

THE ALBRIGHTIAN

Volume LXIII

Reading, Pa.

October 10, 1975

Number 6

Populist Seeks Democratic Ballot

HARRIS APPEALING TO BERKS

by MELISSA ARNOLD

"What we've got to have is a fairer distribution of wealth and income and power." Thus states Democratic Presidential contender Fred Harris on his main platform plank. Coined "Fighting Fred", this son of a former Oklahoma sharecropper, has begun his uphill fight for a Democratic primary victory.

One of Harris' main problems is a lack of public recognition. Yet, he has received some coverage by the press. An advocate of the Populist theory of government offered by Thomas Jefferson and James Madison, Harris is being closely watched by political speculators as a darkhorse who MAY be capable of victory.

The 44 year old Oklahoma native, who served eight years in the Senate, can include his wife LaDonna as a political asset. Part Comanche Indian, she advocates the rights of minorities through her position as member of the advisory board of NOW and as Executive Director of Americans for Indian Opportunity. In the latter group she is battling for the Indian tribes' right to wrest control of their own natural resources from powerful corporations.



"Fighting Fred" Harris beginning uphill fight for Democratic primary.

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Gala Homecoming Planned This Weekend

Return of the colorful float parade and a gala Bicentennial Ball at Stokesay Castle highlight the Albright College Homecoming Day program for Saturday, October 25, Carlton S. Dodge, director of alumni relations, announced.

Several hundred alumni, family and friends are expected to register for the activities which begin with coffee and Danish in the Campus Center at 10 a.m., Mr. Dodge related. Fraternity and sorority open houses and a meeting of the "50-Plus Club" in the South Lounge at 10:15 a.m. are scheduled prior to the cafeteria-style noon luncheon.

Mr. Earl Heydinger, Elverson, historian for Hopewell Village and alumnus of the Class of 1952, will address the "50-Plus Club" membership on "Invisible Hopewell" following an informal bicentennial breakfast for those attending. Continuation of the theme will be evident in the period costumes of several members serving as greeters.

Next, a cafeteria style luncheon is to be served in the college dining hall from 11:30 through 12:15. Alumni and students will eat together and music will be provided.

The campus guests will have opportunity to watch the Albright Lions in action as they meet the Wilkes College Colonels in Albright Stadium at 1:30 p.m.

A pre-game show will be presented by the college marching band, while halftime entertainment will feature the return of the traditional float parade based on the bicentennial theme. There are six entries this year - Chi Lambda Rho, Pi Alpha Tau, Phi Beta Mu, Alpha Phi Omega, the Nursing Association and the Concert Choir.

Post-game activities will begin approximately at 4:00 in the George C. Bollman Physical Education Building. A songfest competition performed by various campus organizations will be held. Last year there were six entrants. A similar number is expected this year.

During the judging, music will be provided by the Concert Choir. At this time trophies will be presented to the winners of the songfest competition, float parade, ISC and IFC achievements, and the outstanding football player of the game. Cider and donuts will be served.

The evening program at Stokesay Castle begins with a social hour at 6:30 p.m. followed by a served dinner for the respective fraternity and sorority groups and others attending.

As a feature of the program, the minut will be demonstrated and taught by Mr. and Mrs. George Hoffman, Miss Cynthia Spies,

and William Angstadt through arrangement with the Berks County Arts Council and the Pennsylvania Council on the Arts. Wes Fisher and the Women of the Reading Symphony will provide the period music.

The Bicentennial Ball at 10 p.m., with music by the Reading Neophonic Orchestra under the direction of Terry Fick, will conclude the Homecoming program.

Mark P. Albright, 1750 Fairview St., an Albright freshman, will provide guitar selections throughout the morning registration, while Michael T. Moran, 926 Greenwich St., will offer piano selections during the noon luncheon.

Reservations for the luncheon, dinner, and Bicentennial Ball may be made at the Albright College Alumni Office through Thursday, October 23, Mr. Dodge added. Tickets for the football game also may be made in advance or at the gate.

Alumni and students serving with Homecoming chairperson, Stella M. Hetrick, 235 N. Front St., are Paul Roth '74, 1032 N. 6th St., Joyce E. Heffner '76, 609 March St., Shillington, and Scott Fetterman '78, 701 N. Temple Blvd., Temple.

Students are urged to attend all events. Let's make this the best Homecoming in Albright's history.



Will Renken all smiles after being named to special Olympic selection committee.

RENKEN NAMED TO OLYMPIC COMMITTEE

Dr. Wilbur G. Renken, athletic director and head basketball coach, has added another honor to his outstanding administrative record. Renken was recently selected as chairman of the basketball player selection committee for the Olympics.

Renken, who considers it "a fine honor to be given the responsibility of heading such a committee," plans to meet with the members of his committee in Chicago soon to lay down some ground rules. His group would like to recruit around 44 players, and then establish a camp somewhere in the Midwest.

The selection committee is studded with big names. John Wooden, of UCLA fame will search for talent in Pacific coast area; Dave Gavitt (Providence) who will cover New England; Dean Smith (North Carolina) who will handle the Southeast area; Ned Wulk (Arizona State)

who has the Rocky Mountain area; and former Olympic coach Hank Iba who has the Big Eight and Missouri Valley, are all pretty distinguished gentlemen.

Bill Hoskett, former Olympic player and pro with the Knicks, has the Big Ten. Jim Gudger, an executive officer in the High School Federation has the NAIA. Bob Polk, Rice coach has the Southwest area.

Also, Ed Badger, former Pan American coach, has the junior colleges; while high school talents will be scouted by Jim Growney, and the military

service will be covered by Ben Lewis. Dallas Shirley, commissioner of the Southeast Conference, has the Amateur Basketball Association, and Marshall Emery will cover the New York, Philadelphia, and Washington metropolitan areas.

NEW ART ARRIVES

Recently, the Fine Arts Committee of Albright College purchased four innovative and colorful prints. Two of these works of art are located in the lobby adjacent to the Campus Center Theatre, while the others adorn the walls of the cafeteria. These interesting and vivid artifacts are silk-screen reproductions depicting actual walls found in New York. Bold colors, geometric design and originality help to characterize this fine collection. According to Harry Koursaros, chairman of the Art Department and member of the Fine Arts Committee, the prints are "an excellent example of a very important movement in the art world."

Whether a real connoisseur of fine art, or merely an eclectic observer, these aesthetic additions will certainly enhance the attraction of Albright College.



Ricketts Gets

Springfield Post

Ray Ricketts, one of Albright College's greatest basketball guards, has been named to co-coach the Springfield (Mass.) College freshman basketball squad this season. Ricketts, a 1974 graduate who ranks fifth on the all-time career scoring list with 1588 points, has been a graduate student at Springfield for the past year.

"I'm extremely pleased to hear that Ray is taking the job," mentioned Will Renken. "Ray will do an outstanding job without question, and I'm certain that he will be well respected by his players."



Ray Ricketts '74 grad gets coaching position.

LETTERS TO THE EDITOR

To the Editor:

This letter concerns the meal plan served at the Albright College training table and therefore to Mr. Jackson, who heads the food service at Albright.

First, I would like to say that I think training table is a big farce. That is, we get what seems to be the leftovers from the regular meal and, on occasion, half-raw or over-cooked. I feel that Mr. Jackson thinks he is doing those people who eat training table a very big favor. However, I feel that there is no favor involved by Mr. Jackson. Training table should be a privilege for those who give their time and energy for the betterment of Albright's sports.

Second, there is the fact of the food served. Someone should tell Mr. Jackson that we are not all football players. There are such people as cross-country and wrestlers who must watch what and how much they eat at meals. We have the problem of weight control and eating bread, stuffing, potatoes and beans, all of which are high in carbohydrates, is not the best for us. Lettuce, celery, mushrooms and carrots are foods along with high protein meat that have almost no calories and are nutritious as well. Why is it then that we never have salad served with our meal at training table? On occasion before training table I would go into the cafeteria and pick up a bowl of salad to eat with my meal and a number of times Mr. Jackson himself would come up to me and ask, "What are you doing here?" or "I have been told to leave the caf until training table starts. A number of times after telling him that I liked to eat salad with my meals, he got annoyed and walked away.

Now he has his watch-dogs looking out for me and others like me who prefer salad with their meals and telling us that if we take a salad we will be charged for the price of an extra meal. Ridiculous. Doesn't Mr. Jackson keep records? If he did, he would know that I have already paid for my meal ticket here at Albright for the fall semester and am entitled to eat any food that is served during regular cafeteria hours. As for training table, as long as you are on a sport, you can eat at training table without charge!

On October 20, 1975, I was told that I would have to pay the price of an extra meal, one I have already paid for because I took a salad to eat with training table.

I say now that I will not pay this assinine bill and hope that Mr. Jackson will get down off his high horse and once again gain human status.

Responsible comment invited from Mr. Jackson.

Sincerely,

Bernie Palazzolo

OPEN LETTER to the STUDENT BODY

Hopefully, this will be the first of many letters to you, the Albright Student Body from the Albright Student Union. We are attempting to bring back contact between the Union and Student Body and to keep you in touch with financial and social decisions. We have found in the past that the Student Body does not relate their problems and ideas to the Union. The Union can not read minds, and if we are given the job of bettering the life style at Albright College, we must keep in touch with you.

