

ALBRIGHT COMMUNITY
SPEAKS OUT
SEE PAGES 5-6

FIND OUT HOW YOU CAN
SPRING INTO SPRING
ON PAGE 8

THE ALBRIGHTIAN

ALBRIGHT COLLEGE

READING, PA

FEBRUARY 18, 1994

Gin Blossoms To Play Albright! Concert to Kick-off Spring Fever Weekend

by Kieran Daly

After nearly two months of negotiations and hard work, the Campus Center Board is pleased to announce that the Gin Blossoms will be performing at Albright College in the Bollman Center at 9 p.m. on April 20, 1994. The event is to kick-off the annual Spring Fever Weekend.

The Gin Blossoms will be the first major music concert the Campus Center Board has organized since the mid 80's. The hit singles "Hey Jealousy" and "Found Out About You" from the Gin Blossoms' platinum album *New Miserable Experience* have contributed to the recent success of the group and were a major factor in the decision to book this particular band.

Negotiations for the concert began in December when CCB set out to find the perfect "main event" for this year's Spring Fever. After contacting various concert booking agents concerning band availability and price ranges, CCB decided the Gin Blossoms were the best choice for the campus

considering their popularity among college students, and began to put together a series of possible dates.

Getting to work early may have been the factor that gave Albright the edge to get a

booking. Once other colleges started their spring semesters, many of them began planning for weekends similar to Albright's Spring Fever, and began making bids for the Gin Blossoms. With a limited number of play

dates available for the band, it was the large number of possible dates that Albright offered which eventually led to the booking.

With everything in place, CCB will begin selling tickets to Albright students on February 23 at 11 a.m. Albright students will be allowed to buy one ticket for themselves and one guest ticket at the price of \$10 each with the presentation of their student identification cards, validated for the Spring 1994 semester. Tickets will only be available at this price from Wednesday, February 23 at 11 a.m. to Friday, March 4 at 6 p.m. Tickets will be sold on a cash only basis at the Campus Center Desk from 9 a.m. to 4:30 p.m. on these dates, and in front of the cafeteria during meal times. Due to the nature of the event, students who choose to purchase tickets after March 4 will have to pay the public price of \$15 per ticket. The student price of \$10 per ticket will only be available for the first nine days of ticket sales.



photo courtesy of A&M Records, Inc.

Gin Blossoms will perform their hits "Hey Jealousy" and "Found Out About You" at Albright on April 20.

January Storms Test Albright Community

The city accumulated 35 inches of snow and freezing rain during the month of January.

by Julie Waterman

As winter trudges on, giving us some of the worst winter storms that have ever hit the East, Albright College staff and students pull through a season they will never forget.

When students arrived on campus for the spring semester, the remains of January's nightmare were still everywhere to be found. A hazardous journey began that first day — icy walkways, unmanageable steps, and parking lots full of miniature mountains the snowplows left behind. Students slipping on the way to classes gripped under their breath about how the college should do a better job to make walking safer. However, students who were here during interim would probably say that walkways were the least of their problems.

The city accumulated 35 inches of snow and freezing rain during the month of January. Even traveling to class became impossible. The college closed on 7 of the 18 class days scheduled during the interim session. According to the Registrar's Office, 294 students on-campus and 66 commuters were affected. A lucky 93 students were on interim trips in several (mostly warm and sunny) places around the world.

In comparison to this region, an article in the *Philadelphia Inquirer* (Feb. 10) reports that Syracuse, N.Y. has already gotten more than 9 feet of snow this winter. School was closed for 2 days. Philadelphia, meanwhile,

accumulated only 10 inches (not including the Feb. 11 storm) and they closed school for 10 days. It must be noted, however, among cities with 100,000 or more, Syracuse is the city that receives the most snow annually in the United States. It beats Boston, Chicago, and even Juneau, Alaska.

The first few closings at Albright were mainly caused by ice. One morning found students chiseling away at about a half an inch of solid ice encasing their cars.

Nikelle Wivell, a senior psychology student, fell twice walking one day during the interim from the apartments and thought it would be safer to drive to campus. With the difficulty of parking in the streets, she decided to park in a less than half-full computer center parking lot. She came back after class to discover she got a parking ticket.

"You would think security would have better things to do at a time like this than to give tickets," she complains.

Then a big storm hit Monday, Jan. 17, dumping 16 inches of snow. A state of emergency was declared in Pennsylvania. Things worsened, closing the college for a full week. The low temperatures caused an overwhelming demand for electricity and people were asked to limit their use of it. Rolling power blackouts during that week finally relieved the burden on the electric companies. The campus blacked out for only 30-40 minutes, twice in some buildings.

The county faced a shortage of salt and sand for the roads making them disastrous for those who traveled. At one point, it was reported that four out of 11 of Reading's snowplow/sanders were broken.

Spinning wheels and the scraping of shovels were constant sounds throughout the month.

Toward the end of interim, some classes were extended into the break to make up for the days lost. Most students who could go home for break decided not to in fear of driving or getting stuck due to another storm that was predicted to hit the weekend. It did not.

Some employees of the college, however, had to brave the weather to stay in operation for the students. In the dining hall, every meal was served by a full staff. "Everyone managed to get to work, whether they walked here or got a ride from Clark Hammond in his 4-wheel drive vehicle," said Dave Tanger, Director of Food Services. He commented that one woman walked nearly two miles, starting at 5:30 a.m., through one of the storms.

The food service staff did not experience any problems, except that they had no electricity for about an hour. "If the blackout had been longer, then we might have run into a few problems. If this happened, milk and water would be the only things the students

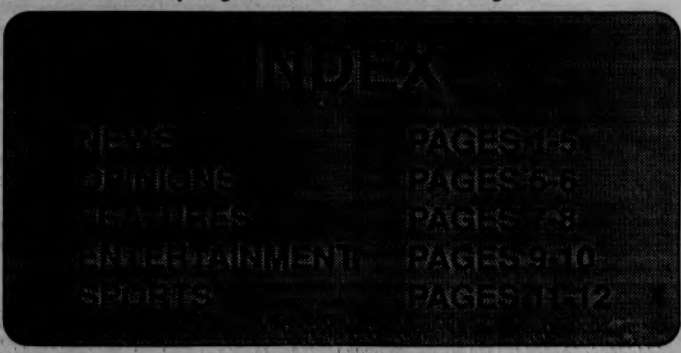
could drink," Tanger says. He feels his staff did an excellent job through what he calls a "challenging time."

The athletic department also functioned every day. William Helm, head of the department, said "The teams needed to practice, so they had to stay open." Only four winter varsity games were rescheduled.

The security department did not report any special emergencies. Even though the health center was shut down, along with the rest of the school, security staff claim that they were prepared for any emergency.

Strat Marmarou, head of security, recalled memories of the storm of '58, where "The snow was over our heads." Nonetheless, he said that he is used to these emergencies because of his experience as a policeman. All the security guards caught colds, including Strat, who said he took his first day off in 38 years of work.

There were few isolated incidences of snowball fights, but Strat says overall, The students were real good."



Comedian and Y102 at Jake's Place

by Kristina Malko

CCB and Kieran Daly were contacted by Reading's popular radio station Y102 DJ, Dave Stein, and told about an aspiring comedian that they might be interested in having perform at Albright. Dave Stein DJ's on Y102 weekdays 6 a.m. to 10 a.m. He also is the owner of Reading's Comedy Club. He suggested that CCB should try Frank Nicotera, a young comedian from Pittsburgh. Nicotera had some previous experience working on Saturday Night Live writing jokes on the "weekend update" segment of the show. The young and humorous man has also performed in the skit act of "Making Copies." Eventually he hopes to become a member of the Saturday Night Live crew.

The outlet was crowded with at least fifty or more people. Nicotera had the appearance of a young college boy, and related well to the audience with his cracks on college life and experiences. Being the personal type of man he was, he started off his act telling the audience about his ride to Reading, changing it into a barrel full of car driving jokes that ranged from killing deer on the road, to ordering Domino's from your car phone. He purposely singled out people in the outlet and cracked jokes about them. One guy was called Luke Perry, while another girl who was leaving with her boyfriend was extremely

embarrassed by Nicotera's sexual joke about them. He brought the audience down memory lane with his jokes relating to grammar and middle school. He reminded all of the guys, in a humorous way, about the ever so famous game "paper football" and the many accidents that occurred from it. He noted how the girls would play around with the guys minds while they were still going through puberty, leading them on to excitedly think that they were interested in them, but only to play the "pick a color, number, letter" paper game. He made you remember your past with a lot of applied humor. While one of the Jake's Place kitchen cooks was speaking on the phone, Nicotera mimicked what she was saying. The audience laughed a lot at that joke. The woman appeared to be speaking in Nicotera's voice. Other topics that he discussed were the alcohol policy, drinking games, parents, sex, modern and wacky forms of church service, and college. He always made sure to distort the topic into something funny.

Although Frank Nicotera labels himself as looking like the local paper boy, he is indeed a funny guy. When asked what inspired him to become the comedian that he is, he replied, "I was always the class clown in school, performing in funny shows. That was when I knew that I would become a comedian, even when I was 16."

Dad's (aka Robb Gourley) Top Ten Ways to Collect Money for MDA

10. Start your own 1-900-number.
9. Instead of tipping the pizza man, keep it and put it in the MDA can.
8. Collect money while standing next to the keg at apartment parties.
7. Get a paper route.
6. Stand naked in front of the Outlets and claim that you have no money to buy clothing.
5. Kidnap Bill Clinton; Hillary will pay the ransom --eventually.
4. Bet against Buffalo ever winning the Super Bowl.
3. Shovel sidewalks---Never mind, it never snows that much in Reading!
2. Offer to re-sharpen the knives in the Bobbit household.
1. Ask the college for a donation- they have a spare million or two lying around somewhere.

Crime Statistics Made Public

by Claudia Herman
NSNS Staff Writer

The Student Right-to-Know and Campus Security Act of 1990, which compels colleges and universities to disclose crime statistics, was passed in an effort to inform students of criminal activity on their campuses and to alert prospective students of potential dangers at the schools to which they are applying.

Some female students have expressed relief that such a law is on the books. Penny Millendorf, a senior at Wesleyan University, said that notification about criminal incidents "doesn't give us a false sense of security that nothing happens on campus."

Last year, students at Wesleyan received notices about repeated occurrences of a man grabbing women's buttocks from behind. Millendorf said she did not change her habits of where she walked on campus due to the notices, but she was more wary.

"Things like that should not be kept secret from students on campuses," she emphasized.

Christopher B. Harper, director of public safety at Hampton College in Virginia, stressed the need for students to know about criminal activity, or the lack of it, on their campuses.

"I think we have a relatively safe environment here, and that's very important to publicize," he said.

When a crime occurs at Hampton, university police meet with the dean of students to discuss how the notice should be worded.

"It's important not to jump the gun and alarm people unnecessarily," he added. "But it's also important to inform the population."

