

# THE ALBRIGHTIAN

ALBRIGHT COLLEGE

READING, PA 19603

FEBRUARY 20, 1981

## Brothers upset with probation ruling

# College Threatens Zetas

by Susan L. Brown

Does the term "double secret probation" ring a bell? If so, then basically you have an idea of the punitive measures that were recently taken to enforce the college alcoholic beverage policy on the Zeta fraternity.

Due to a party held on the night of Thursday, January 22nd, at which the fraternity house father, Clayton Taylor, summoned security when the brothers did not respond to his request for the party to disperse, Dean Vandersall sent a letter to the Zeta members stating his ultimatum.

According to the letter which was written "with regard to a violation of college alcoholic beverage policy" and "the fraternity's lack of cooperation with its head resident and the campus security," with "any indication of a violation of the college alcoholic beverage policy, the college will automatically withdraw the housing privileges of the fraternity and the occupants will be given seven calendar days to find accommodations."

Instead of immediate removal of housing privileges, which was the administration's first response to the episode on January 22, the fraternity has been placed on "probation with teeth," according to Dean Vandersall. "periodic unannounced inspections will take

place during that time the spring semester and routine patrol of the house will be conducted by the security of the college," according to the letter from the Dean of Student's Office.

Needless to say, the action taken by the administration has caused quite an upset among the Zeta fraternity. In the words of Tony Vinciguerra, President of the Zeta fraternity, "There is no cause for the administration to do this." This rather restrictive punishment was the first disciplinary measure to be taken against the fraternity since September. At that time, after a series of neighbor complaints, President Ruffer informed the fraternity that another bad report from a neighbor would mean the brothers would be finding new housing. Since the September

threat, Clayton Taylor has cited "no further complaints from the neighbors" and "one neighbor told me how things were much better this semester." From the Assistant Dean of Student's Office, Randy Miller stated that the Zeta brothers "have done a lot in the way of community relations." Vinciguerra confirmed that numerous efforts were made on the part of the brotherhood to improve neighbor relations and said that, "We're trying our best to make everyone happy."

A meeting to discuss the letter from the Dean of Student's Office with Deans Vandersall and Miller and the brothers of the fraternity brought to light the true problem of the night of the 22nd, which was a conflict

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The Zeta brothers nearly lost their house after complaints about a Thursday night party during interim. Photo by John Breton

## WXAC Faces Renewal

by Matt Loudis

WXAC - FM is facing some growing pains this semester, along with a very important licensing renewal that will be effective in the beginning of April which

will decide the future of the station.

Due to the FCC's deregulation of all ten watt educational stations, a decision must be made by Albright's broadcast policy board as to how WXAC will change in order to meet new FCC guidelines.

There are several options available to the board. WXAC could either become a Class A station (100 watts minimum power), broadcast on Berks Cable, broadcast on carrier current, continue their current status (10 watts) on a new frequency, or cease broadcasting altogether.

Class A broadcasting would allow WXAC to transmit on their same frequency in stereo or mono at a minimum of 100 watts power. This would not only enable them to keep their present audience, but would also expand their listening audience to the greater Reading area. However, student responsibility would be increased and professionalism would be mandatory.

Broadcasting on Berks Cable would involve no licensing or legal responsibility, but the student responsibility would still be great because of the large cable audience. The bad feature of the cable idea is that WXAC's Spanish and Sports audiences would be lost. Also, the whole campus would have to subscribe to cable

## Dance Marathon to Benefit Berks County Muscular Dystrophy Patients

by Tom Kijewski

The second annual dance marathon for the benefit of muscular dystrophy will be held at the Campus Center March 13th, 14th, and 15th. Proceeds will benefit the National Muscular Dystrophy

Association, and a large percentage of the funds will benefit M.D. patients here in Berks County.

The weekend centering around what proved last year to be a popular and successful event will officially begin at 6 p.m. Friday, March 13th, when the Phillie Phanatic will make a special guest appearance to open the festivities. Music will be provided throughout by disc jockey Arnie Witzorrek, who did a superb job at the turntable last year. Witzorrek also will be spinning the discs at Dussel University's M.D. marathon, currently the largest fund-raiser of this kind for the cause in the country.

The entertainment will be rounded out by a guest performance by "The Sharks" Sunday afternoon. A grand prize (to be announced) will be awarded to the marathon couple whose sponsoring organization raises the most money. Additional prizes will be awarded to all couples, each one being backed by an on-campus organization.

Last spring's marathon featured 15 couples lasting the full 50 hours, plus about 650 students who joined in and kicked up their heels at various times throughout the weekend. The 1980 affair raised \$4,750 for muscular dystrophy.

This year, the number of couples is expected to be about 28, and organizers expect about 900 students to stop in sometime during the weekend.

One of the major goals of the marathon is to encourage greater

participation. Dance Marathon Committee Co-Chairman Jeanne Anne McAllister said, "We want to repeat our success in the areas in which we were strong last year, but we also want to improve upon the ones where we were weak. Participation by both the reading community and the faculty and administration fall into the latter category and that's where we will place the greatest emphasis."

One means of achieving greater community awareness, according to McAllister, will be an attempt to get Reading Mayor Karen Miller to share in the opening ceremony. Other more definite means will include an extensive amount of advertising through local newspapers and radio. Additional information regarding couple registration, prizes, and

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## Woodward Visits Yale on Sabbatical Leave

By Nancee Morris

During his sabbatical this fall, Dr. Jeff Woodward switched roles. Taking the part of a student, Dr. Woodward visited classes at Yale University.

As a visiting fellow, he spent time observing courses in Anglo-American Fiction in the nineteenth century and Indirect Strat-



Dr. Jeff Woodward

egies of Modern Fiction; the latter being his main area of interest.

Dr. Woodward also conducted a research project of his own interest. The project concerned Freudian ideas in literature. This was done by researching Freud's writing and studying contemporary critics who utilize Freudian concepts. Although the project is not yet completed, he hopes to use the research to teach an IDS course incorporating psychology and literature.

During his sabbatical, Dr. Woodward spent five days of the week at Yale and the weekends with his family. In this way, he was able to see lectures and concerts at Yale. At home, he planned and supervised the making of a new solar home. The home absorbs heat and there is no other energy source needed except for a wood burning stove.

His time spent at Yale was refreshing and gave Dr. Woodward a chance to gain new perspectives and teaching techniques. He is, however, very happy to be back at Albright with the Albright students.



# Editorial Comment

*The Albrightian* has been notable on campus over the past two months by its absence. In that time I have heard the question, "What in the heck happened to the school paper?" more often than I care to recall. The simple answer is that we were understaffed throughout interim and were incapable of publishing a quality newspaper.

The time for change has come. The editorial staff of *The Albrightian* has been restructured and, obviously, the format of the newspaper has been changed. We now stand on solid ground and anticipate publication on the following dates during Spring Semester: February 20, February 27, March 6, March 13, April 10, May 1, May 8, and May 15. An issue previously announced for March 20 has been cancelled due to midterm examinations that week.

A few problems that came up during the production of the last few issues of the Fall Semester need to be cleared up. One area of misunderstanding involved the publication of

letters to the editor with requests for authors' names to be withheld. The policy for such letters is this: A "Name Withheld by Request" letter will be printed only under exceptional circumstances, and only when the author supplies his name to the newspaper. We will not print material by an unknown author.