There are several ways YOU, the Albright student can alleviate your problems to us. First, we are posting a suggestion box in front of the cafeteria. Second, we are going to attempt to bring about a forum between 5:30 - 7:00 p.m. when the student may speak his mind and relate it to others. Last, the student will be able to sit in on Union meetings every Tuesday at 6:30 p.m.

Michael A. Goldman
Student Union Representative

CROSS COUNTRY TEAM

COMMENTS ON

FRATERNITY HAZING

To the editor:

We would just like to take this opportunity to thank the local fraternities who, through their attempts at "hazing" were successful in injuring our teammates on the cross country team to the point where it hurt our team's performance in a triangular meet against Muhlenberg College and Drew University (Albright defeated Drew 38-20, and lost to Muhlenberg 30-27). Thanks to the thoughtless actions of some "brothers" one of the teammates involved was physically unable to compete in this meet and was forced to miss an entire week of practice.

We have nothing against fraternities, but when "hazing" is carried to the point of idiotic senselessness, perhaps it is time to ease up a bit. All we can say is that if the members of these fraternities have that much excess energy, they are welcome to join us at any practice in order to work it off.

THE CROSS COUNTRY TEAM

Dear Albright Friends,

I want to thank all of you who wished me well when I was in the hospital. It is my friends at Albright who make me happy to be a member of the Albright family. I am recuperating at home and will be back at school as soon as possible.

Thanks,

Danny Sommer



Do something

just a little

bit different!

EXPRESS
YOURSELF!!

on the pages

of the
Albrightian

ORGANIST TO PRESENT RECITAL

The Arts and Lecture Series of Albright College will present Bruce P. Bengtson, organist-choirmaster, in concert on Wednesday, November 5.

Mr. Bengtson is the organist-choirmaster of Christ Episcopal Church in Reading, Born in Austin, Minnesota, he moved with his family to Waterloo, Iowa, where he began the study of piano at the age of nine and the study of the organ at the age of thirteen. During his high school and college years, he was organist of the First Congregational Church in Waterloo, having played his first service there at the age of fourteen.

He received his Bachelor of Arts degree from the University of

Northern Iowa, summa cum laude, and was cited for conspicuous achievement in music. At the University of Northern Iowa he studied organ with Philip Hahn, one of the last of Robert Noehren's pupils. His Master of Sacred Music degree was awarded cum laude from Union Theological Seminary in New York City where his organ study was with Searle Wright. During his years at Union he served as organist-choirmaster of Westminster Presbyterian Church in Elizabeth, New Jersey, and as chapel organist at James Memorial Chapel at Union.

Following graduation from Union he married the former Ruth Anne Maier of Reading and served the Fox Chapel

Presbyterian Church from 1966-69 as Minister of Music. He and his wife held a similar post at the Westminster Presbyterian Church in Lincoln, Nebraska, from 1969-71. He holds the Associate Certificate from the American Guild of Organists for which group he has given programs in organ and choral repertoire and console conducting, as well as serving as general chairman of the 1971 Midwest Regional Convention in Lincoln. Although still active musically, his primary occupation now is serving as Executive Vice President and Treasurer of Maier's Sunbeam Bakery in Reading.

During his recital, Mr. Bengtson will perform presentations by Vierne, Bach, Roberts, Wright and Buck.

THE ALBRIGHTIAN

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THE ALBRIGHTIAN is published weekly by the students of Albright College except during vacation, holiday, and examination periods. Opinions expressed herein should be considered the responsibility of the author and the editorial staff, and unless otherwise noted should not be considered as a statement of the official policies of Albright College. THE ALBRIGHTIAN welcomes letters to the Editor and responsible commentary. All letters must be signed although names will be withheld upon request. Manuscripts should be typewritten and submitted no later than noon on the Tuesday before Friday publication. Telephone 921-2381 (Ext. 218) or write THE ALBRIGHTIAN, Box 107, Albright College, Reading, Pa. 19604. This publication is printed by The Windsor Press, Inc., 6 North 3rd Street, Hamburg, Pennsylvania.



mainstreamin'

by ogden rogers

the pumpkin story

october wane, greying and sunshine, greying and sunshine ... some rain here and there to maintain the sniffles, the midterms come and go, and no reason to be found in either. i guess autumn is the best reason for this place.

walking down thirteenth street, the colors, the mats of wet red and orange and brown that stick so much nicer to feet than asphalt, the wet, the rain, sounds striking the canopy above, the brim of my hat, then finally, the sidewalk, the gutter, small fragments collecting to a rushing force ... all still in the gutter, the same drops sometimes fall on the roof of an aquamarine dodge dart, an old man sits within, as he does almost every night of life, just sitting and watching, leaves and students go by.

the wind ... an added element, giving impetus to moisture down my neck, the walk to the court seems longer and longer, coursing through corner and limbs, the north side of white chapel: small tornadoes, leaves and invisibility, not yet raked clean by our groundscrow, for brief moments they swirl and tumble, maddeningly, unseen perhaps except when they rush at long hair, the wind, it seems, is never at one's back in reading ... but always headlong, in your face, later with the stinging december, the tears will probably come too.

the groundsman on the old green john deere cuts grass outside the library, the black tires matted deep and rust, the cutting blades will probably come off soon anyway, as the trustees will soon meet, its probably time for the old snowplow, i watch the old man on the tractor, that tractor is a trusty steed, i wonder if the groundsman has a name for it?

october wane, already the weekend habits have formed, some leave for home, and some just leave, blown away, thoughts of the gradgrind begin to linger in the air, like smoke from those burning out, it is a different world, a halloween with masks and jack-o'-lanterns that we carve ourselves, dunsany and poe are dead ... any walk into a five and dime reveals that spiderman is a far more popular mask than patty hearst, anti-hero for anti-hero, the one that glows in the dark is always the best buy.

october wane, and still there is room for encouragement, perhaps there will be more fires in the campus center this year, more time with a good guitar and a good person behind it, there are makings of it in the air, i smell them in smith, perhaps the other dormitories will follow suit, with the cold and the rain, such possibilities would make the walk down thirteenth street so much easier.

new happenin's at the Information Center

AIC NEWSLETTER

The Albright Information Center is extending its services and would like to make all Albright students aware of the wide variety of information available to them through the AIC. Foremost on the list of interesting items is the extensive collection of Interim catalogs from other colleges, included are Moravian College, Bucknell University, Marymount College, Thiel College and many others. In addition, Joanie Kashtaniuk, head of the off-campus Interim department has collected information on Junior Year Abroad programs, summer opportunities in foreign countries, and information pertaining to Eurail passes and passport and visa regulations.

If you have trouble scratching together the money for Interim in Copenhagen, Kathy Barrow has assembled a number of possible part-time jobs you might look into. Jobs currently available include babysitting, waitressing, and serving as store clerks. Also under Kathy's capable direction are the areas of full-time and summer jobs.

Often, its helpful to come down as early as January to start looking for summer employment. Highlighted are numerous camp counseling jobs plus a wide attraction of summer resorts which desire college students for their staff during the sunny months.

One of the most utilized areas is that of area cultural events directed by Jon Kippel. Jon has worked assiduously in bringing together as many types of activities as he possibly could. The range of events include the activities of nearby colleges, Moravian, Franklin and Marshall, and Kutztown; concerts at the Spectrum, happenings in Philly, area sporting events, and such neighborhood topics as the Reading Public Museum, the Rajah Temple Theater, the Reading Philharmonic Orchestra, The Reading Community Players and various public speaking programs, truly an endless list.

In a more practical vein Richard D'Addario has compiled the schedules of all the various transportation systems both intra- and intercity associated with Reading. In addition to these activities, Rich takes on

special duties in May, when he gathers information on off-campus housing for students desiring to find alternate housing accommodations.

Another area of information the AIC deals with are volunteer services ranging from the Peace Corps and Vista to working with HUD and the United Way. Volunteers are now needed to work with mental health patients at St. Joseph's Hospital. This is an area of boundless opportunity for any student who would like to give a few hours a week to a very worthy purpose. Recently the blood bank program set up in conjunction with the Keystone Community Blood Bank has blossomed into its own. But

more volunteers are needed, so if you are interested in donating blood, stop down in the Information Center. Moreover, if you are just interested in a short coffee break come down and visit us in the basement of Selwyn Hall. An especially appropriate time would be during our Open House on Wednesday the 29th. Inquire about upcoming Interims and enjoy a few donuts.

THE COMMENTARY

by SUE WILSON

The present economic and employment conditions in our country have made all of us aware of our expendability in the outside world. As each class graduates and fewer and fewer students are able to find the kind of work they are really interested in doing, or perhaps any work at all, we begin to realize that the college graduate is no longer a commodity in demand in the employment market. Indeed, college graduates are barely an elite at all in the United States as more of the general population is able to continue in the educational system beyond the high school level. For some disciplines even a Masters degree will not separate the "better" people, nor the people more likely to be employed. In the wake of such confronting realizations, views of education are changing very quickly in the minds of students, also. A wave of conformity has struck college campuses, and a kind of educational conservatism prevails as the student attitude. Gone are the demands and sit-ins, the activists, and the experimenters. The students have come to feel that creative thinking and criticism are too risky; or perhaps the students have totally forgotten how to creatively think at all.