The entire campus of Diablo Valley College in California receives a bulletin if a major crime occurs there, and if someone wants to look up a specific crime, they can go to the college police office, according to Police Chief Paul Lee.

Lee said he is happy to comply with the Right-to-Know law because he does not perceive crime as a deterrent of student enrollment at Diablo, where the most frequent crimes are those against property.

At Casper College in Wyoming, Dean of Students Dr. James Ochiltree agrees with Lee's opinion. According to Ochiltree, the most prevalent crimes on his campus are also minor property incidents. He said that the college makes a brochure available to students which lists the crimes that have occurred on campus in the preceding year.

Albright does publish similar brochures about campus crime. They are available from the security office upon request.

This article was taken from a press release published by the National Student News Service.

Accounting Majors

The Pennsylvania CPA Journal is currently accepting manuscripts for the 1994 Student Accounting Competition. The competition is open to all students who are currently enrolled in any program—and provides students with an opportunity to receive cash awards and have their manuscript published in a professional journal.

The competition is open to accounting majors who are enrolled as juniors and seniors at Pennsylvania colleges and universities. Manuscripts should be 1,500 words in length and should focus on the topic "CPAs as Community Leaders in the 21st Century." All Albright junior and senior accounting majors are encouraged to participate.

A committee composed of CPAs in public accounting, industry, government, and education will review the manuscripts. Cash awards of \$1,000, \$400, and \$400, respectively, will be awarded for the three best articles. In addition, matching grants will be awarded to accounting societies which submit the winning manuscripts on behalf of individual students. To date, over \$31,400 has been awarded to students since the competition began in 1976. The first place article this year will be published in the August 1994 issue of the Pennsylvania CPA Journal.

For applications, fact sheets and posters explaining the program in detail, please see Professor Gail Wright in the Accounting Department. The deadline for manuscript submission is February 28, 1994.

For more information, contact Dianne M. Hartz at the Philadelphia Institute of Certified Public Accountants, 1640 Walnut Street, Third Floor, Philadelphia, PA 19103-5457, or call (215-735-2635).

Donation Boosts Pre-Med and Religion

On December 23, 1993, Albright announced the receipt of a \$405,000 donation from the estate of Janet Kaltrider Benfer (25), the second largest gift in the history of the college.

According to the terms of the benefactor, the funds came "... to Albright College as an endowment in the name of Dr. Kenneth L. Benfer and Janet Kaltrider Benfer, the income therefrom to be used for scholarship purposes for pre-medical and pre-theological students."

Mrs. Benfer died in November, 1991; she was predeceased by her husband, also a 1925 Albright alumnus. Dr. Kenneth L. Benfer received his medical degree from the University of Maryland after obtaining an M.A. in religion from Milton University. As a United Methodist minister, Dr. Benfer filled several pastorates, mainly during his student and internship years. In 1953, he served his denomination as a medical missionary in the Guinter Memorial Hospital at Accra, Nigeria. He retired as a colonel in the United States Army Medical Corps after 48 months of service in World War II.

Dr. Benfer's community and professional activities included the following — tenure as

chief of service on the medical staff of York Hospital; trustee, honorary trustee and honorary degree recipient of Albright College; and, for many years, trustee of the Lewisburg United Methodist Home, Lewisburg, Pennsylvania.

After graduation, Mrs. Benfer earned her M.S. in sociology from Milton University and a post-graduate degree in nursing from the University of Maryland. She also served the Methodist Church at the Guinter Memorial Hospital in Bambur, as a nurse and administrator, and gave over 25 years of service to various agencies concerned with the research and administration of services to physically disabled children and adults.

As philanthropists, Dr. and Mrs. Benfer also established the Kaltrider Memorial Library in Red Lion, Pennsylvania.

Albright College President, Ellen S. Hurwitz remarked, "Dr. and Mrs. Benfer's appreciation for the value of education and their years of dedicated service to humankind stands as a shining example to our students. We are honored by their generosity."

This article was taken from a press release published by the college.

SCHOLARSHIP UPDATE

GOV'T FINANCE OFFICERS ASSOCIATION/PA CHAPTER-CARLO R. GAMBETTA MEMORIAL GOVERNMENT ACCOUNTING SCHOLARSHIP

\$1000 Accounting Scholarship for seniors enrolled full time in university/college undergraduate accounting program in PA (senior being defined as student in last full year of program study, including those who graduate in Spring 1994); superior academic record; plan to pursue career in state or local government or graduate studies in government or public administration.
DEADLINE: February 25, 1994

ROTARY FOUNDATION AMBASSADORIAL SCHOLARSHIPS

Three types of scholarships for study abroad—can be used for short term (3 to 6 months) or multi-year programs.
DEADLINE: March-May for 1995-1996

DIOCESE OF PHILADELPHIA

Scholarship to assist women training for religious and benevolent work pertaining to the Episcopal Church; amount ranges from \$1000 to \$3000; must be used for graduate study - student must be accepted to seminary or graduate program for helping profession (education, religion, social work, medicine or allied fields) or continuing education program in applicant's field of work.
DEADLINE: March 15, 1994

SONS OF ITALY FOUNDATION NATIONAL LEADERSHIP GRANT

\$2000 scholarship for full-time student enrolled in undergraduate or graduate institution; merit-based award for students who have demonstrated exceptional leadership and distinguished scholarship.
DEADLINE: March 23, 1994

Attention Albright Students:

The Writing Center, located on the first floor of Masters Hall, opened for the spring term on February 15. The Center provides writing tutorial service for all students and will be open during the following hours this term: Tuesday 9-12 and 3-8, Wednesday 2-8, and Thursday 9-12 and 3-8.

Tutors are trained to provide a wide-range of services, and can help students (1) develop a thesis (2) organize an essay, research

paper, lab reports or other writing assignments; (3) begin a rough draft, revise a draft or edit the final version of a written assignment; and (4) understand and learn how to detect grammar and punctuation errors. The Center is not a proofreading service.

The Writing Center is staffed by four of Albright's most capable student writers: Greg Chaplin, Nancy Vandenberg, Jeff Soltes, and Bonnie Sherwood.

NASSAU Paradise

Spring Break Vacations

From **\$299**

Organize a small group for FREE trip

Call: 1-800-GET-SUN-1

CANCUN Jamaica

AEA: Still Alive!

by Doug Robbins and Jen Wilkinson

Although Albright Environmental Action (AEA) appeared "dormant" last semester, the executive board was rigorously trying to get a campus-wide recycling program together. AEA made some strides towards getting the program into action, but they also hit many obstacles along the way. A formalized contract with a waste management company will be submitted to Dean of Students Stayton Wood and the cabinet of Albright College. In the end, the college will decide whether or not they will permit such a program on campus.

Beyond recycling, AEA will be launching numerous writing campaigns concerning issues that affect the Berks County community, the

state, and federal levels.

The AEA will be providing a booth at the MDA Dance-a-Thon on March 5, from 1-7 p.m. They are sponsoring an Endangered Species Roulette Wheel. You place your bets on endangered species and win with your knowledge of their environmental predicament.

Watch for signs that will explain upcoming Earth Day events (April 22) which will be held the Friday of Spring Fever Weekend. AEA will host a variety of events: carnival games, tie dying, and environmental activities.

Also keep your eyes peeled for our spring trip and Adopt-a-Spot and Adopt-a-Highway programs.

**Albright
International
Study Abroad
Office
Hours:
Monday-Thursday
1-3 p.m.
or by appointment**

Free Tax Assistance

by Tess Puglio

Do you have any tax questions? Or do you just need tax forms? The Accounting Department is sponsoring a Volunteer Income Tax Assistance (VITA) Program to provide students and members of the community with help in completing federal, state and local income tax returns. VITA volunteers include: Jennifer Aniloff, Yong Bouarouy, Susan Drexler, Melinda Fels, Greg Frymoyer, Tony Hamett, Jami Hetrich, Andy Jukiewicz, Kelly Larkin, Holly Opperman, Brian Ricariello, Tess Puglio, and Erica Schoch.

Students are encouraged to take advantage of the weekday hours, as evenings and Saturdays will be advertised off campus for members of the community. Please be prepared with appropriate 1993 W-2s, 1099s, a copy of last year's tax return (if available) and any other relevant information about income and expenses. Appointments are not necessary, but please call 921-7804 if you wish to schedule particular date and time or have any questions concerning the program.

This assistance will be available in the Accounting Lab, Room 110A of Alumni Hall, according to the following schedule:

February 15 - April 15
(except March 18 - 25)

Weekdays:

Mondays 6-8 p.m.
Tuesdays 3-5 p.m.
Wednesdays 10-12 noon
Thursdays 3-5 p.m.

Saturdays:

February 26
March 12
April 9
9-12 noon

The Albrightian Mini Poll Results

by Katie Devlin

Out of 100 people surveyed:

61% of the people that were here for interim fell.
82% of these same people fell again since the beginning of second semester.
59% of students have fallen on campus since the start of second semester.
Those people fell 179 times.
96% of the students here for second semester have been forced to walk on the street to avoid icy sidewalks.

The most popular number of times to fall is:

34% 1 time

23% 2 times

*1 person fell 10+ times since the beginning of second semester.

The most popular places to fall on Albright's campus are:

paths to the dorms (61%)
paths to the academic buildings (54%)
entrance to the tunnel (39%)
other places (20%), including:
5 times at the apartments
6 times on the way to Mohn/Suites
2 times on the Teel Hall steps

63% of the people that fell were injured:

43% suffered bruises
12% suffered scrapes
12% suffered sprains
11% suffered other types of injuries including:
pulled muscles, pinched nerves, back pain, and twisted joints
1 person visited the emergency room
1 person visited Ma Gable

Buildings and Grounds Staff Dig Albright Out of January

by Julie Waterman

It was up to the Buildings and Grounds staff to fight the storms during this year's unique interim. Ted Holtzman, director of the department, had his crew of six men in every day, along with extra men hired for day jobs. Some of these men worked 15-hour days doing strenuous labor in sub-zero temperatures. One of the workers even had several leaks in his house after his water pipes burst, but he showed up to take care of the campus.

Holtzman, who struggled to get in every day himself says of his department, "That is commitment to the job- they were out there working, fighting it, not huddling someplace getting warm."

In storms like this, Holtzman says his first concern is to make sure on-campus residents can get to the dining hall. Second priority goes to the Albright Woods driveway and lots so students there can get out. He says that Albright has equipment adequate for even the most severe weather.

TOP TEN COMMENTS MADE ABOUT ALBRIGHT'S ICE PROBLEM:

10. "Everyone else in Reading has 24 hours to clean up their sidewalks-What's your excuse?"
9. "What's worse...clearing the ice or getting sued?"
8. "It's sad that on a clear day with ice melting, they wait until the next day to break out the jackhammers and propane torches to melt what already melted the day before."
7. "Salt the paths we use, not the ones we don't!"
6. "Where's the pavement?"
5. "Pay me \$5 an hour, I'll shovel!"
4. "I'm scared to go on campus!"
3. "If we have to go to classes, the walks should be cleared. Then again, if we stayed open for the blizzard..."
2. "Understaffed, underpaid, oversnowed!"
1. I'd rather be in Maui!"

