazed at the broad spectrum ofknowledge and understanding required. Let me even go so faras to propose that nursing is probably one of the most"liberal arts-like" disciplines at this college.

In what other major or profession does one deal with biology, chemistry, psychology, sociology, politics and law, mathematics, physics, education, nutrition, and business all in one day?!? The nurse needs to be professionally versed in all these areas in order to provide quality care to each of his or her patients and work competently as an integral partof the health care team. By no means does the nurse just blindly follow "doctor's orders" and administer medicationsto a patient. No, he or she must know the actions of each medication, its physiologic effects on each of the systems of the body, the side effects it produces, the contraindications, the usual route and dosage, and any otherimplications for the drug.

The nurse must be familiar withdisease process in every system of thebody in order to recognize their signs and symptoms, knowwhere to refer the patient, and anticipate the treatmentregimens, all the while being a sensitive patient advocate, being aware of their knowledge deficits and teaching themaccordingly while holding in delice balance the humanpsyche. The responsible nurse is aware of the state laws andhospital policies on moral and ethical issues and is a gentlecounselor of the family in times of great loss. The nurse isthe patient's friend and dartboard, bearer of comfort andpain.

Lest I portray the nurse as a demi-god and overwhelm myself as well as you, I will tell you that all of this comes with time and could not possibly be shoved into four years of

formal education (although they try real hard!). Nursing offers an almost guaranteed job in one of hundreds of areas or specialties in almost any place in theworld at starting salaries upwards of \$40,000 a year ...But if you are considering switching your major, you may want to think twice because you would have to transfer ... Albright has closed their nursing

So the next timeyou see one of the ten remaining nursing majors on campus(identifiable by their blue scrub dresses, a huge pile ofbooks, and black circles under their eyes), I hope you will have an increased understanding and deeper respect for theirendezvors.

Political Science Society Meets

The Political Science Society hel a hick-off meeting on Nov. 11 in Teel Hall. The immediate task undertaken by the group was to organize elections for officers.

Various interests of the members were also discussed at the meeting for the purpose of planning activities for the rest of the year.

The Political Science Society is open to political science concentrators and ned concentrators. Professor Philip Eyrich, Political Science Department Chair and advisor to the Society, urges all interested persons to attend future meetings and also to return completed officer election ballots which were distributed to the students' boxes. Any questions about the organization or its activities may be directed to Professor Eyrich whose office in on the third floor of Teel Hall. We hope to see your soon!

Science & Math Fair to be Held

On Saturday, November 23 from 9:00 to 12:00 noon, the Elementary Education Program at Albright College will be holding a Math and Science Fair at the Campus Center. The event will feature hands-on experiences in science and math for 80 children of grades K-6 selected from 7 Berks County schools and the children of Albright faculty and staff. (We received overwhelming responses for participation in this fair and the original plan to host only 70 children was extended to 80 children.) There will be a wide variety of fun learning games, activities, experiments, and Our students in Science and Mathematics in the Elementary Education Program will serve as instructors for this

We are excited about these upcoming programs and we would like to cordially invite you to join us for both events. Please feel free to drop by and visit us at your

AXP Hosts Kids From Bethany

The Brothers of Alpha Chi Rho hosted children from Bethany Children's Home on Nov. 16. The Brothers and the children spent a busy afternoon watching the swim meet and playing games in the indoor gymn It was AXP's intention to show the children a good time while making the college community aware of the widespread problem of child abuse. In addition, AXP hope to motivate and enlighten the ch98ildren to the possibility of attending college, since Bethany Children's Home does make funds available for children interested in pursuing higher

Reverend LaFleur was among the counselors accompanying the children to Albright and presented a program in the South Lounge, in which he discussed child abuse and the need for homes such as Bethany.
Child abuse is more frequent and widespread
in this country than many people realize.

Bethany receives children that have been
removed from abusive households. A

Children's/Youth Organization is mandated by the state of Pa for each county and are It the task of investigating and referring children to a judge for removal to the Children's

Bethany is organized into cottages that

The Multicultural Voice



South Africa

South African Surveys Strike Damage

Name: Kenyo Gqulu Year: Sophomore ountry: South Africa Major: BioChemistry

South African student Kenyo Gqulu said in a recent interview that his country's government is not making "true progress" toward ending apartheid, despite the success of the nationwide strike which ended there

Gqulu said the two day strike which has damaged the economy is a step in the right direction. "It's opening a way forward toward more change," he said.

Although the protest demonstrated that blacks can influence the economy, apartheid is still the reality for them. "The black majority do not have the right to vote and to live like normal human beings," Gqulu sad.

He cited areas that the government has

failed to implement reform: the distribution of economic wealth, violence against blacks, the education system and the high rate of

memployment.

The strike when began Nov. 5 was called by the Concess of South African Trade Unions. Aillions of workers protested the gove tent's decision to increase sales taxes without consulting with them. The new tax asic foods, medical care, and utilities

would hurt blacks the most.
Calling the strike "part of the overall weapon," Gullu said there needs to be more drastic measures taken against the minority government. "It will take massive actions from people in South Africa and other countries all over the world."

U.S. government lifted its economic sanctions.

"As long as the South African government can find an ally in the United States and Israel, it will continue apartheid," he said.

parents." The structured family amosphere promotes discipline, responsibility, and prepares children tolive independent and productive lives. While at Bethany the children, ranging in age from elementary to high school, at the public school system.
School is also available at Bethany for problem children requiring a specialized program <I don't know what type of problem he means,

He disagreed with the U.S. reasoning that sanctions would hurt the blacks more than the "We would rather suffer now whites. temporarily that suffer forever," he said.

Growing up under apartheid, Gqulu has experienced the suffering first hand. Before coming to study in the U.S. under the hip of the Education Fund for South Africans (E.E.S.A.), Gqulu lived in what he described as a "wasteland."

There were no resources," he said. "The land was barren and it could not support the people. Poverty became the norm.

The recent strike has sparked violence in ny parts of South Africa. So far more than 100 workers have died in violent clashes. Some people have said that the African National Congress is responsible for the deaths. But Gqulu said the A.N.C. is a democratic organization seeking improvements for blacks and South Africans as well as Asians, and the so called "colored," and should not be associated with terrorism.

He blamed the South African government for re-ruiting black conservative groups to fight ag. 11st the A.N.C. "These groups are composed o. 'illiterate and unemployed people who the govern. 11st black on black windows. The black on black violence caused by the government," Gqulu said.
"It's their policy of divide and rule."
He attributes the violence to the

He attributes the violence to the government's program of segregation. In his hometown of Umtata in the Transkei region, he only lived with people of his "own kind." This meant those who had the same skin pigmentation and who spoke the same language. "Apartheid has to stop," Gullu said. "South Africa is not an island. Aparthied affects others all over the world."

behavior, retarded, handicapped?>
Alotia Chi Rho has been associated with Bethany for four years and visit the children twice a semester. AXP believes Bethany is an excellent facility providing an invaluable service to the children and community. The Brothers look forward to continuing their association with Bethany and encourage more association with Bethany and encourage more campus and community support for such

EDITORIAL

In the early 1980's, the American public was exposed to the horrors of AIDS and the HIV virus. The inital response to this crisis, led by the White House, was to ignore the problem and pretend that it did not really exist. Then, after it could no longer go unrecognized, we had Jerry Falwell and his "Moral Majority" (with, at the very least, implicit support from Reagan and the White House) preach to us that AIDS was God's punishment to the immoral and sinful members of the homosexual population.

However, the AIDS virus began to spread through the population at an alarming rate, and was no longer present only in the homosexual community. In fact, it was becoming apparent that AIDS, unlike many of the government officials who should have been dealing realistically and substantively with officials who should have been dealing realistically and substantively with the virus, was not of a discriminatory nature. With this new turn of events, it became painfully evident that Falwell's explanation was full of errors; so to compensate, the explanation was broadened to include drug users and abusers, poor people, "dirty" people, and those members of the lower echelons of society

Thus, we have outlined before us a rather brief history of the way in which our society has viewed and dealt with the AIDS epidemic. It is very easy to adopt this over-generalized and highly inaccurate view. To look at life through a "rose-colored window" and simply say, "it can't happen to me" makes things much easier with which to deal, and allows us to continue living our lives in a rather "promiscuous" and irresponsible fashion. It is time to break through such ignorant and narrow views -- views that are, in fact, so incredibly narrow and ignorant that, frankly, they can and will get you killed.

There have been countless programs and efforts to try and promote AIDS

There have been countless programs and efforts to try and promote AIDS awareness, however, the "conservative" view promulgated throughout the '80's has still seemed to prevail in the minds of many Americans -- primarily in the minds of college students and young adults.

The epithet that "it can't happen to me" promotes and encourages social recklessness and irresponsibility. It seems to suggest that "hooking up" is harmless; that condoms (and other forms of birth control) are unnecessary; and that just because you may be an educated, "respectable" (as deemed by stereotypical societal definitions), member of the middle class you are exempt from AIDS and the HIV views. exempt from AIDS and the HIV virus.

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Unfortunately, AIDS awareness has not been at the forefront of the social agenda in recent years, and the result has been a digression into the mentality that prevailed in the early '80's. Now, however, in November of 1991, a national "hero" has contracted the HIV virus - - a man loved and adored by millions of Americans. Magic Johnson is not a homosexual, nor is he an I.V. millions of Americans. Magic Johnson is not a homosexual, nor is he an I.V. drug user, but surely enough, he tested positive for HIV. Although this is a very tragic and unfortunate event, there is a positive aspect to it as well. It seems as though the AIDS awareness campaign has been rejuvinated, and that many eyes have been (re-)opened to the realities of AIDS -- how it is and can be contracted; its detrimental, debilitative, and destructive effects; and most importantly, the fundamental message that AIDS does not discriminate against ANYONE! Hopefully, the Magic Johnson tragedy will pave the way for an unprecedented era of understanding, awareness, and social responsibility.

Please see the Science and Health page for more information about AIDS

THE ALBRIGHTIAN

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	1 Table 1 Tabl

Letters to the Editor

Albrightian Articles Lambasted as Politically Incorrect and "Ignorant"

Dear Editor:

I am writing in response to the latest edition of "The 21ST Amendment", which I found to be very disturbing. The tone of the article expressed ignorance and many incorrect observations. However, the most disturbing part of the article was the notion of superiority hich was communicated.