Another area of concern, if you can call it that, among students has been the quality and size of this newspaper. Let me remind you that all work toward the publication of each issue is done solely by students with courseloads and love-lives and weekends to think about. None of them are paid, with the exception of those who operate the composing machine. Of course, the best way to improve a flaw in the quality of the paper would be to come down to the office and help out yourself.

As far as size goes, anything larger than a twelve-page newspaper borders on the physically impossible. The approximate dimensions of

the office are 15 feet by 18 feet, with much of the space occupied by tables and equipment. Space is not the only limiting factor, but to begin a list of such things would be a waste of time.

There are quite a few problems on this campus that many students will be affected by but may not be aware of until it is too late to do anything about them. It is these types of situations I hope to expand upon in this space in the coming weeks. For example, exactly what goes on in the shadowy recesses of the Nursing Department? Does the administration plan on admitting another huge freshman class to further overcrowd the housing picture? Whatever happened to the expansion of meal hours in the Dining Hall? And now I guess I should say, "Be sure to tune in next week."

— Ford Turner

# Letters To The Editor

*These letters do not necessarily reflect the opinion of this newspaper. This section is intended to give exposure to community complaints and promote solutions.*

## Death Row Plea

I am a prisoner on death row at the Arizona State Prison and I have a rather unusual request to make of you and your newspaper. I would appreciate it if you would run this letter in your paper for students of law

and criminology to read. Or maybe just anyone that might be interested. I am kind of desperate right now and this is the only thing I could think of.

I don't know about the rest of the country but Arizona has a law that says the state only has to furnish you with an appeal lawyer through the State Supreme Court and after that you are on your own. My problem is that I don't have the funds to take my appeal to the federal courts and have no way of getting a lawyer. In my appeal I am not trying to get released to the streets but

only to have my death penalty reduced to life in prison because I am guilty of the crimes I am here for and feel that I should have to pay for them in some way.

I have to make it plain that I am not trying to sell or exchange anything in any way whatsoever. I don't have a lot to offer but I would be willing to do anything I can to help students in their classes by describing life on death row and in other prisons that I have been in. I can supply the details of crimes that I have pulled in the past and done time for or maybe just answer questions about crime, prisons, and the courts. I will also answer all letters whether the person sending them can help me financially or not.

If anyone is interested, write to Larry E. Evans, Arizona State Prison 36165, Box 629, Florence, Arizona, 85232. Any help will be very much appreciated.

Larry E. Evans

and possessions if they have not already. It seems obvious that some Albright students would have to spend more than four years at Albright to achieve such respect and maturity. I am told the world is full of such problems, but that by no means makes it right! Hopefully, these people can and will grow up soon!

Jack Miller

## Changes Needed

Prior to the beginning of Christmas break, a number of people wrote to *The Albrightian* voicing their concerns over a variety of issues. These included the quality of the food service, registration inefficiency, and library usage. One letter even complained about the rigidity of the Reading Police Department and the administration's policy toward alcohol.

It is certainly refreshing to see that legitimate methods of expressing unrest and dissatisfaction are being exercised by Albright students. The letter dealing with personal laws and conscience, however, has prompted me to talk about the multitude of changes that are needed at Albright. I am writing this letter anonymously so as to avoid the chagrin and contempt of administrative officials.

Long lines and sub-par food have become the rule rather than the exception in the Albright Dining Hall. Since most of us are forced to eat there, such tactics as sit-ins and food fights might compel Mr. Jackson to upgrade his standards. Even more effective might be a "dump Jackson" movement by the students.

Another area of concern among students is the method of law enforcement employed by the Reading Police Department. While little can be done to combat such frightening power, we should fight any and all unjust prosecution. An example occurred last semester when a friend of mine was fined for inquiring about the welfare of a friend who had been arrested

for possessing about two ounces of beer! He plans to fight this insult of justice and any help received from fellow students would be greatly appreciated.

As noted in the many letters which appeared in the last issue of *The Albrightian*, it is the duty of every Albright student to spur whatever changes he deems necessary. When conflicting priorities arise, we must allow our morals and our conscience to steer our actions. If this entails resisting authority, so be it. There is strength in the hands of all Albright students, and we shall overcome the oppression of the administration.

This is an excellent school in many regards, but the regulations of yesteryear must be abolished. It is the duty of every student to contribute to the welfare of the entire student body, even if it means battling the authorities and injustices. Progress cannot be made without effort.

A fourth floor Court resident

## 'Slave Auction'

*Editor's note: A spokesperson for Crowell dormitory telephoned The Albrightian just before press time and said the name of this event had been changed to "Buy a servant, Buy a date," and that its intent is not malicious, but solely that of a fund-raiser.*

AN OPEN LETTER TO THE WOMEN OF CROWELL DORMITORY — Whenever an individual is about to do violence to himself or others, it would seem appropriate to tell them — if stopping them appears impossible. You — the women of Crowell — are about to do something which violates your dignity as women and your integrity as human beings. I am referring, of course, to the "Slave Auction" which

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## Books Stolen

The time has come once again to head to the bookstore and make those many purchases which usually become quite expensive. This semester proved to be the most expensive for me, as far as books go.

However, this is not what really upset me. One day at the beginning of the semester, I found that two of my twenty dollar books had been stolen from the cloak-room area. Of course, I am not the only victim of such happenings. At first, I was upset with the idea of my books being stolen, but I soon became even more upset and disappointed with those students who must revert to such actions in general.

College is a time when most people mature to some degree and usually will gain respect for other people and their rights





## SKID ROW

# The Spirit of Interim

by Rick Shambaugh

Ten minutes into a second semester that I, along with the help of my good friend Jack Daniels, had declared as an exercise in noncompetitive, nonconformist learning, my cool hard edge of apathetic imperturbability was shattered and I was thrown into the dismal swamp of graduation uncertainty when the stone-faced professor announced that the grade for the course would rest entirely on a thirty-page paper.

Arctic sweat began spewing out of my pores, yet I was able to keep myself together until I heard something about two footnotes in correct form to every page. At this point I lost all remaining composure. The cold sweat was joined by an electrifying pain in my head and uncomfortable churning in my stomach. I hadn't felt this bad in a classroom since...since interim.

Ah yes, I can still remember interim, that special time in a student's life when each wonderful night is lived as if there was no tomorrow and each tortured morning is regretted for being that tomorrow. Interim is a time for the building of character and the instilling of memories; the character it takes to suffer through a two hour class with the threat of gastric insurgency climbing up your throat, and fond

memories of eating cafeteria food that reminds you of something you saw on a bathroom floor in the Zeta house.

Well it's too early to go into a full-scale panic over this semester so I hunkered way down into my seat, shifted my attention into a low cruise, and let the hazy recollections of a savage January drift over me. First I saw a smoke-filled room crammed full of screaming people pounding their feet against the floor as a jury of stern-faced guys lost in the contemplation of the words of Jim Morrison chanted, "turn it up, turn it up." Next a brief glimpse of a wide-eyed, open-mouthed crowd pumping red swirl down their throats in the usually dull Smith lounge flashed past my eyes. Then a vision of a tangled mass of desperate kids hacking and scratching their way through the door of a bus in the depths of a blizzard for the mere privilege of emptying vast quantities of booze into their systems at some local firehouse shot through my head.