*"I didn't fill out a survey because I was too afraid to walk to lunch!" --anon

Assertive Sex in the 1990's

by Devon Mazzone

Sex is one of the most active practices in today's society and the Albright campus. It is estimated that over sixty percent of the campus has sex at least once a semester. The question then asked is how many of them are having safe sex. The number diminishes to probably under thirty percent. Even with all the talk of AIDS and other sexually transmitted diseases, most people are having unprotected sex.

On February 9, Nicole DiCello, third floor R.A. in Mohn, sponsored a program with Jane Williams, a member of the counseling team. The program was: "Assertive Sex: How to Negotiate Safe Sex."

The program opened with a short video which gave a general discourse of the many Sexually Transmitted Diseases that are present. There are over twenty STDs ranging from genital warts, to Herpes, and of course, AIDS. An extremely interesting and frightening statistic that was mentioned was the incredible risk a female is taking by having unprotected sex. If a female has unprotected sex with an infected partner, she has a twenty percent chance of catching the AIDS virus. If a man has unprotected sex once with an infected partner the chances of him contracting AIDS

are one percent. The question the woman must then ask herself is: Is unprotected sex worth the risk?

The problem that then arises is how to negotiate safe sex. Many people, whether in a relationship or not, have a difficult time negotiating safe sex. One of the suggestions Jane Williams made was to talk about sex before it comes up. "Plan ahead and be prepared for the situation. The most important thing is to be able to communicate," Williams said. Even if you are not in a relationship, communication must be utilized in order to have safe sex.

In order to teach ways to talk to your sexual partner, Jane Williams set up skits that involved many participants. The skits ranged in topics from a woman playing hard to get, trying to deal with a persistent man who has a reputation around campus, to hooking up at parties while intoxicated, and having unprotected sex. In each instance the role players learned methods on how to talk with their partner. Some found it difficult while others found it easy.

The program ended with a distribution of a packet that the counseling center has many copies of if anyone is interested. The packet gave a few examples of what situations some

people may face when they are confronted with the opportunity of sex. Here are a couple of examples:

Start by saying- "I've been thinking a lot lately about all the diseases you can get. But if we use condoms we can prevent them."

If your partner resists by saying, "No way. Condoms destroy the spontaneity. They're no fun."

You could say- "I'll keep them by the bed. If we put one on together, a condom could be fun."

This is a situation which occurs often on campus. The only negative aspect of this situation is the fact that it is placing a large portion of the responsibility on the woman. (As if they don't have enough to worry about as it is). Safe sex must be enforced by both participants. The program was effective in giving methods of how to talk to your partner and negotiate safe sex.

If you have any questions, please call Jane Williams or Mark Kenney in the Counseling Center at 921-7640 or 921-7555. Or call the STD Hotline at 1-800-227-8922 or the AIDS Hotline at 1-800-342-AIDS. Also, condoms can be purchased at Ma Gable's office, five for a dollar.

Albright Travels South of the Border



photo provided by Minna Nahvi

Albrightians (1st row, L to R): Caryn Shriner, Heidi Schaich, Michelle Reymos, Natalie Kaplan; (2nd row): Holly Scheffey, Eric Senn, Katie Rea, Jesus Rodriguez, Minna Nahvi, and Janine Kramer visit the pyramids of the Sun and Moon at Teotihuacan, Mexico.

by Katherine Rea

January 1994 held a unique opportunity for nine Albright students and one professor to spend in Cuernavaca, Mexico. These students traveled south of the border to study intensive Spanish at the Institute for Bilingual Multicultural Studies in Cuernavaca, Mexico. The students had been preparing for the program in Mexico long before they had left Albright. One student remarked that she had been a bit nervous because of the placement exam they had to take and all of the orientation material they had to read before going to Mexico. "I thought we were going to die in Mexico. I imagined a drill sergeant for our professor and I couldn't imagine speaking Spanish for three and a half weeks," she remarked.

Fortunately, the students slipped out of Philadelphia International Airport right in the midst of an ice storm and they arrived in Mexico City with no major problems and were escorted to a van that would take them to Cuernavaca (about 60 miles from Mexico City). There, they were greeted by their host families and taken to their new Mexican homes. Janine Kramer '94 and Katie Rea '94 were the first to leave the group. Katie remembered, "I was so nervous to speak Spanish with my host mother. I was so glad that Janine was with me. Our Mexican mom seemed really nice and I actually could understand her Spanish—it must be a miracle. I thought (I was deeply relieved)." In fact, everyone in the group said that they loved their host families. Minna Nahvi '94 and Natalie Kaplan '96 decided that their host family was so festive that neither would ever be able to sleep. They opted for a quieter family that turned out to be even better than the first one. Natalie thought her Mexican mother's cooking was "interesting" and "creative."

The institute was not the military base that all had thought it would be. In fact, it turned out to be beautiful and relaxing, while still maintaining an intensive approach to Spanish study. There were signs everywhere reminding the students that they were in a "Spanish Only Speaking Zone." The program that the Albright students were enrolled in, however, was not a vacation. They had class every day from 8 a.m. until 2 p.m. The first two hours were mini-lectures on topics such

as Mexican artists or Mexican history. Janine, Minna and Katie felt that they got a lot out of this class because they had previously studied Mexican art in a Spanish class at Albright. The next hour was a conversation class, in which they discussed anything from politics, to the earthquake in California, to the meaning of life. The last three hours were devoted to grammar and the Spanish language. Eric Senn '94 felt that, "One of our classes which we had for three hours every day was very helpful in improving our Spanish skills. We refined our grammar and also learned a lot of practical vocabulary—"Street Spanish". Holly Scheffey '96 agreed, "The program was an all-around experience. We were exposed to the culture through living with families and our classes." Holly also felt that the institute was well-organized and that she got a lot out of her classes.

Perhaps the best part of the program was the excursions that the Albrightians were able to go on. They were able to visit local areas of interest, such as: Mexico City, the silver mining town of Taxco, and the church-filled town of Chulula. Special visits were made to an orphanage, a local university, and many archaeological sites. The students overwhelmingly agreed that their favorite excursion was to Teotihuacan, to climb the pyramids of the Sun and the Moon. When confronted with the enormity of the pyramids and whether they would go all the way to the top, Eric remarked, "I didn't come here to see this stuff from the ground." Minna was also overwhelmed by the size of the pyramids, and pondered the question of how ancient peoples could have built them so precisely and carefully. "It was fantastic," she said.

The institute also helped to organize outside activities, like a cafe social every Tuesday night at a local restaurant. By giving out vouchers for the local discotecas and organizing excursions, the institute encouraged students to use their Spanish in social settings. Eric capped the entire experience by saying, "There is a sense of complete freedom when you can function in another country using a foreign language." Albright professor Jesus Rodriguez seemed very pleased with the organization of the Center for Bilingual Multicultural Studies and hopes that in the future more Albrightians will take part in such a program.

Science and Health Column

The Puzzle Contest

by Alexandra Garms and Laura Spatz

The Albright Math Association is sponsoring a Puzzle Contest. Every two weeks three or four problems will be published in *The Albrightian*. Each puzzle is worth a certain number of points. To enter, submit your solutions to one or more of the puzzles to C.C. Box 85 by the deadline. Of the correct solutions received by the deadline, the three people with the largest amount of points will receive gift certificates. The person with the most points at the end of this semester will receive the grand prize. Anyone in the Albright community can enter. The solutions to the puzzles will appear in the following issue of *The Albrightian*.

The deadline for the puzzles in this issue is February 25, 1994.

bought half of the remaining cigars plus one. In addition to these purchases, the last reporter bought half the remaining cigars plus one, leaving the vendor with an empty box. How many cigars did the box hold when the vendor originally entered the newsroom?

Puzzle One (worth 2 or 4 points):

Eureka! We've finally found a way to turn WATER into WINE. The solution is to remove the RAIN from WATER (thereby producing a very dry WINE). By replacing the letters below with numbers that substitute correctly, can you duplicate this alchemical feat?

There are two answers—can you find a solution for two points or both solutions for four points?

WATER - RAIN = WINE

Warm-up (worth 2 points):

Four reporters were working overtime to finish their stories when a woman selling cigars entered the newsroom. The first reporter bought half of her cigars plus one. The second reporter bought half of the remaining cigars plus one. Likewise, the third reporter

Puzzle Two (worth 4 points):

Carl is two or three years younger than Bill, who is two or three times as old as Al. But Carl is two or three times as old as Al, who is two or three years younger than Al. If none of them is two or three years old, how old are they?

Let It Ride On God

by A. Haack

The ideas of probability theory may be used to determine an average expected outcome of a game. Blaise Pascal (1623-1662) did a lot of work in this field, and tried to apply this mathematics to religious beliefs. He developed the ideas of mathematical expectation. When faced with decisions dependent on probability as in gambling, mathematical expectation can give you a decent idea of what the eventual outcome might be.

Suppose you are presented with the following game where one quarter is flipped. The pay off is as follows:

Heads- You win \$1

Tails- You lose \$1

The probability, every time you play, of flipping a head is one half, or flipping a tail, is also one half. After playing this game for some time you can see that you should expect to break even because half the time you should win a dollar and half the time you should lose a dollar. Now let's consider another game where two quarters are flipped with the following payoffs.

Both Heads- You win \$2

Both Tails- You win \$3

One of Each- You lose \$4

On average you should expect two heads one fourth of the time, two tails one fourth of the time, and one of each half of the time. The result would be $(1/4)(\$2) + (1/4)(\$3) + (1/2)(-\$4) = (-\$3)$. This means that on average you will lose \$3 for every four games or, in other terms, on the average you will lose \$.75 per game. There is another way to arrive at this result. By multiplying each pay off by the each probability, we get $(1/4)(\$2) + (1/4)(\$3) + (1/2)(-\$4) = -\3 .

This leads us to the equation for the mathematical expectation or "expected payoff." If X is the mathematical expectation for an experiment where one of n events must occur, and where p_i is the probability of each event, and r_i is the payoff of each event, then:

$$X = p_1 r_1 + p_2 r_2 + p_3 r_3 + \dots + p_n r_n$$

Consider a game where the player rolls one die with the following payoffs:

6 dots- win \$12

odd number of dots- win \$8

anything else- lose \$10

Applying the mathematical expectation to this we come up with the following result: $(1/6)(\$12) + (1/2)(\$8) + (1/3)(-\$10) = \2.67 . If you spent the day and played this game many times, you would expect to win about \$2.67.