I do not believe that there are very many students at Albright who need to be told to be pragmatic about their four years here. We, as students, have effectively changed the creative

opportunities of Interim into a chance to kill a general studies requirement, and the freedom of Q/non-Q into instant relief from spoiling a decorum. Students who can so adroitly maneuver their way around the Almighty GPA do not need to be told to look at their college experience in the practical sense. There is also little need to give students a healthy dose of selfishness or self-consideration, either. There are few students too shy to return for a third plate of manicotti in the dining hall, and fewer still who would not moan audibly to urge a professor to reschedule an exam or a paper due-date. Such survival-instincts do not need the addition of more self-interest.

And yet, when we finally come around to our junior and senior years, begin applying to graduate schools of looking for jobs, we cannot understand why, after four rigorous years, we don't seem to be prepared for the competition of the outside world. We have insights into the State of the Economy, we have sound pragmatism and a great deal of self-interest, but even with these perceptions and attitudes, we are overwhelmed with a fear of the "system" and of our potential failure. Albright is not a mediocre school, but as a small school it does not have a name that will carry its students effortlessly through life. Each student must carry his own weight, his own name, his own reputation; and it is within the college framework that the

student must discover and develop these aspects. After he is handed a diploma, the student is really only left with himself. It becomes evident that the very element of student creative thought which we have eliminated is the only real opportunity to save ourselves. After freshman comp., intro psych, and general chem, your identity as a student is left entirely up to you.

Creativity in curriculum is not that difficult at Albright. The opportunities for independent studies, double majors, outside research, non-traditional studies, and student-requested courses are relatively open here. Even if a student is not interested in a curriculum change or course additions at the committee level, he has the opportunity and obligation to himself to approach these possibilities on an individual level. The whole process is even written up in the college catalog. Albright is not a half-bad place to become educated, but the students must learn to take the initiative and learn to develop the creativity to make the college responsive to their needs, their goals, their future. Perhaps this is a time of some hopelessness, but it is also a time where forethought, principle, and a sense of priorities can make a large difference. Until such time as the students here MAKE the school sensitive and responsive to student needs, they have no one to blame but themselves - diploma or no diploma.

MONDAY AND TUESDAY

NOVEMBER 3, 4

ART PRINT DISPLAY and SALE

TIMES:

10:00 am
to
7:00 pm

PLACE:

CAMPUS
CENTER
LOBBY

PRICES:

\$2.50 each

full-color reproductions of Masterpieces

featuring works by Chagall, Dali, Matisse, Gauguin, Van Gogh, Breughel, Cezanne, Frankenthaler, Homer, Klee, Miro, Monet, Magritte, Picasso, Rembrandt, Renoir, Toulouse-Lautrec, Wyeth and others.

Over 400 different prints and Master drawings.
New Publications

M.C. Escher:
Water, Fall Day
and Nite, Reptiles,
Stairway

Picasso:
Don Quixote,
Petites Fleures,
3 Musicians,
Blue Nude, Old
Guitarist

Van Gogh:
Starry Night
Salvador Dali:
Persistence of
Memory

Monet:
Water Lilies
Bosch:
Garden of
Earthly Delights

Plus Many
More

THE BUCKLEY AMENDMENT

Current Albright Students:

As you are probably aware, the Family Educational Rights and Privacy Act of 1974, P.L. 39-380, as amended by Buckley and Pell, is now in effect. The Department of Health, Education and Welfare has drawn up general rules for its application, and an administrative committee at Albright has determined the official position of the college. The law requires that currently enrolled students be informed annually of the policy and its procedures. As reactions throughout the country are heard, new interpretations may be forthcoming. What you read below represents the simplest, yet most comprehensive local application as composed by the administrative committee.

In the event that clarification of items or explanation of procedures might be more readily given, students are asked to direct questions to Arnold J. Tilden, Assistant Dean of Students or Samuel B. Shirk, Registrar.

The Family Educational Rights and Privacy Act of 1974, P.L. 39-380 (Buckley amendment), as further amended by Buckley and Pell, signed 12/31/74, with HEW rules and comments applicable to

ALBRIGHT COLLEGE

I Definitions:

A. Education records — records (handwriting, print, microfilm), files, documents "which contain information directly related to a student" and "are maintained by ... a person acting for "Albright College." The term records does not include (1) personal faculty or administrators' notations or grades, not accessible or revealed to others; (2) records maintained by the college physician, psychiatrist, psychologist or college designated counselors not available to others — used for personal "treatment." Such records may be reviewed by another professional of the student's choice; (3) Parents' Confidential Statements used to determine student financial aid, when the parent has not given previous consent.

B. Student — any 18-year-old person who is now attending (full or part-time) or has attended Albright, about whom records are kept. If the student is under 18, the following, II through IX, apply to the (one) parent.

II Types of education records directly related to currently enrolled students, maintained by the college:

A. Official academic transcript in Registrar's Office.

B. Registrar's Office folder containing high school transcript, entrance test scores, letter of acceptance; other official transcripts (if transfer credit); copies of letters or notes containing official academic actions.

C. Dean of Students Office files containing official administrative disciplinary actions.

D. Job placement files or files prepared for graduate or professional schools containing personal recommendations. Data secured before January 1, 1975, on the basis of confidentiality is not accessible to the student. If the student signs a waiver pertaining to data secured since January 1, 1975, such information is considered confidential and therefore not to be released to the student.

E. Financial aid files (Parents' Confidential Statements only available to dependent students where the parent has given previous consent).

F. Health data (not available to students — see IA2).

III Responsibility for records:

The Registrar is the overall custodian of student records, and specifically responsible for A and B; the Dean of Students for C; the placement offices where evaluative records are maintained (i.e., Assistant Dean of Students) advisor for health professions, teacher placement officer) for D; the Director of Financial Aid for E; the Health Center for F. Other Albright administrators or faculty directly concerned have access to these records.

IV Expunging records:

Upon graduation of the student, files will be expunged so that only the following items remain on microfilm.

- A. initial application blank
- B. high school transcript
- C. other college transcripts, if any
- D. disciplinary letters of a severe nature, as determined by the Dean of Students
- E. Official Academic Record and/or transcript
- F. final copy of the Student Personnel Record
- G. signed information request, release forms, and waivers
- H. other materials determined by the Registrar to be important enough to preserve.

Dean of Students, Financial Aid (after 3 years), and Health Center files will be expunged. Placement files (as noted in IID), including all waivers, will be retained for 5 years. For non-grads records will be retained for 5 years; then only the foregoing items available, A through H, will be preserved on microfilm.

V Inspection request:

A student may, upon reasonable notice, request to see any of the applicable files in II or IV. An appropriately signed request form will be retained in the file in question.

VI Records challenge:

A student may challenge the contents of any file by requesting the Registrar, in writing, to arrange a local meeting with a committee of three appointed by the Academic Dean. Albright will within one month after such meeting render its reply and suggested action. If the student is still dissatisfied, legal counsel for both Albright and the student (as his own expense) will be added to the aforementioned committee. Still unresolved situations may then be appealed to the HEW Review Board.

VII Costs for record reproducing:

The cost to the college of reproducing any records — as requested, by the student — (other than those charges for transcripts, as noted in the college catalog) will be paid by the student.

VIII Student directory:

Albright has designated as student directory information the following items: name, address, telephone listing, date and place of birth, area of concentration, participation in recognized activities (height and weight in sports), dates of attendance degrees and awards, most recent institution attended. The contents of the current student directory (less than those items listed) and sports programs are in compliance with these rules.

IX Release of information as listed in II (to others than the student himself):

A. To other Albright administrators or faculty — only those who have demonstrated need to know.

B. To a parent — any defined records — of dependent students (including grades).

C. To educational agencies and other institutions — where identifiable information (the student name is requested) defined records only at the student's signed release; e.g., transcripts for transfer or graduate school — (forms now available). Where part of a bona fide survey for local, state or research organization, federal government or accrediting agency, non identifiable information may be released without need for student consent — signature of appropriate college official sufficient.

D. To a philanthropic organization supporting a student, transmittal of defined records unless student over 18 requests withholding.

E. To government agencies — properly identified representatives may receive without previous student consent the directory information as defined in VII. Subpoenas will be honored, the student to be notified. Other government requests, including Selective Service, must be cleared by student release.

F. To telephone inquiries — current enrollment or dates of attendance, class, degree earned, area of concentration, honors received — without need for student consent. No telephone listings. Emergency matters (protection of health and safety) to be handled at the discretion of college officials.

G. Student directories are published only for campus distribution.

H. To graduate institutions or future employers — a signed release permits the student's transcript and recommendations to be sent directly to the persons needing these data, the release to accompany the data. Albright will make clear that no third party may have access to these data without the written consent of the student. No waiver is required, however; if no waiver has been secured since January 1, 1975, placement data as defined in IID is open for student inspection.

I. Information (such as grade reports, transcripts, etc.) may be withheld by the college where unmet financial obligations obtain.

X Notification:

Albright College will notify currently enrolled students annually of the foregoing items I through IX by one or more of the following: personal letter, the *Albrightian* the *Compass*. Alumni will be notified through appropriate publications.