Why do we do this to ourselves? What is interim anyway? Do you really think that it is simply a part of the Albright academic calendar as instituted by the administration? Not hardly, as a matter of fact the poor administrators and professors are scared to death of interim. They cower in bed every night with garlic strewn over their floors,

praying that it will all be over soon. You see, they've dealt with interim long enough and they know the dark, terrible truth about it. Interim is an elusive, defiant spirit that for eleven months of the year hangs out in some mysterious bar on the dark side of Mt. Penn biding its time until the murderous January cold sets in, whereupon it sweeps down over the mountain bringing nothing but capricious trouble and barbarous fun to the normally listless Albright campus.

When I was a freshman, a senior on the five-year plan warned me, "do not take interim lightly for when the great dog god of the morning gets a hold of you, nothing can save you." At the time I simply wrote off this strange warning as a side-effect of spending too much time at Albright, however after several teeth-gnashing interim mornings I knew that something supernatural was in control of Albright College.

The spirit of interim is a powerful, yet ambiguous entity, sought after by many, attained by few, and understood by none. After four years at Albright there is only one thing I know for sure about the spirit of interim. When you wake up on a interim morning this devious spirit takes shape of a vicious dog that takes great pleasure in sinking its large,

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## World News Roundup

Compiled By Rich Mell And Ken Gross

### ATLANTA MURDERS CONTINUE

Jeffrey Lamar Mathis has become the seventeenth black child found slain in the Atlanta area in the past 19 months according to Atlanta police. The eleven-year old youth, last seen walking to a service station one year ago, was found last Friday in an overgrown area of South Fulton County.

Dental records were used to identify the child and to rule out the possibility that the body was that of another missing black youth, 10-year old Darron Glass. Glass remains the only missing child in the series of eighteen slayings and disappearances.

An FBI team, along with a special Atlanta task force and volunteers, has been combing Atlanta neighborhoods since last fall with the hope of discovering any leads in the so far baffling case. Fifteen of the seventeen victims have been male between the ages of seven and fifteen, most of them either suffocated or strangled.

With the establishment of a \$100,000 reward, the city of Atlanta and the nation remain on alert.

### POPE UNAWARE OF EXPLOSION

Minutes before Pope John Paul II arrived at the Karachi National Stadium packed with over 100,000 people, an explosive device went off in a stairwell leading to the seating for foreign diplomats. One man was killed and two others injured.

Apparently unaware of the Monday-morning explosion, John Paul II still delivered a 90-minute homily to the cheering crowd. The Pope made the brief stopover in Pakistan as part of his world-wide trip to the Philippines, Guam, and Japan.

The cause of the explosion was unavailable at press time.

### VIETNAM VET GETS DISHONORABLE DISCHARGE

Robert R. Garwood was sentenced to dishonorable discharge last Friday, thus becoming the first convicted turncoat marine. However, he will serve no time in American prison.

Garwood could have been sentenced to life imprisonment by the court-martial jury of five Vietnam veterans. According to the decision he will be demoted to private and lose his pay from now to the time of his discharge.

Major General David Parker, commander of Camp Lejeune where Garwood was stationed, did not indicate whether he would discharge Garwood. The law affirms that the commander has 90 days to decide whether he will accept the recommendation of the jury.

Testimony by former POWs implicated Garwood with carrying arms, accepting a position in the Communist Army and helping interrogate Americans in jungle prison camps of the Viet Cong. Defense lawyers claimed Garwood was driven temporarily insane by Viet Cong torture and was not responsible for his actions.

### POLISH LABOR LEADER REPLACED

Once again claiming the forefront of the international scene this past week was political and labor instability in Poland.

Solidarity leader Lech Walesa appealed to his supporters for restraint, but thousands of workers ignored his plea and staged a strike in southwestern Poland. Amid this unrest, Polish Premier Jozef Pankowski submitted his resignation to the Communist Party Central Committee at the close of its session February 9. He has been replaced by military strong man General Wojciech Jaruzelski.

### HOTEL FIRE SPARKED BY JOINT

Las Vegas was rocked with its second fatal hotel fire in the last three months. Four fires broke out in the Las Vegas Hilton (the nation's largest hotel) February 10, killing eight people.

Philip Bruce Cline, a twenty-three year old busboy at the hotel was arrested two days later and charged with arson. Cline claims the fire started accidentally while he was involved in a homosexual act in the lobby area of an elevator and the joint he was smoking ignited the curtains.

## Letters

*continued from page two*  
will be held Sunday. I do not wish to belabor the issue; however, there are several points which need to be made.

It is important for you to understand that this letter is prompted by my genuine concern for each one of you. This is not a personal attack. It is, hopefully, a reasoned critique of some of the issues raised by this upcoming event.

First of all, the entire concept of a "Slave Auction" shows a basic misunderstanding of the true meaning of slavery. The trivialization of history and reality is a dangerous intellectual, moral and ethical process. The auction block will exist always in the imagination of humanity as a symbol of oppression, misery, suffering and death — death of heart, mind and spirit as well as physical torment. Insensitivity to this historical reality degrades and demeans those who are a part of this willful unknowing.

Secondly, I would ask you in light of this first point to consider

the feelings of your Afro-American brothers and sisters with regard to a sign which reads: "Slave Auction." Unconscious racist expression must be vigorously guarded against if we are to create a society which has meaning for all of its members.

Thirdly, the sexist nature of this fund-raising endeavor is so obvious that it hardly warrants my mentioning it. Yet, the sexist significance of this event would seem to have eluded you in your preparations for it. To dehumanize oneself through the process of objectification not only does violence to you, the victim, but also destroys the humanity of the oppressor — in this case, the males of Albright College. Truly human relationships between men and women are extremely difficult to establish. Certainly, this humanization process is in no way aided by such an act of blatant self-hatred as a "Slave Auction." Truly human aspirations for women and men are in no way furthered by mock auctions of human beings as

chattel.

The central issue of this letter is a simple one: consider the meaning and consequences of an action before you pursue it. If after thoughtful consideration you decide that this "Slave Auction" is — as I feel it is — in nobody's best interests, then have the courage and the humanity to back away from an inhuman idea. In closing, I would urge you one last time to consider the historic meaning of the auction block, those who were its victims, and those who gave their lives in order to abolish it. Following this re-examination, I would hope that you would begin the process of human liberation by rejecting this malevolent notion, by saying "NO!" to this horrific proposal for a "Slave Auction."

Paul E. Clark —  
Night Supervisor,  
Gingrich Library,  
and chairperson of the  
Interfaith Peace  
Task Force of  
Reading

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# SECURITY SCAN

*This feature is intended to document Security actions taking place in the days and weeks prior to publication. The following accounts were taken directly from security records:*

Wednesday, January 14, 10 p.m. —

Local youths creating a disturbance outside of South Hall. Security guard arrived and told them to return to Pizza Italia across the street where they had been previously.

Thursday, January 22, 11 p.m. —

Zeta fraternity house father complained about party going on in the house. Security officer investigated.

Sunday, January 25, 1 a.m. —

All lights blown out on first floor of Smith Hall. 1:30 a.m. — Complaints of loud music and a screaming female from the four-dormitory area. 2 a.m. — Another complaint about noise from the same area. 2:30 a.m. — Security guard investigated complaints and routed a gang of students from Millersville College from the four-dorm area.

Monday, January 26, 9:30 p.m. —

Neighbor of Albright Court complained of noise. Security check revealed nothing.