In an interesting twist, Pascal applied his concept to the belief in God. Let P represent the probability that God exists, thus the probability that God doesn't exist is $1-P$. The probability that God exists is greater than zero because the existence of God is not an impossible event. An individual must decide either to believe or not believe in God. Assume that belief in a non-existent God has a payoff of $-z$ for lost time and energy or in other words cost you z dollars and non-belief in an existent God results in eternal damnation ($-\infty$) or costs you an infinite amount of dollars. Finally, you receive x dollars if you believe and God exists, and you win y dollars if you don't believe and God doesn't exist. It is important to note that x and y are finite positive numbers. This information can be summarized in the following payoff table:

	Existence	Nonexistence
Belief	x	$-z$
Non belief	$-\infty$	y

Using the idea of the mathematical expectation we obtain the following equations:

$$X(\text{Belief}) = (p)(x) + (1-p)(-z)$$

$$X(\text{Non-belief}) = (p)(-\infty) + (1-p)(y) = -\infty$$

Thus, no matter how small the probability that God exists, the expected payoff is infinite if you choose to believe.

Albright Biology Alumnus Promoted

Albright College alumnus and Birdsboro resident Richard M. Kriebel, Ph.D., has been promoted to the position of assistant dean for basic sciences at Philadelphia College of Osteopathic Medicine (PCOM). His appointment was announced by PCOM's dean, Kenneth J. Veit, D.O., M.B.A.

Dr. Kriebel, who joined PCOM's faculty in 1987 as an associate professor of anatomy, was promoted to full professor in 1991. He has received the Christian R. and Mary F. Lindback Foundation Award for distinguished teaching, and received the Teacher of the Year award four times. As assistant dean, Dr. Kriebel is responsible for research and curriculum development by integration of the basic and clinical sciences. In addition to this role, Dr. Kriebel serves as chairman of the research and curriculum committees and director of neuroscience.

Dr. Kriebel earned his undergraduate degree in biology at Albright in 1969 and his doctorate in neuroanatomy at Temple University in 1974. For six years, he served

as associate professor of anatomy and neurobiology with full tenure at the University of Vermont School of Medicine and was an instructor for two years at the Medical College of Virginia. From 1991-1993, he served as adjunct professor and director of neuroscience courses at the University of Medicine and Dentistry of the New Jersey School of Osteopathic Medicine.

In addition to his academic responsibilities at PCOM, Dr. Kriebel has published articles in medical and scientific publications and has participated in many national and international seminars on various aspects of the neurosciences. His professional memberships include the Society of Neuroscience, Philadelphia Chapter of the Society for Neuroscience, Electron Microscope Society, and Association for Supervision and Curriculum Development.

This article was taken from a press release published by the Philadelphia College of Osteopathic Medicine.

ACT Test Accused of Gender Bias

A new tuition-aid program sponsored by the U.S. Department of Education is severely gender-biased against girls, according to officials of FairTest, a national non-profit center for fair and open testing.

Last fall, three-quarters of the \$2.2 million awarded in the National Academy for Science, Space, and Technology (NASST) program was awarded to boys, according to FairTest Executive Director Cinthia Schuman.

"This is a perfect example of what happens when biased tests are used to award scholarships," Schuman said.

According to an analysis of winners' names in the taxpayer-funded NASST program, 352 boys received awards worth more than \$4,000 each, compared to 84 girls. The gender of 35 scholarship winners could not be determined from their names.

Schuman said that the gender gap continues despite the fact that girls generally take the same amount of algebra and geometry as boys and get higher grades on average in both high school and college courses.

The scholarships are awarded to one student from each Congressional district who is chosen solely on the basis of the highest math score on the American College Testing Program Assessment, or ACT exam.

Schuman added, "Despite good intentions, Congress is using public funds to restrict girls' access to traditionally male-dominated disciplines. Congress must overhaul the program to create a level playing field for all students."

This article was taken from an article published by the National Student News Service.

MDA Is Almost Here: Get Your Dancing Shoes On!

by Doug Robbins

In keeping with Albright's 15 year tradition, the Muscular Dystrophy Association is hosting its annual Dance-a-Thon in the Campus Center Main Lounge on March 5-6. Unlike previous years, dancers will dance for 24 hours straight, starting at 1 p.m. This year's dance will be open to the public for both their support and contributions.

Dancers can dance alone or in groups of up to six people. The fees are as follows: 1 person must raise at least \$62.50; 2 people must raise \$125; 3 people must raise \$180; 4 people must raise \$220; 5 people must raise

\$270; and 6 people must raise \$270. Prizes will be awarded to the person(s) who raise the most money.

Some of the various activities that will take place during this 24 hour period are the opening ceremony (conducted by the Mayor of Reading, as well as President Hurwitz), games, square and ballroom dance lessons, an aerobic work-out program, and the closing ceremony. Several bands and different DJ's will keep the dancers on their toes throughout the day and night, and food/refreshments will be served. If you are interested in dancing just contact Mom- Steph Gomer (x6475) and Dad- Robb Gourley(x6160).

Opinions

THE ALBRIGHTIAN

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Letter Policy: The Albrightian encourages students to write coverage, editorial policy, and College affairs. Letters must be typewritten, double-spaced and no longer than one and one-half pages. All letters must be signed and include the author's address and phone number for verification. Names may be withheld on request. The Albrightian reserves the right to edit letters for length and to reject letters if they are abusive, obscene, or contain statements of good faith. Send letters to Box #107. All letters received become the property of The Albrightian.

"Modest Proposal" Addressed

To all those concerned with "A Modest Proposal,"

Shock and awe are the meat and potatoes of satire. When in 1729 Jonathan Swift anonymously published his "A Modest Proposal" in which he argued that a way for England and its Irish landlords to turn a profit in Ireland was to make Irish children into food items that could be grown and sold like a crop, he intended to shock his readers. Swift's exaggeration no doubt disgusted many a reader in 1729. Certainly the Irish parents whose children were starving to death because of the English policies were not entertained by "A Modest Proposal." On the other hand, perhaps those readers may have also seen that Swift's satire was a logical extension of official English policy and attitudes in Ireland.

In 1994, I am as disgusted and shocked by the "Modest Proposal" written by "MM" and published in the *Agon* as those readers of 1729 were by Swift's essay. That is an expected effect of satire. I can, however, see that MM's "Modest Proposal" serves the same satirical function as Swift's. As one example of what I mean, let me remind you of films you may have seen recently, such as *Unlawful Entry*, which are rape fantasies that pull their punches, withholding the actual assault so that the audience can be titillated but not shocked or disgusted. That is what passes for

"entertainment" in late 20th century America. Satire, this satire in the *Agon*, does not withhold the assault, and it is not "entertaining," but shocking- and the greater the injustice and horror to be satirized, the more shocking the satire will be. Does MM's "Modest Proposal" also force an examination of the "un"-official policies and attitudes of American civilization that make the vulnerability of women "entertaining"? Does it make those of us who do find such films "entertaining" examine ourselves as well?

I certainly do not want to say that the current "Modest Proposal" is as successful a satire as Swift's. On the contrary, its flaws are myriad. One major flaw, which I think is principally responsible for the outrage among so many people on campus, is that MM does not signal very clearly that he is writing a satire. It is easy to conclude that MM's "Modest Proposal" has only shock value. It does shock. It does disgust. But it also points to a reality of late twentieth-century American civilization that one refuses to see only at one's peril. It is on that basis that the editors of the *Agon* made their decision to publish, and despite my own shock and disgust with the piece, I understand why and support their decision.

Al Cacicado, Advisor to the *Agon*

CONDOMS ARE NOW ON SALE

IN THE GABLE HEALTH CENTER

FIVE FOR A DOLLAR

SEE "MA" GABLE

Office of Multicultural Affairs

February 13: African American
From Campus Center South, 10:00 a.m.

Dinner of traditional African, Caribbean, and African American food.
Symposium: "African Americans and the Connection with the World: Which Way Do We Go?" Participants include: Tawana Thomas, African American Heritage Studies Association, Justin Rector, Journalist/Editorial Community Activist, and Daniel Hagan, Ghana Mission to the United Nations.
Experience Event: Sign up at the Campus Center Desk.

February 13: "An Evening of Liberation and Liberation"
7:30 p.m. Rachel Chapel

Fundraising event to support the democratic movement in South Africa.
Original literary pieces will be presented (and are encouraged) to raise funds for Funds for a Democratic Election in South Africa.

Re-thinking Priorities

by Andy McIntyre

It is becoming sadly obvious that the mind of the average American has started to lose sight of the real priorities of the world. Let's take a little quiz. Question #1: Who is the president of the United States? Question #2: Who is that president's vice president? Question #3: Name the woman who cut off her husband's penis? Question #4: Name the figure skater who almost had her leg broken by her competitor's plotting husband and bodyguard? Question #5: What is the goal of your life? If you answered George Bush, Michael Dukakis, Lorena Bobbitt, Nancy Kerrigan and that the goal of your life is to become as rich as possible, congratulations, for you are a typically misguided, but ordinary American citizen. Unfortunately, Bill Clinton and Al Gore are the President and the Vice President of the country, but hey, you sure know who Lorena Bobbitt and Nancy Kerrigan are. Obviously by your ambition in life, you are definitely a capitalist.

Over the Christmas break, I had the opportunity to attend a party at a very old school chum's home. There, to my great surprise, were the faces and voices of people I had not seen in a great while. Like anyone else, I did my best to shake hands and rub elbows with the room, and after an hour or so I began to realize that I had participated in seemingly the same conversation, countless times. This conversation went something like this, "Gosh, Mike, How've you been?" "Well, Andy, I'm doing just fine. Everyday in Korea I'd wake up and march the 38th parallel with my platoon." "Geez, Mike, I didn't realize Korea had become so dangerous. All they talk about over here is John Wayne Bobbitt's penis and figure skating." Mike

went on to tell me that several weeks before Christmas, a marine had been shot dead in his platoon by a North Korean. I must say it is truly disheartening when you come to the realization that several of your childhood friends spend their days carrying automatic weapons for the defense of this country, and all the American public cares about is some derailed wife, her abusive husband, and whether or not Tanya Harding was part of the plot against Nancy Kerrigan.

Meanwhile, in the city of Sarajevo, in what was once the capital of Yugoslavia, women and children spend their days in fear and bloodshed as their world crumbles around them. Of course we do have the U.N. (United Nations) but let's face it, the U.N. may as well stay home and wear their pretty blue helmets because the old men who run the U.N. do not want to get involved in a blood feud. So although everyday U.N. soldiers and civilians get barraged with mortar rounds and gunfire, this situation keeps growing worse because there is no solution to the problem.

From a humanitarian standpoint, the very fact that women and children are dying should be reason enough for the American public to stand up and take action to try and find an end to the conflict. But here in "La La Land" we are more outraged by the simple-minded behavior of the Bobbitts of the world rather than the senseless killing of babies. At the very least, the fact that American men and women risk their lives for the defense of the world should be reason enough. Instead of allowing the media to spoonfeed us with needless gossip, the time has come for Americans to realize that some things are much more important than who wins the gold, silver and bronze in figure skating.

intercourse and IV drug use. However, many cases of heart disease and cancer (no. 1 and 2 respectively) are caused by behavior, and funding is not limited to their prevention and cure because of this.