First of all, I feel a little clarification of the neighborhood surrounding The Paddock is needed. My faithful companion and I personally traveled to the corner of 10th and Franklin Sts. to witness this impoverished, crime-ridden area described by Mr. Vella with our own eyes. While we went expecting to see "Reading's finest: drug dealers, gang members, and hookers," we instead came upon a well-lit, well kept corner in a working class neighborhood, a foreign thing to most people at Albright: the working class. The question arises why would the author feel so threatened in this community? Mr. Vella, do you feel that you have had enough experience with gang members, hookers, and drug dealers to be able to identify them on sight? I know I don't. Mr. Vella states that " if you go [to The Paddock], pack some heat." This statement seems to display a lot of ignorance. Initiating and/or accelerating any confrontation with the use of a gun in these times is never intelligent.

The most discouraging tone conveyed in

the article is that of the superiority of Albright students as opposed to residents of the Reading community. In the article, the author describes residents as being drug dealers, gang members, hookers, and other niceties. The final straw comes when residents are referred to as

Is it these "local hooligans" who come to our campus every weekend and break down doors to gain entrance to living areas, walk around campus in packs egging everything in sight, commit the verbal, physical, and sexual assaults which have occurred, scrawl racial slurs on library walls and on the door of the Director of Multicultural Affairs, AND tip over and destroy vending machines, washing machines and dryers? Actually I believe these were committed by Albright's finest. When we reflect on our own actions, can we call people whom we have never even met

This is not a personal attack on the author of the article. Mr. Vella puts in black and white the typical Albright, white, suburban, superior attitude which is prevalent on this campus. The "21st Amendment" should be a fun, entertaining piece of leisure reading, don't turn it into a "dopey bar review" by displaying the ignorance and prejudice of most Albright students.

> Carey A. Dellock Class of 1993

Dear Editor:

I was very disturbed upon reading parts of the Albrightian from November 8, 1991. The offensively ignorant article and passage were printed at the bottom of page 19 in the "sports" section. This portion of the newspaper displayed the fact that Albright is not a haven from the ignorance displayed by residents of the United States of America toward rue Americans or Native Americans or Lonans.

The author of "Braves Fans (a) a Bad Rap" attempts to pacify Native Americans concerns about their caninued racist exploitation as characters in monindigenous person's entertainmer. If you don't think that the use of Nati Americans as mascots is exploitative of offensive imagine the following sittemens (some of which were suggested be lick Reilly writing in the October 28, 1991 Esue of Sports Illustrated):

The New York Jews today defeated the Souston Astros by two runs. A packed stadium witnessed the victory while waving Yarmulkes and singing Hava Nagila."

The Chicago Catholics today beat the San Fransisco 49ers, 35 to 17. Before the game Frankie the Priest ran out onto the field game Frankie the Priest ran out onto the field and performed a communion as has been tradition. A local grocery store gave out free Holy Water before the game which added to all of the fans excitement. Every time a Camolic player scored Father Frankie would run over to the player and bless tim, all done to the enjoyment of the crowd." Man would be the reaction from fans if these were our mascots? Or what would the

these were our mascots? Or what would the the winner received a free copy of the Torah to go cheer for the New York Jews, the Philadelphia Hassidics, or the Seattle Kosher-Keepers? These thoughts deal solely with the idea of American (meaning Native American) mascots. The attitude conveyed by the author of the article in the Albrightian

merely compounds the problem.

Mr. O'Brien feels that the racist actions of the Braves' fans "was not taken in a good natured way by our Native Americans. They were insulted by it." No kidding. First of all, they are not our Native Americans. O'Brien then goes on to say that "I generally support ourn[N]ative Americans and what they stand for . . ." I question this assertion as a means to side step criticism such as this letter. What do you mean you support them? When society has driven Native Americans into small land "jails" forcing social problems to increase exponentially (e.g. on some "reservations" the alcoholism rate is nearly 40%), you are advocating ridiculing their cultural traditions and "what they stand for."

The "chop" just came to Atlanta this year borrowed from the Florida State Seminoles fans who have been doing it for numerous years. O'Brien asks why it took until the World Series for the problem to surface. Native Americans have been outraged by their characterization for years, however, keep in mind that Native Americans do not own the New York Times, Newsweek, or Sports Illustrated. So, when a non-Native American deemed their outrage worthy of an article in their medium then uninformed "Americans" such as yourself, Mr. O'Brien, learn about their displeasure.

Maybe I have to much faith in the country,

and college for that matter—look at the interim IDS load, which idolizes Christopher Columbus who facilitated atrocities on Native Americans at least equal to those Hitler aused on the world's Jewish population. But, I assume that the country could continue to love sport and function without ridiculing the indigenous cultures and peoples of the land upon which we now live.

> Michael J. Steiner Class of 1993

Death by Censorship

While millions of Americans have sex, condom ads remain a societal taboo

by Chris Gehring Editor in Chief

There is an interesting cartoon on the wall in the Health Center. Although words cannot do it justice, allow me to provide a brief description: there is a drawing of a gun, and above it is written, This product takes thousands of lives; next to it is a drawing of a condom, and above it is written. This product could save thousands of lives; then finally, at the bottom of the cartoon, a question is posed - Guess which one can be shown on T.V.?. This controversial issue - - whether or not condom ads should appear on television - - is in the spotlight once again.

Recently, a "safe sex" campaign produced a number of condom advertisements. However, much to their dismay, they are encountering considerable difficulty in getting them on the air. In fact, it appears as though all of the major networks (with the exception of Fox) are refusing to show the ads. Apparently, many executives and other officials feel as though such ads would be offensive to the American public. I find it offensive that such an ignorant and backwards mentality is preventing the running of ads that have the potential to not only raise awareness on issues such as pregnancy, AIDS, and a myriad of STD's, but even more importantly, the potential to save lives!

Let us face and deal with the reality of the situation before us. It is incredibly easy for people like Senator Jesse Helms and Vice President Dan Quayle to espouse a lot of

"nice" rhetoric on the importance and necessity of abstinence. And, it must be noted, they are right -- in the sense that abstinence is the only sure way to avoid pregnancy and a number of STD's. However, the time for complacent. concilliatory rhetoric is over, and as stated previously, we must now begin to deal with reality - - and the reality is that millions of Americans (including people of ALL ages, married, unmarried, homosexuals, heterosexuals, etc.) are engaging in sexual intercourse each day. The reality of our situation, therefore, calls for awareness, responsibility, and common sense. The airing of condom ads on television is a necessary first step in our attempt to deal with sexuallyrelated problems and issues

Great Britain has featured condom ads on television for the past four years; Catholic schools in Spain are distributing condoms in their schools; meanwhile in America, the great democracy and haven of individual freedom, condom ads are being censored. It is time for our country to wake up and realize that "condom" is not a "dirty" word. In fact, it is time to admit that condoms are an effective means of avoiding pregnancy, as well as the best way (short of abstinence) to prevent the sexual transmission of the HIV virus and other STD's. Abstinence is the best way to deal with these issues. However, it is time for us to emerge from the Dark Ages and deal with problems realistically, substantively, and effectively.

If T.V. won't say it, I will. Be sure to visit Ma in the Health Center: "8 for a buck."

The next issue of The Albrightian will be on December 13th, please have all contributions to the issue submitted on 3 1/2" IBM disk by December 6th.

David Duke Makes You Puke

by Paul Castronovo

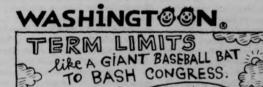
Fortunately, for America (and the Republican Party), David Duke lost the Louisiana gubernatorial race on Saturday. Unfortunately, he garnered 39% of the vote tally, that's 700,000 Americans voting for the Grand Wizard. This support is even more disturbing when one considers that Duke was repudiated by both political parties, targetted by every major civil rights group in Louisiana, and, most importantly, many corporations and businesses threatened to boycott the state if the he were elected.

Perhaps more important than Duke's defeat is what his political rise indicates on the horizon for American politics. David Duke lost because of his hate-mongering background, not for his message. Duke's message is not radical, it is mainstream, and not just in what we like to think of as "backwards" Louisiana. Many Americans are thinking the same things Many Americans are thinking the same tungs Duke is saying, hopefully without the racist and anti-Semitic undertones, and are responding to his call. Two weeks ago, aman with the same message, but a legitimate background, won the governorship of Mississippi, the first Republican to do so

contributions to Duke, 47% of the \$1,370,667 he received came from outside Louisiana. And consider this quote from a retired engineer in Massachussetts, "The Republicans take care of the rich, the Democrats take care of the blacks, and David Duke takes care of the whites." What we are witnessing right now is the old-fashioned politics of resentment and a disgust with the status quo. Voters are groping for an alternative--and for now David Duke is it.

But no one should ignore the mes But no one should ignore the message that the public is sending out by supporting David Duke. The majority of Americans, both white and black, oppose affirmative action (don't equate it with civil rights) and support welfare reform. These positions are not necessarily racist or "code-words" for racism. Many people who are open-minded, informed, and not racist *concur* (not agree) with the above mentioned positions taken by David Duke.

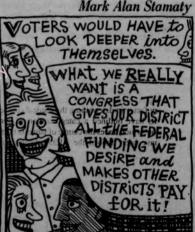
The important thing is to avoid the politics of separatism and the intensification of racial tension by not channelling such sentiment into a negative figure like Duke. Reform must come from a positive figure, a legitimate and thoughtful leader very much unlike



C'LL TEACH YOU

TO STOP VOTING
FOR THE INTERESTS
OF YOUR CONSTITUENTS!

BUT SOMEDAY THEY FRUSTRATED AGAIN. NOW WE'VE GOT BUNCH OF tERM-LIMITED AMATEURS WHO STILL NOTING FOR THE CONSTITUENTS JUST LIKE THEIR PREDECESSORS!





ARMED WITH the capacity to DESTROY EACH OTHERS' voting mechanism.

WILL THE GENTLEROBOT FROM ILLINOIS PLEASE HOLD STILL WHILE I SMASH YOUR TRANSMITTER?

AN interactive VIDEO GAME OPERATED BY VOTERS THROUGH THEIR OUT ALL THE DAIRY
OUT ALL THE MONEY!

WE'LL MAKE CONGRESS



Chay cred Y with a note reason's assented in our success

Science and Health: Rethinking AIDS

AIDS: The Second Decade

Its the second ten years and the face of AIDS is still changing.