THE TRUTH ABOUT T.M.

by JOANNE WEIGHART

Transcendental Meditation, or T.M., is a definite, specific technique, easily learned by anyone in a short period of time. Its purpose is to provide deep rest, much greater than that of sleep. Measurements show that the two 20-minute daily periods of T.M. bring about the experience of a fourth major state of consciousness, distinct from waking, sleeping, or dreaming. It is distinct from the other three states because the mind is fully awake while the body is in deep rest. This new state is characterized by a dramatically reduced oxygen consumption lower than that attained at any point during sleep, by reduced breath rate, and by reduced work load on the heart—a state of extraordinarily deep physical

rest. For example, whereas oxygen consumption drops rapidly within the first 5 or 10 minutes of T.M., during sleep the decrease is significant only after several hours.

Many people, upon hearing the word "meditation" associate it with mystical things or strange religious beliefs, contorted yoga positions, diets of brown rice, and a general change in everyday activities. This couldn't be further from the truth. Once learned, T.M. can be practiced by the individual without requiring any special setting, preparation, or lifestyle, at any time or place, in a perfectly straightforward and natural fashion.

Benefits from the practice of T.M. are realized immediately, and grow with consistent

meditation. Besides increasing our mental awareness and providing periods of deep rest, T.M. improves reaction time and

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movie review:

THE GODFATHER HITS ALBRIGHT

It is difficult to think of something new to say about *The Godfather*, which played at the CC Theater last weekend. It is one of the most successful movies of all time, both critically and financially. It has played on national TV. It won the Academy Award as the Best Picture of 1972. It has grossed millions of dollars. Obviously another enthusiastic review would be an exercise in futility.

I decided to go to the 11:00 showing of the movie a week ago tonight, which is a matter of indifference to you unless you went to that showing. If you did, there is an excellent possibility that you remember nothing about *The Godfather*. In fact most of the audience in the theater at that time appeared to have successfully altered their consciousness some way as they frequently hurled empty cans at the screen, roared their delight whenever there was a hint that something sexy or licentious was going to happen, and chortled expectantly when some *The Godfather's* most famous and brutal scenes were forthcoming.

"We want the horse! We want the horse!" some chanted as the movie began. When the great moment finally arrived, "Here it comes! This is it! Here's the horse!" was heard. Upon hearing this, I quickly took off my glasses and covered my eyes, but I still could not resist the temptation to peek through when the unfortunate horse's head was found under the covers, and the absolute horror that was expressed on the screen by John Marley's frantic screams reflected my own unverbilized thoughts quite accurately.

I also tried not to look whenever I sensed that someone was due to get their head blown off or meet some equally violent end, but had I done this I would have missed most of the movie. Although there can be no doubt that *The Godfather* is a great movie, I was uncomfortable from beginning to end. I began hoping that just once someone in the movie would decide to get rid of somebody by slipping something in their drink or by handing them a bus ticket to Philadelphia and strongly suggesting that they accept it. Unfortunately this never happened.

Also the obvious similarity between Johnny Torrio, the singer in *The Godfather*, to a noted Italian singer of today raised an interesting question. Frank Sinatra's career. Like Torrio's, had hit the skids in the early 50's until it was resurrected by Sinatra successfully getting a part in the movie *From Here to Eternity*, a part for which he later won an Academy Award. Whether Sinatra received his part for the same reason that Torrio got his is a question that I'd like to have answered. But then again, I don't want to be too pushy about finding out. I have no desire at all to wake up one morning to find my dog's head staring me in the face.

To get away from that quickly, the acting in *The Godfather* of course, was very good, so good that Marlon Brando's performance has become a legend, and Al Pacino (Michael) and James Caan (Sonny) were just as good. I thought that the best part of *The Godfather* was Sonny's unfortunate demise and Don Corleone's reaction to it, but there were so many memorable scenes and performances that to try to mention them would be a waste of time. At 2:00 AM, when the film finally crashed to its conclusion, the lights went on, and the largely red-eyed audience staggered out into the rain. I made up my mind that I would definitely attempt to avoid all contact with the Mafia during my life, as they appeared to be the most belligerent and unforgiving kind of people

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The Music Box

by S.T.B.

We suspend discussion of music this week to issue a warning to all ignorant, uninformed, or otherwise unprepared ears. Protect your funny bone in plaster. Avoid wearing strange ties. Monty Python's "Matching Tie and Handkerchief" is looking for a new neck.

This album is good yet definitely falls short of some of their other works, especially "Another Monty Python Album." You'll find throughout the album the same bizarre standard style. However, only two episodes of this album actually impressed me. One takes place in 1892 with Oscar Wilde, George Bernard Shaw, James Whistler and the Prince of Wales. The other is about a man looking for a pet in a pet store. The owner has only terriers but tries to convert them into cats, birds, and fish in order to satisfy his client. All other episodes were dragged out, some to the point of dullness.

If you've enjoyed the looney creations of these six bizarre minds, then definitely listen to "Matching Tie and Handkerchief." And all Python fans, another movie has just been released, which is supposedly even better than the "Holy Grail." Bring me a Shrubbery! Kneep! Kneep!

Monty Python, "Matching Tie and Handkerchief," Arista Records, AL4039

P.S.

There are a few good concerts coming up...

October 27—Fleetwood Mac—Trenton War Memorial

October 29—Renaissance—Muhlenburg College—tickets available at CC desk for \$5.00

October 31—Jerry Garcia at the Tower Theater

Gamma Sig Revs Up

by M. Morgan

Greek organizations dying? No! Not if you ask Gamma Sigma Sigma! This year promises to be full of fun and activity, Judging by the pledge class inducted this Monday. The freshman, sophomore, and junior pledges come from a variety of majors—which should dispel the myth that Gamma Sig is a "nursing sorority." Persons comprising the sorority represent psychology, psycho-biology, biology, pre-med, social welfare, home economics, and nursing. We do not discriminate against any major.

As you know, the book sale was brought to you by Gamma Sigma. A recent visit from the Regional Director and past National President provided more ideas for service and fund-raising. One such project is the raffle of a "basket of cheer" which begins Monday. Also, this Tuesday sisters participated in a recreational night for handicapped young adults. Run by Easter Seals, this program provides bi-weekly entertainment such as bingo, Italian night, crafts and holiday parties for persons with cerebral palsy.

Pleasure often enhances business effectiveness. Gamma Sig finds this to be the case when joining the Alpha Phi's on service projects. Last year we collaborated on Easter projects, collecting for the Heart Association, and a pizza party and dinner-dance to round out the social schedule.

We'll inform you of future events. If a service project interests you join in. Consider yourself one of us.

Student Union Speaks Out

—a weekly column by Student Union Members

by MARK GRAHAM

Being a new member on the Union I have learned alot more about the established ways around here, but I don't intend to let them get in the Union's or my way. We will be writing to the paper on a weekly basis so as to keep you the student, informed about our decisions and actions. The first thing that has been done is to create a monthly student forum to be held in the C.C. main hall, open to all students who wish to express their opinions or ideas. It will be held during the dinner hour at the beginning of every month in order to give us a student input for the rest of the month.

In addition we have set up a committee to review our election procedures and present suggestions on how to make them more fair and efficient.

I brought up the question of whether or not to attempt to bring the appeal route from the "J" board through us and then to the Pres., thusly adding more student control over ourselves and the college community. I am sick of seeing the student body being molded into what the faculty, administration, and trustees want.

The school philosophy is directed towards developing the "whole" individual but the policies here do nothing more than force the student to keep their noses in the books. It is time we got together to show the administration and Pres. that

we are capable of having a controlling hand in running our own lives. They have assumed the role of nursemaids and feel it is their duty to control us like so many little puppets. This school as it stands is nothing more than

a money making enterprise, designed to turn out robots only capable of reciting what has been fed them.

A democracy is a society in which everyone has a say. However, here we are taught very quickly that our only interest are "the books" and we better damn well keep our noses out of all else.

No one knows where their money goes, how or why it is spent like it is. We are told not to worry about school policy and if someone does question it they are squashed beneath the administrative bullshit and all of its red tape.

It is time we spoke out on what we feel and the forum will hopefully serve that purpose. Help us to get ideas and input for curriculum changes, cafeteria improvement, dormitory rules, in other words help us to help you to get a say in the formation of policy concerning overall student life. This is more than a college just for book learning, it is a place to interact with people and learn how the overall world and its people work. Any rebuttal will be more than welcome at the first Student Union Forum.

Junior Year.. A New Experience

by MEG SELLERS

This is the second of a short series of articles about seniors who spent their junior years abroad. Connie Golden and Dawn Heverly spent their past year as students in France.

Dawn, a political science major, was struck most by our image abroad; Connie's impressions are more general.

Connie recalls a country where she was paid to play in the school band, where hitch-hiking was safe, where 5'10" people were tall, where jeans weren't worn, and where mail and TV strikes could go on for months.

The French people, Connie observed are different from Americans in several ways. They're much more reserved. They tend to think our openness, our friendliness is fake, and that in general we're a plastic people. On the other hand, they are so individualistic that they are practically ungovernable. To show their feelings they have long strikes — mail, TV, train — which the government can't do anything about.