The primary focus of McIntyre's article resides in the issue of AIDS being the result of immoral behavior. This is where I begin to disagree. To deem actions moral or immoral must rely upon the morality of those who create the standards. Although McIntyre cites Judeo-Christian ethic as the morals by which he governs his life, why is it that the general population should do the same? Christian ethics may be suitable for those living the Christian lifestyle, but who is to decide a universal morality, the Pope? the U.S. government? Pat Robertson? Diane Feinstein? Andy McIntyre? A homosexual?

This question is one that must be examined through the history of morality, and for my argument's sake, beginning with the history of the Christian church. Early Judaism in the Old Testament was formed out of a need for a means of controlling the actions of the population. Initially, the system was based on consequences to result upon breaking any

Abstinence Is Not Quaint; It's Smart!

Dear Albrightian:

Recently, while checking the Newman Association's mailbox, I was greeted by a poster which reads: "What do you have against condoms?" At first I chuckled at the cleverness of this attention-getting poster. But then I was disappointed by my misguided humor, for I should be as much against condoms as I would be opposed to anything or anyone else who sought to mislead others.

Condoms are being touted as a panacea for much of our society's ills. Unplanned pregnancies, the spread of disease and child abuse, among others, will all but vanish if we simply invest in a piece of latex that sells at the bargain price of five for a dollar.

The University of Texas in a study completed last year concluded that condoms are less than 70% effective in stopping the spread of H.I.V. If you are sexually active and suicidal, a 3 in 10 chance may seem acceptable. But if you are looking forward to a happy and healthy future those odds are reason to reflect. After all, would you knowingly engage in sexual activity with a person who is H.I.V. positive relying on 20

cents worth of "protection"? The amoral values of our society have led to disease, death and despair. Since putting our bodies (of our partner's bodies) in a condom doesn't work, why not put our faith in ourselves and in God.

Asking people to wait until marriage is often mocked as being quaint. We need to remind ourselves of just how recently it was that cigarette smoking was considered chic, drinking and driving was trivial, and drug use was "with it." A great shift in attitude with each of these took place in a very short time. Our attitude toward casual sexual liaisons can change too!

We must resist the temptations to sell ourselves short. Each of us, and perhaps especially the young, with their high ideals, can lead lives of virtue and self-control. Unfortunately, we have been too busy encouraging condoms instead of purity of conscience.

Sincerely yours,
Rev. Frans J. Berkhout
Catholic Chaplain
Albright Newman Association

EDITORIAL

Welcome back Albright. This is the first issue for the spring 1994 semester, and *The Albrightian* staff would like to wish everyone a successful year.

The students of Albright started off their semester by finding the campus covered in a blanket of snow and ice, but it looks like they have weathered the conditions and all appears promising. There are many great things to look forward to including: MDA's Dance-a-thon, scheduled for March 5-6; Spring Break, with fun in the sun March 18-28; Family Weekend, planned for April 15-16; Spring Fever Weekend, kicked-off by the Gin Blossoms concert April 20-24; and Greek Weekend, May 6-8. The semester will come to a finish with Graduation on May 22.

Mark your calendars now, because spring is the time to get involved at Albright. Why not learn first hand, as the events unfold, by joining the newspaper staff. *The Albrightian* has several openings available on its editorial staff. We are also looking for students to write articles for the different sections of the paper. The more people involved, the better *The Albrightian* will be. If you have any questions or comments, or if you are interested in getting involved, drop a note in Campus Center Box 107 or the door slot of *The Albrightian* office.

Good luck to the seniors in your last semester at Albright. Be sure to make the most of it!

Who is to Decide the Universal Morality?

by Jim Rutter

This article is being written in direct response to the editorial submitted by Andy McIntyre, entitled "One Student's Opinion Concerning AIDS," that was published in *The Albrightian* on December 10, 1993. Mr. McIntyre focused his article on his distaste of two issues; the concern for the AIDS disease, and the immoral homosexual practices that he cites as the cause for the spreading of the AIDS disease. I am not afflicted with AIDS, nor am I homosexual, but I am someone who does not feel the need to restrict my behavior through morals and ethics.

In his article, McIntyre initially states that AIDS is a limited minority disease that affects only those individuals that engage in immoral sexual behavior and intravenous drug use, and that the American government is wasting time and money on a disease that is unlikely to affect the general population. Some truth lies in this, AIDS is "only" sixth on the list of causes of premature deaths (all information based on 1993 stats) and 92% of AIDS cases in men (who comprise 89% of the U.S. cases) are caused by homosexual

the laws set forth by God. In the New Testament, the emphasis shifted from laws to morals, offering salvation if followed, damnation if otherwise. The morality based society was continued and fostered and manipulated by the Catholic and Protestant churches in Europe, and then by the settlers of America. Today, many of the moral concepts are still in order as a means of limiting the individual's behavior and preserving the ever important status quo.

If a problem arises, man is an intelligent and rational creature, yet the morals imposed upon him are based on a method of fear-dominance, resulting in control through man's emotions. Obedience to the morals offers rewards, disobedience results in the promise of suffering in hell, concocted by religion to be the place of eternal torment, an attempt to instill the most frightening of consequences for committing immoral acts. Whatever the intentions of the laws of Israel (I agree laws are necessary for society's existence), and for whatever intelligent reasons they were written, they have been fashioned into a moralistic code which allows no room for intelligence in human behavior.

Intelligent behavior and rational thinking is the transcendent alternative to morality. A man who obeys the laws of society does so because he doesn't want to spend time in jail, not because moralistic scare-tactics prevent him from committing a crime. Truly rational men need no morals, their actions are preceded and dictated by logical thinking based upon pre-existing conditions.

This concept applies to sexual behavior as well. Rational people do not need Judeo-Christian ethics to understand that 91% of all male AIDS cases were transmitted by homosexual sex and IV drug use, one needs only to logically predict that engaging in these areas of activity are likely to contribute to death through contraction of AIDS. Those who still wish to engage in such actions can still rationally regulate their behavior by using clean needles, wearing condoms, and selecting their partners very carefully. Rational thinking in this manner should be viewed as responsible, not moralistic, behavior by which one should limit himself, not through fear of irrational locales created by a select "moralistic" elite to limit the actions of the entire population.

Entertainment

Picture This...

Visualization and Meditation Techniques Teach Students Stress Relief Methods

by Doug Reardon

Stress. We all must cope with it. Ideally, we all strive to battle stress constructively. However, it most often proves more time-efficient to suppress stress when we don't have a minute to handle it. Thus, we bottle-up our emotions and we become frustrated easily by our parents. Pressure from classes and teachers build, and peoples' expectations of us amalgamate.

This dilemma, stress, eventually constitutes such a tremendously powerful entity that, if left unchecked, can actually cause disease and premature death years down the road.

At the most recent Wellness Break held on February 9, Jane Williams demonstrated the technique of guided meditation to her audience. Guided meditation is the process of relieving stress through the visualization of tranquil and serene settings. By concentrating on the relaxing images in these settings, a reduction in stress is possible.

Ms. Williams began the seminar by passing out Biodots, small circles that sense body temperature and express it in terms of stress levels. Black indicates stress, while the progressively lighter colors indicate progressively lesser stress levels.

The seminar began as sounds of waves gently crashing and ebbing amongst the cries of seagulls emanated out of the portable

radio Ms. Williams brought with her. She instructed us to close our eyes, place our feet flat on the floor and place our hands on our legs or on the armrests of our chairs. While breathing deeply, we concentrated on Ms. Williams' voice as she described images of footprints in the sand, the sand between our toes and other like images. Concentrating on these images proved difficult, if not impossible.

Although slightly disheartened from my inability to lower my stress level substantially, I was considerably more relaxed at the end of the session than when I had sat down for the seminar.

Since I've never really thoroughly enjoyed the beach, perhaps I couldn't focus on the images as well as I could have concentrated on, say, a park during twilight. Fortunately, there are many types of guided meditation tapes you can purchase at your better bookstores.

The key is, however, to merely take the time, even a few minutes will do the trick, to concentrate on purging stress from your body. Whether you use guided meditation, vent your frustrations to a close friend, or just mellow out with some of your favorite music, it is imperative that we take arms to combat stress.

You'll find that after you've allowed about ten minutes to yourself to just relax and breathe deeply, how at ease you'll feel.

Finding Their Niche

Two New Outdoor Sculptures Given a Permanent Home On Albright's Campus

by Jill Snyder

Director, Freedman Gallery

In the beginning of last semester, Albright received a gift of two outdoor sculptures from Muriel and Philip I. Berman of Allentown, PA. The Bermans, long time patrons of the arts, have generously contributed outdoor sculpture to many colleges in the Lehigh Valley.

Their collection of nineteenth and twentieth century art is permanently housed in the Philip and Muriel Berman Museum of Art at Ursinus College. Mr. Berman is also the Chairman of the Philadelphia Museum of Art.

Siting outdoor art is never easy. One hopes to place sculptures in environments where they work the best in terms of both setting and the scale of the piece. On a warm fall day, members of the Fine Arts commission of Albright College surveyed the campus.

Some of our original ideas were tactfully discouraged by Ted Holtzman, whose concern for public safety and knowledge of the invisible infrastructure of Albright's pipes and wires warned us against underground obstacles. We were also mindful of critics and attempted to solicit responses from those who frequented vicinities under consideration.

After much animated discussion, we decided to place Paul Sisko's monolithic Disk

on the far end of Science field, adjacent to Teel Hall, its strong silhouette enhanced by the distance. Disk's Cor-ten material, an industrial steel, imparts a dark rusted exterior that merged with autumnal leaves and now stands out strongly against a blanket of winter white snow.

Siting outdoor art is never easy. One hopes to place sculptures in environments where they work the best in terms of both setting and the scale of the piece.

Daniel Kainz's stone Bench, first placed in front of the Administration Building, now has a permanent home in front of Master's Hall. Situated to look both at the Chapel and towards the trees that line Thirteenth Street, it will offer a shaded and contemplative respite for students in warmer weather.

Outdoor sculptures provide interludes of aesthetic interaction that in the best sense will expand the imagination of the individual. As one can never assume uniformity in opinion, outdoor sculpture may also provoke unfavorable response. However, if a work of art goes unnoticed, it is of little consequence to all.

Savoir Faire...

Self Improvement

As a diligent student, devoted girlfriend/boyfriend, and steadfast friend, you are constantly giving of yourself in all aspects of your personal life. The opportunity now presents itself for you to recycle some of that time and energy that you've spent on others and focus on yourself. Springtime is the season of nature's rebirth, so why not celebrate a new you? Go ahead, you deserve it!

*Work off those pounds that you have accumulated over the winter months and take advantage of Albright's exercise equipment and gym. You'd be surprised at the good that a few jogs around the track will do for you!