The background information for this article was obtained from excerpts from a report entitled *AIDS: The Second Decade* from the National Research Council.

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It is hard to believe that over 10 years ago AIDS was virtually unknown. In the first decade of the epidemic, in the U.S. alone, over 65,000 people died and many more were infected with the HIV infection. Although iderable efforts are being made to combat this disease, it is likely that the morbidity and mortality from HIV will continue throughout

During the first decade thye U.S. was faced with enormous challenges, some were met, others were not. Development for tests for HIV antibodies substantially reduced the risk associated with transfusions and blood products. One obstacle our nation has been facing is the effectiveness of alternate strategies tacing is the effectiveness of americal strategies to further prevent the spread of HIV throughout the population. The nation's future success in curbing the spread of the virus and reducing the toll exacted by this disease will depend to a great extant on the nation's commitment to emperical efforts that will improve this

In their continuing effort to monitor the progression of the epidemic, the National Committee on AIDS Research has noted

Committee on AIDS Research has noted several important changes in the evolving and enduring health problem.

New populations that are at risk are emerging- from populations that heretofore have not been touched directly by AIDS and from subgroups of populations that are already known to bear infection. There is also increasing awareness of the need to maintain risk-reducing behaviors once they have been initiated. The persistence of risk in the initiated. The persistence of risk in the environment and the problem of relapse

mandate a long-term commitment to prevention.

In the second decade of the epidemic, new pockets of infection are being identified in more diverse geographical locations in the united States, and the changing distibutions of AIDS cases and HIV infection indicate that the disease is becoming more a generalized American phenomenon and less a bicostal, urban entity. Moreover, the pattern of infection is also beginning to reveal some subtle shifts in the distribution of AIDS cases across transmission categories; the proportion of cases attributable to same-gender contact has deceased slightly as the proportion ascribed to heterosexual contact has grown.

Even the characteristics of the disease itself are somewhat in flux. With the development of drugs capable of decreasing morbidity associated with HIV infection and prolonging the lives of those infected with the virus, the disease takes on some of the characteristics of a long-term rather than an

The changing locus of the epidemic, the new populatons at risk, and the emerging longer term nature of the disease point to the need for new outreach and intervention gies to prevent further spread of infection, as well as services and treatment to assist those who are already infected.

If you are interested or desire more information on this topic, this report of a joint

study by the Committee on AIDS Research and the Behavioral, Social, and Staistical Sciences, the Commission on the Behavioral and Social Sciences and Education and the National Research Council is available as a complete volume of AIDS: The Second Decade on sale from the National Academy Press, 2101 Constitution Avenue, N.W., Washington DC 20418.

If You Are Gonna Do It **Be Smart** Do It The Right Way See Ma Gable in the Health Center

8 Condoms For A Buck

Protect yourself and your partner - -AIDS is a Matter of Life and Death

You Know, it is the Cold and Flu Season

So take care of your immune system, and be sure to drop by the Health Center for free Flu Vaccinations

> They are painless, and will be provided through December

The Science of AIDS or How AIDS Works

by Tim Shope

Well, now that AIDs has recaptured your attention by bringing about the demise of someone with superhuman talents, I would like to take the time to reemphasize that everyone is at risk, and not even "Make" can protect you. But instead of lectrong you on what not to do and how to have "safe sex" (I think all of us should know (all by now if not, you should see Ma, you sector or even me, immediately). I wand like to take the opportunity to attended a little AIDS education from a scientific point of view. So if you are interested, or etention to Professor Shopey!

Technically speaking, the human immun efficiency virus (HIV), which leads to Ne breakdown of the immune system and complications generally associated with having AIDS", is a retrovirus. Most viruses, such as the flu, attack our bodies by taking over our cells' metabolic machinery and us it for their own good. HIV and other retroviruses go one step further -they possess enzymes that allow them to reverse some natural processes, which occur in the cells. HIV can actually cause your DNA (your genetic "code") to copy itself with the genetic Here, it may lie for several years, harmless but undetectable, this is known as the latent stage; it has, in effect, hidden itself.

When the time comes, and no one is really sure when or how long this time is, the virus copies itself, like a xerox machine out

of control. Many virions, which are non-cellular, bubble-like structures that carry the virus to other cells, are released. These articles have proteins at their outer edge hich allow them to bind the "CD4 receptors of other cells. Another way to think of this is to picture the proteins on the virion as triangles and the CD4 receptors as being Y shaped. The point of the triangle fits nicely into the notch of the Y (Sorry, Tim!).

The kinds of cells that get attacked in this fashion, because of their prominent CD4 receptors, are T4 lymphocytes and macrophages, two types of white blood cells. The T4 lymphocytes are largely involved in the functioning of the immune system, your body's natural defense system against disease and sickness. There is certain perverse irony in your body's most effective weapon against disease, being harmless against and most susceptible to the AIDS virus. Anyway, since HIV does not concern itself with philosophy, I won't either.

When the T4 cells are attacked they are destroyed by one of four ways: 1. So many new virions are created that when they burst through the cell membrane, it is like hundreds of nails puncturing a tire. 2. The protein which bind to the CD4 receptors of other cells, works its way to the cell suface and binds the cell to other helathy T4 cells and renders both useless. 3. Another type of Tcell, the "killer T-cell" recognizes the protein and attacks the T4 cell and destroys it. 4. Free protein may be released into the blood stream and bind to the CD4 receptors allowing er 3 to occur. In each of these cases, the T4 lymphocyte can no longer perform its function in the immune system, and eventually other diseases, called opportunistic infections, attack the body. The macrophages are not actually killed. They serve as a "breeding grounds" for HIV and carry the virus to the nervous system.

That, in a nutshell, is how AIDS "works". The real education that needs to be done is education on prevention of the spread of the disease. This information Professor Shopey will leave to the professionals and the gallant spokespersons, such as Ryan White, who showed us even the innocent are at risk, and Ervin "Magic" Johson, who showed us even heterosexuals and "superhumans" are at risk. Be careful, practice safe sex and look for more from Professor Shopey.

HIV Infection: A Clinical Approach

Material for this article was taken from The Science of AIDS

An AIDS issue which is seldom dealt with and seldom understood, is clinically the specific debilitating stages an HIV positive patient will progress through, during their immunological fight against the disease.

Their progressive decline leads to a more general decline of immune functioning and is the primary factor in determining the clinical course of the patient.

Physicians have outlined a categorization of symptoms, called the Walter Reed Categorization, which traces the course of patients through six consecutive stages. These symptoms have been dubbed the AIDS-related complex. It may not seem all that important, but knowledge of these disorders and their relation to the patient and and the stage of the disease may lead to new insight of the causitive agents and possible new treatments.

The stages are from stage zero to stage 6 and are listed in the box below with their respective symptoms. Please do not be alarmed, many of the early symptoms are mononucleosis-like and are not altogether different from the common flu or cold!

WR0-First exposure to the virus through any of the known routes. This stage is determined through a positive test on blood serum for HIV antibodies and can take anywhere from 6 months to a year.

WR1-Disorders resembling mononucleosis, fatigue, fever amd swollen lymph glands. Symptoms are usually very vague and disappear after a few weeks, but HIV still persists. White blood cell counts are the normal 800 cells per cubic millimeter.

WR2--The first signs something is truly amiss; chronically swollen glands, overstimulated by HIV. Stage 2 last for three to five years and afterwards the individual still feels fine. WR3--Stage three is hallmarked by a T4 cell drop below 400 cells per cubic mm. This is the beginning of the rapid decline of the immune response.

WR4--Eighteen months after stage three, the patient probably enters this stage. The individual fails three out of the four protein skin tests. Specific proteins are injected under the skin and the individual is anable to mount a cellular immune artack against them. WR5--The development of thrush, a fungal infection of the immeous membranes of the tongue of the oral cavity. Chronic infection with the Herpes simplex virus. Some patients may develop oral hairy leukoplakia: a mucous-membrane infection which has white, fuzzy patches on the tongue, which cannot be rubbed off. T4 cell count of less than 100-200 cells per cubic mm. Most patients die within one to two years upon entering stage five. WR6--This is the stage of the opportunistic infection. Prevalence is seen of meningitis, damaging liver, bone, skin and other tissues. Cases of pneumonia, encephalitis, blindness and inflammation of the gastrointestinal tract.

After reading through these categories, I feel it is safe to say that AIDS is a frightening disease. It is beyond comprehension why anyone would take a chance with AIDS being so prevalent in our society.

The Social Service Page

Volunteer Placement Office Hours

Monday Tuesday Wednesday

Thursday Friday

10:00am to 11:00am 12:30pm to 1:30pm 9:00am to 11:00am 1:00pm to 2:00pm 9:00am to 10:00am 11:00am to 12:00 noon 2:00pm to 3:00pm

The Human Service Organization

by Katie Rea

The Human Services Organization (HSO) is dedicated to enhancing Albright's Participation in human service and volunteer-related activities. HSO annual activities include the Rock-A-Thon, an annual blood drive, and Christmas caroling. HSO is willing to take on service needs of the community with its new volunteer placement office which is run by HSO members. Meetings are held every other Wednesday night, 6:30pm in meeting room 1

HSO upcoming events:

Pretty soon HSO members will be knocking at your door, asking for you to donate money

for a turkey dinner (that HSO will provide) to be given to a needy family in Berks County. Please donate some of your spare change to help feed a family this Thanksgiving.

Plans are once again in the works for Christmas Caroling at the Berks County Hospital. HSO needs lots of people to come and spread holiday cheer to those that will be in the hospital over the holidays

An "Angel Tree" is (hopefully) going to be set up in the campus center holding little wish ornaments for the poor children of Berks County. This is sponsered by the Salvation Army. Details will follow

Coming next semester...The Rock-A-Thon and the Blood Drive!

Meals On Wheels

Meals On Wheels are provided by Senior Neighborhood Centers, a project of the Lutheran Home at Topton, it is funded in part under a contract with the Pennsylvania Department of Aging through the Berks County Commissoners and Berks County Office of Aging.