Saturday, February 7, 11:50 p.m. —

Woman walking dog past Zeta fraternity house complained of violent cursing and loud noise. Dean Vandersall was contacted. Security check revealed nothing.

Sunday, February 8, 2:15 a.m. —

Noise complaint from same neighbors of Albright Court who had previously complained. Security check revealed no noise or objects flying from windows.

Sunday, February 8, 3:40 a.m. —

Fire alarms set off in Albright Court. Security investigation found that smoke from third floor kitchen was responsible for the disturbance. A resident assistant said two bagels and a waffle had been left in an oven for "several hours" and caused the smoke.

Two other fire alarms were pulled sometime during the night on the first and second floors of the dormitory.

A neighbor of the dorm complained bitterly to security several times during the night of "hanky panky" in the area. Security officer returned to office at 4:45 a.m.

Tuesday, February 10, 12:20 a.m. —

Student fainted in the apartment complex and was transported to hospital in a security vehicle.

Investigation concluded, December through February —

Bell Telephone investigator arrived on campus in the first week of February. Several students were found to have been charging calls to the same credit card number. About a dozen violators were warned but not prosecuted.

Bell investigator said the number originated in Colorado and was spread by word of mouth across the country. Last violators had been found on a college campus in New York.

Saturday, February 14, between 6:00 p.m. and 9:00 p.m. —

Vandalism reported in Albright Court. Security officer checked and found an apartment doorknob had been removed on second floor and a room door had been kicked in. Under investigation.

Sunday, February 15, 12:30 a.m. —

Security guards called to break up a fight in progress in Albright Court parking lot. Persons involved were Reading High students and were ordered to leave the area.

Sunday, February 15, 12:50 a.m. —

Peeper reported in vicinity of East Hall. Security guard searched four-dormitory area. Peepers ran from a clump of bushes near Smith Hall and across 13th street, where he was nearly hit by a passing vehicle. The man was last seen by security guard in the American Bank parking lot. City police were called and investigated.

Police believed peeper was hiding in Albright Court, and all four floors of the dorm were searched. Two women were followed to Crowell dormitory by a security guard as a precautionary measure.

Tuesday, February 17, 9:00 p.m. —

Seven local teenagers chased from first floor of East Hall by security guard. Youths had been running through the dormitory and creating disturbances.

## ERA Issue To Be Addressed

# Women's Awareness Day Planned

by Scott Sax

About two years ago, a group of students and faculty members concerned with the problems facing women upon leaving college and entering the professional world landed together to form the Women's Resource Committee. Since then, the committee has established a section of the library to be devoted to literature concerning women's rights, published a quarterly newsletter informing the student body of their activities, cosponsored a lecture on Human Sexuality by Richard Dannen Felser, and is now planning a Women's Awareness Day to be

held April 8.

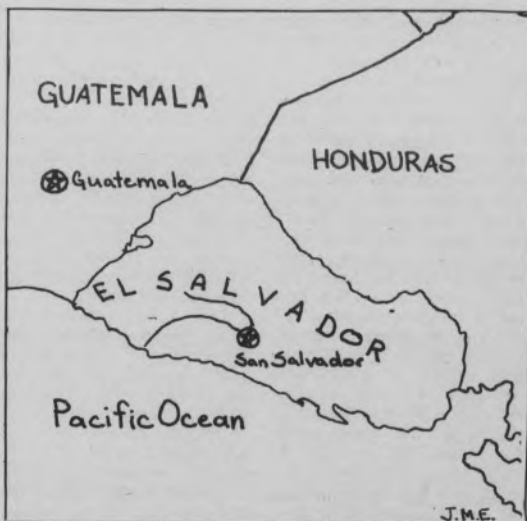
Activities scheduled for Women's Awareness Day include presentations by People Against Rape and Women In Crisis, Judith Cranes, a member of the League of Women Voters, will speak on women's rights and the Equal Rights Amendment.

In addition to the speakers and workshops, a panel of faculty and professional women has been selected to discuss "Today's educated woman and her family," a topic chosen by the committee members.

An art show is also planned, featuring works done by women artists from student and professional levels. The show is

scheduled to open a week before Women's Awareness Day and will extend a week after the event. Literature concerning women's rights will also be available.

The Women's Resource committee, advised by Dale Vanersall, Dean of Students, is presently thirteen members strong. According to Ile Delpino, 1981 committee chairman, most of the group's members are graduating this year and there is a need for new members to keep the committee alive. All undergraduate women are invited to take a look at the committee and see what it has to offer.



## Violence In El Salvador

by Deborah Loggia

Scarcely two months ago, four women — three nuns and a religious lay person — were brutally murdered in El Salvador, climaxing a year of tragic deterioration in the human rights situation in that small Central American country.

Immediately following the murders, the United States cut off all military and economic aid to the country. Yet within a week, the aid was resumed. This action is a typical example of our government's unwillingness to give up its impotent policy where Latin America is concerned.

The deaths of the four women came shortly after the abduction and murder of the leadership of the Revolutionary Democratic Front (RDF) in the presence of scores of members of the uniformed military forces. This ended for the foreseeable future any hope for a negotiated settlement of the civic turmoil. The death toll this year in this smallest nation of Central America reached almost 10,000 with the vast majority of the victims falling prey to the right-wing terrorism sanctioned by key government officials.

A dissent document issued by State Department officials in late November warned the new administration that "its first international crisis may well be in El Salvador." It urged them to abandon support of the civilian-military junta ruling El Salvador and to seek a "non-military, negotiated solution" with guerrillas that would be "effective in achieving the two key objectives of U.S. policy in this region limiting Cuban and Soviet expansion and promoting the emergence of a stable and pluralistic government.

It is indeed ironic that the U.S., the primary advocate of human rights in this hemisphere, continues to support both politically and militarily, a regime which implicitly continues to condone such acts against its own citizenry. Salvadoran society has reached the point of utter social disintegration. Common municipal services have either broken down or are no longer provided. The economy is near collapse, with foreign investment almost nonexistent and foreign exchange holdings all but exhausted.

Furthermore, there is little cause for Washington's optimism over the self-appointment of Christian Democratic leader Napoleon Duarte as president. Today Duarte is an entirely discredited political figure because of his cooperation with some of the most vicious elements of the military and the decline of support within his own party's shrinking membership.

Of course, because President Reagan and his administration find it difficult to look beyond a "leftist" and "rightist" perspective of politics where anything a little left of center represents something criminal, something that should be eliminated, they will find "Colonel" Duarte someone they can relate to with ease.

## WXAC Renewal

continued from front page

service, which would be costly but would allow Albright to use its video equipment and studio as a campus television station.

Carrier current involves broadcasting over power lines. It is the least expensive option but all outside audience is lost. Under this option the station would be allowed to sell time to cover its operating expenses.

Continuing their current status would involve nothing except re-tuning of the transmitter and the purchase of a new antenna. However, everytime that a more powerful station cuts in on WXAC's frequency, WXAC must change to a new one, which requires another re-tuning of the transmitter and another new antenna, at a cost of around \$4500 each time.

Growing pains, according to Bill Thompson, station manager, range from technical problems to stolen records, but the problems are being resolved. New formats are also being tried out that concentrate on specializations such as interviews, oldies, and possibly a "man on the street" type of show.