Does anyone think five courses is a lot? Connie took nine

courses each semester. They were conducted in French, although

Does anyone think five courses is a lot? Connie attended the Université de Haute-Bretagne where she took nine courses each semester. They were conducted in French, although the other students were all Americans. She lived with an aristocratic family of eight, commuting to school. It was a large university, and there was no social life on campus. Everyone living on campus had single rooms, and associated with their high school friends.

In closing Connie stressed that it was great she's definitely going back. She also said, "Everyone should go. It costs no more than a year at Albright, and it's an invaluable experience. Everyone should go!"

Following are Dawn's main impressions from her year abroad: "What struck me most about my year in France was that with one exception, no one asked me a thing about the U.S. The average Frenchman thinks he knows what our society is — violent and materialistic, with a divorce rate of one in three. On the other hand, few Americans have asked me about France.

Why should they, when we're the richest, freest, best society on earth? Anyway, the only thing the French know how to do is make love. These are the attitudes (on the part of both French and Americans) which hurt me most.

People are people all over the world. Yet, there are some things the French, particularly the students, don't understand about us! The recent quality of the American economic presence in Western Europe, for instance arms dealers, which work against European unity. They also can't understand how the American public can sit by while it seems to them that the CIA is running the world. Some aren't particularly impressed with our "freedom". One student told me that the U.S. couldn't condemn Communist countries for their closed borders when we have quotas and sometimes prohibitions against people from certain regions.

Sometimes foreign criticism is unfounded. But we Americans will have a hard time convincing allies and non-allied nations to follow the United States' lead if we don't do something to alleviate the growing imperialist image we have abroad.

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Arts & Lecture Happenings

The Arts and Lecture Committee of Albright College is headed by Dr. Charles Yrigoyen. On his right and left, faculty members as well as administrators, students, and interested community persons are helping the committee to provide cultural information for the minds of the student body. The committee is also trying to interest local groups in performing at Albright.

The A & L Committee, like a tree branching out into different areas, takes one-third of their allotted monies and invests it into six other departments. With the money received by the committee, the department can do anything it chooses. The A & L cooperates with each of the six departments and helps them bring in guest lecturers and performers. As an example, on November 5 the A & L Committee is combining with the music department in

presenting Bruce Bengtson, a local organist for a recital. It is hoped that not only the Albright community, but also the Reading community in general will become involved.

The Campus Center Board is also sponsoring, with the committee, two events: The Hershey Repertoire Theatre and a puppet show on Tuesday, December 2.

Working within a limited budget, the Albright College Arts and Lecture Committee is trying to bring to Albright the best in cultural happenings. These efforts need the support of student as well as community interest, as was evidenced for Eric Goldman. The Arts and Lecture Committee is helping the college to become more culturally aware of the world around us. With this in mind, the A & L committee hopes to become a vital cog in the effort of Albright College to mold the student into a more rounded person.

Campus Jobs:

Working the 'Bary

by GAIL MILLER

From: Albright College Library
To: All Students

Don't cringe. This isn't a notice telling you you've run up an overdue bill of \$42.92, or that a calculator was signed out in your name when it was stolen. That isn't all we do at the Library. Besides collecting fines, searching and checking ID cards, the Library provides a chance for students to finance their educations, make a little extra pocket money, or just learn more about the Library.

The Library participates in the campus jobs program. By giving their names to either Mrs. Kelleher in the Library or Mr. Zimmerman in the Financial Aid Office in the Spring, students can be placed on a list from which 10-12 are chosen in the Fall. Those lucky students who are accepted are asked to report to the Library to sign up for work hours. Students are allowed to work whenever the Library is open, but hours are reserved first come first serve. Help is especially appreciated evenings and weekends when only one permanent staff member is on duty.

Evenings and weekends are usually spent at the Desk.

Students request not only reference books, magazines, and books which faculty members

have placed on reserve behind the desk, but they have asked for Kleenex, aspirin, toilet paper, and safety pins. Guys have asked for girls' names and phone numbers so they could ask them out. Girls have asked for guys' names and phone numbers in order to figure out who called. Of course, these are not the only important questions a Library Aide is asked.

In answer to several other frequently asked questions, the Library wishes to make a few pertinent announcements for the benefit of the student population and especially for the Library Aides who never took a course in giving directions. The pencil sharpener is by the blue chair near the indexes. The men's and ladies' rooms are behind the respective signs in the lobby. The dictionaries are found in the Reference Section 423 or on the tables.

Seriously, if you are interested in public service, come-term paper time, a frantic public will require your services. Topics range from crime and punishment to Laurel and Hardy. Library Aides have the opportunity to broaden their

education while being paid -- a rare occurrence at Albright. On Wednesday, there is the

opportunity to strengthen typing skills, while typing overdues for students and

faculty. Added satisfaction is to be found in the knowledge that for some students these notices are the only letters they receive from semester to semester.

Typing overdues, answering research questions, and stamping books are only a few of the many exciting duties of a Library Aide. Several students are trained to handle the processing of new books and to help with special audio-visual projects.

Interested students, remember to see Mr. Zimmerman or Mrs. Kelleher. Guys are especially welcome to work the late evening hours. For a truly unique experience, consider a job as a Library Aide.

A Library Aide

P.S.

Thanks to Mrs. Freese, a stocked candy jar is provided as an added bonus.



Hall Loses Bats

by BRIAN EDINGTON

"Batman?" Albright is famous for its bats? Where are they and who takes care of them? For the past six years entering freshman have asked these questions in response to bits and pieces of rumors they heard from upperclassman that deep within Science Hall in a darkened world there exists a colony of bats maintained by "Batman", Doctor John S. Hall. Dr. Hall acquired the colonies in 1968 on an excursion to Trinidad where he was studying the bat species found in the tropics under grants awarded by Albright College, The American Philosophical Society, and Sigma Xi, which is the National Scientific Society. The bats have been a point of interest on tours of Albright and educational value to those students who chose to use the bats in independent study programs until this year when Dr. Hall had to relinquish his colonies due to a depletion of grant resources and to the unhealthy condition of the remaining bats.

In addition to the previously mentioned study, Dr. Hall is presently in the middle of a conservation study in W. Va. where he was asked by the Forest Service to make a three year observation and report of two endangered species of bats found in the area. Currently, Dr.

Hall is in the process of writing a second report to the committee as his second year of study progresses.

Dr. Hall has also been actively involved in two locally beneficial projects for Berks County and one for both Berks County and the city of Reading. The first project was a study of the recipient of the cherished Henry Pfeiffer Chair of Biology awarded by Albright College. The college has two honorary chairs one in religion and one in biology. Dr. Hall was presented this honor two years ago when the chair became vacant upon the retirement of Dr. Marcus Green.

To all those biology students, especially freshman, who haven't yet talked to Dr. Hall privately about questions on lectures or particular biology interests, feel free to go to his office and speak with him. He is one of the friendliest professors on campus and his great sense of humor carries over from his lectures to his private life. I assure you that if you get acquainted with this prof and take advantage of what he has to offer it will add significantly to the erudition you'll obtain during your four years here at Albright.

Language

Corner

by MARIA CANTAGALLO

Le Coin de Français
Bonjour, voici un peu d'informations au sujet de la société des langues. Il y a beaucoup de choses qui sont envisagées pour la nouvelle année.

Le 25 d'octobre, Homecoming, la société des langues aura "l'heure du café". En décembre, nous aurons une fête de Noël à la maison de Madame Gerlicz.

La société des langues vous invite à être membre si vous êtes intéressés. La réunion prochaine sera le deuxième jeudi de novembre. Au revoir et à bientôt.

Et au printemps, il y aura une foire internationale avec beaucoup d'autres choses. This corner is devoted to adding a bit of international flavor to the Albright Community.

Walk

a

Dog

by MELISSA ARNOLD

Some Albright students can often be seen rollicking with a barking dog on the college campus. Frequently, these dogs are homeless ... animals housed at the Berks County Humane Society. Students can register to walk a dog at the society's office which is open from nine to five on weekdays and nine to one on Saturdays. Humane Society officials request that all animals are returned to the kennel by quarter to five on weekdays or by 12:30 on Saturday.

Caring for the great menagerie consisting of 29 dogs, 15 cats, guinea pigs, gerbils, and one raccoon (who is not up for adoption) is no easy task for the Society's five paid employees including the director, Mrs. Julia Frey. Some of the more unorthodox members that counted the Humane Society as their temporary home included a fox, turtles, a pony, a ground hog, parrots, snakes, possums, iguanas, monkeys, squirrels and sheep.

The calendar boasts many of the

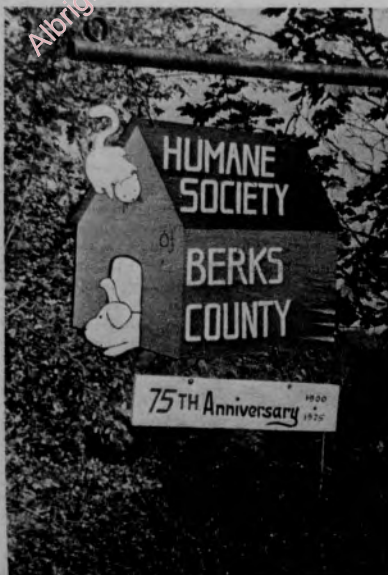
Humane Society's special activities. October 18th marks the seventy-fifth year of the Society's existence. Other planned activities include an open house in May, a rummage sale at the Reading fairgrounds and in September an alumni show featuring some of the former residents at 1801 North 11th Street (Society headquarters).