The program delivers hot meals every weekday to homebound elderly persons otherwise unable to provide for themselves. The program's success depends almost entirely upon its volunteers--drivers, runners, and route coordinators. Do you want to help in this worthwhile effort? Contact Albright's Volunteer

Placement Office or the Senior Neighborhood Center.
Senior Neighborhood Center
16 South Fourth Street
Reading, PA 19602
Telephon 277 6022 Telephone: 376-8282

The Juvenile Detention Center

by Adina Mulliken

Several Albright students are currently volunteering every other week at the Berks County juvenile detention center in Wernersville. They join students from Kutztown University and citizens from the Reading area at the detention center before going inside to play games and talk with the incarcerated youths. The volunteers attempt to help these youths by showing concern and

After driving up the winding road to the detention center and parking the car, volunteers are let into the locked building by one of the guards. When all of the volunteers, usually three to six per night, arrive and sign in, they are led back to a large room. This is where the juveniles have to stay in the evening playing cards, boardgames, or watching television. The room contains several long picnic tables as well as mats to sit on facing the television. The guards as well as the youths are clad in sweats. The kids are given sweats and T-shirts to wear while they are there. Shoes are not allowed for security

The youths in the detention center are all derage eighteen. Most have been accused of some kind of violent crime. The length of time an offender stays ranges from a few weeks to several months. Court hearings determine where they are placed after there release. Some are put in group homes and others are returned home or sent to prisons. The Berks County Prison Society arranges

volunteer nights every week. Most volunteers visit every other week but anyone can visit

Besides visiting the detention center, volunteers attend occa to learn more about the BerksCounty crim justice system. At a recent meeting, a local

role officer and a representative from the

child welfare department spoke.

The first speaker explained that parole is a supervision program for offenders who have been released from prison or the detention center. Sometimes offenders are expected to pay restitution for whatever damages they have done. However it is very difficult for someone with a prison record to find a job especially since many do not have a high school education and can not read. Some also have families to support. The speaker from the parole office emphasized the importance of volunteers showing support for these individuals who may not have anyone else to help them.

The youths who are in the detention center sually come from troubled homes. Many have been abused or neglected. The representative from the child welfare department explained that the parents of these children are often the victims of similar problems themselves. The goal of theagency is to teach parents better parenting skills and to keep families together. If a child has to be temporarily taken away from its parents, the child welfare agency works to reunite them. Volunteers become involved with the

prison system for different reasons. Many realize that the youths are in the detention center largely because of the environment where they grew up. Although this is not an excuse for committing a crime, an understanding of the problem can help correct it. Most volunteers feel that, although these children and teens are in a bad situation, they children and teens are in a out situation, mey have as much potential as other kids. Sometimes volunteers are simply curious about thedetention center. Becoming involved can be educational to volunteers as well as to the incarcerated youths. Anyone who is interested in visiting the center can contact Lucy Thomas at 372-8933.

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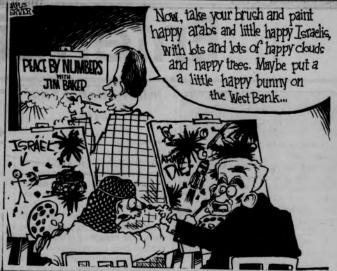
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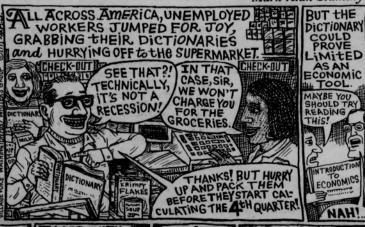
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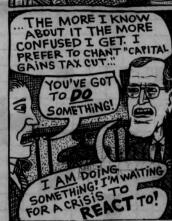
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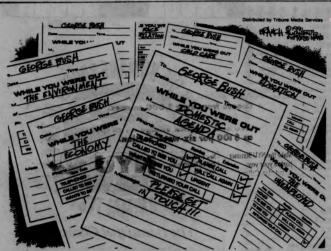














Entertainment

Modern Foreign Language Film Series

(French with English subtitles)
It is 1968. Parisians are rioting in the streets and destroying the social order.
In the south of France, the Vieuzac family is doing the same thing in their ancestral home. Directed by Louis Male

Memories of Underdevelopment (Spanish with English subtitles) Cuba after the revolution is seen through the eyes of a bourgeois writer who decides to stay on after the rest of his family leaves. One of the best films to come out of revolutionary Cuba. Directed by Tomas Gutierrez Alea. Based on the novel by Edmundo

WXAC

Top Ten Bands

- Corteau Twins
- Nitzer Ebb
- 3 Innocence Mission
- Nirvan
- Red Hot Chili Pepers 5. Soundgarder
- Weird Paul
- Thin White Rope
- Die Warzau
- 10. Ministry

MOVIES

Fox Fairgrounds 921-8111 *Cape Fear "R" All I Want For Christmas "G" Billy Bathgate "R" Curly Sue "PG" Highlander 2 "R"

 Fox Berkshire 373-4093 Other People's Money "R" People Under The Stairs Strictly Business "PG13"

 Fox East 779-6552 The Butcher's Wife The Fisher King "R" *Frankie & Johnny *R* Necessary Roughness "PG13" Driceived "PG13"

Fox Plaza 921-2026 Little Man Tate PG House Party 2 "R"

International Film Series

November 26

The Last Of England

Wrenchingly beautiful...a call to open our eyes to a world violated by greed and repression, to see that irrevocable damage has been wrought on city, country side, and soul, how our skies, and our bodies, have turned poisonous."-Katherine Dieckmann, The Village Voice. "The visual look throughout is astonishing, thanks to Derek Jarman's signature means shooting freely in Super-8, transfering it to video for the addition of accents and effects, and transfer to 35mm...A control over color that would do credit to Antonioni."-Bill Horrigan, Artpaper December 3

Detour

Filmed in five days on a shoestring budget, this fatalistic melodrama about an unemployed pianist and the woman who destroys him is considered by many critics to be greatest B movie ever made.

December 10

October (10 Days That Shook The World) What the new revolution in Russia will produce cinematically remains to be seen. Sergei Eisenstein's attempt (primarily through intellectual and rhythmic

The 21st Amendment Stanley's

by Greg Vella & his faithful companion

What do Albright women, Anita Hill, Carey Dellock and the rest of the females in Reading have in common? They are not welcome at Stanley's! This is one of the many reasons why we went to Stanley's Tavern, Home of Good Food at 624 Laurel St. in Southeast Reading. Before our female readers get into an uproar let us tell you about

Stanley's history.
Stanley's is a "man's" bar and it has been that way since '33. But times have caught up to old Stan, as a number of court cases have challenged his policy. Today women can walk into Stanley's and have a drink just like the next guy. Yet, after experiencing Stanley's, we wonder why they'd want to in the first place. We wish we could clarify this history but our bartender was as clueless as us.

Entering Stanley's via a large steel door, we found ourselves in a hard drinking bar. That night it was standing room only, due to the fact there were no bar stools. The reasoning behind this, is that the bartender will continue toserve you as long as you are standing. As anticipated we found the beers cheap (a bottle

of Black Label \$1.00 and a glass of Yuengling draft \$.60). For those who go to Apartment parties first and leave last, there is Thunderbird and Muscatel shots available. For you Mr. Moms out there, Stanley's sells everything from dishwashing liquid to smoke detectors over the bar. We thought this was neat.

Stanley's always had a great reputation for their goodfood (Check first paragraph line 4). Dining room is open M-Thur 11-3 p.m. and Fri until 9 p.m.. Our bartender Sess, commented on how good the daily specials are and again we are taking the bartender's word. We questioned him about the health and whereabouts of Old Stanley. Sess told us that he is still functioning with his Medic-Alert and lives happily next door.

Sess calls Stanley's a working man's bar, where one can get away from the old lady. So our night consisted largely of cheap booze and male bonding with the working man, which is a far cry from a night at O'Kelly's. Besides principle, we can't find a reason why a women would want to venture into Stanley's - Men just need their space, why ask why? We wish you a HappyThanksgiving.

ACROSS

- Dreaded disease Language-related subject
- subject
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41 A musketeer 11 43 Mage — of words 12 44 Thick 13 46 Wriggling 14 47 Feline sound 19 48 Canceist e.g. 25 50 Fleetwood — 24 51 Greed 19 55 Greed 28 55 Waitresses, e.g. 30 56 Agents of retri31 button 57 Raises 33 58 Cults 34

- 1 Type of candy
 2 Famous vocal group
 3 Talk at length
 4 Dickerson of NPL
 5 Uses a phone
 6 Drives away
 7 shark
 8 Third most common
 written word
 9 Aromatic spice
 10 More frightening

- 11 Landed estate
 12 France
 13 facie
 14 Former footwear
 19 Retaining wall
 22 Cattle thef
 24 Having feeling
 26 Hindu attire
 28 Mass —
 30 Meadow
 31 Trigonometry
 abbreviation
 33 Rower
 34 Worker at Tiffany's
 35 Not knowing
 37 Lab worker
 36 Comforts
 39 Toystore merchandise
 40 Mays' partner
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Solution to puzzle on page 12

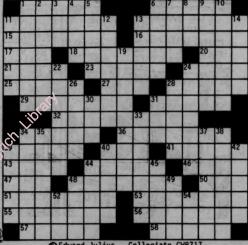
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1, 1993, never

ber 21, 1991

collegiate crossword





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I WENT TO SCHOOL, PLAYED OUTSIDE, AND DID MY HOMEWORK. I'M EXHAUSTED.



























































A boy and his toy tiger































GARFIELD® by Jim Davis















VOICES













Attention Juniors and Seniors!

Fourth Annual LEHIGH VALLEY NATIVE TALENT Job and Information Fair

Friday, January 3, 1992 10:00 a.m. to 3:00 p.m. Northampton Community College Gymnasium 3835 Green Pond Road Bethlehem, PA 18017

Two and four year graduating students are invited to meet and discuss job opportunities with over 40 participating employers representing business and government AND

Attend free job search seminars presented by area employers

Seminars: How to Make a Job Fair Work for You Entrepreneur Workshop Resume Critique Interviewing Lehigh Valley Job and Labor Markets Resume Preparation and Usage Career Decision Making

Investigate Career Opportunities and Bring Resumes!

NO ADMISSION FEE AND NO PRE-REGISTRATION NECESSARY

Attention all Fraternity, Sorority, and Special Interest Groups!

The Bookstore now offers custom embroidered and imprinted sportswear.

Your group can purchase hats, sweats, tee shirts, jackets and more with your logo for less than you might have thought.

For more information, please contact Diane Shultz at the Bookstore.

Upcoming Experiences

December 3, 9 200, 4-5:34 p.m.