New formats and a new license will give WXAC a fresh start toward responsible programming. Thompson concludes, "All that matters is getting around a few minor problems to become a viable force in the Reading community."

## MDA Marathon

continued from front page

guest appearances will be provided as the date of the marathon draws closer. This information can be obtained through *The Albrightian*, WXAC, and members of the marathon committee.

Several of the couples dancing this year are veterans of last year's event. Many of these returnees claim that it was the support received from sponsoring organizations and the student body that gave them the drive to complete the physically exhausting yet immensely satisfying effort.

Emil Dvorshock, co-chairman of the marathon committee, said, "It was the single event which did the most to bring everybody on campus together, and the one where partying wasn't the major factor. It surpassed my wildest expectations."

With any luck, this year's event will once again be one in which everyone on campus can work together toward a common goal in the spirit of service, involvement and enthusiasm.



## The Best Movie Of 1980 . . . The Elephant Man

by Kimberly Crawford

The following is the first of a two-part series on the best movies of 1980.

1980 was the year that the filmmaking industry made some spectacular productions which delighted the intellect, convinced the audiences of acting talent, and showered the screens with splendid detail and perspicuously colorful cinematography.

The best film in 1980 was the haunting, powerful drama *The Elephant Man*. The story is based upon the life of John Merrick who lived around the turn of the century. Merrick had horrible, unalterable deformities since birth due to his mother's tragic accident of being trampled during pregnancy by a stampede of elephants. The film's beauty lies deeply within a complex emotional well which is ladled out unabashedly before the viewer.

The plot centers around a surgeon (skillfully played by Anthony Hopkins) who, out of compassion for Merrick, takes him from his life as a main attraction in a freak show to the sheltered environment of a hospital. Merrick, through the patience and undulating concern from the doctor, is drawn out of this frightening, brutal burlesque which is controlled by a side show barker and is introduced to manhood.

Those involved in the English aristocracy learn of Merrick's deformities which are overshadowed by his tender disposition. Escorted into society by a well-known actress (played well by Anne Bancroft), Merrick attends afternoon teas at wealthy and influential people's homes and, unbeknownst to him, becomes a status symbol.

The barker, and self-proclaimed owner of Merrick, questions the doctor's intentions with Merrick. He says that there is no difference between him and the doctor: they both use Merrick to gain power for themselves. The question is left open for the viewer to decide.

Society regards him beyond his physical appearance tolerating him for philanthropic reasons, but primarily for the approval of their peers.

The film *The Elephant Man* should not be confused with the Broadway play bearing the same name and is one of the finest and most sensitive films ever made. To miss it would mean to never discover a separately emotional side of one's soul.

*The Raging Bull*, a film by Martin Scorsese, ranks among the top winners for 1980. The story is taken from the life of the ex-boxing champion Jake LaMotta, played stupendously by Robert DeNiro. Filmed in black and white, it shows LaMotta's climb to the world championship in boxing and the fall back down to the sheer degradation of being a has-been.

LaMotta's private life is full of paranoia and uncertainty. Since he is only a leader in the boxing ring, his brother Joey (flawlessly portrayed by Joe Pesci) manages his career. His fear sends him on a rampage when he accuses Joey of sleeping with his wife. When they both deny the charge, LaMotta goes haywire, beats Joey up and knocks out his wife. This bout of insecurity eventually leads

to his downfall and estrangement with both his wife and Joey. He is reduced to a lonely, pathetic child incapable of making his own decisions.

The story itself is not, what makes the film outstanding. The dialogue between the characters is so ordinary and unspoiled by the rules of English that one feels as if he is listening to the characters through the thin walls of cheap housing rather than in a movie theatre.

For cinematography, conversation and authenticity, *Raging Bull* is the champ.

Who says movies have lost the certain epic quality of the classics of yesteryear? *Kagemusha*, a film by the Japanese director Akira Kurosawa, disproves such ideas.

Shingen, the warlord of the Takeda clan, dies during a dynastic battle. So as not to lose the war, a thief who resembles the Shingen, is spared from his punishment of death to take the place of the warlord. The thief adapts mannerisms and an attitude taught to him by Shingen's councilmen and personal assistants so as not only to fool the enemy, but also his own people and family. The thief and warlord, played by Tatsuya Nakadai, begins to immerse himself so deeply into his role that his own identity is lost and Shingen's desires become his own. The climax comes about when he is able to take the clan to war to defend the honor and territory of Shingen's people. The honor he protects becomes his own as he zealously becomes a true leader during the war.

Kurosawa paints the screen vividly with color during the battle scenes. Patriotism as well as the shades of life and death

are displayed in rivers of blood and tattered clan flags. Death is regarded as the ultimate gift rather than as a tragedy and is glorified with bright colors and strong, elaborate armor in contrast with the resting place of muddied fields.

*Kagemusha*, or "Shadow Warrior" is a true story splendidly brought to life by Kurosawa's creativity and will make *Ben Hur* and *Lawrence of Arabia* fans very pleased.

Australian films, which glorify the heritage of its people, are being produced with the finest of craftsmanship. The European capricious lifestyle and American idiocyncratic, neurotic human experience has been probed and prodded in filmmaking like a madman with a knife to the point where only a large, cavernous opening remains. The Australian

perspective is refreshing to the viewer who yearns for a lighter, less depressing outlook on life. *My Brilliant Career*, a story by Eleanor Witcombe, is delightful in its own right and is made dazzling upon the screen.

The basic scenario is a young rebellious girl, who becomes ripe for marriage and is groomed by her rich aunt for the prospecting of well-to-do gentlemen callers. The young girl, played remarkably in Katharine Hepburn fashion by Judy Davis, has ideas of her own: instead of marrying at a young age, she wants to become a writer, which was a break from the traditional expectations of women during the beginning of the 1900s. She falls in love with a man, who is not known for his fidelity, and must make a choice between having her illustrious career, which is more a fantasy in her

mind, or living as the wife of the man she adores.

Each scene is a moving portrait beautifully landscaped as if Monet and Renoir had substituted celluloid for their canvas, the movie camera as their paintbrush and the breadth and shades of reality as their paint. *My Brilliant Career* is an astounding exhibition in a gallery coupled with a well dramatized plot which enchants the viewer with the exquisite liveliness of the Australian countryside.

### TV Flash . . .

*Campus Digest News Service*

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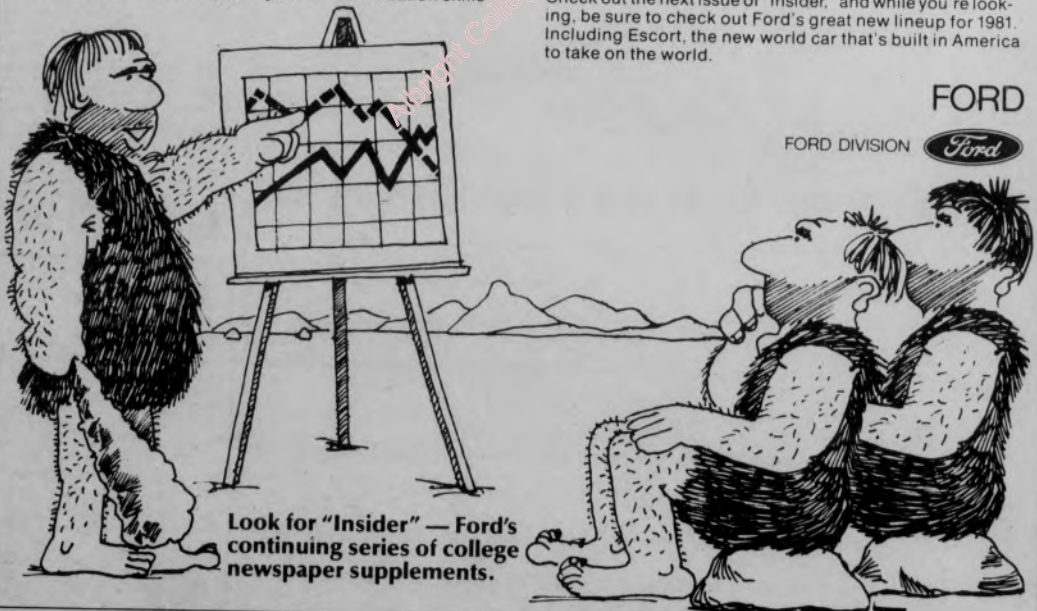
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Look for "Insider" — Ford's continuing series of college newspaper supplements.