A multi-service organization, the society checks on animal cruelty complaints, conducts a lost and found campaign, promotes an educational service, checks out requests for specific animals, maintains both a grooming service and a twenty-four hour emergency service. While not an animal catching agency, the Society will pick up unwanted animals.

Anxious to find homes for the animals, their most important function is their adoption service. The Society has a mandatory spaying/neutering policy. The person who adopts a male or female cat or dog must

pay for the spaying process (which is carried out by qualified veterinarian), which costs twelve dollars for cats and twenty dollars for dogs. They also receive a three dollar donation for cats and a seven dollar donation for mixed breed dogs.

The Society and all of its friends would appreciate it if more Albright students would take a dog for a walk.



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Extinction.

a Tragedy In One Act

by PAUL E. CLARK

In recent weeks, a great many newspaper and magazine articles have been written concerning the attempts which were made on the life of President Ford. The articles usually carry a photograph of Ford sitting in an easy chair of the White House, and always pose the same ominous question: Can this man be protected? This question raises yet another one of even greater import for this writer: Can Humanity be protected from this man? It would seem to this writer that only the Secret Service can answer the first question, but that only the people of this nation can — and must — answer the second one.

Reference is made here, of course, to the recent policy statements by both Ford and Secretary of Defense Schlesinger concerning the use of "tactical" nuclear weapons on the first-strike basis by the U.S. if it is faced with a crisis situation in a nation such as Korea. (Note: I do not wish to neglect Sec. of State Kissinger who possessed the twisted "Strangelove" intellect to suggest this policy years ago with reference to Indochina.) Schlesinger's hope is to make this first-strike madness "intellectually respectable". This writer submits that the decision to use nuclear weapons in any capacity whatsoever does not lie within the jurisdiction of either Ford or Schlesinger or Kissinger or any other ignoble functionary of the State. In his book, *The Roots of War*, Richard Barnett points out that it is the State which possesses the monopoly

on crime. The people can either allow its reign of terror or apprehend the criminals. The life or death of the race is at issue here — nothing less. It is the

responsibility of the people to choose life rather than death. It is then the responsibility of the people to act decisively in every town and city in this nation on behalf of life.

In passing, let us return for a moment to the two questions raised at the outset. That is to say, this writer does not think it is necessary to stretch one's imagination to its limits in order to see a logical correlation between these two questions. The second question answers the first one if it is understood that violence is a dynamic rather than a static force. In short, Ford cannot be protected from violence since the office of the Presidency is based upon the violence of the State which knows NO limits. Seventy-five years ago Leo Tolstoy addressed himself to this same point in his essay entitled "Thou Shalt Not Kill": "Kings and Emperors are surprised and horrified when one of themselves is murdered, and yet the whole of their activity consists in managing murder and preparing for murder."

In his poem, "Fall 1961," Robert Lowell writes: "We have talked our extinction to death." This is an extremely powerful line because it is true. Indeed, we have talked endlessly about The Age of Extinction which was ushered in thirty years ago. Unfortunately, the results produced by our discussion

would seem to belie the fact that we have believed what we have been saying. In a recent issue of *The Bulletin of the Atomic Scientists*, Bernard T. Feld of M.I.T. states that humanity daily draws nearer to its aforementioned extinction because of the phenomenal increase in the number of nations who now have or who soon will have the capacity to produce and to use nuclear weapons. Feld believes that "the odds are around 1 in 3" that a "tactical" nuke will be used by 1984. What is more, he calculates that "the chances are greater than 50/50 for nuclear war to occur in the years remaining in this century." "We have talked our extinction to death." Now we must actively resist our extinction to death. This madness must end!

On August 6, 1945, a match was set to a fuse which is still burning. There is still time to disarm the Bomb. But, we cannot rely on "principalities and powers" to do that job for us. The people must form a demolition squad which is capable of grinding that lighted fuse into the dust once and for all.

The future is a loaded gun pointed at our head. Yet, in the face of that powerful negation of life, we must remain human enough to resist its debilitating — even paralyzing — effect. We must remain human enough to force the backwards movement of the trigger to cease before we are recoiled into that long-talked-about extinction by men who are every bit as mad as Squeaky Fromm.



Photo by Eggert Inc.

"Eterna"

Children of the Lord Concert Slated

The Campus Christian Fellowship of Albright College is sponsoring a choral concert by "The Children of the Lord" of Messiah College. The event will take place in Albright's Campus Center Theater Saturday, November 1, 1975 at 8:00 p.m.

A Christian group which has performed extensively throughout the country, "The Children of the Lord" is comprised of students and graduates of Messiah College. The group is one of a number of "music ministry teams" sponsored by the college.

Reflection

by FATHER KON GAINER

for women. As you become more familiar with her life, a truly liberated person emerges — a personality devoid of typical feminine stereotypes; she had a living sense of values, a powerful capacity to endure in the face of caustic adversity, a readiness for innovation, a faith and a hope strong enough to risk insecurity, a depth of love which empowered her to persevere despite frequent opposition from those she had expected to count on for support. We see in her a well integrated life — a balance of humanity and grace. In this regard, the story and example of St. Elizabeth Ann Seton offers a wholesome contribution to the new model of womanhood our society is presently seeking.

She was also an American — the first native-born American to be formally recognized as a saint by the Catholic Church. (In a moment of humorous national pride, Cardinal John Wright, the only American Bishop on the Roman Curia, joked that for centuries Americans have been honoring saints who were by the large Italians — now, at last, the Italians can begin to return the courtesy.) Some feel that Mother Seton is a saint despite being an American. I'd like to think that she is a saint precisely

because she was an American. St. Elizabeth Ann Seton provides an important witness to an often a-religious America, that evangelical holiness and the American way of life are not necessarily inimical. An unhealthy, in fact insidious, attitude seems to hold sway within the American politic that the constitutional doctrine of separation of church and state was meant by our founding fathers to protect government from the influence of religion. One discernment from Mother Seton's life is the startling message that far from stunting the progress of the American Dream, a solid faith commitment might be the only real way of safeguarding our nation's economic, cultural and civic vitality. Food for thought for our Bicentennial celebration. There are, I hear, over 170 saints on the Roman Calendar — some of them far removed from us in time or in life-style. But our newest addition — the freshman saint — has much to offer a contemporary America, suffering from some very contemporary needs. Her canonization is a celebration of authentic feminism, healthy Americanism, human sanctity. Really something to think about.

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Mutual

Printed by permission of *Chris-Cross* monthly news-literary magazine of the Chris House — the Newman Association at Kutztown State College and Albright College in Reading.

It is not at all uncommon in our busy lives that happenings of national or international importance can pass us by unnoticed or at least pass us by without our really thinking about them. One recent event, highly publicized but perhaps overlooked by many, was the September 14 canonization of Elizabeth Ann Seton. I've not read her life extensively but what I do know about "Mother Seton" prompts me to consider her as a woman with a timely message for today's American. In his homily at the Canonization ceremony, Pope Paul lauded her complete femininity and her typically American lifestyle. It would be our loss not to take a second look at this American woman.

Born in 1774, Elizabeth Ann Seton's life is a lesson in wholeness and holiness. Her womanhood was full and varied: a prominent debutante, the wife of a prestigious husband, a mother, a widow who went from riches to near rags, a religious and founder of a religious order

'Y' PLANS ACTIVITIES

by MELISSA ARNOLD

Attempting to create an aura of festiveness for patients, several members of the Y will don costumes on Friday, October 31 to bring the spirit of Halloween into the children's wards. The Y volunteers will herald "Pumpkin" carols and distribute candy at Reading and St. Joseph's hospitals

The candy will be in abundant supply because the Y is in charge of the student sweet shop. The sweet shop is located in the campus center. Members of the Y man the stand from 11:45 to 1:00 and 5:30 to 7:00 weekdays. The shop's merchandise includes many varieties of penny and two cent candy.

Coinciding with the hospital trip, still other Y members will help officials at Lauer's Park Elementary School conduct a Halloween party Friday afternoon, October 31. As a service organization, the Y plans many activities to bolster relations between Albright and the community. Illustrating this goal, many Y participants tutor migrant worker children from the Temple vicinity every Saturday morning from nine to eleven. Still in the organizational process, the project has encountered some minor transportation setbacks. Anyone who would care to contribute their time to the tutoring program should contact Becky Reppert or Jill Winters.

Initiated on a much larger scale than in the past, the Y is sponsoring an inner-city basketball program. This year the program will occasionally utilize professional players. Now operating on a league basis, the project needs Albright students to fill empty slots as coaches, referees, and scorekeepers. Co-President Carol Renck commented, "The participation of the Albright students has been excellent in the past and we hope that this year the participation will be at least equal or surpass it."

What does the future hold for the Y? The organization has many other events planned on the calendar. They include a sacrificial meal, Junior Albrightian Day, Grandparent's Day, and a picnic for Bethany Children's Home residents. Albright volunteers will abstain from one meal to raise funds which will be donated to the fight against hunger. Y members will spend Junior Albrightian Day with an inner-city child. These children will be treated to a free basketball game, free recreation in the sub and a free meal in the dining hall. A dinner and a dance will be featured at Grandparent's Day for Reading senior citizens.