Panel Discussion: The Gay Experience
Sponsored by Gays and Lesbians at Albright, this panel of speakers
from the Gay community will discuss their own personal experience of
what it means to be gay. The format will be open with discussion from
the audience encouraged.

December 5, CCSL, 4 - 5:30 p.m.

Panel Discussion: Survivors of Sexual Assault Speak Out

A panel of people who are themselves survivors of rape, incest, and relationship battering will speak about their personal experiences and offer greater understanding of the traumatic and devastating consequences of sexual victimization. Sponsored by the Women's Center and The

December 6 - 8 Conference on Rethinking Democracy: Global, Crifical, & Futuristic Perspectives. Students may receive up to 2 Experience credits (1 per event) for events at this conference selected from the following:

December 6, 9:00 - 10:30 a.m. Global Trade and Democratization December 6, 9:00 - 3:30 p.m. Democracy and Culture

December 8, 9:340:36 a.m. Critical Perspectives on Democracy MOR-2M

context 8, 9 - 10:30 a.m. The Purture of Democracy afference will bring major authorities on the concept of democracy are to discuss the theory and practice of democracy.

Look It Up in the Library

By the Reference Staff of the Library

To ProQuest or not to ProQuest, that is the question. Should every search for journal articles begin at the ProQuest Periodical Abstracts computer index? That depends on several things.

There are definitely times when a computer index such as Periodical Abstracts (or one of the other computers) is advantageous for beginning to look for journal articles. When a subject has multidisciplinary aspects and are not sure in which index to begin, try Periodical Abstracts (PA) to see the different treatments of the topic. For example, if you wish to research pollution, you can see in PA that it has scientific, business, and social science aspects. From there, you can focus on a particular aspect of the topic in the general ndex PA as well as check the more topical indexes, both computerized and print. PA is good place to start, but do not assume it has all the information you need.

What else does a computer do best? When you do not know what subject headings (also called descriptors) are used for your topic, the computer allows you to do keyword searching. This means that the computer earches for the term you type whether that term appears in the title, subject heading, abstract (the summary of the article), even in the journal title or author name. Once the computer has located some citations of articles, you can pick out the best ones and see what descriptors were used for it. Then you can arch again using those descriptors to find additional, highly relevant material.

Keyword searching has some dvantages, however. In order to do effective keyword searching, you must know all the possible keywords different authors have used. For example, if you search "cardiac," you may miss an article that only uses the word "heart." By following up a keyword search with a descriptor search, as mentioned above, you will avoid this problem since the descriptors will gather together all items on a specific topic, irregardless of the keywords used.

Another disadvantage of keyword searching is that, if the term you enter is very general, such as "management" or "computers" or "counseling," there will be so many articles listed it would take you all day to read the abstracts and decide which to choose.

In cases such as these, when you only have a general topic in mind and need to narrow it down, using a print index is much more advantageous. For example, you can go to Business Periodicals (niex and look up management." Fire will be listed many 'See also" terms to rook up in the index. These are terso which are related to management or more specific than managen est, and perhaps one of these will help year focus your topic. Following this list are fond articles on management in general,

then <u>subheadings</u> of management such as "case studies," "evaluation," or "Japan," and articles under each of these subheadings. Finally, there are other subject headings beginning with the word management, such as "management accounting," "management buyouts," "management by objectives," etc. It is much easier to scan these few pages to decide on the specific focus of your topic than to use the computer. Once you have the specific focus, you can <u>also</u> use the computer (in the case of a business subject, the *ABI*/ Inform database will be the best choice), after you have narrowed your topic with a print

The other main advantage of a computer index is its ability to do multiple-term searching. In an earlier article, we discussed combining terms with "or," "and," and "not." "Or" allows searchers to search under two or more synonyms. "And" allows searching for two or more different ideas or terms. "Not" allows the searcher to exclude certain terms from the search. Print indexes do provide many subheadings to cover various aspects of a topic, but occasionally the specific focus you want can be found most quickly by combining several key terms on a computer

The time frame of the topic you are earching is also a factor in choosing an index. If the subject was found in journal articles only very recently, the computers can be used as well as the newest (unbound) issues of print indexes. However, if you are interested in earlier treatment of a topic, e.g., an event which took place ten or more years ago, or if you want to see how attitudes have anged on a topic over time, the computer is not a good choice. While many of the print indexes go back a number of years, some as far as 1802, few computerized databases will cite articles more than a few years old. The subject area in which you are

researching will also have a bearing on what index to use. Not all subjects are covered in the computer indexes Albright has available. At present, the computerized bibliographic databases cover the following subject areas:

ABI/Inform (Business)

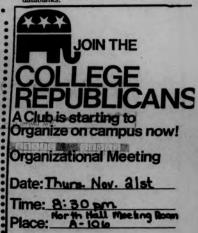
Current Concepts/Life Sciences (Biology)
Database of Accounting Research (Accounting)
MLA Bibliography (Language &

Periodical Abstracts (General and multidisciplinary information)
PsycLIT (Psychology)

Searching for information can be an art form. If you are unsure in which index to start your research, consult a Reference Librarian. When you have searched the various indexes appropriate to your topic and still need more information, there are many additional resources that can be tapped through the Library's connection with major online databanks.

ATTENTION Phi Sigma Sigma Sisters:

GET PSYCHED AND GET JEMINA" YOUR VOICES READY FOR **RUSH RETREAT** THIS WEEKEND!!



STEDENTS ARE MELCONE: (My not bring a friend along?)

THE LION LOWDOWN

CAMPUS COMMUNITY INVITATIONOn Friday, November 22, 1 p.m. (rain or shine), faculty, administrators, staff and students are invited to attend the formal dedication of a statue of Jacob Albright, a gift of Judge W. Richard Eshelman and family and sculpted by Michael Price, Hamline University, St. Paul, MN. A reception follows in the Center for the Arts.

DOMINO PLAY "OVER HERE".

Only 2 days left to see this nostalgie 1940's era musical about a troop train ride across the U.S. which will bring back the big band swing sound, plus singing, dancing, and romance and intrigue. Stop by the theatre ticket office from 12 noon to 4 daily or call ext. 7547 for reservations. Adults are \$9 and \$4.50 for students.

'85 blue 2 door Buick Somerset - AT, AC, PS - recent battery, brakes, muffler, tires 67,00 miles. Available after December 16. Call Linda Chen 372-9279 (leave a

CHRISTMAS TOUR CENTRE PARK HISTORIC DISTRICT-

The Christmas tour will take place on Sunday, December 8, 3-7 p.m. Tickets are \$5 and are available in advance 375-7860 or day of event in Centre Park, 700 block of

ANNUAL RENAISSANCE DINNER AT KUTZTOWN UNIVERSITY-Celebrate the holidays with a medieval flair when the Sixth Annual Renaissance Christmas Dinner is held at Kutztown University, Saturday December 7. Reservations are being taken for the event; seating will be limited to 150 people. The event begins at 6 p.m. with appetizers in the South Dinning Hall. Guests are invited to dress in Renaissance garb. Cost \$22 per person-make check payable to Kutztown University Foundation and sent to Charles Scanzello, Music Department, Kutztown University, Kutztown, Pa 19530. Tickets may be picked up at the reservation table the night of the dinner between 5 and 6:20 p.m. Call Mr. Scanzello for information, 683-4549. Deadline for reservations, November 29.

CONFERENCE ON RETHINKING DEMOCRACY TO BE HELD AT ALBRIGHT.

On December 6-7 a two-day interdisciplinary conference that will take stock of current global trends in democratization and examine democracy from global, critical and futuristic perspectives will take place here on campus. Admission to the conference is free. Participation by student and community groups is especially encouraged. Call the conference coordinator, Achal Mehra, ext. 7811, for more information. There will be campus mail sent regarding this event within the next week. The buildings involved are Center for the Arts including Room 235 and The Meridian Theatre, and Memorial chapel.

REMINDERSFlu shots available through mid December at the Gable Health Center. Call ext.
7532 for an appointment. \$13 cash accessary.

Entertainment 92 books available at the Print Shop through Don Truckermiller\$30. Also don't forget Don could use on ib. metal peanut cans for the mixing of ink
(not paint) in the Print Shop.

Albright Psychological Services Saturday Morning Programs continue November
16 with a discussion on "Are We All the Same?: Considerations in Children's and
Adolescent's Racial Identify Formation (intended for parents and teachers) by the Dr.
Brenda Ingram, paychology. \$10 at the door.

FOR YOUR INFORMATION-

Mark your calendars now that the Bookstore will close at 1 p.m. on Wednesday, November 27.

JANUARY RENTAL AVAILABLE TO STUDENTS—
Entire third floor suite available to student rent free in exchange for babysitting services 5 half days per week, 12 noon to 5:30 p.m. Residence is near Flying Hills in Hessian Pines. Kitchen Privileges available. Of interest might be and education major but will accept other concentrations. Call ext. 7526 for contact person and phone

HOLIDAY BUFFET AND CANDLELIGHT CHOIR CONCERT-

The Reading/Berks Chapter of the Alumin Association invites you to a holiday dinner (concer following) on Sunday, December 15. An annual event, the buffet will be seved in the CCSL at 5 p.m. for a cost of \$12 per person. The Candlelight Concert by the Albright Choir follows in Memorial Chapel at 7:30 p.m. Stop by Sherman Cottage and make reservations through Joanne Frantz.

BARBARA HICKS FIRE FUND-

Sylvia Kane, registrar or continuing education, is still accepting donations for the Barabra Hicks Fire Fund...the total has reached \$2,540 and thank yous are sent to all who have "given of themselves." Please feel free to contribute again as your funds

FINAL PHONATHON RESULTS-

\$75,975 in pledges were received over fifteen nights of 939 alumni and parents. Involved in the calling process were 146 faculty, administrators, staff, alumni and students (including ten student groups)>

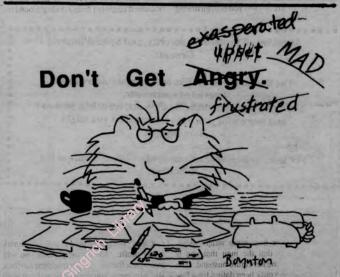
Admissions Office Thanks College Community

The Admissions Office would like to thank the Albright community for making our fall programs successful. Everyone from the grounds crew to faculty members play an important role in the recruitment process. It is great to know that people on campus are courteous and warm to all our visitors.