*It's time to clip off those split ends! Create a "new-do" by taking a few inches off your hair.

*Start off the semester with some wise investments. Guys, put your best foot forward with a new pair of Timberlands, as the gals renew their flawless complexion with a complete facial.

*Escape from the chaos of dorm life and seek out an isolated spot on campus that is exclusively and secretly yours. Such an environment is wonderful for doing homework, reflecting on the day's activities, or catching a few "z's" before class.

*Dabble in your potential writing skills! Explore your abilities to express your inner most feelings on paper through poetry or even prose.

*Accessorize! Gentlemen, treat yourself to a new floral tie, while the ladies purchase a straw hat and decorate it with dried flowers and a colored ribbon. Neutrals are a must!

Spring into Spring

by Kristina Grish

As the sun begins to finally peak out from behind those awful gray clouds and the dense blocks of ice turn into friendly puzzles, we anxiously begin a new semester with optimism. All stars point to one important element: change. This Spring Semester, freshen up your lifestyle and toss aside your mundane, tedious schedule; I promise that the modifications will be only beneficial!

Weekend Ideas

Let's face it, the most anxiously awaited events of the week don't occur during Bio lab and Statistics class. How many times have you said to yourself, "If I can only make it through until the weekend..." and then what? Regardless of whether you're longing for an escape from roommates or schoolwork, these weekend mini-breaks are often the desired relief from daily stress that you need. Be sure to gather some friends together, relax, be creative, and most importantly, make the most of your much deserved free time!

*Plan a road trip to visit a friend at another college. Post a sign advertising your journey and encourage others who have friends at that school to join you! You'll be able to spend time with your old friends and have the opportunity to make some new ones, as well.

*Sick of apartment parties? Throw an old fashioned slumber party in your dorm room with plenty of friends, corny movies, junk food, and gossip. I know college is an environment in which you're supposed to

progress, but a little regression isn't so bad every once in a while!

*Videotape you and your closest friends on an adventurous nature walk through Albright's Woods.

*Shop! Shop! Shop! Conclude your busy day of buying out the Reading Outlets with a quiet, peaceful picnic at Pagoda.

*Volunteer your time to either a community charity or an on-campus organization. The benefits that your generosity will bring to others, will only reap personal rewards for you.

*Organize a sports activity in the bay area of the quad. Don't forget snacks and refreshments!

*Visit the Blue Marsh Recreation Area for an afternoon of swimming, sunning, picnicing, and just relaxing with your friends. Everyone needs a day to re-group!

Home Improvement

Remember the old saying, "Home is where the heart is"? Well, it's time to let some of that rare Reading warmth shine into the place where you spend most of your precious time. So dust those cobwebs off of your windowsill, reorganize your desk drawers, or just get a new perspective on life by being creative with your surroundings.

*Plant a mini flower garden in a window box equip with morning glories. Your room's lovely addition will be easily recognizable from outside.

*Wash and wax your car with your favorite beer. Try to keep the suds in the bucket!

*Redecorate your bedroom walls to include your favorite photographer or painter. Suggestion: search through your favorite magazines for creative black and white advertisements and frame for an inexpensive, yet expressive piece of artwork (Banana Republic and Perfume ads are great for this!).

*Rearrange your dorm room furniture.

*Gather wild flowers, press them in your favorite Victorian novel, and frame them to brighten up any room.

*Don't trash the dozen roses that were sent to you on Valentine's Day! Tie with a simple grosgrain ribbon and hang.

*Turn an antique foot stool or chair from a local Salvation Army store into a transformed, stenciled work of art!

*Open up some windows and air out your room. No potpourri here...just a fresh, floral scent brought by spring breezes.

Technicality, Creativity Merge in Recent Exhibit



photo provided by the Freedman Gallery
Hypermeter IV, mixed media, is currently on display in the Freedman Gallery.

by Jackie Wilker

On Thursday, February 3, artist Andrew Topolski formally presented his work at an open forum for interested faculty, students, and community members. Topolski's art show and presentation turned out to be interesting, yet disappointing.

His work, which is currently being displayed in the Freedman Gallery, drew curiosity from the observers. The pieces, a combination of paintings and sculptures that use a collaboration of various mediums, are hung throughout the white walls of the gallery through March 17. They are simplistically presented, only to emphasize their complexity and technicality.

I'm afraid that they presented themselves better than the artist presented them to us.

Topolski was quite vague when describing his work. He did manage to tell us that he's been doing his art for about fifteen years now

(or was that the woman who introduced him?). Regardless, his presentation left many audience members very unclear about the methods behind his work.

He consistently repeated that his work is based on certain texts. However, when the audience asked him what he meant by this, his answer wasn't very informative. Topolski refused to tell us exactly what types of texts he used—revered magazines? favorite novels? He only said that he used "many."

I did manage to comprehend the method by which Topolski derives his work. He removes the letters of the musical scale from the texts in the order in which they appear, assigns them numbers, then plots them on a graph. The geometric figure that the graph produces is the basis for the sculpture or painting that is created.

With a fascinating myriad of mediums which includes plaster, wax, wood, felt, steel, graphite, and glass, Topolski works with various technical tools such as protractors and compasses.

In addition to the numerous art pieces that he creates from these letters, Topolski also delves into the subject of music. He plots the letters on a musical scale and describes the musical score that results as an unfinished, "dreary, funeral type song." Topolski's musical infatuation was brought about when he was a child, as he played the piano, sax, and clarinet.

Overall, the artist's works were quite intriguing; certainly, I have never quite conceived any work similar to Topolski's. Unfortunately, Topolski's work was so abstract that it needed much explanation in order for the common admirer to appreciate it.

Yet Topolski failed to be as informative as he needed to be. He wasn't even sure of the titles of some of his work! Topolski should have been more prepared to explain the way his work was developed, and the stages he went through to reach the final outcome.

Despite the audiences questions regarding the latter, he neglected to answer them. But we must remember one very important point: Topolski is an artist, not a public speaker.

Isn't it Romantic?

by Kristina Gish

Although Valentine's Day is over, the desire for an idealistic, romantic date exists year-long in the insatiable hearts of numerous Albright College students. Tired of the ordinary "dinner and a movie" scenario? Have you and your dates seen "Aladdin" one too many times? From a picnic at the Pagoda to an adventurous trip to New York, the following ideas are perfect suggestions for a first date or a longtime companion.

"On a perfect date, I would want to impress my girlfriend, so I'd show her that I've got cash. We'd begin the evening with dinner at the Stokesay Castle and later, we'd crack open a nice bottle of champagne which we'd sip at the Pagoda, as we gazed at the stars." —Phil Ferencich

"I'm not very fussy. Actually, I'd be pleased with McDonald's and a flower!" —Alyssa Levin

"I would take my date to an ice cream store, where we'd talk for hours, face to face, in a pleasant, casual environment. I'd want her to really get to know me, and me know her. Later, we'd probably go and see a movie, where we could just relax and be with one another." —Abe Antler

"My date and I would spend the afternoon driving to New York. When we arrived, we would take a carriage ride and eat dinner at a quaint, little Italian Bistro." —Randi Lynn Smallheer

"I would start the date with a picnic in the park for lunch. We'd spend time together until dinner, take a walk through the woods, and really get to know each other well." —Chaz Moore

"I'd let my ideal man take me on an ideal date to an ice skating rink. Afterwards, we'd seek out a nice, cozy fireplace where we can warm ourselves up and sip hot chocolate together." —Michelle Pearson

"I would definitely take my date for a fun-filled day in Philly. We'd venture to South Street, shop, and have dinner. I'd probably even buy her a rose from a street vender." —Chris Crowe

"My date would arrive in a limosine with a bouquet of roses and take me to New York to see a show. We'd eat dinner at the Oak Room in The Plaza and end the evening with a carriage ride though Central Park." —Lisa Conte

"Dinner, candles and a touch of intimacy; turn off the lights and pop in Kenny G." —M.S. a.k.a. "Diavlo"

"I'd spend the evening on the top of a mountain, looking at the moon." —Gena Groner

"My date and I would spend the night in a cottage in the mountains. We'd sip some wine, build a fire, and let the sheets protect us from the cold." —"Goose"

"We'd definitely take a trip to the zoo!" —Robin Wilbur

"As the sun set, I'd prepare dinner in front of my date on the beach one summer evening. After, we'd dance in our bare feet, under the stars." —Jim Gencauski

"I'd spend a weekend in the Poconos with the man of my dreams, lounging in a hot tub shaped as a champagne glass." —?

Hey Students, It's Albright College's Family Weekend!

April 15 and 16 1994



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- *Entertainment/Dance
- *Activities
- *Food and Festivities

Relive the Past & Experience the Present!

What's On Tap...

by Brian Osborn and Doug Saltstein

Welcome back. By now we hope that we have developed a faithful bunch of groupies, but as of yet, we haven't received a donation towards our worthy cause. Please, if you have turned into a groupie of the bar review, there are a few rules that you must follow.

The first and foremost is that there will be no camping out in front of our apartments. Second of all, we, and security, will allow no RV's on the Woods' property. Finally, we will give no autographs in the Campus Center, unless you are willing to pay the usual ten dollar fee. Thank You!

Now, on to the beef (and we do mean beef) of our article. Since we have no money, we had to go back to familiar hunting grounds...RONIE'S EXETER CAFE.

For all you underclassmen that are not old enough to enter, or have only been there during Homecoming Weekend, we are here to tell you about it. For the faithful patrons, please try to relax and skip to the next column.

The best way to describe this bar is to compare it to the bar that Archie Bunker owned. There is your list of regulars, and if you are not a regular, the man behind the bar will treat you like he's doing you a favor by taking your money.

On the other hand, there is his wife. She cooks like cholesterol is not a factor in anyone's diet. We will discuss the menu later.

The atmosphere is one that, if you are a manic depressive, you will either fit right in

or become even more depressed.

There is a large wooden bar that is stocked with mass produced beers. One can order a mixed drink, if the bartender is in the mood to make one. If not, your options are limited to BEER only.

Looking for a place to watch any Philadelphia teams? Ronie's is the place to be. However, if there are no games on, you can see some cheesy "Movie of the Week." As you watch the tube, there is a wide selection of cold adult beverages from which to drink.

The food at Ronie's Exeter Cafe is a culinary delight, to say the least. Those of you who have high cholesterol, are health conscious, or have no desire to die of a heart attack at 22, should stay away. There is not much choice as far as cholesterol-free dining is concerned.

The top choices on the menu are the steak sandwiches. These are small, inexpensive cuisine options that are delicious. Customers are bound to enjoy at least two of them: one for dinner and one to curb your beer munchies.

All told, Ronie's is a great place to hang out with a few friends during the week, to study before the big exam, to drown your sorrows, or to celebrate the fact that Seniors will be graduating in 93.5 days.

"From the glass-lined tanks of Old Lambeth..."