Chaired by Co-Presidents Jim Snyder and Carol Renck; and Vice-Presidents Lila Chapman and Don Gerhart, the Y hopes to attract many more students to become involved in its functions.

Sports

BLUTE
by Bob Blutinger

Class is something that many proclaim to have but few actually do. Some places give a person that phony air of eliteness while actually coming over like a cow in a field of stone. This may occur in dining, parties. It also occurs in athletic events at various schools.

As a broadcaster for WXAC-FM I have the privilege of traveling to all of the schools that we play. Many are very impressive while others leave everything to be desired.

Although last week's game against Gettysburg was disastrous for the team, at least their broadcasters, statisticians, et. al. were treated extremely well. To acquire permission to sit in their pressbox you must contact a very personable man by the name of Mr. Kenworthy who will send you passes for both the game and the pressbox. During the game stat sheets are handed out immediately at the end of the quarters as well as sodas and roast beef sandwiches at the half.

The only negative point about the pressbox is that upon entrance a student assistant runs up to you and asks to see your press pass. Rather ridiculous considering there is a big sign saying "WXAC-FM" and all three broadcasters are carrying equipment labeled such.

A classy place is Gettysburg, however, on the other side of the fence are many of our rival colleges. At a Lycoming basketball game we do not get seats, or a table, or anything for that matter. A completely ridiculous situation caused by the unconcern of anyone in charge there.

Granted Gettysburg has the better facilities and money of the two but, at least, Lycoming could try. A school like Lebanon Valley has neither the facilities or money but they made good use of what they have and try their best. This is the true definition of class.

Albright College uses as much class as possible due mostly to an undernourished staff. Harrie Burdan and Don Rider make things as pleasant as possible. Just a "Hello" and a "If anything is wrong or you need help just tell me" makes a visitor feel that much more at home when he is at a game.

It's amazing how some people just don't care. At Moravian two years ago an extension cord was desperately needed. No one would lend a helping ear. Everyone asked gave us a "I don't know." (It should have been "I don't care.") Finally, a kindly custodian looked all over the building before finding one. I'm sure that someone knew where it was, but just was too busy to bother.

Then again at Lafayette, a local AM radio station gave us one of the old "You'll have to move down son. We can't fit our equipment in." Well, the Sports Information Director of Lafayette overheard that and told them very simply "No they won't."

These examples are just some of the things you must put up with when travelling to other schools. Fortunately, the majority of schools are on the bright side of things. Maybe, though, a few other schools should take notes from them. A little class never hurt anyone.

I believe the Homecoming Battle against Wilkes will be a tough one. Facing the MAC North Champions from 1974, the Lions will have to be on their toes. The score will be close, but I pick the Lions by 2.

COME HELP

US OUT

JOIN THE

'Y'

by M. Morgan

The student branch of the "Y" is much more active this year than last. So reports Jill Winters, who has seen an increase in membership of at least triple that of '74-75. We've all seen many of the members each weekday during lunch. They are the operators of the Sweet Shop across from the Campus Center desk. Although no profit is gained these students provide a service to all the sweet tooths leaving the dining hall. When Mr. Jackson can't satisfy the craving for sweets, the "Y"'s penny candy will.

A special project being organized is the tutoring program. This is a week-end venture for helping the children of nearby mushroom

workers improve their skills. The response for tutors was sufficient but there is a real need for drivers. So if you have the wheels and the heart, Jim Snyder or Carol Ranck can set you up in this program.

Another upcoming activity is Halloween visits to hospitals. "Y" members will don their broomsticks and hats to sing pumpkin carols at children's wards. And they'll be taking along some of that delicious candy.

The "Y" calender has much more planned for the year and all ideas are welcome. You can always contact them through the candy-counter girls at the Sweet Shop.

FALL '75 REC. ROOM TOURNAMENTS NOW UNDERWAY

- | | | |
|------------|------------|-----------|
| 1. Pool | 3. Bowling | 4. Chess |
| -Straight | -Men | |
| -9 Ball | -Women | 5. Bridge |
| -Billiards | -Mixed | |

2. Ping Pong

Sign up in Rec. Room
Players will be selected to represent Albright in inter-collegiate competition. Slam, basketball, and tank tournaments coming soon.

Quiet Thoughts. . .

AFTERNOON RAIN

by P.W.

Rain, rain, go away . . .

A child's rhyme drifts through the open window with the first, sweet smells of a summer rain. Mother Nature is washing the stains from her sunbleached grass to make it velvety-green again. Your warm kiss on my cheek reminds me of the gentle caress of rain as it cleanses all the earth. Don't chase the delicate rhythm from the tin roof near our love bed, it's a panacea for fear and insomnia when you're not with me.

I long for the glowing warmth from a fireplace during an autumn rain. The tapping against the pane provides a fitting background for the sweet fleeting words of love that rise from the cushions tossed on the floor.

One rainy afternoon in years to come you'll think back to your childhood rhyme, little girl, and scold yourself for being so foolish.

Don't send the rain away. It may be your only companion - then.



THE CORONATION

by E.Y.

Time follows our independence down the street narrowly avoiding a collision with whitewashed walls of what could only be paranoia supreme. And beneath all the frenzied gasping crowds in neat sanitary secret sewers the assassin strolls in his business suit, noting his watch-time, emphasizing a point for the next congregation of controllers to savor, and perhaps, to understand. Above on concrete foot platforms stretching down the length of many men's reality into the dream civilization we recite before bored and tired high school teachers for extra credit, a land we never enter just because the passport is unavailable or the stamp is too expensive or the picture of us - suited and smiling for the family to see - is blurred beyond disappointment. The assassin knows what to expect his eyes have followed a trail of sequences making Walter Cronkite a soap opera star, a front man for the reality which is not only beyond, but against our lives . . .



Photo by Eggert Inc.

Bipper goofing off (as usual) on the 'bary steps

THE DREAM REVISITED

by JOANNE RUTKOWSKI

They must tell their father's story. Alone, they forge the bond between what has been and what will be. Now in the waiting place, they linger still in the shadow of other times, diffident visitors. Later, the eyes will look elsewhere. They will face "indivisible ... one nation." Vietnam behind, together they will pass from the harsh boundaries of life and death to our own intermediate existence.

Khiem, Phuc, Thien, Thach, Thu and Bach, however, cannot ignore the past. For them it serves as viable reality. Always they must face the separation and the wait. Rightful heirs deposed, they have known the hate, the oppression, the pain so effectively reduced to paragraphs in a textbook. Even as their protectors mouthed glib sentiments, life for all Vietnamese decayed to two essences, freedom and Communism. Those friends who failed the test were wrenched from life and fed to war. Everywhere fear of the ultimate purge tempered actions.

Then, one day, the defenses fell. The fragile casing collapsed, those able sought life elsewhere. The wanderers retained few defenses. Much of their selves remained behind in traditions sacrificed to assimilation, past lives entrusted to the familial memories.

Grateful survivors, Khiem, Phuc, Thien, Thach, Thu and Bach seek only our friendship. They do not differ so. Like us, they reach to the Dream. We need only open the gates that they might enter, as did our ancestors, to the heart of America.



Photo by Eggert Inc.

CRANKMcCann investigates bizarre library bugging incident

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SPORTS SHORTS

HOMRICH WILL COACH LION GRAPPLERS

H. Peter Homrich, a Reading School District teacher, has recently been appointed wrestling coach at Albright College. He succeeds Harry Humphreys who guided the Lion grapplers to a 16-28 record during the last four years.

Homrich, a graduate of Reading High School and Kutztown State College, was a standout wrestler at both schools. He was an unlimited weight class sectional champ as a high school junior and senior (1963-64), and was a 3-year varsity letterman in college. The Mohnton resident, who is also a four-year veteran of the U.S. Marines, has been an assistant wrestling coach at Reading High School for the past two years.



LIONS GET MENTION ON WEEKLY LIST

Three Albright College football players have gained honorable mention to the latest ECAC Weekly Honor Roll. Frankie Franks and Mark Crow were the upperclassmen selected, while Kevin Kelly was mentioned for "Rookie of the Week" honors.



LION CAGERS TO START DRILLS

The current edition of the Albright College Lions basketball team opened its pre-season practice drills last Wednesday, October 15. Dr. Wilbur G. Renken, athletic director and head coach of the varsity cagers, will begin his twenty-first year at the Lion helm.

More than 25 varsity candidates reported to the opening practice session. Included in the group are five lettermen, and four of those athletes were starters for a team that fashioned a 11-14 record last winter. Dan Jones, a 6-3 sophomore forward from Coatesville who averaged over 19 points a game, heads the list of returning players.



FRATS...

ONE, TWO, THREE

by MARK KUNTZ

As the regular intramural football season draws to a close this week, the battle for the last playoff spot between The Corner and The Carpetbaggers is on. Other playoff births are securely held by TKE with a 7-0 record, APO with a 6-1 record, and ZETA with a 5-2 record. TKE looks like the best bet to win it all this year. They are the only team to remain undefeated in seven games.