A special thank you is extended to all students who volunteered their time to make our programs successful. Students are perhaps the most important recruitment factor because you can offer "real" perspectives on the co-curricular activities, athletic programs, and the curriculum. The year is off to a good start and we appreciate your participation. Thanks to all of you.

> ** Pick A Feather ** Thanksgiving Special at the BOOKSTORE

November 25, 26, and 27 With Savings up to 30%!!



Come to the Writing Center.

Writing **Center Hours** Fall 1991 1:00 - 4:30 Moriday 10:00 - 11:006:30 - 8:30 **Tuesday** 9:00 - 12:00 1:00 - 3:006:30 - 8:30Wednesday 10:00 - 11:001:00 - 4:306:30 - 8:30 10:00 -- 12:00 Thursday 1:00 - 3:006:30 - 8:30Friday 10:00 - 11:00 1:00 - 2:00(By appointment) 12:00 -- 1:00 Mon. - Fri. by appt. with Mrs. Hummel

> The Writing Center is located in Masters 104. Drop in or call for an appointment (ext. 7809).

^ Features ~ /

The Truth About Love

by Brian "Fox" Singer

Love. What is it really? Is it a romantic weekend for two, or maybe a champagne dinner. Who know? But I would like to take a critical look at what I think love really is.

First of all, let's get rid of some of the false beliefs commonly held about love. Love is not "extreme like." "Extreme like" and love are not interchangeable. Okay, maybe I'm wrong; "extreme like" and love can at times mean the same thing. It is possible to "extremely like" tapioca pudding; therefore you can conclude that you love tapioca pudding. So maybe it is possible to interchange love and "extreme like." But would you compare your boy/girlfriend with tapioca pudding? I

Now, to be in love you must have one thing, a boy or girlfriend. If you do not have one of these things, and you think that you are in love, you are sadly mistaken. You are in "extreme like"; and I have already proven that "extreme like" and love are not the same thing. (Side note: If you do not have a boy or girlfriend, don't try to buy one. This is one thing that K-Mart does not have.)

When you are in love, you boy/girlfriend will annoy the hell out of you. You will find that this person will call constantly; almost to the point of obsession. They will call you at different times of the day; from early in the morning to late at night. But the types of calls received vary from males to females.
Females call their boyfriends because

they love to hear the sound of his voice. Also, females love to run off at the mouth and tell their boyfriend all about the kind of day that they had. That includes every detail of their day. The details could include how many times they brushed her teeth, to what she had to eat for dinner. But males call their girlfriends for a different reason; they like to check-up on their girlfriends to make sure that she isn't sleeping around on him. Men are a jealous

Males and females have different rituals that they perform while in love. Females like to cling onto their boyfriends. Some women will cling tighter than sarah wrap. Also, females believe that the man that she is dating will become her future husband. The couple may have only been dating for a few weeks and the female will already be planning

the wedding. Oh, don't get scared guys, she will only plan a small wedding when you first start to date her; but when you have been with her for over a year, the wedding becomes a royal extravaganza.

Males have vastly different rituals when they are dating. First of all, the man will try to be the dominant force in the relationship; especially when he is in public. He will never show signs of weakness when he is public with the woman. But when he is alone with the her, he will be a cutesy as a teddy bear and the woman can get away with anything she wants to. When the male is alone with his guy friends, he will brag about his sexual experiences with his girlfriend. It doesn't matter if he has had sex with her or not; he will tell his friends what a big stud she said he was. The scary part is his friends will stare at him with amazemant and treat him like Adonis.

But there are some rituals that a couple must perform together, that both people mutually agree on. The first ritual is "the holding of the hands." This ritual will make you the envy of all your friends. It shows them that you two are really in love. The females like this ritual because it shows the world that she is in love; the male likes it because it keeps her from running around the mall and spending his money. The next ritual is "the kiss in public." This ritual's meaning is very basic. It shows the world, in great depth, that you both are in love with each depth, that you both are in love with each other. But it makes everyone else around you want to throw-up. Take a word of advise; just hold hands, it's easier to look at. Now comes the hard part; saying you love each other. When you first get into a relationship it is a difficult phrase to say. Both the male and female are shy and hesitant to say it. Neither one wants to cross over into thhe invisible barrier that is known as LOVE. But when you do cross the barrier, it becomes very easy to say that you love you boy/ girlfriend. It becomes so easy that you will say "I love you" about 30 times a day. You will make all of your friennds very sick with those three words that get repeated over and over and over. Not only will you say that you love him or her, but you write long letter that exemplify this fact. You will make Hallmark a tidy profit. And in the process you will make your friends want to lose their lunches. But who cares, you are in love and that is all that counts. Love; it is so confusing.

Today in History

Taken from Chronicals of the 20th Centus

November 22, 1908-The U.S. Postal Service purchased automobiles to aid delivery of Rural Free Delivery mail.

November 22, 1915-Mohandas Gandhi returned to India.

November 22, 1919-The U. S. Labor Conference Committee urged an eight-hour day, resulting in a forty-eight hour week.

November 22, 1928-Washington reports indicated that eigarette output rose at 1.4 billion

Off The Record

Have you ever had one of those days? Do ou know what I mean? The type of day here everything goes wrong. You just have this urge to throw some heavy object out of the window to get rid of your endless frustration. Sometimes I get that feeling, especially with the things that are going on in the world today. Now I don't mean the things that happened in the Soviet Union, or the last congressional election. I mean the fact that there was a sequel to the Teenage Mutant Ninja Turtles movie. That makes me mad. But there are other things that make me mad. So, in this article, I thought I'd give you a list of things that make me mad. Maybe some of these things make you mad also.

Drivers who make a left turn but have their right-turn signal on.

-8:00 classes.

-Bills

Dr. Ruth's advice.

-Finding out that the average American has sexual intercourse 57 times a year and you wonder if you were considered in the stastics.

-Anchovies

-When it's 60 degrees outside during November.

Tuition increases.

-New Kids on the Block.

-TV evangelists.

-Microwaves that have a hole in them.

Send A Personal

It's Free. It's Easy. It's Fun. Your friends will love them. Private or public jokes. Sending them is as easy as cutting out this ad, writing your personal on it. writing your name, box and extension number on a, and sending it to box 107 or just deep it in the door slot of the Albrigotian office. The personals are

due of the issue comes out.

Classifieds

10

PERSONALS

call for an c

To the guys at D-2-Don't forget our big

Stef. (Mom #2)
Tsk. Tsk. Tsk. (I'm not saying a w

Do you want to run a personal They're fun, and they're FREE! Just send yours to Box 107 (w/ name and Box #) by the Tuesday before the issue in which No more than three per person per week. Please make note of our policy at the beginning of the

"T" Notes "The Biggest Mistake I Ever Made"

Have you ever woken up in the morning saying to yourself, "I can't believe I did that." Well, my quest for the week was to find out the biggest mistakes of your lives. I had a rather difficult time trying to get this information out of the people I interviewed. It seems that no one wants to admit that they have ever made a mistake. Everyone lives in a dream world that they are perfect in every possible way. Well, wake up and smell the coffee! For your information, those of you that answered me with the response "I don't make any mistakes." Everyone makes mistakes and no one is perfect. Mistakes should be taken as learning experiences and applied to the next time you find yourself in a similar situation. Yes, I know, no one likes to admit to themselves that they messed up, but face it; You did mess up and now you have to deal

We have all found ourselves at one time or another in different situations that called for a certain response that we did not give. An example of this would be relationships. Now we have all said to ourselves at one time or another, "Why am I here with this person?" I know that I have said that to myself more than once. One senior claimed that her biggest mistake was "Staying in a relationship I know that I should have gotten out of." I hope that anyone who has ever been in a situation similar to this will get out. It's not worth the pain and stress. Leroy Cleveland and Cathy Dempsey, juniors, shared similar responses each claiming that their ex-girlfriend/ boyfriend was their biggest mistake. My roommate, Gail Rabstein, responded that all of her relationships revolving exclusively around military men, were the most monumental mistakes of her life. As a learning experience, she is now moving onto "bigger and better things.

A less than confident Tom Yanno, senior, claimed that his biggest mistake was when he 'got a date with the 'hottest' girl on campus and didn't kiss her goodnight. She got a steady boyfriend and I didn't get a second date for a whole year." Well, Tom pucker-up butter cup! You never told us what happened on the second date. Did you get that kiss or vas it yet the second biggest mistake of your

Dating is something that we have all made mistakes about. These mistakes can range from going out with a complete and utter moron, to saying "no" to someone that you should have said "yes" to. Corey Feldman, sophomore, claims that his biggest mistake was "going out with three girls at once and they all knew each other." If I were one of those three girls, it would be more than a mistake. It would result in the loss of one of your most treasured bodily organs, and may I remind you that this organ is one that only the male species possess.

Roommates are something that we all must deal with at one time or another in our lives. Fortunately, I could never say that my roommate was my biggest mistake. Others are not as fortunate as I am. One student claimed that her biggest mistake was "choosing her roommate." This is a mistake that you are reminded of constantly day in and day out; when you wake up in the morning and when you go to bed at night. Remember that everyone needs their privacy and everyone needs their time alone. The biggest mistake one freshman female made was "walking in on her roommate." What do you mean "walking in"? What was she doing that was

Drinking excessive amounts is something that the majority of us have done more than once. The day after is not a pleasant experience; one that is too easily remembered. One thing that all of us should remember is to never drink and drive. Unfortunately we don't all remember this helpful hint. Randy Axelrod, junior claims that his biggest mistake was "driving while heavily intoxicated." The only good thing that came out of this was the fortunate outcome of not getting in an accident. Another student, Jason Hart, freshman, was not as fortunate. "The biggest mistake I ever made was getting in a drunk driving accident." Like I've been saying, we all learn from our mistakes. Now Jason just drinks, but doesn't drive while drinking. Right Jason?