## Jogging Still Popular

*continued from page ten*

Experts agree that the knee is well designed for most activities, but the strain of supporting an overweight person pounding along with heavy steps is enough to push the most efficient joint to the limit. The demise of the knee is accelerated further by jogging on concrete streets. Since this solid surface doesn't "give", it tends to wear down the natural lubricants present within the joints.

All is not lost for those who want to start a jogging program to lose weight. A little common sense can prevent any crippling

injuries. Proper footwear is needed to absorb the jolts which can literally wrench the knee apart. While jogging, concrete should be avoided. Try to run on grass or some soft surface. Even while wearing jogging shoes and running on grass, the knees, or even other muscles, can be injured if stretching exercises are not done prior to running.

Most importantly, a person should never push himself to jog faster or farther than he is able, especially if he is not in the best physical health. Any exercise program should increase in difficulty gradually.

## Reagan Campaign Promises

By Nick Gugie

Now that Ronald Reagan has been officially inaugurated as America's president, he must act upon the many promises he delivered during the election. The president will quickly learn that his power and responsibility are commensurate with fatigue and frustration. Additionally, Reagan will soon learn that pleasing every social and political faction in the nation is no easy task. One particular group which will be profoundly affected by his ideology is students. Let's look at some of Reagan's policies concerning issues important to young people:

**Abortion-** Reagan supports an already strong drive for a Constitutional amendment banning all abortions. Observers predict this bill could be ratified within ten years.

**Drug Laws-** While serving as California's governor, Reagan relaxed some laws, though most remained stiff. He is on record as favoring stricter overall penalties, but he will probably view the issue as one belonging to individual states.

**Economy-** Reagan appears more willing to spur productivity and growth than to cut inflation. Additionally, he favors abolishing the minimum wage law for mi-

nors. Most likely, the job market will expand during the eighties, though high prices could persist. It must be noted that economics, even for experts, is a puzzling game.

**Education-** Along with advocating the return of prayer (optional) to public schools, the president's budgetary platform could stymie funds for college students. Let's hope he maintains the concern for higher education that he showed as governor of California.

**Environment-** This issue has historically been important to young people. The president favors the expansion of industry, particularly the drilling of oil. His willingness to slash government agencies involved with monitoring the environment is also discouraging. Still, he does possess a genuine love of the outdoors, which will be reflected in most decisions he makes.

**Military-** Reagan opposes draft registration, which is currently in full swing. Although many people have labeled him a war monger, his statements do not reflect this attitude where the draft is concerned. Also, unlike President Carter, Reagan opposes the possible drafting of women.

Life for young people under the Reagan Administration will certainly undergo some changes. Nonetheless, the nation's welfare in general will dictate the standards in which all sectors will live. Reagan should give priority to ameliorating economic conditions in this nation rather than social or military ills. If he does, everybody's standard of living will benefit. However, if Reagan decides to pursue a course of 1950-type American morality and military power, then everyone, especially students, will suffer. Let's hope for the best!

## Flower Trip

The Albright College National Council is sponsoring a day-long trip to the Philadelphia Civic Center for the annual Flower Show on Saturday, March 14. Linda L. Brown, director of alumni relations, has announced.

Luncheon plans must be made individually. There are numerous cafeteria facilities at the Civic Center, with other attractive restaurants nearby.

The deadline for all reservations is Friday, February 27. For additional information concerning the nominal costs for children and adults, contact the alumni office.

### Attention: FUTURE NURSING GRADUATES

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Please contact the Personnel Department to arrange for an interview. We will be on your campus this semester to answer any questions you have. Phone 378-2311.

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## SKID ROW ---The Spirit Of Interim---

*continued from page three*

sharp teeth into the soft interior of your skull and shaking you around a bit. Except for this, the spirit of interim is impossible to pin down.

Although none seem to agree as to what exactly happens, by nightfall the spirit changes into some powerfully persuasive force that drives the entire Albright community to the most savage degree of primal behavior imaginable. The strange thing about all this is that many of us enjoy this kind of behavior, hotly pursuing it until before we know it, we are sucked into a complex love-hate relationship with this spirit over which we have no control.

The key is in the ability to disentangle yourself from this twisted relationship before losing your mental and physical health completely. It's just like gambling. You must be able to step

back and walk away before you win or lose too much, because in this game, in the end, winning is the same as losing.

If you think this is some fantastic yarn I'm spinning for your reading pleasure, wait until next January rolls around and then find out for yourself. Seek out the spirit of interim and see if I'm right, that is if you know where and what to look for. Some say that the spirit looks like God, the devil, and your best friend all rolled into one. Others believe it assumes any appearance it wants. It's not important really, because when you come in contact with it, you will know.

There are a few places that you are certain to find the spirit of interim. At Friday dinner you can always find it somewhere in the cafeteria for the spirit knows that to cope with a Friday meal a student must be far from sober. If you happen to miss it there, check with the grounds crew and I'm sure that they can personally introduce you to the spirit. In fact, every Friday the grounds crew has a standing luncheon date with it. Late at night this slippery spirit can

usually be found perched above Strat Marmarou's bed as he tosses and turns through another nightmare of defiant, drunken Zetas bowling over his army of security guards with giant rolling beer kegs.

I leave you with a grim warning; be careful if you try to track down the spirit of interim, because as I know from sad experience, it will find you long before you'll find it. To research this article I went to a fraternity party hoping to snag down this spirit and exchange a few words with it. I hung around the keg all night figuring it was the best place to run across the sly spirit. Just when I had decided it was all a waste of time and this spirit was just some college joke, a hand reached up out of my beer mug and smacked me right between the eyes. The rest of interim was an inebriated blur and before I knew it, I found myself in this crummy second semester classroom.

"A thirty-page paper you say? ...with footnotes in correct form...so what? I'm going to head for Florida where I've heard the spirit of interim is spending his Easter vacation."

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# Record Rap

by Kimberlee Crawford

Music today is so diverse that it's rare that someone would categorize their tastes by saying that they like only "New Wave" or "country" or "50's" music. The music world is a veritable House of Seven Sisters: the younger ones clothed in the hand-me-downs of the older ones and each swapping their finest garments. A rock song may have a reggae beat or jazz fusion composition may have the structure of an operatic score. It's a mutual interchange.