Features

Albright Hit by Winter Blues

by Rebecca Rhodes

As the winter of 1993-94 slowly comes to a close, the students here have seen enough snow to last a lifetime. Many students, myself included, are tired of this never-ending white stuff, and long for the warm days of spring. I haven't seen green grass in such a long time, I'm wondering if it still exists! So, while everyone tries to wait patiently for spring, many have to overcome the winter blues.

You know what the winter blues are, right? The feeling of being stuck indoors and not able to get your car out because it's plowed in. That unsettled feeling because you are stuck walking around in this weather, just to make it to class, or when your close friends are getting on your last nerve and

your roommate is breaking that last nerve. We've all been there and had to find different ways to cope with these feelings, or else suffer the consequences of the winter blues, i.e. gaining weight, not exercising, bad moods.

I've tried to get myself back into shape. Walking around the track in the gym seems to help lift my spirits. I know shopping always lifts my winter blues also, if I can get my car out of the snow! I also try and get my work done before I go to bed. That way I have some time for myself to relax and unwind.

At least once a week, my friends and I all try to go out together, like to a bar or a movie, or even dinner. It's hard to find time to catch up on everything, so this gives us a chance to get a break from school.

A close friend offered the suggestion of throwing yourself into your studies. This

person is a little strange, right? Nope! When the warm weather finally does get here, you are going to want to be outside, classes or no classes. So, it's a good idea to get ahead in your classes now. This way you can enjoy more free time in the sun, without the snow.

One of the best suggestions I've heard, would get the college itself, involved. This person came up with this idea, while yet another snow storm started to cover the campus. How about enclosing the college in a clear bubble? Just have the entire campus (including the apartments), enclosed in a bubble. That way we wouldn't have to trudge through the snow to our classes. Great idea! To make it even better, what about having ultra-violet lights in this bubble? We could get a tan on our way to class! We'd all be in good moods, and this could do wonders for our grades

Orientation '94: Albright: "The Next Generation"

The Steering Committee is looking for a T-shirt design to be used next year.

Drop off your ideas to Cynthia Marsh at the Campus Center Desk.

The deadline for submissions is March 4, 1994.

BE CREATIVE!!

Classifieds

NOTICE

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The decision on whether to release this information shall be made by the Editors of The Albrightian.

The purpose of this policy is to discourage the placement of advertising that may be cruel or unnecessarily embarrassing to individuals or organizations.

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PERSONALS

Candice, Seriously... Happy 21ST Birthday! You made it and seriously, I love you. Thank you so much. Seriously! --Love ya always, BB

Bon, Thanks for your help. --Kier

UVL-B, How about a new rule for our room? No visitors past midnight--and no blondes! --Twin

Hey Tootsie, Who was that fine-looking hotty who came to Newt for a moonlight excursion last Wednesday night! I think I'll look her up sometime! --B-Luv

Sue, To my little diamond sister. I'm so happy you're my little. You are awesome and there are only good times ahead. I love you and I'll always be here for you. --Pi Luv, your diamond sister, Babs

Blackie, How long? 2 hours?! --The Spys of 1178

Good Luck, Prewo, Keep your head up and you'll make it, buddy. --Kieran

KB, Dinner will be fun, "Trust me." Remember, to do what you want--don't even listen to me at times! I just wanted to let you know I've always hated marshmallows -- let alone marshmallow kids. Keep Stepping! --Love ya, phoneless buddy

To all the Alphas, I'm so glad you decided to join ADPI! --Love, Denise

While, Hi!!!!!! --Love, me

Mandy, Congratulations! I'm so happy that you chose ADPI. Good luck and know that I'll be here if you need anything. --Your diamond sister, Megan

Lisa, Keep your chin up! Things will get better, I promise. If ya need someone to cry to, call. I'm still your mother! --Your mother

Sharon S., Forever my ADPI Diamond Sister! --Love ya, Veronica

Chase, Why is morality such a drag on a Saturday night? Maybe my Pittsburgh pal can answer that for me! --B

Pam, Congratulations! It's just the beginning. We're going to have so much fun. I'm so excited that you're my diamond sister. If you ever need anything, I'm here for you. --Pi Luv, Your diamond sister, Alicia

7th Heaven, Guys, we can put on a great concert. Let's pull together and JUST DO IT. --Kieran PS. If all goes well, maybe I can take you all out for a drink sometime.

Deirdre, You are awesome, you navel lint. We've got to play our game again soon. I love you. --Love, Toe Jam

First floor Walton gals, I think it's time for another B-session! --Nervous Breakdown

Eleni, You're my incredible diamond little, and I am so happy that ADPI is the perfect place for you. --Pi Luv, Your diamond sister, Sarah

Yo Newt, How's that new girly of yours! Wow, in a towel she's as sweet as a Tootsie Roll! --B-Luv

Romeo, Yeah you! Pi Luv always and forever.

Tracy, Get psyched, the next few weeks are going to be great! --Pi Luv, Beth

Candy, Remember, Hoopes there it is! --A fellow drinker

Jules, Remember, the walls are hard, don't be too aggressive. Unless, of course, he was StayPuff Man! --Love ya, Phoneless buddy

Liz, Welcome to ADPI! You're awesome! --Pi Luv, Shannon

TB & KT, Next year is just around the corner! Get ready. --Love, Frash

Jon, Thanks for all the cheering up as well as the mail. I owe you one. Don't worry, nothing happened but dinner. --Love ya, Little sister

Lisa, Congratulations! Welcome to ADPI! I am really glad to have you as my diamond sister, and remember that I will always be here for you! --Pi Luv, Your diamond sister, Stacey

Cindy & Candice, Seen any shirtless men lately? Was it nice? How about his shoeprints? Boxers of briefs? --Love ya, BB

Pandolfi, I gotta good deal on a used sunroof. It comes complete with a brand new stereo! Are ya interested? --Fingers

Kristine, Yeah weed head! --Pi Luv, Asophagus head

Twin #2, The road is clear ahead. Full steam ahead! No more rolly-polly men following you in the library and in the cafeteria. --Love, Twin #1

ADPI ALPHAS, SECOND TO NONE!!!!!!

Ryan, 222, 309 South, \$2.75 in gas, and a new found friend! Hope you had a blast! --B

Don, Do you "Trust me?" I trust you now, start trusting me! Get all of your work done because you're not taking it to Boston! Keep Relaxing! --Love ya, Little sister

Stacey, You are an asphogus head and a weed, if you know what I mean. --Pi Luv, D

Pook, Sorry, sorry, sorry... Looking forward to break... --Love, Goof

Kristine, Mahalo honey! You are the best Valentine in the world! I love you, you are my "candle in the wind!" Yeah Hilo Hatties! --Stacey

Sharon C., Congrats! I am so excited...I could just go on forever! You are the best. --Pi Luv, Deirdre

Jeff, Get better real soon--we have some road trips to take before we graduate! The V-ball team needs you! --Gomer

Chrissy, Congratulations on ADPI! I love you! --Love, Your Diamond Sister

MH+PC, Rare silversword plant spotted along Rt. 206 in Trenton, Whitehouse, and Netcong. McB is flying in from Alaska and heads are gonna roll. --Dubs

To: Monte, Stoner, X, Mac, Wahoo, and Slick Rick, Never forget the wall of fame; Oh ____!; It was like so weird or something, like so weird; Exactly!; Tag Team Bowling; and Home Team. I wish you guys the best of luck. --From, Wishes

Court, KU men kick...! You got the idea, now just get me the MAN! --Love ya, Boot Crazed

Congrats to Kieran Daly for getting the Gin Blossoms on Spring Fever Weekend! --Love, The Albrightian Staff

Megan & Michelle, Are we up for the 'skating' thing again this weekend? Bottoms up!(Maybe it'll be skiing!) --Crystal

Crystal, Cindy & Rebecca, Is grandma baking an apple pie or is that just one of our personal bartender's concoctions? --Meg

Zeth, Still getting calls from Tracy, huh? Maybe she'll stop someday. Keep up with your programs! --Crystal

Megan, All I have to say is...Couch dancing! Maybe we should go on Star Search! What a great weekend! Here's to many more. --Love, Michelle

Emily & Tracy, Thanks for the night of my life.(even though it was a once in a lifetime experience! --Meg

Steve, Thanks a lot for watching out for me this past weekend. You are truly a great friend! I owe you one! --Crystal

Crystal & Cindy, Triple axle-drink! Was that a jump? Drink anyway! Just think...the semester is just beginning! --Love, Michelle

TOP TEN WAYS TO KEEP WARM THIS WINTER

10. Hot chocolate with lots of marshmallows.
9. A huge wool sweater.
8. A warm, cozy fire.
7. You Know!
6. Wearing a heating pad wrapped around you.
5. Staying under the covers.
4. Thermal underwear.
3. Using a hot water bottle.
2. A shot of tequila.
1. YOU KNOW!!!

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Spring Is Just Around the Corner

by an Albrightian staff writer

Alright, I know that it seems a long way away, but the warm weather is coming very soon. It will soon be time to put away those wool sweaters and snow boots, and rip out those shorts and t-shirts.

Now, I know that's it been a long winter, wearing all those bulky, layers of clothes, but it's time to peel them off. Some of us may not be as happy as we'd like to be, after we take these layers off. It was okay during the winter, because you could hide it, but you can't really do it in the spring time. All those days when you were stuck in the house, because of a snow storm, bored out of your mind, and all you could do was eat. Well, time to change that.

Some form of exercise is always a good way to start getting into shape. There are many types of exercising, ranging from very small work-outs, to longer, more strenuous ones. Now, those of you who play a sport, are already set, because you do some type of physical activity everyday. For those of us who don't play a sport, here are some small tips to help start the process of getting back into shape.

There is always Albright's infamous weight room, where you can either lift weights, ride a stationary bike, and even do the ever popular stairmaster, which you usually have to wait in line for. This weight room is definitely somewhere where you can work up a really good sweat. For those of you who don't want to sweat that much, but want a good work out,

there's always walking. My friend and I often enjoy walking around the upstairs track in the gym. Walking is a great exercise, which can be rewarding in the end if you keep up a good, steady pace and walk repeatedly. When the weather gets better, you can even walk outside. The fresh air will do you good.

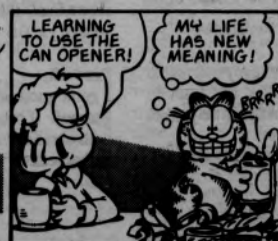
There are so many different forms of exercise that can help you get into shape for the upcoming months. Along with exercise, it's important that you eat a healthy diet as well. It's not a good idea to starve yourself in order to lose weight, but just cut back on some of those fatty foods you eat every day and replace them with other healthier foods. You won't see a big change right away, but you will gradually see some difference.

Someone once told me that it's a good idea to drink one or two glasses of water before you eat a meal, because it fills you up, and obviously, water is a very good thing for you. Try to drink 8+ glasses of water a day.