Scheduling of classes is something that, for some, is already passed, and for others is right around the corner. A few words of wisdom for those of you that have not yet chosen your clases. Personally, my biggest mistake, as well as about twenty other students, was taking Experimental Methodoligies with Dr. Lee. I didn't originally say this Dr. Lee, someone else did and I agreed. Another student said that her biggest mistake was "taking Organic Chemistry." I am not a chemistry-type of person, but the title sounds awful. Another student just gave a general awith. Another student just gave a general response that her biggest mistake was "taking any class with Dr. Fuchs." Dan Slocum's biggest mistake was "Q'ing a religion class that I'm getting an 'A' in." Why did you Q' it if you were doing well? You're the 4.0 man

Well, in conclusion to this wonderful article, the only thing I have to say to you that answered my question honestly and openly is that I hoped that all of you learned from your mistakes and will apply your new found knowledge to future situations. And those of you that answered me with, "I don't make any mistakes", made the mistake of claiming you don't make any mistakes. No one is perfect and everyone makes mistakes. Deal with it, learn from it, and use the mistake to benefit you in the future. You never know hat new found knowledge can bring for you in the near future....



TAKE THE KEYS. CALL A CAB. TAKE A STAND.

FRIENDS DON'T LET FRIENDS DRIVE DRUNK

Stress: Is It Taking Over Your Life?

by Teresa Lloyd

Have you ever felt that there is not enough time in the day for you to complete everyting? Well, sitting here in front of this contraption called a "computer", that is exactly how I feel. While completing another article, I was politely informed that I needed to write another. Well, seeing how I have to study for a test, a twenty-page lab report due, and a ten-page essay due for tomorrow, the stress has hit me in the face like a brick. While my roommate experiencing mild quantities of stress, in more areas than one, ran frantically around the room banging her head on the walls and screaming profanities, I came across a direct quote in my text that conveniently describe her. Human Development Across the Lifespan states that "being angry is a direct response to stress that can result in heart attacks and certain types of cancer." The text also states that "stress can also result in skin disease, ulcers, nervous tension, dizziness, impoten and accident proneness." I'm not saying that my roommate has all of these problems, but she is well on her way.

It's amazing how much one can accomplish when placed under excessive quantities of stress. Adrenaline can do wonders for the amount of work that can be accomplished in a time period of twelve hours. Myself, along with many other people, have performe wonders under stress. Completing a ten-page essay and studying for a test can be accomplished in the small time of only ten hours if your time is budgeted correctly. Need I remind you that of course I didn't start these projects until ten-o-clock the night before they were due. This is the only way to get

anything done. Why would you want to give up one of your fun-filled weekends to maybe start writing this paper or begin reading the chapters for your test? You would never want to cut short the amount of time you spend eating pizza, drinking beer, and watching the Eagles football game with your friends to type out that twenty-page lab report. This isn't just meant for guys, I like to eat pizza, drink beer, and watch the football games too.

Stress is something, that unfortunately rules most of our lives. It seems to me that as soon as I step foot onto this campus in September, that the stress is waiting for me in my room when I open the door for the first time. (Too bad it's not Mel Gibson waiting for me with champagne and roses.) No matter how hard I try I can not budget my time adequately. It seems as if I'm finishing that ten-page essay an hour before it is due or I'm cramming for that test the entire night The calculating for that test the clinte fight before. I would suggest, to try and budget your time between classes, activities, and a social life, but that is almost virtually impossible. I admire anyone that can do it. The other alternative is to allow yourself enough time to relax. Play raquetball with your roommate or go for a walk by yourself. Better yet, have your boyfriend/girlfriend give you a back rub. This could prove to be interesting as well as stress relieving.

Remember that stress is a part of our everyday lives. This is inevitable. There are mes when you can alleviate the stress and other times when you have to deal with it face-to-face. Just try and deal with it the best way you know how and remember that when the test has been taken and the paper has been written that it is all over until the next time...

Future Predictions: What Albright Students Want To Know

Special discounts in

Just this past we spent an hour and a half in a frier or room, experimenting with "I Ching Now I had never before heard of thir cept, but I must admit I was intriguer. The only knowledge I have of "I Ching" is that through it you can get insights incondure happenings. My friend and I sent quite a bit of time trying to find answers to questions ranging from relationships to yesterday's test results. Why spend valuable time trying to play gypsy. Admit it, we're all just a teensy curious when it comes to the future!

So, my mission this week was to investigate the unknown realm of the future. firing minds want to know! If you could obtain one secret from your future what would it be?

In interviewing people on this subject I not surprised to find that a for of people was not supposed to be their eareer. After all we're supposed to be

there are preparation for our future vocation.

("Suppose" is the key word here!)

The second most popular question for the crystal ball was, who, or if, they will marry. (O.K. that's a justifiable concern, but mail then a man. Kick host set the set was the set of ut until then, c'mon. Kick back and have

The conversation of this topic got a

little morbid for awhile. Junior Mark Fosbenner claimed he'd like to know when he was going to die. I was taken aback until he explained that he'd live it up his last year, borrow money he know he wouldn't have to pay back, max the credit cards, have a real good time. Let's just hope no mistake was made on that last prediction Foz, or you'd be in

Sex can be brought up in almost any topic so of course why shouldn't it be a question of the future? A very original response to my question was to know who their going to have their greatest sexual encounter with. I like ea, skip the boring chapters and get to the good parts!

senior Pam Lovera had a more realistic concern, if she was going to pass P-Chem. Hang in there girl, a lot of us are asking the same sort of questions!

Some of the other things that students wanted to know ranged from "when I'm going to go bald?" (Have you heard of the "Hair Club for Men?") to "what major diseases will I end up with?" (Eat more fiber and stop worrying!)

It's too bad that we can't all have crystal balls to help us out with these questions. But then again how fun could that really be? Anticipation is sometimes the best part of

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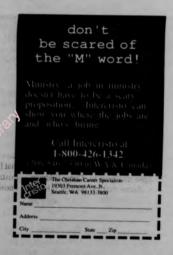
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Coming Up In Albright Sports

Men's Basketball

11/22 Fri. at Johns Hopkins#
11/23 Sat. Grove City or Hamilton#
11/26 Tue at Ursinus
12/4 Wed. ELIZABETHTOWN
12/7 Sat. at Scranton
12/11 Wed. at F.D.U.-Madison*
Blue Jay Classic at J. Hopkins
Home games in Caps.
All games start at 8 p.m.
* 7:30 tipoff

Women's Basketball

11/22 Fri. Houghton#
11/23 Sat. Messiah or Eastern#
11/26 Tue. CEDAR CREST
12/5 Thu. at Ursinus
12/7 Sat. MUHLENBERG*
12/10 Tue. at Widener
12/12 Thu. MORAVIAN
at Messiah Invitational
Home games in Caps.
All games start at 7 p.m.
* 2 p.m. tipoff

Wrestling

12/6 Fri. at Leb. Val. Tournament 12/7 Sat. at Leb. Val. Tournament 12/10 Tue. URSINUS 1/15 Wed. at Moravian all match times are 7 p.m. Home matches in Caps.

Swimming

2/7 Sat. at Widener 1/11 Sat. SCRANTON* 1/18 Sat. LEB. VAL. 2/15 Sat. at King's all meets are at 1 p.m. Home meets in Caps. * 2 p.m. start

Please!!!!!!

The North and and
Support The Lions



Albright's Jon Thorpe was instrumental in the success of the Lions this season photo by Wil Johnson

Lions Salvage Winning Season

Pull Upset on a Tough Moravian Squad

by Pat Pruitt

It was a long and often frustrating road for the seniors of this years' Albright football team, but their careers ended on a positive note as they finished with a five hundred record. The Lions needed an upset in one of their two final games in order to finish 5-5. They pulled that upset in a 20-0 whipping of Moravian in Bethlehem. It was a special victory for the Lions because they finally won a game against one of the tractory was not a monumental surprise, but the margin of victory was. The Lions dominated from start to end, gaining confidence as each play moved on. The game are marked the first "SodGame" for the Lions. Borrowing a tradition from Florian State, Coach Sparaganna said that if the Jons won he would bring

back a patch of grass from the Moravian field and plant it here at Albright in the "Sod Cemetery". This tradition received national exposure earlier in the year when FSU defeated Michigan in Ann Arbor 51-31. In the season finale, the Lions hosted Susquehanna. The Crusaders needed a win for a national playoff berth while the Lions were looking to end the season on a two game winning streak. Susquehanna took the lead early, but the Lions madea game of it making it 31-24 with less than three minutes left. The Crusaders were able to run out the rest of the clock. It was no surprise that the Lions hung so tough. Two years, ago, they nearly pulled off a monumental baset against Susquehanna only to lose 14-12. In the next issue of the Albrightian, there will be a final season statistics as well as a review of the Lion football season.

Wrestling Set For Pivotal Season

Erik Heller

If anyone remembers from last year's winter sports schedule, there is a wrestling team at Albright. Although probably not recognized, because of their 1-12 record last year, the wrestling team is up and coming. This is due to Coach Hugh Cherrie's recruiting frenzy. The team obtained nine new wrestlers this year including seven freshmen, one sophomore, and one junior. Newcomer sophomore Noel Riverti will most likely be seeing varsity action at the 158 pound weight class electransferring, last year, from division I wrestling at Wilkes. Captain Ward Weiland will be leading the team on the mat at the 150 pound weight class. After an injury halfway through the season last year, Weiland still proved to be the Most Valuable Player of the team.

Also coming off an injury from last year is John Gillespie, returning to the mat after sitting out last season for rehabilitation for his knee. Gillespie will be fighting for his position back at 142 pound weight class, as will be Ed Harding. Other intended starters returning from last year are seniors Joe Lepore and Corey Lenczden, and sophomores Erik Heller and John Rose. Tim Ayers is the newcomer junior trying to remember his moves after not wrestling since high school. He will be trying for the 190 position.

be trying for the 190 position.

The freshmen newcomers will prove to be a strong point for the team! Matt Davis at 118, Jason Albert at 126, and Mike McKenney, Jim Russo, or Matt Bates at 134 will improve the team's record significantly. If it wasn't for forfeits last year at the low weights, Albright's wrestling team would have gone 5-7, since of four of the losses from last year, the team was beaten only due to forfeits. Now, all the spots are filled and the experience of the returning wrestlers will pay off, and we are bound to see a greatly improved wrestling team at Albright this year. It will be a team to look out for!

Lions Look to Roar into M.A.C Playoffs Season starts tonight in Baltimore

by Mike O'Brien

The 1991-92 Albright men's basketball team has one thing on mind this year, and that's making the Middle Atlantic Conference playoffs for the first time in many years. This journey to the playoffs starts tonight in Baltimore, where the Lions play the first game of the season against a tough Johns Hopkins team in the annual Blue Jay Classic.