One doesn't have to sound like a Miss America contestant if one says, "I like all music". Although each genre of music still retains their individual characteristics which are unique and distinctive, one can't help but notice similarities, borrowed or stolen.

My equipment isn't exactly the state-of-the-art, although it is relatively new. I have an incredible pair of the new Sony headphones which not only allow comfort with their light easy feel, but also transmit a studio-clear sound. They along with new sound and my unabashed opinion, will all contribute in writing a weekly column.

**VOICES IN THE RAIN**  
by Joe Sample

Picture a restless, steel-blue sea, and a milk-white shore ornamented with soft pink and peach shells. Imagine yourself watching the

tide flirt with the moist sand by your feet as a light wind caresses your hair. If ever a musician was meant to recapture sensual moments such as this, it would be Joe Sample.

Sample began appearing in 1977 playing keyboards for Steely Dan's "Aja" album. In 1978, he put out his own album which established the mode of Sample-ism; a formula he's followed ever since. The album, "Rainbow Seeker" went over fairly well. Sample's chance for notoriety came about with his second album, "Carmel," which was a sure-fire hit. "Voices in the Rain" is his most explorative album utilizing new electric sound and vocals.

Sample, in his new album, melds the style of a backstreet club pianist with the technology of a symphonic synthesizer wizard to produce a progressive, breezy sound. The song "Burnin' up the Carnival" is sung by Josie James whose voice whips like a wind through a crowded street. Her vocal range fandangoes capriciously across the glossy vinyl dance floor and skyrockets the listener down to Rio, down to the carnival.



# STATISTICAL CORNER

ALBRIGHT COLLEGE VARSITY BASKETBALL STATISTICS  
CUMULATIVE - 22 GAMES

(statistics cumulative up to but not including Wednesday, February 18's game)

| PLAYER         | G  | FGM | FGA  | PCT  | FTM | FTA | PCT  | PTS  | AVG   | REB | AVG   | AST |
|----------------|----|-----|------|------|-----|-----|------|------|-------|-----|-------|-----|
| Bob Ford       | 22 | 157 | 336  | .467 | 74  | 100 | .740 | 388  | 17.64 | 119 | 5.41  | 105 |
| Mike Reedy     | 22 | 144 | 296  | .486 | 41  | 50  | .820 | 329  | 14.95 | 73  | 3.32  | 59  |
| Chip Carey     | 21 | 64  | 120  | .533 | 31  | 36  | .861 | 159  | 7.57  | 58  | 2.76  | 44  |
| Rick Duney     | 22 | 55  | 125  | .440 | 33  | 53  | .622 | 143  | 6.50  | 152 | 6.91  | 26  |
| Scott Wallace  | 18 | 40  | 79   | .506 | 23  | 26  | .885 | 103  | 5.72  | 48  | 2.67  | 25  |
| Scott Stech    | 13 | 27  | 63   | .429 | 11  | 15  | .733 | 65   | 5.00  | 43  | 3.31  | 8   |
| Bob Bucher     | 14 | 22  | 38   | .579 | 6   | 8   | .750 | 50   | 3.57  | 38  | 2.71  | 19  |
| Bill Campbell  | 12 | 15  | 31   | .484 | 10  | 18  | .556 | 40   | 3.33  | 28  | 2.33  | 5   |
| Emil Washko    | 3  | 1   | 6    | .167 | 3   | 4   | .750 | 5    | 1.67  | 4   | 1.33  | 0   |
| Casey Krady    | 4  | 0   | 2    | .000 | 1   | 2   | .500 | 1    | 0.25  | 0   | 0.00  | 3   |
| Dave Filipini  | 2  | 1   | 3    | .333 | 1   | 2   | .500 | 3    | 1.50  | 0   | 0.00  | 0   |
| Keith Bricker* | 6  | 17  | 53   | .321 | 11  | 13  | .846 | 45   | 7.50  | 12  | 2.00  | 11  |
| John Bashore†  | 5  | 7   | 17   | .412 | 0   | 1   | .000 | 14   | 2.80  | 14  | 2.80  | 1   |
| Team           |    |     |      |      |     |     |      |      |       | 106 |       |     |
| Albright       | 22 | 550 | 1169 | .470 | 245 | 328 | .747 | 1345 | 61.14 | 695 | 31.59 | 306 |
| Opponents      | 22 | 593 | 1260 | .471 | 171 | 274 | .624 | 1357 | 61.68 | 726 | 33.00 | —   |

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## Ford Scores 38 Lions Defeat Drew

by Steven Johansen

Bob Ford scored a career high 38 points to lead Albright to a 63-55 victory over Drew University on Wednesday night.

The victory snapped the Lions' three game losing streak and gives them momentum for their last regular season contest, which is Saturday afternoon at Gettysburg.

The Lions started slowly, just as they have for the past three weeks or so and Drew jumped to a 32-27 halftime lead. Drew guards Matt Kirnan and Joe Glover

did their best to keep the Lions from running and even forced Albright out of its zone defense.

However, the second half saw Albright slip slowly back into its running game with Bob (22

second half points) Ford leading the way. It was not until there was only 9:50 left to play that Albright grabbed its first lead at 41-40. It was all Lions from that point with Charles Carey chipping in with 10 points. The Lions led by as many as 13 and coasted to a 63-55 victory.

The game featured the first varsity starting assignment for four-year jayvee standout Jon Lightner. Dr. Wilbur Renken kept with his tradition of starting all of his seniors in the final home game of the year. The Lions are currently 14-10 and will host the MAC playoffs next Friday and Saturday at the Bollman Center.

## Albright Falls To Dickinson

by Jim Scarles

The Albright Lions suffered a disappointing loss to Dickinson college Monday night at the Bollman Center. That game was the third consecutive loss for Albright in which Dickinson won 64-58. Because it was a non-league game, the Lions are still bound for the MACs on the weekend of February 27. Dickinson went into the game one win short of the South-West playoff spot with an 11-8 record.

The game began with Dickinson sinking three baskets in a row in the first three minutes. In fact, the first quarter served as a depressing preview of the

entire game in which Albright never came within two baskets of their opponents.

Although the varsity squad as a whole did not perform to their maximum capabilities, Carey served as a driving force by scoring twelve of his fourteen points in the first half. The 2-1-2 zone defense that Dickinson used seemed to prevent any inside passes so the Lions were forced to take their usually unstopable outside shots on goal. Ford and Reedy weren't hitting the mark as often as they would have liked in the first half, but in the second they both improved.

Toward the end of the first half, the Lions switched to a man

to man defense to try to turn the tide of the game, Dickinson was not phased, however, and the first half ended with Dickinson ahead 32-28.

In the second half the frustration continued as the Lions seemed to gain momentum but couldn't take the all-important lead. The Lions tried everything, nine minutes into the second half they tried desperately to get ready open for a shot on goal. The strategy worked for a while as Reedy put ten points on the score board in the second half. With 54 seconds left on the clock, Albright was four points down but committed fouls thereby killing their chance of a victory.

## Longshots Win Intramural Title

by Steven Johansen

It was advertised as the classic match-up. The run-and-gun team versus the set-up team. The graceful players against the scrappers, and the 5-man team versus the full 9-man squad. The game was played on the "glass" or the "real hardwood" as the ballplayers would refer to it.

Nonetheless, the result was much like that of the regular season clash, with the Longshots defeating the Incredible Shrinking Dickies 68-52.