In this week's action The Corner really looked impressive and hungry for a playoff spot by knocking off ZETA and the Terminal Bar. By winning these two games The Corner has upped its record to 4-4. The Corner beat ZETA by a score of 13-7 in the upset of the year! With the Corner losing in the last minute of play Poltrak threw a pass to Gershan who made a sensational catch for the touchdown that gave the victory to The Corner. The other touchdown for Corner was by Alyunrd. Gespari added an extra point. The lone bright spot for ZETA was a TD by Baldinger. Offensive stars for The Corner included Alyward, Paradiso, Shore and Gespari. Staring on defense were Goundie, Vincent, Kiesel, Kaplan, Earp, and Klippel. The Corner also came out victorious over the Terminal Bar with a 12-0 shutout. Poltrak, the QB for Corner had a good game hitting Alyward for two touchdowns accounting for all the points.

Also doing well this week was APO. APO won two more games to bring their overall record to 6-1, good for second place behind undefeated TKE. APO defeated the Carpetbaggers in a

32-7 romp. Scoring touchdowns for APO were Serfass with two and Flory, Miklas and Reimer with one apiece. Flory and Serfass also added an extra point. The Carpetbaggers scored on a TD by Seeborg. Haras added the extra point. APO also beat the No Name Piggers this week in a forfeited game.

TKE, the league leaders, also emerged triumphant on two occasions this week. They managed to beat ZETA by a score of 6-1 and the Deviants by a score of 26-7. Scoring the game winning touchdown against ZETA was Brautigan. In the game against the Deviants the scoring was as follows: The Deviants had 7 points on a touchdown by Rudick and an extra point by Gross. TKE scored on two touchdowns a piece from Barley and Fisher. Barley and Fisher also added extra points.

With the playoff rounds starting this week TKE looks like the early favorite to win it all. Expect good games from APO as well as ZETA. I think it will be TKE vs APO in the finals. All in all, it should add up to an action-packed week in intramural football.

Standings as of 10-20-75

	W	L	T
TKE	7	0	0
APO	6	1	0
ZETA	5	2	0
Corner	4	4	0
Carpetbaggers	3	3	1
Terminal Bar	3	4	0
Hummer's			
Hammers	2	5	0
Deviants	1	5	1
No Name Piggers	0	7	0

The Trainer Behind Today's Athletes

by MARK KUNTZ

Football has long been a tradition at Albright College. Many a football player has come and gone. Some are remembered more than others. Why? Mainly due to personal desire and their own football ability, but also due to their physical health. Those who avoid injury obviously last longer, not just in football, but in any sport. The trainer is the man who makes sure that each athlete is kept in top physical condition during the year.

There is no question that the attainment of top physical performance is not possible without the proper physical conditioning, which results in improved skill and condition, and thus decreases injuries. Statistics show that many contests are won in the last half of the game by the team that shows the best physical conditioning.

Albright College has been very fortunate to have an athletic trainer, Bill Helm, who has, for ten years now, dedicated his

services to the prevention of athletic injuries.

Asked to comment on the causes of most early season injuries, Helm replied, "most injuries occurring early in the season are due to the physical condition of the athletes. Most injuries occur, in the fall sports especially, because the players are not under a supervised conditioning program for a long enough time before the season starts. For example, a basketball player who can condition himself for an extended period of time before his season starts is a better performer."

Extensive studies on injuries in football have shown that almost 50% of all injuries occur in the first three weeks of practice: 41% occur during practice scrimmages. This certainly emphasizes the need for longer and better conditioning before the hard hitting begins.

Further statistics show that fewest injuries occur in the first and last quarters of play while most occur in the second and third. Some of these third

quarter injuries might have been prevented by adequate warmup before the start of the second half. The studies further show that ends, tackles, guards, and halfbacks were most subject to injury, while quarterbacks, centers, fullbacks, linebackers and safety men were the least susceptible.

The most fatal injury in football is the one to the knees. An athlete often has his career determined by the diagnosis and treatment of a knee injury. The results of a good or bad diagnosis may be the end of a career or a bridge to a bright future. That's why the need for a good athlete trainer is so important in all sports.

In the care of athletic injuries, it must be remembered that the knee, like other joints, is completely dependent on muscles, tendons, ligaments, cartilage and bone levers, and injury to any one of these working parts can result to injury to the joint within. It must be remembered, also, that X-rays are not an all-seeing eye. Many knee injuries go unnoticed

because an X-ray report is marked "negative for fractures." A good trainer who knows the athlete can usually diagnose the injury right away.

The knee is like a blotter for punishment in that it never forgets previous damage. Injuries to the knee are cumulative, so that no injury to the knee is considered a minor injury.

Last year Albright was very fortunate to have only two serious knee injuries that required surgery. The victims were Hynes and Papay. That is the most Albright has had in the last six years, due mainly to superior weight training and conditioning programs designed to build up areas most susceptible to injury. On the other hand, Kutztown State College has been less fortunate with their athletes. Last year alone, Kutztown football players sustained 12 injuries serious enough to require surgery.

Many things are to be taken into account when we compare the reasons why so many Kutztown players are seriously injured, as opposed to Albright players.

One major reason is that Albright gives every football candidate a special conditioning program for the summer months to get him into top physical shape. Kutztown's trainer does not do this, but they expect their players to report to camp already "in shape." Another thing is a weight training program for the Albright players. Coaches go into the weight room and check each player to adjust weights and correct improper lifting procedures. Kutztown's staff does not do this. Their players lift by themselves under little or no supervision.

In my opinion, the trainer is the number one man on any athletic team. For without him each player would be at a different level of conditioning leading to more injuries. The trainer keeps

each player in top physical form and as healthy as humanly possible. We are all thankful, the athletes especially, for the tremendous job Bill Helm has done for Albright College over the past 10 years as trainer of athletics.

BIG GAME OF THE YEAR!!!

WILKES IN FOR HOMECOMING

The defending MAC North Champ, Wilkes Colonels, will invade Albright stadium this Saturday in the annual Homecoming Day Game. More important, this will be the most crucial game of the season for the Lions as Wilkes poses the greatest threat in the MAC.

The rivalry between the two teams is a short one. The series started back in 1964 when the Lions destroyed Wilkes 48-14. The following year the Colonels turned the tables taking a 37-7 victory. The series ended here and did not resume again until just last season when in the final game of the season, with the title on the line, Wilkes pulled out a 14-10 victory to clinch the MAC North title. In that game, Wilkes came up with two first half TD's to complete their scoring. Lion scores came too little too late with Bill Brown's 25 yard field goal and Jeff Welch's 3-yard TD run. The Lions failed on two occasions to score when they were inside Wilkes' 5-yard line. Rushing leaders for the Lions were Kevin Daniels with 135 yards and Frankie Francks with 122 yards.

The Wilkes Colonels have a long history of success. They have won 5 straight MAC North titles (1965-69) and won their sixth last season; they have won 2 Lambert Bowls making them number one in the ECAC Division III in 1966 and 1968; and they own a 32-game winning streak which is the third longest in NCAA College division history.

The team lost 11 lettermen but returned 29. The quarterback position is more than adequately manned by two seniors in Greg Snyder and Chuck Suppon. Last year Snyder attempted 110 passes and hit on 53 of them for 617 yards and 6 TD's. This year

though Coach Rollie Schmidt is going with Suppon to start and sends Snyder in later, but both are good passers and either one could get the call against the Lions.

The running game is led by three returning lettermen in seniors Fred Lohman at fullback, and Rodney "The Rocket" Smith, and junior Mickey Calabrese at the halfbacks. Lohman is definitely the most potent offensive weapon on the team, leading the team in rushing last season and this year taking the initiative again. In the Bloomsburg State game, Lohman scored twice, once on a 70-yard screen pass and the other on a one yard plunge. Against Upsala, he rushed for 92 yards in 16 carries and scored a TD. Rod Smith joins Lohman in the backfield of the I-Formation. Though only 5-6, 140 pounds, Smith is known as "The Rocket" because of his great speed. Against Bloomsburg he ran a kickoff back 87 yards for a score. Calabrese is the swing man in the backfield, as a good strong runner and a fine pass receiver.

The receiving corps was hurt by the graduation of George Abraham, the team leader, but the other top receiver, John Matusek, is back and should be the primary target. Soph Larry Tarutis looks to have nailed down the other end spot. The offensive line is all veteran and experienced.

The defense is strong, returning 16 lettermen, most of whom will see action. Seniors Jim Castanzo, Don Kulick and Lou Maczuga will platoon at the defensive end positions. The linebacking corps has 4 veteran players in seniors Phil Besler, Kurt Franke, Steve Leskiw and junior Don McDermott, the defensive star of



the Upsala game. The secondary is led by seniors Dave Trethaway and Fred Marianacci.

PREDICTION: Wilkes comes into Saturday's game sporting a 2-2 record; (1-0 in the MAC). The wins were over Bloomsburg State 41-10, and Upsala 27-8. The losses were to Clarion State 17-7 and last week to a tough Ithaca College, 30-0. Wilkes game vs Lycoming was washed out and will be replayed on November 22.

Wilkes has got to be the toughest opponent for the Lions in the MAC. They have a veteran ball club packed with seniors who have played together for 3 or 4 years. They have an excellent running game and two experienced signal callers to direct the attack. Their defense is loaded with veterans. The Lions need this game if they're going to win the MAC North. Albright is coming off a big victory over Susquehanna, and Wilkes may still be down over their loss to Ithaca. Lions to win by 7.