I know that sometimes it's difficult to find time during your busy schedule to exercise, but I guarantee if you do, it will make you feel better both inside and out. Any type of physical exercise is good, you choose what you like the best, use your imagination! You'll thank yourself when it comes time to put on your shorts, or even a bathing suit later on. It won't happen overnight, but it will eventually happen. Don't forget, spring break is right around the corner, and for all of you who are going away, you'd better get started soon.

Comics Section

GARFIELD® by Jim Davis





Sports

Basketball To Host First Round of MACs

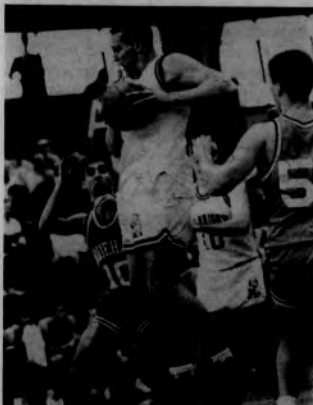


photo courtesy of the Sports Information Director's Office.
Jim Hoopes is now the leading rebounder in Albright's basketball history.

by Andy Jankiewicz

On Tuesday night Albright defeated Susquehanna, in arguably the season's most exciting game. Playing in front of a rowdy crowd in Selinsgrove, the Lions topped 18th ranked Susquehanna 71-70 in overtime.

Mahlon Hayes buried a three pointer to give Albright the lead with six seconds left. Jim Hoopes swatted away Susquehanna's final shot to secure the win. Other contributors against the Crusaders were Todd Smith with 15, Shamar Graham with 12, and Dwight Davis with 10. Head Coach Ray Ricketts is now preparing his team for tomorrow's game and the playoff game Monday night. Albright was picked to finish in sixth place before the season started. Ricketts, 1992 Coach of the Year, has done a remarkable job with his

team and could be up for 1994 honors.

The last two months have been a very productive and exciting time for Ricketts and his Albright Lions basketball team. After a shaky two win and four loss start, the Lions have won 14 of their last 17 games. They have established a solid 16-7 record overall, and a 11-2 record in the MAC Commonwealth. With their 11-2 division record, they are currently tied for first place with Lebanon Valley. The Lions also have an excellent chance of receiving a NCAA Division III tournament invitation after knocking off Susquehanna, who is ranked 18th in the nation. Two Lions have set marks this season. Hoopes is now the leading rebounder in Albright history and Hayes went over the 1,000 point mark for his career.

The Lions host Juniata Saturday at 3 p.m. in the Bollman Center. Albright hosts the first round of the MAC Commonwealth playoffs Monday night at the Bollman Center. The last playoff game Albright hosted was in 1992. For those who remember this game, I am sure you will attend Monday night. For all others, the last playoff game was comparable to a Final Four playoff game between Duke and Kentucky. The Bollman Center was at maximum capacity with screaming fans and students. Don't miss this game, it will definitely be a highlight for the year.

Hayes has been one of the leaders of the team this year. He is the team's leading scorer and fifth in the MAC in scoring, averaging around 18 points a game. Jim Hoopes is the team's second leading scorer, averaging around 12 points a game, and is the team's leading rebounder. Hoopes is one of the top five rebounders in the nation. Smith is leading the MAC in three point percentage and plays tough defense for the Lions. Freshmen Shamar Graham and Dwight Davis are helping the Lions considerably. Graham

is possibly the best freshman in the league and is the front runner for the MAC Rookie of the Year Award. Davis has shown steady improvement throughout the season and is the team's second leading rebounder. Ken

Crilly has shown that he is deadly from the outside for the Lions. The senior leadership off the bench is provided by Dan Trebour, Darron Wilt, and Rob Donaldson.



Albright Women's Basketball Looks to the Future

by John Hatchett

Albright College lost to Elizabethtown at the Bollman Center in women's basketball action Saturday. The effort by the team showed that the women's program at Albright has potential for the future.

Elizabethtown bettered Albright in almost every major category on Saturday night. Their shooting, rebounding, passing, and defense all outshined that of the Albright women. They jumped ahead quickly and never looked back, securing a win over the Lady Lions.

Head Coach Sally Miller said, "It is going to take some time and we will have some trouble until some of our young players mature."

The loss dropped Albright to 1-20 overall and they are winless in MAC Commonwealth League play. They have not won a game since they beat Drew 59-49 with an inspiring team effort lead by Kelly McCarty and Jackie Close early in the season.

Unfortunately, there have not been very many inspirational wins for the women's basketball team this year. They averaged 41.1 points a game this year while giving up an average of 75.0 points. The most points

the team has scored this year are 59 twice, against Lebanon Valley and Drew, but that was on December 4 and 7. Albright hasn't scored more than 50 points in a game since they lost to Delaware Valley on December 9.

Miller foresaw that her team might have some trouble this year. After the win versus Drew, she said that she thought this could become a rebuilding year at Albright. The reason for that is that she only has two returning players from last year's team.

There were a few developments last year that contributed to the problems that Albright is having now. They lost two excellent front court players to graduation, Connie Grothe and Jen Esposito. Then point guard Kristen Ruch transferred to Brigham Young University and promising young players such as Sue Rehrig, Lisa Calvert, and Michelle Treiber decided not to play this year. This thrust some of the freshmen into starting roles, even though they might not have been ready.

Miller did have a successful time recruiting last year. Kelly McCarty, Jackie Close, Sherri Wakeling, Jennifer Myers, and Jennifer Wheeler are all products of the 1993 recruiting class. Then there is Dena Levensgood, who is

a sophomore that didn't play last year because of a knee injury. McCarty leads the team in scoring average with an 11.3 PPG average in just 15 games. One of the most talked about recruits at Albright is Myers. Miller said, "I think that her strongest area is rebounding, she can really mix it up in there." Another recruit that is doing a good job at Albright is Jackie Close, who is third in scoring and second in scoring average.

Miller took her team down to the University of Tampa Bay in early January for a holiday tournament. She said, "That is what a lot of Division III teams do; take a trip every couple of years in hopes to establish teamwork and as a break in the regular routine." The team should continue to improve and you can look for them to be better in the near future, according to Miller. That is assuming that a large number of the players don't leave again this year.

Albright still has two games remaining, tomorrow versus Juniata at home and then at Gettysburg. They lost 46-83 earlier this year to Juniata and this will be the first meeting with Gettysburg this season.

Miller said, "Then, Go to the winter blues by putting on your dancing shoes!"

For all students that need a tutor this semester please sign up in the Career Planning and Placement Office located in Selwyn Hall or call extension 7630. The tutoring office hours will be on: Mondays 1-4 p.m., and Tuesdays and Thursdays 1:30-3:30 p.m.

Have a great semester!
Melissa Wagner
Tutoring Coordinator

On Deck

Men's Varsity Basketball
2/19 Juniata Home at 3 p.m.
2/21 MAC First Round
TBA Home at 8 p.m.

Men's JV Basketball
2/19 Juniata Home at 1 p.m.
Lifesports Center

Wrestling
2/19 MAC's Juniata Away
2/25 NCAA East Regional Elizabethtown Away

Women's Basketball
2/19 Juniata Home at 1 p.m.
2/22 Gettysburg Away at 7 p.m.

Swimming
2/18-20 MAC's at Scranton

Albright Goes For the Pin at MAC's

by John Hatchett

Albright beat Lebanon Valley in an extremely close wrestling match last Saturday afternoon at the Bollman Center. They will compete in the MAC's at Juniata tomorrow.

There was only one point separating the two teams, with Albright taking a 27-26 victory. The win helps the Lions to a 4-7 overall record.

Head Coach Jim Malone said, "I am very happy with how the season turned out, and I think we have a good shot at doing well at MAC's. The team is pretty healthy, and is ready to wrestle."

They have won two of the last three matches, losing only to Messiah at home. Earlier they emerged victorious in another close match against Moravian. The late season surge helped Albright into the post season. Coach Malone is hoping that they can carry the momentum into the MAC playoffs.

Albright wrestling has had an up and down season this year. They started off by winning three of their first four matches with wins against Swarthmore (32-2), Western Maryland (36-2), and Susquehanna (24-22).

Then the team hit a dry spot, losing five matches in a row, including a shutout against Juniata. Albright finished off the season by winning two of the last three matches.

There has been some inspiring individual performances on the wrestling team this year. Jason Albert went 4-8 with three losses by 1 point and another three losses by 2 points. Brian Johnson went 6-6 while John Ungarelli had a 4-4 record. John Ulman registered a winning record in winning three of five matches. There were also some young wrestlers that showed some promise. Tue Ly had a mark of 3-6 and Todd Outwin had a 4-7 record.

Albright will only lose two wrestlers to graduation, so the future looks pretty good. The team is made up of four freshmen, six sophomores, three juniors, and two seniors.

Malone said, "We have a very strong nucleus and since we are such a young team, we have a lot of potential for future seasons. One important thing to remember about this year's team is that we have been able to cover all of the weight classes. That is something Albright has not been able to do for the past couple of seasons."

Albright Swim Team Reaches for the Gold

by John Hatchett

Albright's swimming team split their meet with King's College on February 5. The men won while the women were competitive but still lost. Albright will go to the MAC's that start today.

The men were dominant against King's, taking the meet 78-27 while the women lost by a fairly close score of 76-103. The meet improved the men to 2-8 but the women fell to 1-9. Significant can be found in both teams.

Albright's swim team is only four years old, with only two years of swimming at the varsity level. The team appears to have potential and the quality of the swimming continues to improve each year. This year has been very interesting for the swimming program at Albright. The men lost four

meets before they won their first meet against rival Susquehanna. Then they lost four close meets before they destroyed King's. They have been competitive in six of their eight losses and several records have fallen to Albright swimmers this year. The women have lost all but one of their meets. They were extremely competitive in almost all of their meets, only one meet could be considered a blowout. The women were victorious against Mansfield 44-36 in a meet that was added to the schedule.

Next the swim team will head to the conference championships at Scranton. Last year, Andy Smith won the first medal in the history of Albright swimming. It appears that the swim team has a good chance to expand on Smith's accomplishment last year at the MAC's this year.

Good luck to all the athletes competing in the MAC's!

-The Albrightian staff

Winter Track: At the Starting Block

by Andy Junikiewicz

The 1994 track season is off and running. This year's men's and women's teams are training to compete in the MAC Commonwealth Winter Meet. A host of Lions have qualified for this indoor meet to be held next Saturday at Lebanon Valley.

Although the men's team lost half of their team from last year, they should have a good showing at the MAC meet. Chaz Moore, Ace Keveny, Mark Votero, Ryan O'Connell, Abe

Antler, and Greg Madias have qualified in various events.

The women's team is also quite small, but has good quality runners under the leadership of Jessica Kemp and Lori Choyowski. Returning runners include Beth Watkins, Donna McCarthy, Mariann Trainor, plus newcomer Wendy Roberts.

This Saturday's meet at Widener is the last chance for the Lions to qualify. Good Luck to the Men's and Women's Track Teams!