The Longshots, coached by Jon Lightner, had just one game plan. That was to use John Reilly inside and run a fast-break that features the likes of Bruce Sturgis, Phil Martin and Rich Cohen.

The I.S.D.'s wanted to stop that break and work around for a good shot. However, the shots did not fall on this night and all this team of six Juniors, two Sophomores and one Senior could say was "wait till next year."

The Longshots led at the half 30-24 with Reilly leading the way. The Dickies had taken an early 12-10 lead with Captains Mark Hannahs and Bob Pellegrino popping in outside jumpers. But all upset hopes were dashed when the L-shots scored the first six points of the second half.

The game itself was a colorful event. Chip Carey and Bob Ford did a fine job as refs, while Ned Weller was his normal superior self on the public address system.

Marc Wacker was the man at the scorer's desk.

The I.S.D.'s got the early momentum when they appeared for warm-ups in Albright Varsity uniforms, but senior Ned Hark got his troops back in gear very quickly.

Intramural Hoopla . . . Reilly and Martin led all scorers with 20 points apiece . . . Everyone on the I.S.D.'s played ample time but could not stop running game of L-shots . . . Hannahs (13) and Pellegrino (12) led the Dickies . . . Hark and Solar raged quite a battle with Bob Lawler during ballgame . . . Holst kept I.S.D.'s in ballgame with timely jumpers . . . Gordie Wells was all over the court, but could not do it alone . . . Jeff Solar-a perfect 5 for 5 from the foul line . . . "He killed

us" said I.S.D. forward Jeff Thatch, who along with Skip Quigley and Frank McKean, is considering a jump to the Warriors . . . Much thanks to league director Bob Boucher . . . Jammers defeated Warriors in the B league final in an upset . . . "The highlight of my life" is how Mark Hannahs described pre-game player introductions that were enjoyed by all.



| LONGSHOTS (68) |    |    |    | I. S. D.'s (52) |    |    |    |
|----------------|----|----|----|-----------------|----|----|----|
|                | FG | FT | PT |                 | FG | FT | PT |
| Cohen          | 4  | 0  | 8  | McKeon          | 4  | 0  | 8  |
| Martin         | 10 | 0  | 20 | Quigley         | 3  | 0  | 6  |
| Sturgis        | 5  | 3  | 13 | Wells           | 2  | 0  | 4  |
| Reilly         | 8  | 4  | 20 | Pellegrino      | 5  | 2  | 12 |
| Hark           | 1  | 0  | 2  | Hannahs         | 6  | 1  | 13 |
| Solar          | 0  | 5  | 5  | Holst           | 3  | 0  | 6  |
|                |    |    |    | Thatch          | 1  | 1  | 3  |
|                |    |    |    | Lawler          | 0  | 0  | 0  |
|                |    |    |    | Johansen        | 0  | 0  | 0  |

| Scoring by halves: |     |     |       |
|--------------------|-----|-----|-------|
|                    | 1st | 2nd | Total |
| I.S.D.'s           | 24  | 28  | 52    |
| Longshots          | 30  | 38  | 68    |

## Jogging Still Popular

by Jim Scarles

The exact way in which jogging

benefits the cardiovascular system is not yet fully understood, but a study released last November may lead to a clue. The National Heart Lung, and Blood Institute found that high levels of HDL were found in people who exercised regularly. HDL is a form of cholesterol which, surprisingly, clears artery walls of excess cholesterol thereby preventing heart disease.

They describe the joggers, who are the result of a jogging craze that seems to have swept across the country in the past decade. Find an open area of any kind, either city streets, college campuses, golf courses, or even the decks of cruise ships, and odds are that joggers seem to own the place. This leads to the question, why has jogging become so popular?

The popularity of jogging may have been boosted by the media. At one time or another everyone has seen news broadcasts of important political figures getting their early morning exercise while being pursued by the press. Scenes of a jogging President are bound to give someone the impression that jogging leads to good health and well-being. The wide publicity given to various marathons always shows masses of people starting the race and usually the most lean and muscular crossing the finish line. This kind of exposure doubtlessly has some effect on people's opinions of the benefits of jogging.

This leads us to determine exactly what the benefits and hazards of jogging are. A recent study at Duke University has confirmed accounts that vigorous exercise lowers the chances of heart attack. A 20 year study at Harvard found that even people who smoke, suffer from high blood pressure, or are overweight, benefit from a gradual increase in exercise.

Nonetheless, HDL is still somewhat of a mystery. For instance, researchers are still unsure of how exercise increases blood levels of HDL or exactly how the job gets done. As well as its physiological benefits, jogging can also be mentally beneficial.

Some psychiatrists jog alongside their patients as a form of therapy. They believe that running makes people open up to discuss their problems freely. Often doctors prescribe jogging instead of drugs for depression, drug addiction, or schizophrenia. To give an example, the University of Wisconsin Medical School found that 30 to 45 minutes of jogging three times a week was almost as effective as therapy.

As for the average person, jogging provides a feeling of accomplishment and well-being. Even if the jogging session wasn't long enough to be physically productive, psychologically the jogger may feel that his health has improved dramatically.

Similar to taking medicine, jogging can have adverse effects if it is not done wisely. The first victim of improper technique is the knee. The knee is the most vulnerable joint in the body. It must absorb all the pounding and twisting that occurs while jogging.

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## PRESS BOX

by Steven Johansen

Here is a quick quiz: Who won the NBA All-Star game, East or West? Who was the Most Valuable Player? Or, if basketball is not your bag, can you say who won the NHL All-Star game? And, just to add in excitement to injury, can you at least take a guess as to where each of these mid-season "classics" took place? Probably not.

It appears that the National Basketball Association, as well as the National Hockey League, has a very definite identity crisis. This lack of rapport with the fans is due to a couple of reasons.

First off, ticket prices keep soaring and talent is constantly being diluted through expansion. Quite frankly, with competition for the entertainment dollar at a premium, would you pay top dollar to see the Seventy-Sixers square off against the Detroit Pistons?

Another argument is that the season is too long. This may be true—specifically in hockey where they play an 80 game season just to eliminate 5 teams. It does not really take much sense to realize one team can clinch a playoff berth in December merely by having one or two "hot" weeks.

National Basketball Association Commissioner Larry O'Brien recognized his league's sagging attendance and made a change. The 1981-82 season will start a few weeks later. But, by the same token it will also end later. So, while you are catching a nice suntan on the beach next summer tune in the NBA playoffs.

Is there a solution to all of this? I think so. First off, playoffs should be cut down to a maximum of eight teams in each league (this is unlikely though because playoff games bring in the "big bucks" to the owners). Secondly, bring back the good old rivalries. Whatever happened to the classic Knick-Celtic games? Well, they now only play four times a year—hardly enough to even start a feud.

Perhaps a divisional alignment similar to those in baseball would suffice. Does it make that much difference if Dr. J. dunks in Utah or not? Hey, Reggie Jackson has never swung a bat in San Francisco, either.

The fact remains, something has to be done—fast. Successful businesses (and leagues) do not succeed on increased costs (salaries) and reduced profits (lack of attendance)—and neither will the NBA or the NHL unless they sit down and take long looks at where they are heading.

Give the people quality talent, at a reasonable price, and make the playoffs more than a circus, and believe me—the fannies will return to the seats.