Coach Ray Rickett's team will be led by some proven players and young talent, who even have a tough Venezuelan tour under their belt. The team will again be led by all M.A.C. candidate Sean Minniear. Minniear is touted to be one of the most versatile forwards in the M.A.C. and should give the Lions some consistent play this year. Also back is senior captain Pat Pruitt. Pruitt, who owns the school record for career three pointers, will likely begin the season as the sixth man. His leadership will help the Lions if they're going to challenge for the M.A.C. title. One question left unanswered is the availibility of four year starter, Gary Kasmer. Kasmer, who's been suffering from a pre-season sickness, will be missed greatly. His play in the last four years has been the most consistent facit of the Lion program.

Steve Leming looks to lead a quartet of Albright juniors this year. Leming's preeason play has sometimes been unstoppable. If his play stays consistent through the season, he could end up leading the M.A.C. in field goal percentage. Doug Boyer, another junior, will likely start the season at point guard with the absence of Kasmer. Boyer had a tremendous trip to Venezuela. Give him some time to adjust to the point, and he could be your unsung hero on this team. Bruce Peacock, who also is suffering from

somewhat of a pre-season ailment, beasts ome of the prettiest post moves in the M.A.C. His quickness and jumping ability around the basket are one of the team's best assets. Rob Hollenbach, the last of the heralded juniors, possesses one of the best work ethics on the team. Hollenbach could see some spot time, most likely hounding the opponents best player. Don't forget this guy, he could work himself into some quality time by the end of

Jim Hoopes, second runner-up to the M.A.C. Newcomer of the Year award last year, provides the brawn and power for the Lions. He gives the Lions a solid rebounder and shot blocker under the basket and also is shooting 1000% from three point land (1 for 1). Dan Trebour, the other sophomore besides Hoopes, might see some early season time at point guard with the absence of Kasmer. He also had an exceptional trip to South America.

Mahlon Hayes leads an exceptional tandem of freshmen. The guard from Charlotte, North Carolina, has exemplified the kind of two guard the Lions have been looking for. His slashes to the basket and pull up jumpers ris stastics to the basket and pull up jumpers in the lane will complement the Lions inside game nicely. Joe McBride, another freshman, offers the Lions another quality varsity player. The Long Island native offers more than quality play, he offers some time to spell Hoopes after the graduation of another big man, Dave Schultz.

The Lions and Coach Ricketts are reved up for an exciting season. They cordially invite you to join them at all the home games and as much away games as possible. If they are to challenge for the M.A.C. title your role will count as much as all the players. Remember one thing while your at a Lion basketball game, MAKE SOME NOISE!



Albright's Steve Leming (#34) could be a force this year

Trivia Question

Sponsored by the Albrightian

What team led the N.F.L. in rushing in 1990?

Answer from last issue: The Penguin

Prize: A first-round bye in the Sig Ep basket ball tourney

Quote of the Week

"He is the only player that can dominate a game without taking a shot."

> Julius Erving on **Magic Johnson**

A Note From Admissions

A sincere congratulations to our newest sity sport, Men's and Women's Swimming. A fine performance against Dickinson last Saturday was a thrill to watch. All of us in the Admissions Office want you to know we

support all of you 100 percent!

Also, congratulations to the great performances of the Albright football, soccer, cross country, field hockey, volleyball athletic

teams this year. And on an individual nature, congratulations to the individual personal and school records broken and "created!"

The spirit that is growing amongst all members of the Albright community for our athletic teams is exciting to witness. Good luck to the winter and spring athletics this

The Women's Basketball and Swimming preview articles will be in the next issue of the Albrightian

Thank you, The Sports Staff

NEW POOL HOURS

Tue.- Thur halfight college 11:30-1 Mon.- Wed.- Fri. 2-4:30P.M.

The Next Issue of The Albrightian will be out on Dec. 13th

The Sports Page

Remembering Magic

by Randy Axelrod

This month has been a witness to one of the sorriest tragedies in all of sports history. When the news broke that the most versatile, intriguing and perhaps the greatest player in the history of basketball was forced into retirement because he had contracted the AIDS virus the whole world was collectively devastated. The league lost not only a great player, but a great person who gave 100% at all times, while always keeping a smile on his face. But let's not lament the loss of Magic from the league let's celebrate the great moments that made Earvin Magic Johnson a legend.

Who cannont remember Magic's performance in his rookie season in game 6 versus the Philadelphia 76ers when he volunteered to play center in place of the injured Kareem Abdul Jabaar. The 6'9" rookie/pointguard/center scored 42 points grabbed 15 rebounds and dished out 7 assists in leading the Los Angeles Lakers to their first championship since the days of Wilt Chamberlain and Jerry West. This all coming from a guy who had not played center since

high school and adequately filling the shoes of the all time NBA scoring leader, Jabaar.

Or how about in 1987 when he lead the Lakers to the first repeat championship since the Celtics of the late 60s. Another great moment was last year when he passed Oscar Robertson for the all-time assist lead in NBA history. In his career he was NBA most valuable player and playoff MVP an astounding three times.

Magic Johnson is the person that every young guard is unfairly compared to. There will never ever be a 6'9" point guard in the NBA that will ever come close to his dominance. Perhaps Julius Erving described his greatness best when he said that Magic Johnson is the only player who can dominate a game without taking a shot and Johnson averaged 20 points a game over his career!!

Magic will be missed, but his legacy will live on forever as player who stood at close to seven feet and dribbled, passed and shot like one who was six feet. Magic may be gone now from the Lakers, but he will be forever remembered as the greatest point guard who ever set foot on a basketball court and as a great leader and person both on and off the court.

Eggo Speaks Out

This blank space represents the area in which Eggo's article would have been placed - - had it been turned in! But, as you can fully see.

So please stay tuned for the self proclaimed campus sports authority's words of wisdom in the next issue

Insight into Indian Frustrations

A Broader Perspective into the "Tomahawk Chop" Controversy

by Chris Gehring Editor in Chief

I am writing this in response to an article authored by my illustrious co-worker Mike O'Brien (Braves Fans get a Bad Rap, November 8, 1991).

First and foremost, allow me to state my purpose in doing so. I am not seeking to attack Mike for what he wrote. I am not going on a crusade to label him, or others who may share his views, as ignorant, narrow-minded, or in any way malicious. In fact, I spoke with Mike prior to the composition of his article. In our conversation(s), to only informed him of the nature of a criticism that might be targeted agains, aim and his article, but I also gained a a understanding of his intentions in writing. Mike promulgated a mainstream belief the least a more importantly, he wanted to express that the actions on with a constant of sports fans were not conscious antagonizing the Indians, nor were they intended to be derogatory or offensive. Therefore, it is my intention to the some insight into the American Indian erspective of this controversial and touchy situation.

The major problem is that most Americans do not have a true understanding of the plight of the American Indians. The dilemmas confronting them as a people are not publicized, receive virtually no attention from the media, and go wholly unnoticed by a large percentage of people. In fact, the only exposure most Americans receive are the old westerns that portray them as scalpers, savages, warmongers, and bandits (with the exception of Tonto and a few others). It can be reasonably argued that the negative and inaccurate image presented by those old westerns is perpetuated by the "tomahawk chop" and various other sports-related mascots and cheers. And it is that very image which is so strongly opposed.

One need only to review a little American history to understand the reasons for Indian opposition to that image. In its earliest days, the United States government effectively used the image of Indians as savages to exploit them, tyrranize over them, and push them from the East Coast to lands west of the Mississippi. That same image was used to justify the killing of the Plains Buffalo, which, in turn, caused the death of large numbers of Indians. The "Trail of Tears", the contemptuous massacres of thousands of Indians, and the genocide which has been committed against them for the last two-hundred years was all justified by the premise that they were war-mongering savages who did not know what was best for themselves, and that it was the white man's "burden" to govern over their lives - - even if it meant resolving to brutal and inhuman methods.

resolving to brutal and inhuman methods.

Today, the situation of the American Indians is, with only a few minor exceptions, the same as in those early days of the United States. They have been forced onto reservations where suicide, alcoholism, and poverty are the most prominent features of their lives. Their system of education is a travesty of justice and their social status is below that of most other minority groups. Any attempts to remedy or improve the aforementioned issues is constantly hampered by the stigma that has been imposed upon them since the white man came to North American.

Probably the saddest and most tragic part

Probably the saddest and most tragic part of all is the fact that the American Indians do not have a "voice". They are arguably the most disenfranchised and alienated group in all of the United States. Politicians often seek to appease African and Hispanic Americans, but the American Indians largely go ignored. Our society has written them off, and meanwhile they have become a dying breed -- physically as well as spiritually and culturally. To truly gain an understanding of the situation that confronts them, I highly recommend a visit to an Indian reservation. A first-hand account will not only foster compassion and understanding with respect to the Indians, but probably disgust and contempt for the government and societal system that have committed genocide upon them as well.

NBA STANDINGS

EASTERN CONFERENCE

Atlantic Division	W L Pet. GB
Miami Heat	6 2 .750 -
Philadelphia 76ers	6 3 .667 .5
Orlando Magic	5 3 .625 1
Boston Celtics	5 5 500 2
New York Knicks	4 5 .444 2.5
Washington Bullets	4 7 .364 3.5
New Jersey Nets	2 7 .222 4.5
Central Division	W. LiPet, GB
Chicago Bulls	7.2.778
Atlanta Hawks	55-4 :556 :2
Detroit Pistons	5 5 .500 2.5
Cleveland Cavaliers	4 4 .500 2.5
Milwaukee Bucks	5 6 455 3
Indiana Pacers	4 7 364 4
Charlotte Hornets	2 9 .182 6

WESTERN CONFERENCE

Midwest Division	W L Pet, GB
San Antonio Spurs	6 1 .857 -
Houston Rockets	7 2 .778 -
Utah Jazz	5 5 500 2.5
Denver Nuggets	4 4 .500 2.5
Dallas Mavericks	4 6 ,400 3.5
Minnesota Timberwolves	1 7 .125 5.5
Pacific Division	W L Pct. GB
Golden St. Warriors	7 2 .778 -
Seattle Supersonics	6 3 .667 1
Los Angeles Lakers	5 3 .625 1.5
Portland Trailblazers	5 4 .556 2
Los Angeles Clippers	5 5 500 2.5
Phoenix Suns	3 7 .300 4.5
Sacramento Kings	3 7 .300 4.5

standings as of 11/19/91